

Tennessee Behavioral Risk Factor Surveillance Survey 2011 State and Regional Weighted Data

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

State and Regions	Total Respondents	Exercised in Last 30 Days ¹	Weighted Percent ²	Population Who Exercised ³
TENNESSEE⁴	5,606	3,416	64.9	2,977,724
Northeast	439	261	64.5	173,835
East	344	204	61.6	334,863
Southeast	347	185	58.3	138,250
Upper Cumberland	390	217	57.2	144,265
Mid-Cumberland	366	229	62.4	505,131
South Central	362	196	59.4	166,345
Northwest	387	224	63.7	118,032
Southwest	407	248	62.6	127,843
Shelby	407	277	69.7	438,549
Davidson	385	266	78.9	379,572
Knox	409	249	64.1	201,690
Hamilton	377	232	65.3	167,118
Madison	385	247	69.8	49,748
Sullivan	440	261	62.7	73,741

¹ Number of respondents who answered YES.

² Percent of adult population who exercised during the past month based on the survey.

³ Estimated adult population who exercised during the past month based on the survey. Note: The sum of regional estimates in this column will not add up to statewide total.

⁴ Statewide estimates include survey by cell phone and different weighting methodology.