

YOUR ONE SOURCE FOR AGING AND DISABILITY SERVICES

Call us today for assistance and information regarding the following services:

Options for Community Living

In-home care: meals, homemaker and personal care services

Public Guardianship

Court-appointed guardian for financial and medical decisions

Ombudsman

Advocates for persons in nursing homes and other long-term care institutions

Nutrition Services

Nutritious meals at community locations or home-delivered

Elder Abuse Prevention

Outreach and education about fraud, scams and domestic violence affecting seniors

Caregiver Support

Helping families provide better care to their loved ones

TN SHIP (State Health Insurance Assistance Program)

Counseling and assistance with Medicare and Medicaid

Senior Centers

Community centers that provide resources, support groups and activities to seniors and their families

TennCare Choices

Medicaid long-term care services

For more information, call:

1-866-836-6678

For Medicare Questions call: 1-877-801-0044



Districts in Tennessee

