

Fast Facts

	TN number	Percent	Time period	Notes	Data sources
FREQUENTLY ASKED QUESTIONS					
Number of people receiving publicly-funded behavioral health services	364,234	N/A	FY2016	Includes TennCare, Crisis Services, BHSN, private (that contract with TDMHSAS) and state psychiatric hospitals, and substance abuse treatment services. Duplicated between hospital, community and substance abuse treatment services.	2016 CMHS Uniform Reporting System (URS) Output Tables (preliminary numbers); TDMHSAS Pivot Table Reports, FY2016
Adults, ages 18+	250,883	N/A	FY2016		
Children, ages 0-17	113,351	N/A	FY2016		
Licensed behavioral health providers	922	N/A	3/20/2017	Point in time count.	Office of Licensure
Annual department budget	\$338,950,000	N/A	FY2017		Budget Office
Community budget mental health	\$107,039,000		FY2017		
Community budget substance abuse services	\$67,963,300		FY2017		
RMHI budget	\$141,879,700	N/A	FY2017	Regional mental health institute (RMHI) budget overall	
Total number of contracts	759	100%	3/20/2017	Point in time count.	
MH community	258	34%	3/20/2017	Point in time count.	Office of Hospital Services
SAS community	501	66%	3/20/2017	Point in time count.	
Total RMHI bed capacity	562	N/A	12/15/2016	Point in time count.	
Number of admissions	9,281	N/A	FY2016		Office of Crisis Services and Suicide Prevention Services
Mobile crisis calls received (total)	116,044	N/A	FY2016	Number includes walk-in assessments (children & youth and adults)	
Face-to-face mobile crisis services (total)	76,221	N/A	FY2016		
Children and youth	11,150	N/A	FY2016		
Adults	65,071	N/A	FY2016		
Adult (ages 18+) admissions to substance abuse treatment services funded by TDMHSAS	23,059	N/A	FY2016	Number represents (duplicated) admissions as indi to substance abuse treatment services.(Unduplicated - 11,573)	TDMHSAS Customer Focused Government Report FY 2016
Youth (ages 12-17) admissions to substance abuse treatment services funded by TDMHSAS	1,231	N/A	FY2016	Number represents (duplicated) admissions to substance abuse treatment services. (Unduplicated - 618)	TDMHSAS Customer Focused Government Report FY 2016
POPULATION FACTS					
Tennessee population	6,600,299	100.0%	2015	Estimated number of people who identified their usual residence on April 1, 2015 as being in the state of Tennessee.	Population estimates (as of July 1, 2015) from U.S. Census Bureau, 2016.
Adults, ages 18 and older	5,102,688	77.3%	2015		
Children, ages 0-17	1,497,611	22.7%	2015		
SERVICE PROVIDERS					
License categories	20		3/20/2017	Point in time count.	Office of Licensure
Licensees	922		3/20/2017	Point in time count.	
Licensed sites	1,512		3/20/2017	Point in time count.	
BUDGET AND POSITIONS					
Department positions	1,847		12/15/2016		Office of Human Resources
Central Office (FTEs)	174		12/15/2016	FTEs: Full-time-equivalent positions; 5 part-time positions	
RMHI (FTEs)	1,811		12/15/2016	FTEs: Full-time-equivalent positions MTMHI: 579, MMHI: 186, MBMHI: 460, WMHI: 445	
Annual department budget	\$338,950,000		FY2017		Budget Office
State	\$222,882,000		FY2017		
Federal	\$69,420,200		FY2017		
Other sources	\$46,647,800		FY2017		

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REGIONAL MENTAL HEALTH INSTITUTES (RMHIs)					
ALL REGIONAL MENTAL HEALTH INSTITUTES					
Total beds overall	577		3/22/2017	Point in time count. MBMHI increased the number of licensed beds from 150 to 165 in October 2016. These beds will be staffed in May 2017.	Office of Hospital Services
Total number of employees	1,603		12/15/2016	Point in time count.	
Total positions overall	1,673		FY2016-17	Budgeted positions.	Office of Human Resources
Regional mental health institute budget overall	\$141,879,700		FY2017		
State appropriation	\$102,527,100		FY2017		Budget Office
Revenue	\$39,352,600		FY2017		
Number of admissions	9,281		FY2016	Including forensic and non-forensic population	Office of Hospital Services
Number of discharges	8,854		FY2016	Excluding forensic population; preliminary FY2016 numbers.	
30-day readmissions	1,104	12.47%	FY2016	Excluding forensic population; preliminary FY2016 numbers.	Uniform Reporting System (URS)
180-day readmissions	2,713	30.64%	FY2016	Excluding forensic population; preliminary FY2016 numbers.	
Average length of stay (ALOS) in days	6.0		FY2016	Acute average length of stay excluding forensic population	Office of Hospital Services
Turnaways	2,722	23.17%	FY2016		Office of IT
MEMPHIS MENTAL HEALTH INSTITUTE (Memphis, TN)					
Number of beds	55		12/15/2016	Point in time count.	Office of Hospital Services
Number of employees	186		12/15/2016	Point in time count.	
Number of positions	186		FY2016-17	Budgeted positions.	Office of Human Resources
Total budget	\$19,945,100		FY2017		Budget Office
Number of admissions	1,522		FY2016		Office of Hospital Services
WESTERN MENTAL HEALTH INSTITUTE (Bolivar, TN)					
Number of beds	150		12/15/2016	Point in time count.	Office of Hospital Services
Number of employees	434		12/15/2016	Point in time count.	
Number of positions	446		FY2016-17	Budgeted positions.	Office of Human Resources
Total budget	\$37,273,600		FY2017		Budget Office
Number of admissions	1,020		FY2016		Office of Hospital Services
MIDDLE TENNESSEE MENTAL HEALTH INSTITUTE (Nashville, TN)					
Number of beds	207		12/15/2016	30 are devoted to the Forensic Services Program (FSP); 177 for the rest of the facility	Office of Hospital Services
Number of employees	535		12/15/2016	Point in time count.	
Number of positions	580		FY2016-17	Budgeted positions.	Office of Human Resources
Total budget	\$47,904,000		FY2017		Budget Office
Number of admissions	3,818		FY2016		Office of Hospital Services
MOCCASIN BEND MENTAL HEALTH INSTITUTE (Chattanooga, TN)					
Number of beds	165		3/22/2017	Point in time count. MBMHI increased the number of licensed beds from 150 to 165 in October 2016. These beds will be staffed in May 2017.	Office of Hospital Services
Number of employees	448		12/15/2016	Point in time count.	
Number of positions	461		FY2016-17	Budgeted positions.	Office of Human Resources
Total budget	\$36,757,000		FY2017		Budget Office
Number of admissions	2,921		FY2016		Office of Hospital Services

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SERVICE UTILIZATION PER 1,000 POPULATION					
Penetration rate per 1,000 population	42.0		FY2015	U.S. rate is 23.07 (58 reporting states)	FY2015 Uniform Reporting System (URS)
Community utilization per 1,000 population	40.2		FY2015	U.S. rate is 22.57 (57 reporting states)	
State hospital utilization per 1,000 population	1.2		FY2015	U.S. rate is 0.44 (51 reporting states)	
PATH (Projects for Assistance in Transition from Homelessness)					
Total number of individuals who were outreached	5,735		FY2016	Outreach means any contact with individuals.	Office of Housing and Homeless Services
Total number of individuals who were outreached and became enrolled	1,492		FY2016	Individuals who were contacted and became enrolled.	
Total number of individuals currently enrolled	2,026		FY2016		
Total number of services provided	6,069		FY2016	Includes all services (e.g., case management) provided.	
ADULT MENTAL HEALTH					
Adults, ages 18 and older, having any mental illness in the past year	1,005,000	20.4%	2013-2014	Any mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that meet the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (2013 and 2014 estimates).
Adults, ages 18 and older, having a serious mental illness in the past year	233,000	4.7%	2013-2014	Serious mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).	
BEHAVIORAL HEALTH SAFETY NET (BHSN) SERVICES					
Adults, ages 19 and over, receiving BHSN services	29,872	N/A	FY2016	Note: Data includes individuals who were served by the BHSN of TN and had their services retro-billed to their assigned MCO and credited back to the BHSN of TN when enrolled into TennCare. Uninsured, indigent Tennesseans with a mental illness, if eligible, can register with a participating community mental health agency in order to begin receiving key services including assessment, evaluation, diagnostic, therapeutic intervention, case management, psychiatric medication management, labs related to medication management, and pharmacy assistance and coordination.	Behavioral Health Safety Net Program
Top four adult BHSN services					
Case management units of service provided	322,816	N/A	FY2016	Case management is defined as care coordination for the purpose of linking safety net individuals to clinically indicated services or to benefits that would provide an alternative payer source for these services.. (1 unit = 1 15 min. session.)	Behavioral Health Safety Net Program
Psychosocial rehabilitation group units of service provided	84,157	N/A	FY2016	Services that utilize a comprehensive approach (mind, body, and spirit) to work with the whole person for the purposes of improving an individual's functioning, promoting management of illness, and facilitating recovery. (1 unit = 1 15 min. session.)	
Individual psychotherapy units of service provided	73,406	N/A	FY2016	Individual psychotherapy is any intervention, therapy, therapeutic sessions or related counseling provided through interview, supportive psychotherapy, relationship therapy, insight therapy or other forms of intervention (1 unit = 30/45/60 minute session).	
Office visit for evaluation and management units	66,997	N/A	FY2016	Methodology changed in FY14. CPT code name change - Medication Management Service Units was changed to Office Visit for Evaluation and Management Units.	

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CRISIS SERVICES					
Mobile crisis calls received (total)	116,044	N/A	FY2016	Includes children & youth and adults	Office of Crisis Services and Suicide Prevention Services
Individuals receiving face-to-face mobile crisis services (total)	76,221	N/A	FY2016	Number includes walk-in assessments (children & youth and adults)	
Children and youth	11,150	N/A	FY2016		
Adults	65,071	N/A	FY2016		
Individuals served in the 8 crisis stabilization units (CSUs)	10,327		FY2016		
Individuals served in walk-in centers (attached to the CSUs)	17,934		FY2016	Total number of mobile crisis services provided in walk-in centers (not counted as additional assessments)	
Individuals receiving respite services	2,219		FY2016		
Admissions to medically monitored crisis detoxification services (MMCDs)	3,267		FY2016		Office of Treatment and Recovery Services
CHILDREN AND YOUTH MENTAL HEALTH					
Children (2-17 years) with mental health issues	280,791	21.0%	2011-2012	Children where a doctor diagnosed autism, developmental delays, depression, anxiety, ADD/ADHD, or behavioral/conduct problems. Number calculated by multiplying state percentage with TN 2015 population estimates (2-17 years).	The Annie E. Casey Foundation, KIDS COUNT Data Center (2011-2012).
Adolescents, ages 12 to 17 years, having a major depressive episode in the past year.	50,000	9.9%	2013-2014	Major depressive episode (MDE) specified by a period of at least 2 weeks with depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health (2013 and 2014 estimates).
MOBILE CRISIS SERVICES FOR CHILDREN AND ADOLESCENTS					
Face-to-face mobile crisis services for children and youth	11,150	N/A	FY2016	Number includes walk-in assessments (children & youth and adults)	Office of Crisis Services and Suicide Prevention Services
CHILDREN AND ADOLESCENTS RECEIVING MENTAL HEALTH SERVICES					
Children and youth (0-17 years) receiving classroom education and prevention training	56,242	-	FY2016	Classroom education and prevention trainings include mental health awareness, reducing stigma, suicide prevention/resources, violence/bullying prevention. Data includes: Child and Family Mental Health Education (NAMI); Erase the Stigma; Better Attitudes and Skills In Children (B.A.S.I.C.); Violence and Bullying Prevention; Mental Health 101; Youth Screen	Division of Mental Health Services
Children and youth (0-17 years) receiving early intervention services	4,679	-	FY2016	Data includes Early Intervention & Prevention Program (EIPP), Regional Intervention Program, Early Connections Network, System of Care Expansion, School Based Behavioral Health Liaisons	
Transitional age youth (15-30 years) receiving intervention services	43	-	FY2016	Includes data from First Episode Psychosis Initiative and Healthy Transitions	

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CO-OCCURRING MENTAL ILLNESS AND SUBSTANCE USE DISORDERS IN TENNESSEE					
Adolescents aged 12-17 with both substance use disorder and major depressive episode	7,147	1.4%	2014	Number calculated by multiplying national percentage by TN 2015 population estimates (12-17 years).	SAMHSA, Behavioral Health Trends in the United States, 2014.
Adults, ages 18 and older, with any mental illness and substance use disorder	168,389	3.3%	2014	Number calculated by multiplying national percentage by TN population (18+ years).	
Adults, ages 18 and older, with serious mental illness and substance use disorder	45,924	0.9%	2014	Number calculated by multiplying national percentage by TN 2015 population estimates (18+ years).	
ADULT SUBSTANCE USE					
Adults, ages 18 and older, having alcohol or illicit drug dependence or abuse in the past year	354,000	7.2%	2013-2014	Illicit drugs include marijuana/hashish, cocaine and crack, heroin, hallucinogens, inhalants, or prescription-type therapeutics used nonmedically.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013-2014.
Adults, ages 18 and older, using nonmedical pain relievers in the past year	190,000	3.9%	2013-2014	Nonmedical use of pain relievers include any form of prescription pain relievers that were not prescribed (taken only for the experience or feeling they caused). Does not include over-the-counter use of pain relievers without a doctor's prescription (aspirin, Tylenol, Advil, etc.)	
Adults, ages 18 and over, admitted to substance abuse treatment services funded by TDMHSAS	23,059	N/A	FY2016	Number represents (duplicated) admissions as indi to substance abuse treatment services.(Unduplicated - 11,573)	TDMHSAS Customer Focused Government Report FY 2016
TOP THREE SUBSTANCES OF ABUSE					
Other opioids	6,733	29.2%	FY2016	Percent is calculated by taking the number of adults, ages 18 and over, in treatment with prescription opioids (or alcohol or marijuana) as a primary substance of abuse and dividing it by the total number of adults in treatment. Prescription opioids include opioids and synthetics: buprenorphine, codeine, hydrocodone, hydromorphone, meperidine, morphine, opium, oxycodone, pentazocine, propoxyphene, tramadol, and any other drug with morphine-like effects.	TDMHSAS Pivot Table Reports, FY2016
Alcohol	6,457	28.0%	FY2016		
Marijuana	2,629	11.4%	FY2016		
TOP THREE SERVICES					
Residential rehabilitation services: number of bed days	98,616	N/A	FY2016	Intense group treatment provided in a residential treatment facility. Clients stay overnight (from 5 to 21 days), participate in group/other treatment activities during the day and must have 5 counseling contacts + 5 lectures/seminars a week. Family members can participate in treatment.	TDMHSAS Tennessee Web Interface Technology System, FY2016
Halfway house services: number of bed days	60,503	N/A	FY2016	Group and individual treatment provided in therapeutic, licensed living environment; includes expectation that client will seek/maintain employment or job training in community, participate in at least one counseling contact and one educational lecture per week, work 12 step program with sponsor, and regularly attend 12 step meetings. Clients must agree to participate in random drug screens. Halfway houses are all male or all female.	
Adult intensive outpatient services: hours of services	76,595	N/A	FY2016	Intense group treatment provided 9 - 19 hours/week, with sessions on 3-4 days/week. Education about addiction and recovery counseling is provided. Clients are introduced to the 12 step recovery program and are encouraged to work steps of the program. Family members can participate in treatment. Group size: min. 6 and max. 12 clients. All clients expected to attend 12 step meetings and to have random drug screenings while in treatment.	
YOUTH SUBSTANCE USE					

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Youth, ages 12-17, having alcohol or illicit drug dependence or abuse in the past year	24,000	4.7%	2013-2014	Illicit drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type therapeutics used nonmedically.	SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2012 and 2013.
Youth, ages 12-17, using prescription drugs non-medically in the past year	23,000	4.6%	2013-2014	Prescription drugs are prescription therapeutics used non-medically.	
Youth, ages 12-17, receiving substance abuse treatment services funded by TDMHSAS	1,231	N/A	FY2016	Number represents (duplicated) admissions to substance abuse treatment services. (Unduplicated - 618)	TDMHSAS Pivot Table Reports, FY2016
TOP THREE SUBSTANCES OF ABUSE					
Marijuana	904	73.4%	FY2016	Percent is calculated by taking the number of youth, ages 12-17, in treatment with marijuana (or alcohol or opioids) as a primary substance of abuse and dividing it by the total number of youth in treatment. Marijuana includes THC and any other cannabis sativa preparations.	TDMHSAS Pivot Table Reports, FY2016
Alcohol	124	10.1%	FY2016		
Other illicit drugs	62	5.0%	FY2016		