

Your child's FREE checkup will include:



Health History



Complete Physical Exam



Lab Tests (as needed)



Immunizations



Vision/Hearing Screening



Developmental/Behavioral Screening  
(as needed)



Advice on how to keep your child healthy

### Helpful numbers

**DentaQuest**  
1-855-418-1622

### East Tennessee

**AMERIGROUP:** 1-800-600-4441  
**BlueCare:** 1-800-468-9698  
**UnitedHealthcare:** 1-800-690-1606  
**TennCareSelect:** 1-800-263-5479

### Middle Tennessee

**AMERIGROUP:** 1-800-600-4441  
**BlueCare:** 1-800-468-9698  
**UnitedHealthcare:** 1-800-690-1606  
**TennCareSelect:** 1-800-263-5479

### West Tennessee

**AMERIGROUP:** 1-800-600-4441  
**BlueCare:** 1-800-468-9698  
**UnitedHealthcare:** 1-800-690-1606  
**TennCareSelect:** 1-800-263-5479

We do not allow unfair treatment in TennCare. No one is treated in a different way because of race, color, birthplace, language, sex, age, religion or disability.



## TennCare cares.

Tennessee has made a commitment to promote good health in children from birth until age 21.

It's called the TennCare Kids program.



**kidcentral tn**  
KIDCENTRALTN.COM



TennCare Bureau, Authorization No. 318167, 39,500 copies, March, 2015. This public document was promulgated at a cost of \$0.04 per copy.

TennCare Kids is a full program of checkups and health care services for children who have TennCare. These services ensure babies, children, teens and young adults receive the health care they need.

Good health begins at birth, so it's important to:

### Check In...Check Up...Check Back!

#### What does TennCare Kids provide?

- Free medical and dental checkups
- Free medical and dental services
- Free behavioral health services

#### Check In!

Checkups and other services are done by doctors, who are Primary Care Providers (PCPs), dentists and other health professionals.

#### Where do I take my child to get their checkups?

- Your child's PCP
- Your child's dentist
- Your local health department

#### Do you need help making an appointment?

- For medical or behavioral health appointments, call your TennCare health plan.
- For dental appointments, call DentaQuest at 1-855-418-1622.

#### Do you need a ride to an appointment?

- Call your TennCare health plan.

#### Check Up!

##### Your child's FREE medical checkup will include:

- Health history
- Complete physical exam
- Lab tests (as needed)
- Immunizations
- Vision/Hearing screening
- Developmental/Behavioral screening (as needed)
- Advice on how to keep your child healthy

##### How often should your child get a checkup?

Birth	9 Months
3-5 Days	12 Months
1 Month	15 Months
2 Months	18 Months
4 Months	24 Months
6 Months	30 Months
Every Year: Ages 3-20	

TennCare will cover services needed to find or treat medical or dental problems.

- To schedule a TennCare Kids visit, call your child's PCP. If your child does not have a PCP, call your health plan or local health department.
- For a healthy smile, take your child to the dentist every six months. If you don't have a dentist, call DentaQuest at 1-855-418-1622.

#### Check Back!

##### Check back for:

- A follow-up appointment (if needed)
- Your next scheduled visit
- Any new health problems that come up
- Dental checkups every six months

##### Did you know that your child's health plan has a Nurse Help Line?

It's a free service that is available any time, day or night, for TennCare members. You can talk with a skilled nurse with questions about:

- Your child's symptoms
- How to care for your sick child
- What to do if your child is hurt
- Determine if you should take your child to the doctor, an urgent care clinic or the emergency room.

To speak with a nurse, call the **24/7 Nurse Help Line** for your child's health plan:

- **Amerigroup OnCall (24/7)**: 1-866-864-2544 (English) or 1-866-864-2545 (Spanish)
- **BlueCare 24/7 Nurseline\***: 1-800-262-2873
- **UnitedHealthcare Advocate4Me (24/7)\***: 1-800-690-1606
- **TennCareSelect 24/7 Nurseline\***: 1-800-262-2873

\*Translation services are available upon request.