



STATE OF TENNESSEE  
**BUREAU OF HEALTH SERVICES**  
DEPARTMENT OF HEALTH  
CORDELL HULL BUILDING  
425 5<sup>th</sup> AVENUE NORTH  
NASHVILLE, TENNESSEE 37243

September 4, 2008

To: The state legislature of Tennessee

It has been an exciting year for Project Diabetes and the Center for Diabetes Prevention and Health Improvement (the Center). I am very pleased to submit the second annual report summarizing the activities.

The board has met regularly, providing expertise and guidance for the project. Board members have remained committed and have been instrumental in helping to guide the success of the funded projects. Success stories have been shared, and the results are encouraging.

The Center operations were successfully transferred to the Department of Health. Operations are now aligned with the State's Diabetes Prevention and Control Program, the Nutrition, Physical Activity and Obesity Program, as well as other chronic disease programs. This alignment positions the state chronic disease programs to work in a more coordinated and efficient manner that avoids duplication and replication of services.

I am extremely grateful for the opportunity to serve as Chair of the Board of Trustees during this time, and look forward to the work that lies ahead for this group. Thank you for your on-going support for prevention of obesity and diabetes in our great State. Please contact me if you have any questions or comments.

Sincerely,

Dr. Dexter Shurney  
Chairperson, Center for Diabetes Prevention and Health Improvement Board

**Center for Diabetes Prevention and Health Improvement  
Operations and Financial Status  
Annual Report  
August 22, 2008**

This report is provided in response to TCA Title 4, Chapter 40, Part 4 which requires the Center for Diabetes Prevention and Health Improvement (the Center) to provide an annual report to the Governor, the Speaker of the House of Representatives, and the Speaker of the Senate with regard to operation and financial status of the Center.

TCA Title 4, Chapter 40, Part 4, which took effect in July, 2006 established the Tennessee Center for Diabetes Prevention and Health Improvement as an agency of the State with its purpose to develop, implement and promote a statewide effort to combat the proliferation of Type 2 diabetes.

The Center operates under the direction of a seven (7) member Board of Trustees appointed in November, 2006. Dr. Dexter Shurney was appointed as chairperson of the board in January 2008 replacing Dr. Cathy Taylor. Ms. Nancy Anness has replaced Dr. Cathy Taylor as the Registered Nurse on the board. The board has met on a regular basis this year with meetings in February, May and August of 2008. During these meetings, the Board established by-laws and goals and objectives for diabetes treatment and prevention planning and implementation projects. The board receives updates on funding and brings in grantees for project presentations.

**Project Diabetes Awards.** On January 15, 2008, a competitive application for "Project Diabetes" planning and implementation grant funds was developed and issued. Forty four (44) applications for funding of planning activities around diabetes prevention and treatment were received by the application deadline of February 15, 2008. After review by a panel of technical and content experts using published criteria, forty four (44) applications were recommended for funding totaling \$6,823,900.00 and represent geographic and target population diversity. A majority of these contracts have been finalized, or are in the process of finalization.

Agency Name	Counties Served	Amount
<i>East Region</i>		
Cherokee Health Systems	Hamblen, Jefferson, Cocke, Knox, Union, Grainger, Claiborne	250,000
Chota Community Health Services	Monroe	48,000
Jellico Community Hospital	Campbell	250,000
Knox County Health Department	Knox	250,000
University Health System	Knox and surrounding counties	249,900
<i>Mid-Cumberland Region</i>		
Baptist Hospital Outreach Rehabilitation Department	Davidson	121,000
Matthew Walker Comprehensive Health Center	Davidson	124,700
Meharry Medical College	Davidson	233,400
Meharry Medical College	Davidson	132,400
Meharry Medical College	Davidson	231,200

Metro Public Health Department	Davidson	250,000
Mid Cumberland Regional Office	Dickson, Humphreys	3,600
Mid Cumberland Regional Office	Montgomery, Stewart, Rutherford, Williamson	36,000
Monroe Carell, Jr. Children's Hospital	Davidson	49,500
St. Thomas Health Services	Davidson	121,900
Safety Net Consortium	Davidson	250,000
Trousdale County Schools	Trousdale	81,800
University Community Health Services	Davidson	143,900
Vanderbilt Ophthalmic Imaging Center	State-wide	281,600
Vanderbilt University Medical Center	Davidson	249,900
Vanderbilt University Medical Center	Davidson	170,700
Vanderbilt University Medical Center	Statewide	139,300
Vanderbilt University Medical Center	Davidson, Cheatham, Rutherford, Williamson	49,600
Wilson County Schools	Wilson	119,300
<i>Northeast Region</i>		
Church Hill Free Medical Clinic	Hancock, Hawkins, Sullivan	80,800
Bristol Family YMCA	Sullivan	250,000
Greater Kingsport Family YMCA	Sullivan, Hawkins, Washington	42,900
<i>South Central Region</i>		
Maury County YMCA	Maury	70,100
Lewis County Government	Lewis	43,200
Perry County Medical Center	Perry, Hickman	250,000
<i>Southeast Region</i>		
EPPC Global Management	Bradley	250,000
Medical Foundation of Chattanooga	Hamilton	50,000
Southeast Regional Office	Grundy, Sequatchie, Bledsoe, Franklin, Marion	155,300
Southeast Regional Office	Meigs, Bradley, McMinn, Polk, Rhea	184,300
Southside/Dodson Avenue Community Health Centers	Hamilton	50,000
United Way of Greater Chattanooga	Statewide	246,900
Urban League of Greater Chattanooga	Hamilton	49,700
Urban League of Greater Chattanooga	Hamilton	185,000
<i>West Region</i>		
Baptist Memorial Health Care Foundation	Carroll, Lauderdale, Obion, Shelby, Fayette, Tipton	205,200

LeBonheur Community Outreach	Chester, Hardin	243,400
University of Tennessee Health Sciences Center	Decatur, Dyer, Fayette, Gibson, Hardin	212,500
University of Tennessee College of Pharmacy	Shelby	250,000
<i>Upper Cumberland Region</i>		
Riverview Regional Medical Center	Robertson, Sumner, Trousdale, Macon, Wilson, Smith, Clay, Jackson, Putnam, DeKalb	45,000
Southeast Community Services Agency	Cannon, Fentress, Overton, VanBuren	121,800

**Project Diabetes Awards: GoTrybe**

In November of 2007 a competitive application for the “GoTrybe” program was developed and issued. GoTrybe is a computer based program which emphasizes physical fitness, nutrition and self esteem to promote a healthy weight in children with a long term goal of decreasing the prevalence of diabetes. By the application deadline of December 3, 2007, seventeen (17) applications were received from school systems in the northeast region of the state. Seventeen (17) applications were recommended for funding totaling \$320,740.00. These projects will serve as a pilot to judge success and further applicability of the GoTrybe program across the state.

<i>School System</i>	<i>Amount</i>
Anderson County School System	24,330
Blount County School System	12,000
Carter County School System	4,000
Cocke County School System	17,830
Greene County School System	23,640
Greeneville City School System	9,000
Hancock County School System	2,900
Hawkins County School System	25,420
Johnson City School System	19,050
Johnson County School System	7,330
Kingsport City School System	19,190
Knox County School System	20,550
Loudon County School System	10,000
Maryville City Schools	15,500
Sevier County School System	44,400
Sullivan County Department of Education	39,680
Washington County School System	25,920

**Expenditures:** As reported by the Department of Finance and Administration through June 30, 2008, Center operation expenditures were \$1,963,541.18. Expenditures through June 30, 2008 include salary and benefits of approximately \$82,301.41 and contractual expenditures of \$1,853,522.11. Remaining expenditures are for travel and supplies along with other below the line costs of approximately \$27,717.66. The fund also earned \$392,513.51 in interest revenue.

**Plans for Fiscal Year 2008-2009:**

- Issuance of competitive applications for additional "Project Diabetes" funding
- Collection of personal success stories of Tennessee citizens impacted by Project Diabetes funding
- Pursuit of 501c3 status to enable the Center to request and receive gifts, contributions, donations and grants to effectuate the Center's purpose
- Appointment of a nurse to the Board of Trustees