

	TN number	Percent	Time period	Notes	Data sources
Frequently Asked Questions					
Number of people receiving publicly-funded behavioral health services	288,797	N/A	FY2015	Includes TennCare (Medicaid), Crisis Services, Behavioral Health Safety Net, state psychiatric hospitals, and private psychiatric hospitals contracted with TDMHSAS, and number of unduplicated admissions to substance abuse treatment services.	2015 CMHS Uniform Reporting System (URS) Output Tables (preliminary numbers) as well as TDMHSAS Pivot Table Reports, FY2015
Adults, ages 18+	222,418	N/A	FY2015		
Children, ages 0-17	66,379	N/A	FY2015		
Licensed behavioral health providers	1,472	N/A	10/15/2015		Office of Licensure
Annual department budget	\$323,907,500	N/A	FY2016		Budget Office
Community budget mental health	\$104,134,600		FY2016		
Community budget substance abuse services	\$65,180,000		FY2016		
Regional mental health institute (RMHI) budget overall	\$132,507,600	N/A	FY2015		
Total number of contracts	789				
MH community	269				
SAS community	522				
Total RMHI bed capacity	562	N/A	10/15/2015	Point in time count.	Office of Hospital Services
Number of admissions	9,737	N/A	FY2015		
Mobile crisis calls received (total)	110,810	N/A	FY2015	Includes children & youth and adults	Office of Crisis Services and Suicide Prevention Services
Children and youth	17,062	N/A	FY2015		
Adults	93,748	N/A	FY2015		
Individuals receiving face-to-face mobile crisis services (total)	72,578	N/A	FY2015	Number includes walk-in assessments (children & youth and adults)	
Children and youth	10,442	N/A	FY2015		
Adults	62,136	N/A	FY2015		
Adult (ages 18+) admissions to substance abuse treatment services funded by TDMHSAS	14,697	N/A	FY2015	Number represents (duplicated) admissions to substance abuse treatment services.	TDMHSAS Pivot Table Reports, FY2015
Youth (ages 12-17) admissions to substance abuse treatment services funded by TDMHSAS	660	N/A	FY2015	Number represents (duplicated) admissions to substance abuse treatment services.	TDMHSAS Pivot Table Reports, FY2015
Population facts					
Tennessee population	6,549,352	100.0%	2014	Estimated number (based on 2010 Census) of people who identified their usual residence on April 1, 2014 as being in the state of Tennessee. the age classification is based on the age of the person in complete years as of April 1, 2014. Their reported age was used only when date of birth	U.S. Census Bureau, 2015.
Adults, ages 18 and older	5,054,826	77.2%	2014		
Children, ages 0-17	1,494,526	22.8%	2014		
Service providers					
License categories	21		10/15/2015		Office of Licensure
Licensees	897		10/15/2015		
Licensed sites	1,472		10/15/2015		



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Budget and positions					
Department positions	1,870		10/15/2015		Office of Human Resources
Central Office (FTEs)	200		10/15/2015	FTEs: Full-time-equivalent positions; 5 part-time positions	
RMHI (FTEs)	1,670		10/15/2015	FTEs: Full-time-equivalent positions MTMHI: 579 MMHI: 186 MBMHI: 460 WMHI: 445	
Annual department budget	\$323,907,500		FY2016		Budget Office
State	\$207,993,400		FY2016		
Federal	\$67,106,900		FY2016		
Other sources	\$48,807,200		FY2016		
Regional Mental Health Institutes (RMHIs)					
All Regional Mental Health Institutes					
Total beds overall	562		10/15/2015	Point in time count.	Office of Hospital Services
Total number of employees	1,623		10/15/2015	Point in time count.	
Total positions overall	1,811		10/15/2015	Point in time count.	Budget Office
Regional mental health institute budget overall	\$134,235,000		FY2016		
State appropriation	\$89,411,600		FY2016		
Revenue	\$44,823,400		FY2016		Office of Hospital Services
Number of admissions	9,737		FY2015	Including forensic and non-forensic population	
Number of discharges	9,296		FY2015	Excluding forensic population	Uniform Reporting System (URS)
30 days readmissions	980	10.54%	FY2015	Excluding forensic population	
180 days readmissions	2,133	22.95%	FY2015	Excluding forensic population	
Average length of stay (ALOS) in days	18		FY2015	For adults (18+ years); includes forensic and non-forensic population	Office of IT
Turnaways	2,668	21.51%			
Memphis Mental Health Institute (Memphis, TN)					
Number of beds	55		10/15/2015	Point in time count.	Office of Hospital Services
Number of employees	183		10/15/2015	Point in time count.	
Number of positions	186		10/15/2015	Point in time count.	Budget Office
Total budget	\$18,642,100		FY2016		
Number of admissions	1,547		FY2015		
Western Mental Health Institute (Bolivar, TN)					
Number of beds	150		10/15/2015	Point in time count.	Office of Hospital Services
Number of employees	439		10/15/2015	Point in time count.	
Number of positions	445		10/15/2015	Point in time count.	Budget Office
Total budget	\$35,321,200		FY2016		
Number of admissions	1,046		FY2015		



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Middle Tennessee Mental Health Institute (Nashville, TN)					
Number of beds	207		10/15/2015	30 are devoted to the Forensic Services Program (FSP); 177 for the rest of the facility	Office of Hospital Services
Number of employees	551		10/15/2015	Point in time count.	
Number of positions	579		10/15/2015	Point in time count.	
Total budget	\$45,974,200		FY2016		Budget Office
Number of admissions	3,702		FY2015		Office of Hospital Services
Moccasin Bend Mental Health Institute (Chattanooga, TN)					
Number of beds	150		10/15/2015	Point in time count.	Office of Hospital Services
Number of employees	450		10/15/2015	Point in time count.	
Number of positions	460		10/15/2015	Point in time count.	
Total budget	\$34,297,500		FY2016		Budget Office
Number of admissions	3,442		FY2015		Office of Hospital Services
Service utilization per 1,000 population					
Penetration rate per 1,000 population	38.38		FY2014		Uniform Reporting System (URS)
Community utilization per 1,000 population	36.62		FY2014		
State hospital utilization per 1,000 population	1.18		FY2014		
Mental Illness in Tennessee					
Adults, ages 18 and older, having any mental illness during the prior year	1,001,000	20.5%	2012-2013	Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that meet the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013
Adults, ages 18 and older, having a serious mental illness during the prior year	224,000	4.6%	2012-2013	Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	
Behavioral Health Safety Net (BHSN) Services					
Adults, ages 19 and over, receiving BHSN services	32,410	N/A	FY2015	Note: Data includes credits-individuals who were served and TennCare retroactively credited back to agencies. Tennesseans with severe mental illness who are poor and uninsured can register with a participating community mental health agency in order to begin receiving key services including assessment, evaluation, diagnostic, therapeutic intervention, case management, psychiatric medication management, labs related to medication management, and pharmacy assistance and coordination.	Behavioral Health Safety Net Program

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Top four adult BHSN services					
Case management units of service provided	317,232	N/A	FY2015	Case management is defined as care coordination for the purpose of linking safety net individuals to clinically indicated services; it is offered to BHSN individuals with current assessment of severe/persistent mental illness and other clinical considerations (1 unit = 1 15 min. session).	Behavioral Health Safety Net Program
Psychosocial rehabilitation group units of service provided	95,650	N/A	FY2015	Adults with severe mental illness may require specialized supports to relearn social and vocational skills, and maintain community tenure	
Individual psychotherapy units of service provided	78,780	N/A	FY2015	Individual psychotherapy is any intervention, therapy, therapeutic sessions or related counseling provided through interview, supportive psychotherapy, relationship therapy, insight therapy or other forms of intervention (1 unit = 30/45/60 minute session). Individual psychotherapy units were calculated for the 45 min category in FY15; in FY14 the methodology was changed to include all individual psychotherapy categories.	
Office visit for evaluation and management units	75,569	N/A	FY2015	Methodology changed in FY14. CPT code name change - Medication Management Service Units was changed to Office Visit for Evaluation and Management Units.	
Crisis Services					
Mobile crisis calls received (total)	110,810	N/A	FY2015	Includes children & youth and adults	Office of Crisis Services and Suicide Prevention Services
Children and youth	17,062	N/A	FY2015		
Adults	93,748	N/A	FY2015		
Individuals receiving face-to-face mobile crisis services (total)	72,578	N/A	FY2015	Number includes walk-in assessments (children & youth and adults)	
Children and youth	10,442	N/A	FY2015		
Adults	62,136	N/A	FY2015		
Individuals served in the 8 crisis stabilization units (CSUs)	10,320		FY2015		
Individuals served in walk-in centers (attached to the CSUs)	17,408		FY2015	Total number of mobile crisis services provided in walk-in centers (not counted as additional assessments)	
Individuals receiving respite services	2,341		FY2015		Office of Treatment and Recovery Services
Individuals receiving medically monitored crisis detoxification services (MMCDs)	1,849		FY2015		
PATH (Projects for Assistance in Transition from Homelessness)					
Total number of individuals who were outreached	7,435		FY2015		Office of Housing and Homeless Services
Total number of individuals who were outreached and became enrolled	1,732		FY2015		
Total number of individuals currently enrolled	2,608		FY2015		
Total number of services provided	22,500		FY2015		



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Adult Substance Use					
Adults, ages 18 and older, having alcohol or illicit drug dependence or abuse in the past year	373,000	7.6%	2012-2013	Illicit drugs include marijuana/hashish, cocaine and crack), heroin, hallucinogens, inhalants, or prescription-type therapeutics used nonmedically.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.
Adults, ages 18 and older, using nonmedical pain relievers in the past year	212,000	4.4%	2012-2013	Nonmedical use of prescription pain relievers is defined as use of these drugs without a prescription or use that occurred simply for the experience or feeling the drug caused; over-the-counter (OTC) use and legitimate use of prescription pain relievers are not included.	
Adults, ages 18 and over, admitted to substance abuse treatment services funded by TDMHSAS	14,697	N/A	FY2015	Number represents (duplicated) admissions to substance abuse treatment services.	TDMHSAS Pivot Table Reports, FY2015
Top three substances of abuse					
Prescription opioids	4,279	30.5%	FY2015	Percent is calculated by taking the number of adults, ages 18 and over, in treatment with prescription opioids (or alcohol or marijuana) as a primary substance of abuse and dividing it by the total number of adults in treatment. Prescription opioids include opioids and synthetics: buprenorphine, codeine, hydrocodone, hydromorphone, meperidine, morphine, opium, oxycodone, pentazocine, propoxyphene, tramadol, and any other drug with morphine-like effects.	TDMHSAS Pivot Table Reports, FY2015
Alcohol	4,245	30.2%	FY2015		
Marijuana	1,738	12.4%	FY2015		
Top three services					
Residential rehabilitation units of service provided	100,611	N/A	FY2015	Intense group treatment that is provided in a residential treatment facility. (Facility clients stay overnight usually 5 to 21 days). Clients participate in group and other treatment activities throughout the day. Client's family members are encouraged to participate in treatment. Clients must have 5 counseling contacts and 5 lectures/seminars a week.	TDMHSAS Tennessee Web Interface Technology System, FY2015.
Halfway house units of service provided	67,223	N/A	FY2015	Group and individual treatment that is provided in a therapeutic, licensed living environment, which includes the expectation that the client will seek and maintain employment or job training in the community, participate in a minimum of one counseling contact and one educational lecture per week, work the 12 step program with a sponsor, and regularly attend 12 step meetings. Clients must also agree to participate in random drug screens. Halfway houses are either all male or all female.	
Adult intensive outpatient services units of service provided	70,672	N/A	FY2015	Group treatment that is more intensive and is provided to 9 to 19 hours per week, with sessions on 3 to 4 days per week. Education about addiction and counseling for issues about recovery is provided. Clients are introduced to the 12 step recovery program and are encouraged to work steps of the program. Family members are encouraged to participate in treatment. Group size must be a minimum of 6 clients and no more than 12 clients. All clients are expected to attend 12 step meetings and to have random drug screenings while they are in treatment.	



	TN number	Percent	Time period	Notes	Data sources
Youth Substance Use					
Youth, ages 12-17, having alcohol or illicit drug dependence or abuse in the past year	26,000	5.2%	2012-2013	Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type therapeutics used nonmedically.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.
Youth, ages 12-17, using prescription drugs non-medically in the past year	26,000	5.2%	2012-2013	Prescription drugs are prescription therapeutics used non-medically.	
Youth, ages 12-17, receiving substance abuse treatment services funded by TDMHSAS	660	N/A	FY2015	Number represents (duplicated) admissions to substance abuse treatment services.	TDMHSAS Pivot Table Reports, FY2015
Top three substances of abuse					
Marijuana	457	79.1%	FY2015	Percent is calculated by taking the number of youth, ages 12-17, in treatment with marijuana (or alcohol or opioids) as a primary substance of abuse and dividing it by the total number of youth in treatment. Marijuana includes THC and any other cannabis sativa preparations.	TDMHSAS Pivot Table Reports, FY2015
Alcohol	70	12.1%	FY2015		
Opioids	19	3.3%	FY2015		
Co-occurring Mental Illness and Substance Use Disorders in Tennessee					
Adolescents aged 12-17 with both substance use disorder and major depressive episode	20,944	1.4%	2013	Number calculated by multiplying percentage by TN population (12 to 17 years).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013.
Adults, ages 18 and older, with any mental illness and substance use disorder	155,203	3.2%	2013	Number calculated by multiplying percentage by TN population (18 and over).	
Adults, ages 18 and older, with serious mental illness and substance use disorder	48,501	1.0%	2013	Number calculated by multiplying percentage by TN population (18 and over).	