



CENTERSTONE

www.centerstone.org

# Therapeutic Intervention, Education, and Skills (TIES)

When a parent or caretaker's drug and alcohol abuse weakens the family and causes children to be removed from the home, Centerstone's Therapeutic Intervention, Education and Skills (TIES) can help. Our high fidelity, intensive in-home family preservation treatment model has been proven to be effective in helping families thrive and remain together.

TIES provides intensive family preservation services to parents of children, ages 0-18, who are at imminent risk of losing custody because of an alcohol or substance use disorder or who have a child in state custody who will be returning to the home within 72 hours. Additionally services are provided in the family's home, as well as the child's school or other community location and include:

- Personalized treatment plan that addresses the needs of the family
- Crisis intervention
- Intensive in-home services for all family members
- Referral and assistance with substance abuse issues
- Skill teaching and skill building
- Parenting and life skills training
- Advocacy for the family within the community

TIES also offers Seeking Safety, a program that helps individuals recover from trauma/Post Traumatic Stress Disorder, and substance abuse.

Families receive an average of eight hours of therapeutic services each week for approximately eight weeks. The family's In-Home Specialist is available 24 hours a day to assist with crisis. This program is free to qualifying families.

## Eligibility

TIES is offered in Bedford, Cannon, Coffee, Davidson, Rutherford, Marshall and Warren counties.

To be eligible, the parent or caregiver must have an identified substance abuse problem, be agreeable to services and have a child who is:

- At imminent risk of out-of-home placement (within 24 hours) or
- Currently in state custody and expected to be reunited with their family within 72 hours

## Referrals

Centerstone works in close collaboration with referring agencies to establish service goals for the family. Referring sources are invited to participate in the family home with Centerstone staff and can expect weekly updates. Centerstone also provides detailed progress reports that include referrals for services that go past the intervention time frame. Services are coordinated with important organizations, including schools, juvenile courts, parental substance abuse providers and other social service providers.

**If you or someone you know needs help, please call.**

**TIES 615.948.8527**

**Crisis Intervention Hotline 800.681.7444**



TIES is funded by a grant from the Administration of Children and Families that is managed by the Tennessee Department of Mental Health and Substance Abuse Services. Other organizations partnering in this program include Tennessee Department of Children's Services, Administrative Office of the Courts and Centerstone Research Institute.

### About Centerstone

Centerstone, a not-for-profit organization, has provided a wide range of mental health and addiction services to people of all ages for more than 55 years. Through more than 50 facilities and 160 partnership locations across Middle Tennessee, Centerstone serves nearly 50,000 children, adolescents, adults and seniors each year. Centerstone is accredited by CARF International and a member organization of the National Football League's NFL LifeLine. For more information about Centerstone, please call 888-291-4357 or visit [www.centerstone.org](http://www.centerstone.org).

