

TENNESSEE

Nursing Home Trends

MAY 2015

Data used to compile Tennessee Nursing Home Trends was obtained from summary tabulations of the **Joint Annual Report of Nursing Homes**. Individual reports are completed each year by the licensed nursing homes in Tennessee and returned to the Division of Policy, Planning and Assessment for compilation and review. While the compiled information of all licensed nursing homes is quite detailed, data summarized for this report focuses on trends and changes in Tennessee nursing homes for the period 2004-2013.

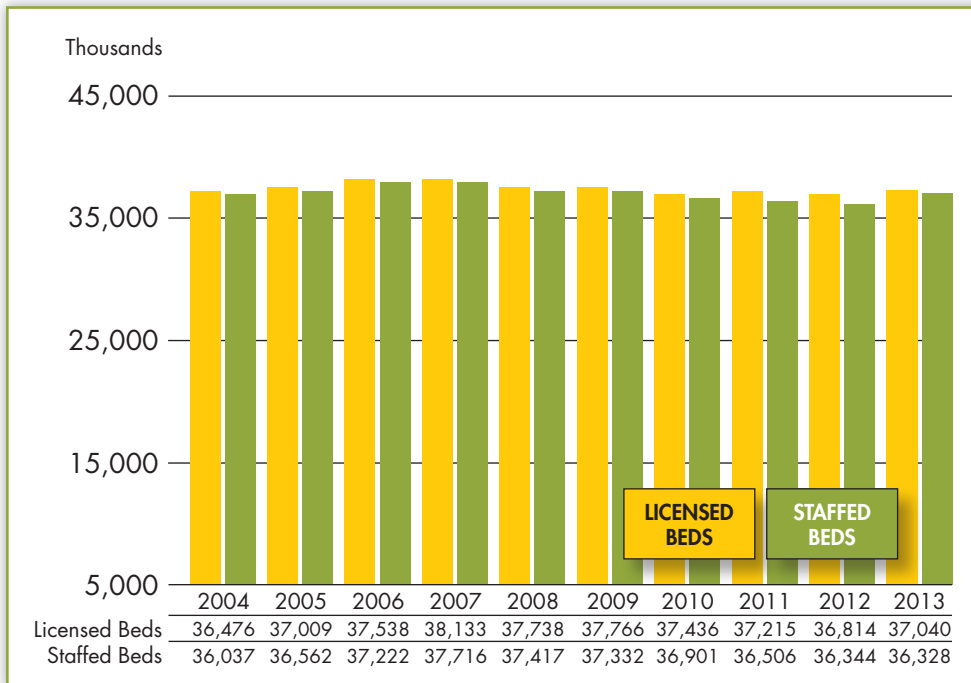
- As Tennessee's older adult population increases, the need for nursing home and other means of caring for the elderly has become an important issue.
- In 2013, 14.7 percent of Tennessee's population was 65 years and older.
- The 2013 estimated population 65 and older (952,312) increased 11.6 percent over the State's 2010 population (853,462) and 35.4 percent over the 2000 population (703,311) for this age group.
- Joint Annual Reports of Nursing Homes were returned by all of the 322 nursing homes operating in Tennessee during the 2013 reporting period.
- From 2004 - 2013, the number of non-profit nursing homes decreased, while the number of for profit facilities increased.
- Beginning in 2004, the two federal nursing homes, located in Tennessee, were excluded from the nursing home data reports.

NUMBER OF NURSING HOMES BY TYPE OF OWNERSHIP, Tennessee, 2004-2013

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
TOTAL	338*	334*	335*	331*	330*	329*	325*	324*	325*	322
Non-profit	68	64	69	65	67	63	60	56	56	52
Church related	40	35	35	38	24	22	19	17	15	12
Corporation/Association	24	25	29	23	36	34	32	30	31	31
Other Non-profit	-	-	-	-	-	-	-	-	-	-
Limited Liability Company	4	4	5	4	7	7	9	9	10	9
For-Profit	226	226	234	224	234	240	240	245	243	249
Individual	3	5	5	1	1	1	1	1	2	-
Partnership	4	6	3	2	1	1	1	1	-	-
Corporation/Association	118	108	105	105	91	88	88	88	86	85
Limited Partnership	28	25	27	19	23	20	21	17	18	19
Limited Liability Partnership	4	7	4	7	8	7	11	9	13	17
Limited Liability Corporation	69	75	90	90	110	123	118	129	124	128
Government	28	26	26	25	26	23	22	22	21	21
State	3	2	2	3	3	3	3	3	3	3
County	19	19	18	18	19	17	17	17	16	16
City	-	-	1	1	1	1	1	1	1	1
City-County	-	-	-	-	-	-	-	-	-	-
Hospital District	-	-	-	-	-	-	-	-	-	-
Veterans Administration	-	-	-	-	-	-	-	-	-	-
Other Government Agency	6	5	5	3	3	2	1	1	1	1

*Total includes nursing homes that may not have submitted a report.
Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

NUMBER OF LICENSED AND STAFFED BEDS TENNESSEE NURSING HOMES, 2004 - 2013



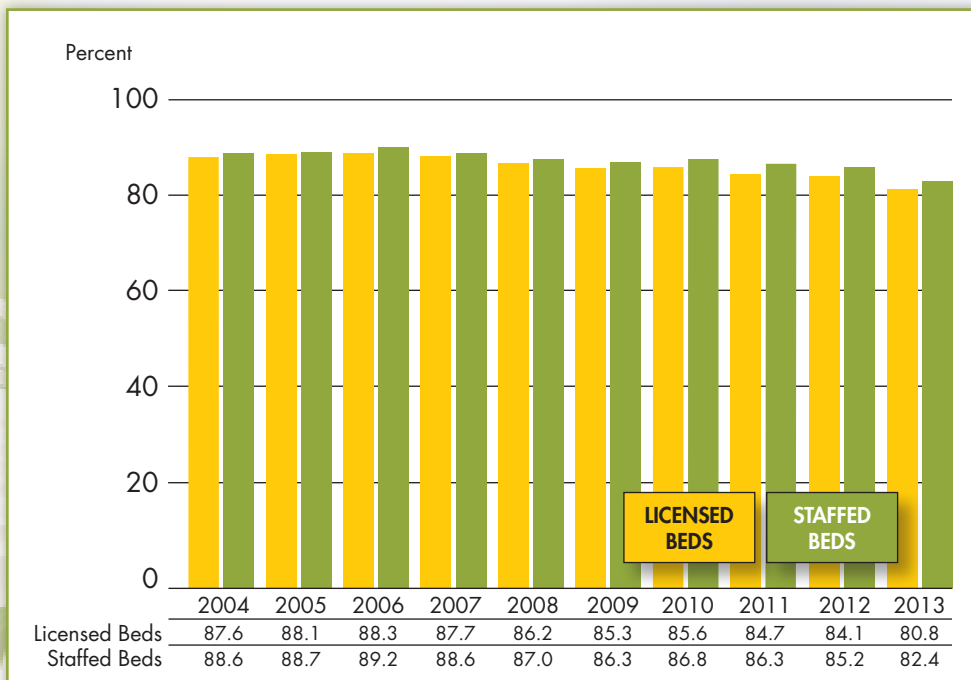
- In 2013, there were 37,040 licensed beds and 36,328 staffed beds reported for Tennessee nursing homes.
- For the 10-year period 2004-2013 the number of licensed and staffed beds overall remained fairly constant.

Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

Licensed beds - The maximum number of beds authorized by the state licensing agency or regulated by a federal agency.

Staffed beds - The total number of beds set up, staffed and in use at the end of the reporting period. This number should be less than or equal to the number of licensed beds.

PERCENT OCCUPANCY FOR LICENSED AND STAFFED BEDS TENNESSEE NURSING HOMES, 2004 - 2013



- Percent occupancy is computed as the number of patient days of care divided by the number of bed days open for licensed or staffed beds, multiplied by 100. For 2004 through 2013, the percent occupancy for licensed and staffed beds fluctuated but generally declined.
- In 2013, the licensed occupancy was 80.8 percent and the staffed occupancy was 82.4 percent. These percentages for both licensed and staffed beds were the lowest for the 10-year period.

Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

NURSING HOME ADMISSIONS, DISCHARGES, AND DISCHARGE PATIENT DAYS, TENNESSEE, 2004 - 2013

Year	Admissions	Discharges Including Deaths	Discharge Patient Days
2013	97,197	96,097	11,666,445
2012	95,646	95,087	12,549,334
2011	94,334	94,486	12,581,908
2010	92,912	92,727	12,507,529
2009	113,131	90,141	12,190,715
2008	89,263	88,345	12,838,433
2007	81,397	79,073	11,280,004
2006	79,512	76,862	12,191,583
2005	77,932	76,558	12,625,789
2004	74,468	72,181	12,644,002

Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

- Admissions are the number of patients admitted to a facility during the reporting period, and discharges are the number of patients discharged plus all deaths.
- Nursing home admissions increased 1.6 percent from 95,646 in 2012 to 97,197 in 2013. The admission rate per 1,000 population aged 65 years and older was 102.1 in 2013. The reported number of discharges increased 1.1 percent from 95,087 in 2012 to 96,097 in 2013.
- Discharge patient days are the total number of days of care rendered to patients discharged during the reporting period (including days of care rendered prior to the beginning of the reporting period).
- From 2012 to 2013, the reported number of discharge patient days decreased 7.0 percent.

AVERAGE DAILY CENSUS, AVERAGE LENGTH OF STAY, AND RATE OF PATIENT TURNOVER, TENNESSEE, 2004 - 2013

Year	Average Daily Census	Average Length of Stay	Rate of Patient Turnover
2013	29,935	121	2.70
2012	30,977	132	2.60
2011	31,515	133	2.60
2010	32,035	135	2.50
2009	31,710	135	3.00
2008	32,544	145	2.40
2007	32,778	143	2.20
2006	33,402	159	2.14
2005	34,591	165	2.13
2004	34,641	175	2.07

Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

- The average daily census is calculated as the number of patient days of care divided by the number of days in the calendar year.
- The average length of stay is calculated as the number of discharge patient days divided by the number of discharges.
- The rate of patient turnover is the number of admissions divided by the number of staffed beds.
- From 2012 to 2013, the average daily census and average length of stay both decreased, while the rate of patient turnover increased.

NUMBER OF NURSING HOME PATIENTS BY GENDER AND AGE, TENNESSEE, 2004 - 2013

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Total	33,255	33,113	33,495	33,427	37,191	36,774	32,583	40,757	43,311	34,363
Male	9,467	9,395	9,424	9,365	11,199	11,081	9,719	12,864	12,834	11,281
Female	23,788	23,718	24,071	24,062	25,992	25,693	22,864	27,893	30,477	23,082
Age group										
under 60	2,637	2,814	2,666	2,684	3,230	3,133	2,766	3,742	3,301	2,819
60-64	1,388	1,453	1,577	1,490	1,760	1,878	1,711	2,316	2,343	2,029
65-69	2,026	2,048	2,076	2,118	2,618	2,712	2,348	3,195	3,296	2,881
70-74	2,976	3,001	3,069	3,029	3,658	3,477	3,078	4,243	4,319	3,627
75-79	4,750	4,566	4,541	4,547	5,083	4,960	4,292	5,508	5,441	4,853
80-84	6,648	6,558	6,519	6,446	7,018	6,785	5,858	7,275	6,771	5,844
85-89	6,458	6,496	6,713	6,842	7,324	7,198	6,387	7,455	7,094	6,111
90-94	4,371	4,280	4,370	4,312	4,486	4,612	4,171	4,939	8,710	4,395
95-99	1,633	1,585	1,633	1,637	1,680	1,667	1,633	1,759	1,694	1,499
100+	368	312	331	322	334	352	339	325	342	305

Totals may include patients with age unknown.

Source: Tennessee Department of Health, Division of Policy, Planning and Assessment

- Patient census data is reported for December 31 of each indicated year.
- The number of nursing home patients is given by 5-year age group, as well as by gender.

During the time period of 2004-2013, the number of admissions to Tennessee nursing homes increased 30.5 percent, while the number of discharges increased 33.1 percent. This is much greater than what any increase in elderly population would indicate. At the same time, the average length of stay dropped 30.9 percent, while the rate of patient turnover increased by 30.4 percent, and the average daily census decreased by 13.6 percent. **This indicates that nursing home services in Tennessee are now being used by more persons for shorter episodes of care.**

Individuals are now entering nursing homes for convalescence, then are

leaving for home or other settings. **This can be attributed to the fact that more hospitals are discharging patients, especially the elderly patients, to the less medically intense nursing home setting for a longer recuperation period after initial acute care treatment.** In fact, some hospitals have converted excess bed capacity into skilled nursing or rehabilitation unit beds. **The situation is further reflected in hospital statistics which have shown a decrease in the average length of stay over the past 20 years.**

Percent occupancy for Tennessee nursing homes remained high throughout the 2004-2013 time period, fluctuating between 80 to 89 percent.

High occupancy is typical for the nursing home industry and appears to be consistent with changes occurring in resource capacity.

The Department of Health will continue to collect nursing home data through its Joint Annual Report of Nursing Homes. This data and those from other reports will be monitored as changes in the delivery of health care in Tennessee evolve. More detailed utilization statistics and data on individual nursing homes are publicly available through the Division of Policy, Planning and Assessment or visit our website at the address indicated below.

POPULATION AGED 65 AND OLDER

2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
737,186	752,718	769,105	783,350	798,244	813,702	853,462	879,581	918,440	952,312

NOTE: Tennessee population estimates for 2004-2009 noted in this report were based on estimates and projections prepared from the 2000 census data by the Division of Policy, Planning and Assessment revised in February 2008. The population estimates for 2010 were based on the 2010 Census data. Population estimates for 2011 - 2013 were interpolated from the Census five-year age cohort estimates (CC-EST2013-ALLDATA-[ST-FIPS] June 2014) by the Division of Policy, Planning and Assessment. These population figures may result in rates that differ from or may be somewhat disjointed from those rates previously published.

Please visit the Tennessee Department of Health website:
tennessee.gov/health



The mission of the Department of Health is to protect, promote and improve the health and prosperity of people in Tennessee.

Tennessee Nursing Home Trends was published by the Tennessee Department of Health
 Division of Policy, Planning and Assessment
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 Nashville, Tennessee 37243
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Tennessee Department of Health, Authorization No. 343152, (05-15). Website only.