



# 2023 SPRING CONFERENCE

APRIL 29, 2023

VIRTUAL TRAINING EVENT

presented by the Tennessee  
Department of Children's  
Services  
Office of Training and  
Professional Development



**2023 Spring Conference Registration Brochure**

## General Information

This year's spring mini conference will be held on Saturday, April 29, 2023. Conference attendees will be able to earn **up to 6.5 hours of training credit** by attending trainings throughout the day.

A household of two parents during the second year or after of fostering will have the opportunity to earn **up to 11 hours of home training credit** by attending separate workshops in both the morning and afternoon sessions.

Conference Agenda	
<b>Opening Session 1.5 hours</b>	9:00 am-10:15 am Central/10:00 am-11:15 am Eastern
<b>Morning Sessions 1.5 hours</b>	10:30 am-12:00 pm Central/11:30 am-1:00 pm Eastern
<b>Lunch and Learn 0.5 hour</b>	12:15 pm-12:45pm Central/1:15 pm-1:45 pm Eastern
<b>Afternoon Sessions 1 to 3 hours</b>	1:00 pm-4:00 pm Central/2:00 pm-5:00 pm Eastern
	1:00 pm-2:00 pm Central/2:00 pm-3:00 pm Eastern
	2:30 pm-4:00 pm Central/3:30 pm-5:00 pm Eastern

## Virtual Training Etiquette

- All participants must be able to view the training presentation. Participants who call in only will not be able to receive credit for these trainings.
- Participants may not attend training while operating a motor vehicle or other heavy machinery.
- Participants must be clothed in appropriate classroom attire and may not be in bed.
- All participants must be physically present with the device being used to view training (i.e., participants may not participate via FaceTime, phone, etc. with another participant who is viewing the training)
- Participants may not smoke, use tobacco products, or consume alcohol during training.

## Registration Information

**Pre-registration is required no later than April 22, 2023.** If you do not register by this date, you will not be able to attend and conference staff will not be able to let you into the virtual training environments. Participants will receive WebEx links for each session to login the day of the conference.

Visit the [Foster Parent Conference webpage](#) to register.

1. Complete the registration form and include all requested information. If multiple people within your household will be attending the SAME conference workshops together, you only need to submit one form. Include the other household member in the provided field and be sure to provide your full LEGAL names. **It is critical that you are able to access the email address you provide with your registration information, or you will not be able to attend the conference.**
2. Select the classes you wish to attend from the dropdown menu provided for each session.
3. When you are satisfied with your selections, submit the form to complete your registration.
4. You will receive an email from [messenger@webex.com](mailto:messenger@webex.com) for each training you have selected **during the week of the conference.** Save these links so that you will be able to join the trainings. **Check your promotions, spam, junk, or clutter folders regularly if emails do not appear in your inbox.**
5. **If you have not received your WebEx links by April 25, 2023, contact the Office of Training and Professional Development at the email or phone number listed below.**

If you lose your WebEx confirmation links before training, contact the registration helpline for assistance.

**Registration Helpline: (615) 696-9056**

Please leave a message and a training staff member will return your call within 24 business hours.

You may also email [tndcs.fpconference@gmail.com](mailto:tndcs.fpconference@gmail.com) for assistance.

**Be sure to use the same email address and the same name(s) throughout the registration process to ensure you receive proper training credit.** See the sample registration form below.

If two people within the same household are registering for the same workshops, you may register using a single form. If you are registering for different workshops, please submit a separate form for each participant.

## 2023 Spring Foster Parent Conference Registration

Thank you for registering for the 2023 Spring Foster Parent Conference. This is a **FREE** virtual event and will take place April 29, 2023. To find a complete list of workshops and descriptions, visit the **conference webpage** and download the conference brochure.

Foster parents are encouraged to discuss their selections with their Foster Parent Support Workers prior to registration.

**This is a:\***

- NEW registration
- UPDATE or CORRECTION to a previously submitted registration

**Participant (enter your LEGAL name)\***

First Name

Last Name

**Enter the FULL LEGAL NAME of any other participants who will be viewing the selected trainings with you.**

**If other members of your household will be participating in the conference but NOT in the same trainings, please submit a separate registration form.**

**Email\***

**Confirm Email \***

Phone\*

May we text you at this number?\*

- Yes  
 No

Role\*

- Foster/Adoptive/Kinship Parent  
 DCS Staff/Provider Agency Staff  
 Other Community Partner

Agency or Organization\*

County\*

## Course Selection

**Make your workshop selections below.**

Conference attendees will have the option to attend a 1.5-hour opening session, a half-hour lunch and learn, and workshops ranging 1 to 3 hours to receive a maximum of 6.5 hours of training credit per attendee. Foster parents in the second year of fostering or later may obtain additional home credit hours (up to 11 home hours) if multiple caregivers in the home attend different workshops throughout the conference.

### **Conference Agenda**

#### **Conference Welcome Session:**

9:00am-10:15am Central/10:00am-11:15am Eastern

#### **Morning Session**

1.5-hour session: 10:30am-12:00pm Central/11:30am-1:00pm Eastern

#### **Lunch and Learn:**

12:15pm-12:45pm Central/1:15pm-1:45pm Eastern

**Afternoon Sessions**

3-hour session: 1:00pm-4:00pm Central/2:00pm-5:00pm Eastern

**OR**

2.5-hour session: 1:00pm-3:30pm Central/2:00pm-4:30pm Eastern

**OR**

1-hour session: 1:00pm-2:00pm Central/2:00pm-3:00pm Eastern

1.5-hour session: 2:30pm-4:00pm Central/3:30pm-5:00pm Eastern

**Session A\***

3A: Infant Mental Health Core Concepts: Development, Attachment, and Trauma (10:30am-12:00pm Cent-

**Session B\***

7B: TBRI Conversations (1:00pm-2:00pm Central/2:00pm-3:00pm Eastern) ▾

**Session C\***

1C: Inside Out Movie Debrief (2:30pm-4:00pm Central/3:30pm-5:00pm Eastern) ▾

Submit Form

Please note that you will **only** see the option for Session C if your selection for Session B does not overlap with the time. You **MUST** make a selection for each workshop; however the last option in each dropdown menu indicates that you do not wish to attend a workshop at that time.

Upon submission of the form, you will see a confirmation screen with the information you provided along with your training schedule. This information will also be emailed to the address you provide.



Thank you for registering for the 2023 Spring Foster Parent Conference, April 29, 2023. During the week of the conference you will receive a separate link for each of the trainings listed below to login to each session. **Be sure to use YOUR.EMAIL@domain.com when logging into your sessions the day of training, and enter the full legal names of all participants in the field provided when you join the training.**

Your schedule, including the optional welcome and lunch and learn sessions, is below.

**Schedule for: Lyra Belacqua**

**Additional participants: William Parry**

**Schedule:**

Opening Session: Essential Knowledge to Address Commercial Sexual Exploitation of Children (9:00 am-10:15 am Central/10:00 am-11:15 am Eastern)

3A: Infant Mental Health Core Concepts: Development, Attachment, and Trauma (10:30am-12:00pm Central/11:30am-1:00pm Eastern)

Lunch and Learn: Foster Parent Training Options (12:15 pm-12:45 pm Central/1:15 pm-1:45 pm Eastern)

7B: TBRI Conversations (1:00pm-2:00pm Central/2:00pm-3:00pm Eastern)

1C: Inside Out Movie Debrief (2:30pm-4:00pm Central/3:30pm-5:00pm Eastern)

If you are attending the Inside Out movie debrief session, be sure to watch the film prior to attending the workshop. To receive an additional hour of training credit for viewing the film, complete the DCS Elective Training Form (select Training Type: Video > select Inside Out from the dropdown menu).

**[Click here to submit another registration form.](#)**

## Special Presentations

### Opening Session

#### Essential Knowledge to Address Commercial Sexual Exploitation of Children

9:00 am-10:15 am Central/10:00 am-11:15 am Eastern (1.5 hours training credit)



The presence of human trafficking has now been confirmed in every county in Tennessee. Children and youth in and aging out of foster care are especially vulnerable to the form of human trafficking known as commercial sexual exploitation of children (CSEC). Join this special session with Ashleigh Chapman, human rights lawyer and founder of Engage Together® and Justice U™, to better understand the risk factors of kids in care, red flags that you are likely to see, and how your unique role provides unique opportunities to recognize, respond, and even prevent human trafficking.

**This training fulfills the first-year training requirement What to Know about Child Exploitation and Human Trafficking.**

### Lunch and Learn

#### Foster Parent Training Options

12:15 pm-12:45 pm Central/1:15 pm-1:45 pm Eastern (0.5 hour training credit)

In this session, attendees will learn about the variety of trainings made available to them through the Office of Training and Professional Development, including information about

- Live virtual trainings (webinars)
- Self-paced computer-based trainings
- In-person training events, such as Super Saturdays
- Books and videos approved for training credit
- Conferences and other special events
- Podcasts
- Foster Parent Support Program



## 2023 Spring Foster Parent Conference Information

Training Requirements can be found on the DCS website at:

<https://files.dcs.tn.gov/policies/chap16/ReqTrainChtFP.pdf>

**First Year Parents** required courses include:

- Creating Normalcy through Prudent Parenting
- What to Know About Child Exploitation and Human Trafficking
- Preserving Kinship Families (applies to Kinship Families only)
- One trauma informed training from the approved trauma informed list
- Additional training hours to meet 15-hour annual requirement
  - Therapeutic foster parents must complete an additional 9 hours of therapeutic training for a total of 24 in-service hours

**Second Year Parents and thereafter** requirements include:

- CPR and First Aid every 2 years
- Medical Resources and Information Refresher every 2 years
- Additional training hours to meet 15-hour annual requirement per foster home
  - Therapeutic foster families must complete an additional 9 hours of therapeutic training for a total of 24 in-service hours

Workshops meeting therapeutic and trauma requirements are identified in the course descriptions below.

For additional information, contact your Foster Parent Support Worker.

<b>Opening Session: Essential Knowledge to Address Commercial Sexual Exploitation of Children</b> <b>9:00 am-10:15 am Central/10:00 am-11:15 am Eastern</b> This training fulfills the first-year training requirement <b>What to Know about Child Exploitation and Human Trafficking.</b>	
<b>Morning Sessions</b>	
<b>10:30 am-12:00 pm Central/11:30 am-1:00 pm Eastern</b>	
<b>TN Homeless Education Program: Information and Resources for Children Experiencing Homelessness</b>  <b>Training credit: 1.5 hours</b>	The Tennessee Homeless Education Program serves the unique needs of children and youth who experience homelessness, such as transportation, frequent school changes, loss of school records, emotional stress, and lack of resources. All school districts in Tennessee are required to provide needed services to homeless children. This session will discuss the different types of homelessness, risk factors, and the impact of homelessness on children. Participants will receive information about their local Homeless Liaison and will have the opportunity to ask questions and obtain resources.
<b>CARE (Child-Adult Relationship Enhancement)</b>  <b>Training credit: 1.5 hours</b> <b>Fulfills trauma AND therapeutic requirements</b>	CARE is a skill-based intervention to enhance the adult-child relationship. CARE is for any adult interacting with children to improve relationships and reduce mild to moderate behavior challenges. Skills are taught by using the 3 Ps (Praise, Paraphrase, and Point Out) to connect with children and teens to promote positive behavior. Participants will be able to ask questions about the techniques.

<p><b>Infant Mental Health Core Concepts: Development, Attachment, and Trauma</b></p> <p>Training credit: 1.5 hours Fulfills trauma AND therapeutic requirements</p>	<p>This workshop will review core concepts of infant mental health as they apply to child welfare, including diversity, development, trauma, relationships, and reflection. Participants will learn the stages and functions of attachment and how trauma impacts attachment.</p>
<p><b>Autism Awareness in the Child Welfare System</b></p> <p>Training credit: 1.5 hours Fulfills trauma AND therapeutic requirements</p>	<p>Vanderbilt Kennedy Center’s Treatment and Research Institute for Autism Spectrum Disorder (TRIAD) will provide an overview of Autism Spectrum Disorder (ASD), shed light on why children and youth with autism could be at risk for adversity, and will share ways to serve and engage children who are on the autism spectrum. Participants will also be able to ask questions about ASD and learn about the services TRIAD offers.</p>
<p><b>SIU Was Called, Now What?</b></p> <p>Training credit: 1.5 hours</p>	<p>DCS’s Special Investigation Unit and Foster Home Quality Team will present an overview of the SIU process and FHQT protocol, including potential outcomes of FHQT reviews. Foster parents will learn what happens when a foster home receives a referral; learn the differences in classifications; clarify which homes are placed on suspended admissions, explain what cases warrant FHQT reviews, explain who is involved in FHQT reviews, and explain the difference between a Supervisory Review and a Secondary Review.</p>
<p><b>Lunch and Learn: Foster Parent Training Options</b> 12:15 pm-12:45 pm Central/1:15 pm-1:45 pm Eastern</p>	
<p><b>Afternoon Sessions</b></p>	
<p><b>1:00 pm-4:00 pm Central/2:00 pm-5:00 pm Eastern</b></p>	
<p><b>Creating Normalcy through Prudent Parenting</b></p> <p>Training credit: 3 hours Required for all foster parents during the FIRST YEAR of approval.</p>	<p>This training introduces and instructs participants on how to create normalcy through reasonable prudent parenting standards which is characterized by careful, thoughtful parental decision making that is intended to maintain a child’s health, safety, and best interest, while creating a more normal life.</p>
<p><b>NAMI Mental Health</b></p> <p>Training credit: 3 hours Fulfills trauma AND therapeutic requirements</p>	<p>Parents and caregivers of children and adolescents with mental illness have diverse and complex needs. Education and support for families helps them to live the best life possible while managing the trauma that often accompanies mental illness. NAMI allows families to connect with one another while learning about mental illness and empowering themselves to overcome new challenges. Participants will come to understand the trauma and impact of mental illness for both the child and family; up-to-date research on medical aspects of the illness and advances in treatment; an overview of treatment options; and an overview of the systems involved in caring for children and teens living with mental illness.</p>
<p><b>TBRI 101</b></p> <p>Training credit: 3 hours Fulfills trauma AND therapeutic requirements</p>	<p>Trust-Based Relational Intervention (TBRI) is a therapeutic model that trains caregivers to provide effective support and treatment for at-risk children. This intervention is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI has been applied in orphanages, courts, residential treatment facilities, group homes, foster and adoptive homes, churches, and schools.</p>

<p><b>CORE Teen: Parenting Youth Who Have Experienced Trauma</b></p> <p>Training credit: 3 hours  <b>Fulfills trauma AND therapeutic requirements</b></p>	<p>This session will discuss two major adaptive responses youth in foster care may have towards threats. This class will describe how fear can change the way youth feel, think and act as well as trauma-informed techniques to effectively parent youth based on their emotional age and developmental state. This class will also discuss the important elements in creating a self-care plan. The core competency of this class is that parents will nurture and promote the well-being of their youth through trauma informed parenting.</p> <p><u><a href="#">Recommended Right Time Videos:</a></u> Building Child Resilience; Understanding Behavior (receive one additional hour of training credit for each Right Time Video by watching the material and completing the form for each title)</p>
<p><b>1:00 pm-3:30 pm Central/2:00 pm-4:30 pm Eastern</b></p>	
<p><b>Second Year+: Medical Resources and Information Refresher</b></p> <p>Training credit: 2.5 hours</p>	<p>This course is required for all DCS foster parents every two years after approval. This refresher course includes an update on medication administration policies and procedures. The course also provides an update on the knowledge to administer medications safely and effectively to children in care. Topics included in this class range from self- storage and disposal of medication to common errors in medication administration.</p>
<p><b>1:00 pm-2:00 pm Central/2:00 pm-3:00 pm Eastern</b></p>	
<p><b>De-escalation Strategies: When and How to Turn a Crisis into a Learning Event</b></p> <p>Training credit: 1 hour  <b>Fulfills trauma AND therapeutic requirements</b></p>	<p>The best tool for de-escalating a child in crisis is a regulated adult ... and a regulated adult with a plan is even better. This workshop will focus on the caregiver’s approach to de-escalating dysregulated kids, how to develop plans for averting crises and supporting children at different levels of an evolving crisis when it occurs. Presented by Allison Douglas of Harmony Family Center.</p>
<p><b>TBRI Conversations</b></p> <p>Training credit: 1 hour  <b>Fulfills trauma AND therapeutic requirements</b></p>	<p>In collaboration with <a href="#">Raise the Future</a>, The KPICD Team created short video conversations on TBRI-related topics. These conversations employ the expertise and experience of KPICD and Raise the Future team members to highlight and discuss TBRI in action.</p> <p>These videos range from 3-40 minutes in length and are intended to support continued learning and implementation of TBRI following the completion of the TBRI Caregiver Training Series administered by a TBRI Practitioner. <a href="#">Please visit this page to find a TBRI Practitioner near you.</a></p> <p>To watch these videos, visit the <a href="#">TBRI Conversations webpage</a>. To receive training credit, complete and submit the <a href="#">TBRI Conversations form</a> for each video watched.</p>
<p><b>2:30 pm-4:00 pm Central/3:30 pm-5:00 pm Eastern</b></p>	
<p><b>Inside Out Movie Debrief</b></p> <p>Training credit: 1.5 hours</p>	<p>This workshop includes a debrief of the 2015 Pixar film <i>Inside Out</i>, which focuses on the emotions experienced by 11-year-old Riley following her family’s relocation. The primary themes of the film are the consequences and portrayal of emotions and memories.</p> <p>Note: <u>Credit will only be provided for the movie discussion.</u> You may watch the movie on Disney+ or rent or purchase the movie digitally or on DVD or Blu-ray.</p> <p><b>To receive an additional hour of training credit for watching the film, complete the elective training form at <a href="https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/external-credit.html">https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/external-credit.html</a></b></p>

Ronya Faulkner, Director of Training and Professional Development

Joye Duvall, Director of Foster Parent Training  
(Davidson, Mid-Cumberland, Northwest, Shelby, South Central, Southwest)

Tracy Watkins, Foster Parent Training Manager  
(East, Knox, Northeast, Smoky Mountain, Tennessee Valley, Upper Cumberland)

**To find additional training opportunities, visit our website at**

**<https://www.tn.gov/dcs/program-areas/training/fpt.html>**

**Training Course Catalog**

**<https://www.tn.gov/dcs/program-areas/training/fpt/info/cc.html>**

**Virtual Classroom Training**

**<https://www.tn.gov/dcs/program-areas/training/fpt/calendars/post.html>**

**Online Training**

**<https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/online-training.html>**

**Podcast Series**

**<https://www.tn.gov/dcs/program-areas/training/fpt/opportunities/dcs-fp-talks.html>**

**Child Welfare Resources**

**<https://www.tn.gov/dcs/program-areas/training/cw-resources.html>**