



### Agency Directory

Tennessee Department of Children's Services | SFY2019-2021 | July 2018



### What is Community-Based Child Abuse Prevention?

More commonly called "CBCAP", Community-Based Child Abuse Prevention refers to specific types of child abuse prevention programs that exist in every U.S. state. Funding for CBCAP is distributed by the Administration of Children, Youth and Families for primary and secondary prevention activities.

### How are CBCAP programs used in Tennessee?

Tennessee's CBCAP program uses CBCAP funds to administer two prevention programs through 40 child abuse prevention contracts among 25 community-based agencies across Tennessee:

- Nurturing Parenting Program: This program is a family-centered initiative designed to build nurturing
  parenting skills as an alternative to abusive and neglectful parenting and child-rearing practices. This
  program includes a wide variety of modules designed for specific at-risk populations including teen
  parents, military families, parents/caregivers of disabled children, first time parents, and
  parents/caregivers recovering from substance abuse, to name a few. Services include in-home and
  grouped-based classes. More information can be found at http://www.nurturingparenting.com/.
- *Darkness to Light's Stewards of Children*: This is an evidence-based sexual abuse prevention training program designed to educate adults to recognize, prevent, and react responsibly to child sexual abuse and motivates caregivers to courageous action. This 3-hour, discussion-based training is administered by trained facilitators. More information can be found at http://www.d2l.org/.

### Who is eligible to receive CBCAP-funded services?

Any person free of abuse history or suspicion of abuse is eligible for services. The goal of primary and secondary prevention services is to inform and educate before abuse or neglect has occurred. Families or individuals with a history of perpetrating abuse or neglect or who are under active investigation by DCS are not eligible to receive CBCAP services. However, families or individuals who have simply come into contact with DCS but are not eligible for services through DCS may receive CBCAP-funded services. As long as allegations of abuse or neglect are unfounded and services are not required, a family or individual can be referred for CBCAP services. CBCAP services are voluntary.

### How would someone access CBCAP services?

This directory lists all Tennessee community-based agencies contracted to deliver prevention programs through Nurturing Parenting or Stewards of Children. Organized by county, the user can identify which agency offers what program in a specific county. The following agency pages detail each agency's contact information and the prevention activity administered. Additionally, each program can be found online using the "Find TN State Services" service search on <u>www.kidcentraltn.com</u>.

### Who do I contact with questions or for more information about Tennessee's

### **CBCAP program?**

Marie Keopf, CBCAP Program Coordinator 315 Deaderick Street UBS Building, 9<sup>th</sup> Floor Nashville, TN 37243 615-360-4552 <u>marie.keopf@tn.gov</u>

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# Agency Service Coverage by County

	Nurturing Parenting	Stewards of Children
A	Helen Ross McNabb	Helen Ross McNabb
Anderson		Prevent Child Abuse Tennessee
Bedford	Catholic Charities of Tennessee	
Beatora	The Center for Family Development	
Benton	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Bledsoe	Prevent Child Abuse Tennessee	CAC of Hamilton County
	Catholic Charities of East Tennessee Inc.	Helen Ross McNabb
Blount	Helen Ross McNabb	New Hope
		Prevent Child Abuse Tennessee
Dradlay	Behavioral Research Institute	
Bradley	Prevent Child Abuse Tennessee	
Camanhall		Campbell County Children's Center
Campbell		Prevent Child Abuse Tennessee
Cannon	Tennessee Voices for Children	CAC of Rutherford County, Inc.
Carroll	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Carter	Frontier Health, Inc.	
Cheatham	New Vision, Inc.	
Clieathain	Prevent Child Abuse Tennessee	
Chester	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Claiborne		Prevent Child Abuse Tennessee
Clay	Tennessee Voices for Children	
Cocke	Helen Ross McNabb	Helen Ross McNabb
CUCKE		Prevent Child Abuse Tennessee
Coffee		Coffee County CAC
Crockett	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Cumberland	Exchange Club Holland J. Stephens Center	
Cumberianu	Tennessee Voices for Children	
	Family & Children's Service	Prevent Child Abuse Tennessee
Davidson	The Family Center	
	Prevent Child Abuse Tennessee	
Decatur	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
DeKalb	Tennessee Voices for Children	
Dickson	Prevent Child Abuse Tennessee	
Dyer	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Fayette	UTHSC Boling Center for Developmental	
	Disabilities Project Enrich Fayette	
Fentress	Tennessee Voices for Children	

Franklin	Prevent Child Abuse Tennessee	CAC of Hamilton County
Gibson	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Giles		
Grainger	Catholic Charities of East Tennessee Inc.	Prevent Child Abuse Tennessee
Greene		
Grundy	Prevent Child Abuse Tennessee	CAC of Hamilton County
Hamblen		Prevent Child Abuse Tennessee
	Behavioral Research Institute	CAC of Hamilton County
Hamilton	Prevent Child Abuse Tennessee	
Hancock		
Hardeman	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hardin	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hawkins		
Haywood	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Henderson	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Henry	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Hickman		Davis House Child Advocacy Center
Houston	Prevent Child Abuse Tennessee	
Humphreys	Prevent Child Abuse Tennessee	
Jackson	Tennessee Voices for Children	
Jefferson		Prevent Child Abuse Tennessee
Johnson	Frontier Health, Inc.	
	Catholic Charities of East Tennessee Inc.	Helen Ross McNabb
Knox	Helen Ross McNabb	Prevent Child Abuse Tennessee
Lake	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Lauderdale	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Lawrence		
Lewis		Davis House Child Advocacy Center
Lincoln		
Loudon	Helen Ross McNabb	Helen Ross McNabb
Loudon		Prevent Child Abuse Tennessee
Macon	Tennessee Voices for Children	
Madison	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Marion	Prevent Child Abuse Tennessee	CAC of Hamilton County
Marshall	The Center for Family Development	
Maury		
	Behavioral Research Institute	
McMinn	Prevent Child Abuse Tennessee	
McNairy	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Maina	Behavioral Research Institute	
Meigs	Prevent Child Abuse Tennessee	

Monroe		Prevent Child Abuse Tennessee
	New Vision, Inc.	
Montgomery	Nurses for Newborns	
Moore		
Morgan		Prevent Child Abuse Tennessee
Obion	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
<b>a</b> <i>i</i>	Exchange Club Holland J. Stephens Center	
Overton	Tennessee Voices for Children	
Perry		Davis House Child Advocacy Center
Pickett	Tennessee Voices for Children	
	Behavioral Research Institute	
Polk	Prevent Child Abuse Tennessee	
	Exchange Club Holland J. Stephens Center	
Putnam	Tennessee Voices for Children	
51	Behavioral Research Institute	CAC of Hamilton County
Rhea	Prevent Child Abuse Tennessee	
Roane		Prevent Child Abuse Tennessee
<b>-</b> • ·	New Vision, Inc.	
Robertson	Prevent Child Abuse Tennessee	
	The Family Center	CAC of Rutherford County, Inc.
Rutherford	New Vision, Inc.	
Rutherford	Nurses for Newborns	
	Prevent Child Abuse Tennessee	
Scott		Prevent Child Abuse Tennessee
Sequatchie	Prevent Child Abuse Tennessee	CAC of Hamilton County
Sevier	Catholic Charities of East Tennessee Inc.	Helen Ross McNabb
Sevier	Helen Ross McNabb	Prevent Child Abuse Tennessee
Shelby	UTHSC Boling Center for Developmental	Memphis Child Advocacy Center
Sheiby	Disabilities Project Enrich Shelby	
	Exchange Club Family Center of the Mid-South	
Smith	Tennessee Voices for Children	
Stewart	Prevent Child Abuse Tennessee	
- W	Boys & Girls Clubs in Tennessee/BGC Mt. Empire	CAC of Sullivan County
Sullivan	Site Frontier Health, Inc.	
Sumpor	New Vision, Inc.	
Sumner	Nurses for Newborns	
Tintor	Prevent Child Abuse Tennessee	Evenance Club Carl Darking Contar
Tipton	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
Trousdale	New Vision, Inc.	
	Prevent Child Abuse Tennessee	
Unicoi		

Union	]	Campbell County Children's Center
Union		Prevent Child Abuse Tennessee
Van Buren	Tennessee Voices for Children	
Warren	Tennessee Voices for Children	
Washington	Frontier Health, Inc.	
Wayne		
Weakley	Exchange Club Carl Perkins Center	Exchange Club Carl Perkins Center
White	Tennessee Voices for Children	
	New Vision, Inc.	Davis House Child Advocacy Center
Williamson	Nurses for Newborns	
	Prevent Child Abuse Tennessee	
Wilson	New Vision, Inc.	
WIISOIT	Prevent Child Abuse Tennessee	



### **Behavioral Research Institute**

423 Central Avenue N.W. Cleveland, TN 37311 www.briLIFE.org

CBCAP Program: Nurturing Parenting

Counties Served: Bradley, Hamilton, Polk, McMinn, Meigs, Rhea

- Primary Contact: Dr. John Vining 423 Central Avenue N.W. Cleveland, TN 37311 <u>johnkvining@gmail.com</u> 423.476.1933
- Alternate Contact: Diana Arnold 423 Central Avenue N.W. Cleveland, TN 37311 <u>diana.arnold30@gmail.com</u> 423.476.1933
- Program Description: The Parent Stress Training Program (PST) seeks to: reduce parent stress, which is known to be a contributing factor to impulsive abuse of children; provide alternatives to corporal punishment for disciplining children; and encourage supportive parent networks. PST implements "Nurturing Parenting," an effective tool for parenting children of all ages. Caregivers are taught the following: stress management, ages & stages of child development, brain development, understanding feelings, building self-worth, praise and encouragement, communicating with respect and other alternatives to spanking. Our purpose as a non-profit agency is reaching out into the serviced communities with needed resources and tools in order to prevent child abuse. Our goal is for caregivers to implement the new skills in order to deal with their children and life stress in healthier ways without acting impulsively or over disciplining.



### **Boys & Girls Clubs in Tennessee**

967 Irwin Street Knoxville, TN 37917 www.bgctn.org

CBCAP Program: Nurturing Parenting Counties Served: Sullivan **Michelle Davis Primary Contact:** 967 Irwin Street Knoxville, TN 37917 mdavis@bgctnv.org 865.232.1109 Alternate Contact: T. Ryan Hughes 967 Irwin Street Knoxville, TN 37917 trhughes@bgcta.org 865.232.1014 **Program Description:** 

The "Positive Parenting Program" implementation plan uses the Nurturing Parents program curriculum and is based on the "Nurturing Way" approach. The Boys & Girls Clubs of the Mountain Empire addresses the root causes of abuse prior to the 'fact' as primary prevention program. It is easier to defuse the potential for abuse rather than intervene after the fact. A "nurturing" approach creates an atmosphere of loving, helpful parenting techniques rather than abuse-based disciplinary styles. This nurturing paradigm also pre-emptively intervenes with regard to sexual child abuse, as well. When a program of nurturing is taught to, and subsequently adopted by a parent, the incidence of child abuse of all forms decreases dramatically.



### Campbell County Children's Center

203 Independence Lane LaFollette, TN 37766 www.campbellcountychildrenscenter.org

Stewards of Children CBCAP Program: Counties Served: Campbell, Union Primary Contact: Tracie Davis 203 Independence Lane LaFollette, TN 37766 tdavis@campbellcountychildrenscenter.org 423.562.4190 Alternate Contact: Tanya Carroll Maggie Inscho 203 Independence Lane 203 Independence Lane LaFollette, TN 37766 LaFollette, TN 37766 minscho@cambellcountycac.org staff@campbellcountycac.org 423.562.4190 423.562.4190 **Program Description:** The Campbell County Children's Center will provide the highest quality of prevention education to community members and organizations in Campbell and Union counties to empower our communities' adults to respond effectively to child sex abuse.



# Catholic Charities of East Tennessee Inc. (CHAP I Knox Region/CHAP II Smoky Mountain Region)

119 Dameron Ave Knoxville, TN 37917 www.ccetn.org

CBCAP Program:	Nurturing Parenting	
Counties Served:	Blount, Sevier, Grainger, Knox	
Primary Contact:	Terri Hodges (Knox) 119 Dameron Ave Knoxville, TN 37917 <u>thodges@ccetn.org</u> 865.603.3866	Kim Cook (Blount, Sevier, Grainger) 119 Dameron Ave Knoxville, TN 37917 <u>kim@ccetn.org</u> 865.361.8094
Alternate Contact:	Paul Ritter 119 Dameron Ave Knoxville, TN 37917 <u>paul@ccetn.org</u> 865.806.4167	Lisa Healy 119 Dameron Ave Knoxville TN 37917 Ihealy@ccetn.org 865.963.4726
Program Description:	CHAP (Columbus Home Assisting Parents) is a home-based parent education and support service that provides parenting education, crisis intervention, and resource linkage services for families with children of all ages (with a particular focus on children ages 0-8) who are experiencing life stressors that impact parenting abilities. CHAP's goal is to ensure the safety and well-being of children in the home by increasing parents' skills and coping abilities. Additionally, the C.H.A.P. caseworker assists families in locating and utilizing other services in the community with the goal of empowering the family so that they can recognize issues as they arise and find their own positive solutions. Services are voluntary and are provided at no cost. Eligibility Requirements: families cannot have an open DCS case and must reside in the following counties: Blount, Grainger, Sevier Counties (Smoky Mountain Region) or Knox County.	



### **Catholic Charities of Tennessee**

2806 McGavock Pike Nashville, TN 37214 www.cctenn.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Bedford, Marshall
- Primary Contact: Vickie Lawson 2806 McGavock Pike Nashville, TN 37214 <u>vlawson@cctenn.org</u> 615.352.3087
- Alternate Contact: Pam Russo 2806 McGavock Pike Nashville, TN 37214 <u>prusso@cctenn.org</u> 615.352.3087
- Program Description: The Creating Hope by Assisting Parents, (CHAP program) provides parenting education, crisis intervention and case management for Hispanic families in Bedford and Marshall Counties who desire assistance. A CHAP counselor will help recognize and reduce everyday stressors such as financial worries, changes in family structure, isolation and/or lack of transportation. This program is also designed to improve parental effectiveness by providing a clear set of positive parenting skills and strategies that can be used immediately to address a variety of child-rearing challenges and problems. A unique aspect of the CHAP Program is providing in-home services which allow parents the opportunity to practice learned skills in their natural environment. Our skilled professional counselor stand beside the parents leading them through the maze of child rearing by transforming their experiences, doubts and fears into the knowledge and confidence they need to build positive discipline, communication and selfesteem.



### **The Center for Family Development**

1304 Madison Street Shelbyville, TN 37160 www.thecenterforfamilydevelopment.org

CBCAP Program:	Nurturing Parenting	

Counties Served: Bedford, Marshall

Primary Contact: Benita Caldwell 1304 Madison Street Shelbyville, TN 37160 <u>benita@mytcfd.org</u> 931.684.4676x205

Alternate Contact:

Program Description: The Nurturing Parenting program seeks to educate and inform parents of the appropriate developmental stages and normal expectations of development stages, provide alternatives to corporal punishment when disciplining children, and teach parents to communicate with their children. Brain development, stress management, children's self-worth, feelings, and attachment are other topics that are discussed throughout the class. Our purpose as a non-profit agency is to offer classes to people in our community that will benefit from our classes and to educate our community about child abuse prevention at no cost to the participants.



### Child Advocacy Center of Rutherford County, Inc.

1040 Samsonite Blvd. Murfreesboro, TN 37129

- CBCAP Program: Stewards of Children
- Counties Served: Rutherford, Cannon
- Primary Contact: Sharon De Boer 1040 Samsonite Blvd. Murfreesboro, TN 37129 <u>shardeboer@aol.com</u> 615.867.9000
- Alternate Contact:Brittnie NobleJessica Wauchek1040 Samsonite Blvd.1040 Samsonite Blvd.Murfreesboro, TN 37129Murfreesboro, TN 37129bnoble@cacrutherford.orgjwauchek@cacrutherford.org615.867.9000615.867.9000
- Program Description: The Child Advocacy Center of Rutherford County, Inc. is a 501 (c) 3 non-profit agency that serves victims of child abuse, child sexual abuse, drug endangered children, and their non-offending parents, grandparents, and family members. The Child Advocacy Center works as a multidisciplinary team with the Department of Children's Services, law enforcement, and the District Attorney's Office to investigate and prosecute child abuse cases and help children and their families heal from the trauma and victimization of the abuse. Department of Children's Services protects children, law enforcement arrests perpetrators, the District Attorney's Office prosecutes offenders, while the Child Advocacy Center helps children and families heal from the trauma.

Darkness to Light Stewards of Children is a nationwide training initiative based in Charleston, South Carolina designed to train adults how to protect children by teaching them the 5 Steps to Protecting Children from Child Sexual Abuse. The Child Advocacy Center of Rutherford County, Inc. began implementing this community education program free of charge to participants in September 2012. The training is offered in English and Spanish. The CBCAP grant partially funds the Community Education Coordinator's salary. The Child Advocacy Center set a goal to train 11,575 Rutherford County and Cannon County parents, grandparents, and professionals. This number represents 5% of the adult population in Rutherford and Cannon Counties. In addition to the Community Education Coordinator all of the Child Advocacy Center staff and 10 volunteers are authorized Darkness to Light facilitators. From September 2012 to June 2018, the Darkness to Light community education program trained over 9,352 adults how to protect children from child sexual abuse, and what to do if a child reports abuse to them.



### Children's Advocacy Center: The Emmy Haney House

5705 Uptain Road, Suite C Chattanooga, TN 37411 www.cachc.org

CBCAP Program:	Stewards of Children
Counties Served:	Hamilton, Bledsoe, Franklin, Grundy, Marion, Rhea, Sequatchie
Primary Contact:	Jessica Bastianelli 5705 Uptain Road, Suite C Chattanooga, TN 37411 jbastianelli@cachc.org 423.266.6918
Alternate Contact:	Kristen Pavlik McCallie 5705 Uptain Road, Suite C Chattanooga, TN 37411 <u>KPMcCallie@cachc.org</u> 423.266.6918
Program Description:	The Children's Advocacy Center: The Emmy Haney House (CAC) is dedicated to serving those affected by alleged child abuse or neglect by offering help, hope, and healing. Funding from the CBCAP Grant is used solely for adult education using the Darkness to Light Stewards of Children evidence-based curriculum for at least 1,000 participants. Through the CBCAP Grant, the CAC is able to make presentations within the Hamilton County community, meeting the urban needs

of the Chattanooga area.



### Children's Advocacy Center of Sullivan County

150 Blountville Bypass Blountville, TN 37617 <u>www.cacsctn.org</u>

- CBCAP Program: Stewards of Children
- Counties Served: Sullivan
- Primary Contact: Elise Valencia 150 Blountville Bypass Blountville, TN 37617 evalencia@cacsctn.org 423.279.1222
- Alternate Contact: Gena Frye 150 Blountville Bypass Blountville, TN 37617 gfrye@cacsctn.org 423.279.1222 x 1200
- Program Description: Stewards of Children is the only nationally available program scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This revolutionary program is for any responsible adult who cares about the welfare of children. It is also appropriate for youth-serving organizations (sports leagues, day care centers, after School programs, children's clubs, church groups and more).



### Coffee County Children's Advocacy Center

104 North Spring Street Manchester, TN 37355 www.coffeecountycac.org

- CBCAP Program: Stewards of Children
- Counties Served: Coffee
- Primary Contact: Heather Kleinfeld 104 North Spring Street Manchester, TN 37355 <u>heather@coffeecountycac.org</u> 931.723.8888
- Alternate Contact: Joyce Prusak 104 North Spring Street Manchester, TN 37355 joyce@coffeecountycac.org 931.723.8888
- Program Description: Stewards of Children is the only nationally available program scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This revolutionary program is for any responsible adult who cares about the welfare of children. It is also appropriate for youth-serving organizations. About Coffee County Children's Advocacy Center: The Coffee County Children's Advocacy Center's mission is to serve children who are victims of severe abuse through prevention, education and intervention. Coffee County Children's Advocacy Center (CCCAC) is a non-profit organization that provides a childfocused facility in a safe, neutral location. Interviews, advocacy and prevention services are conducted by a coordinated team of law enforcement, Department of Children's Services, district attorney, mental health and medical professionals all working together in managing and reviewing each case. In 2011, CCCAC became a satellite clinic of Our Kids to provide medical exams for children who are victims of possible sexual abuse.



### Davis House Child Advocacy Center (Franklin)

101 Forrest Crossing Blvd. Suite 106 Franklin, TN 37064 www.davishousecac.org

- CBCAP Program: Stewards of Children
- Counties Served: Williamson
- Primary Contact: Marcus Stamps 101 Forrest Crossing Blvd. Suite 106 Franklin, TN 37064 <u>Marcus@davishousecac.org</u> 615.790.5900 x101
- Alternate Contact: Tara Tidwell 101 Forrest Crossing Blvd. Suite 106 Franklin, TN 37064 <u>Tara@davishousecac.org</u> 615.790.5900 x 104
- Program Description: Created by Darkness to Light, Stewards of Children is an award winning, evidence-based program that provides a simple, 5-step approach to protecting children from sexual abuse. Led by an authorized facilitator, this 2-hour program incorporates video, workbook and discussion to address all learning styles. Attendees experience first-hand interviews from adult survivors and experts in the field about the emotional, physical, psychological and economic impact of child sexual abuse. Stewards of Children is open to the public, however we do stress that the program contains content that is only appropriate for adults.



### Davis House Child Advocacy Center (South Central)

21 Smith Avenue Hohenwald, TN 38462

109 East Swan Street Centerville, TN 37033 www.davishousecac.org

- CBCAP Program: Stewards of Children
- Counties Served: Lewis, Hickman, Perry
- Primary Contact: DeAnna Darden-Carroll 21 Smith Avenue Hohenwald, TN 38462 <u>deanna@davishousecac.org</u> 931.796.0813
- Alternate Contact: Lindsey Honea 109 East Swan Street Centerville, TN 37033 lindsey@davishousecac.org 931.729.9933
- Program Description: Created by Darkness to Light, Stewards of Children is an award winning, evidence-based program that provides a simple, 5-step approach to protecting children from sexual abuse. Led by an authorized facilitator, this 2-hour program incorporates video, workbook and discussion to address all learning styles. Attendees experience first-hand interviews from adult survivors and experts in the field about the emotional, physical, psychological and economic impact of child sexual abuse. Stewards of Children is open to the public, however we do stress that the program contains content that is only appropriate for adults.



### Exchange Club Carl Perkins Center

213 Cheyenne Drive Jackson, TN 38305 www.carlperkinscenter.org

- CBCAP Program: Nurturing Parenting, Stewards of Children
- Counties Served: Benton, Carroll, Chester, Crockett, Decatur, Dyer, Fayette, Gibson, Hardeman, Hardin, Haywood, Henderson, Henry, Lake, Lauderdale, Madison, McNairy, Obion, Tipton, Weakley
- Primary Contact: Delaine Bottoms 213 Cheyenne Drive Jackson, TN 38305 <u>dbottoms@carlperkinscenter.org</u> 731.668.4000
- Alternate Contact: Mary Davis 213 Cheyenne Drive Jackson, TN 38305 <u>mdavis@carlperkinscenter.org</u> 731.668.4000
- **Program Description:** The Exchange Club-Carl Perkins Center provides the Nurturing Parenting program at various locations across rural West Tennessee. The Nurturing Parenting program is an evidence-based child abuse prevention program that assesses parenting and child rearing beliefs. The program is designed to increase the nurturing skills of participants as well as assess high risk, abusive parenting attitudes and behaviors. The curriculum is implemented in a group setting and supports children being raised in a supportive, nurturing environment. The targeted populations include families at risk of abuse and neglect, parents in recovery for alcohol and drug addiction, families at risk for delinquency, incarcerated parents, low-income families, and self-referrals. Families who have children between the ages of birth and eight will also be targeted for services. Many of these adults have had adverse childhood experiences and are in need of support and parent training. Several partnerships within communities have been established in order to provide the Nurturing Program to the targeted population. The Centers also provide the Stewards of Children child sexual abuse prevention training. This program teaches adults

how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for individuals concerned about the safety of children as well as organizations who serve youth. A compelling video, the core of the curriculum, includes the vignettes of several courageous survivors of child sexual abuse who have contributed a great deal of time and effort as adults toward ending the cycle of abuse. The Exchange Club-Carl Perkins Center provides numerous child abuse prevention awareness activities, community educational trainings, and implements a child abuse prevention campaign to highlight child abuse prevention month.



### Exchange Club Family Center of the Mid-South, Inc.

2180 Union Avenue Memphis, TN 38104 www.exchangeclub.net

CBCAP Program:	Nurturing Parenting	
Counties Served:	Shelby	
Primary Contact:	Jennifer Balink 2180 Union Avenue Memphis, TN 38104 j <u>balink@exchangeclub.net</u> 901.276.2200 x109	
Alternate Contact:	Patricia Maynard 2180 Union Avenue Memphis, TN 38104 <u>pmaynard@exchangeclub.net</u> 901.276.2200 x109	Catherine Collins 2180 Union Avenue Memphis, TN 38104 <u>ccollins@exchangeclub.net</u> 901.276.2200 x123
	Carole Clements 2180 Union Avenue Memphis, TN 38104 <u>cclements@exchangeclub.net</u> 901.276.2200 x104	
Program Description:	The Nurturing Parenting Program provides parenting support and education services to parents including adults, teen parents, and homeless parents. The program is offered at our main location in midtown Memphis and at Adolescent Parenting Program (a Shelby County School) and Salvation Army. Through this program, parents and caregivers are supported in developing and enhancing their parenting skills, improving their understanding of child development, trying alternative approaches to child rearing, and learning techniques that reduce the stress that can undermine parental functioning.	



## The Exchange Club/Holland J. Stephens Center for the **Prevention of Child Abuse (The Stephens Center)**

616 North Church Street, Suite B Livingston, TN 38570 www.stephenscenter.org

CBCAP Program:	Nurturing Parenting
Counties Served:	Cumberland, Overton, Putnam
Primary Contact:	Dawn Raines 616 North Church Street, Suite B Livingston, TN 38570 <u>dawn.stephenscenter@twlakes.net;</u> <u>stephenscenter@twlakes.net</u> 931.823.6432
Alternate Contact:	Karon Wilson 616 North Church Street. Suite B Livingston, TN 38570 <u>karon.stephenscenter@twlakes.net</u> 931.823.6432
Program Description:	The Stephens Center offers the Friends for Families home-visitation program serving families who have at least one child in the home who is twelve or younger. A trained Volunteer Parent Aide or Center staff member visits weekly in the home of families at-risk of child abuse or neglect to teach necessary parenting skills, discipline, and anger management. Through our weekly support and education, these families are able to replace abusive or neglectful behaviors with healthy, nurturing parenting skills. Parent-Child Connection (PCC) is a group parenting class employing video-based instruction, facilitated group discussion, and peer support. Parent-Child Connection offers parents, or anyone in a parenting role, a chance to learn practical parenting techniques, enhance their communication with their children, and replace negative parenting habits with positive, productive parenting skills. PCC is available at no charge to anyone who would like to attend.



### Family & Children's Service

1704 Heiman Street Nashville, TN 37208 www.fcsnashville.org

CBCAP Program:	Nurturing Parenting
Counties Served:	Davidson
Primary Contact:	Emily Nourse 1704 Heiman Street Nashville, TN 37208 <u>Emily.nourse@fcsnashville.org</u>
	615.340.9729

#### Alternate Contact:

Program Description: The mission of Family & Children's Service (FCS) is to connect individuals and families to hope, to healing, and to one another. FCS serves all people in crisis and transition by meeting them where they are, understanding their needs, and connecting them to the resources they need. FCS often 'fills in the gaps' in social services, creating a safety net to ensure that all children and families can be safe and healthy. Each year we provide direct services to more than 20,000 clients, and phone-based crisis, intervention, and referral services to another 120,000 Tennesseans. FCS is delivering the Nurturing Parenting curriculum through our Family Resource Centers at each of the four Metro public elementary schools we currently serve. These populations have high concentrations of multiple risk factors for child abuse.



### The Family Center (Davidson)

139 Thompson Lane Nashville, TN 37211 www.familycentertn.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Davidson
- Primary Contact: Sierra Scott 139 Thompson Lane Nashville, TN 37211 <u>sscott@familycentertn.org</u> 615.333.2644
- Alternate Contact: Jennifer Martin 139 Thompson Lane Nashville, TN 37211 <u>jmartin@familycentertn.org</u> 615.333.2644 x17
- Program Description: TFC's programs are offered in both a classroom and in-home setting, led by master's level staff. Our Co-Parenting group meets one time for 4 hours and is a place for new parents, blended families, or any parent struggling to find balance between parenting styles to gain insight into their children's developmental needs while learning co-parenting skills. Positive Parenting and Nurturing Family is an 8-week classroom group that uses two-generational education, skill building, and personal insights to help parents/caregivers and children to build self-esteem, develop good communication, explore child safety, handling stress, and managing emotions and behaviors! Sometimes parents need extra help in understanding their children and practicing parenting skills. It's easy to fall into familiar patterns when everyday stress overwhelms us. The Nurturing Home program offers families the chance to address specific family challenges "at home" in partnership with our caring Family Coaches for up to 10 weeks.

Being a parent isn't easy, yet knowledge and support from parent educators can make a lifetime of difference for families. The Family Center serves approximately 800 parents annually through their programs and touches close to 3,000 people in the community.

The Family Center programs adhere to requirements for divorcing parents, parents in substance abuse recovery, incarcerated parents, open cases in court or parents that have difficulty implementing effective, positive parenting practices.



### The Family Center (Mid Cumberland)

115 Heritage Park Drive Murfreesboro, TN 37129 www.familycentertn.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Rutherford
- Primary Contact: Sierra Scott 139 Thompson Lane Nashville, TN 37211 <u>sscott@familycentertn.org</u> 615.333.2644
- Alternate Contact: Jennifer Martin 139 Thompson Lane Nashville, TN 37211 <u>jmartin@familycentertn.org</u> 615.333.2644 x17
- Program Description: TFC's programs are offered in both a classroom and in-home setting, led by master's level staff. Our Co-Parenting group meets one time for 4 hours and is a place for new parents, blended families, or any parent struggling to find balance between parenting styles to gain insight into their children's developmental needs while learning co-parenting skills. Positive Parenting and Nurturing Family is an 8-week classroom group that uses two-generational education, skill building, and personal insights to help parents/caregivers and children to build self-esteem, develop good communication, explore child safety, handling stress, and managing emotions and behaviors! Sometimes parents need extra help in understanding their children and practicing parenting skills. It's easy to fall into familiar patterns when everyday stress overwhelms us. The Nurturing Home program offers families the chance to address specific family challenges "at home" in partnership with our caring Family Coaches for up to 10 weeks.

Being a parent isn't easy, yet knowledge and support from parent educators can make a lifetime of difference for families. The Family Center serves approximately 800 parents annually through their programs and touches close to 3,000 people in the community.

The Family Center programs adhere to requirements for divorcing parents, parents in substance abuse recovery, incarcerated parents, open cases in court or parents that have difficulty implementing effective, positive parenting practices.



### Frontier Health, Inc.

1167 Spratlin Park Drive Gray, TN 37615 www.frontierhealth.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Carter, Sullivan, Washington
- Primary Contact: Katherine Combs 426 E. G Street Elizabethton, TN 37643 <u>kcombs@frontierhealth.org</u> 423.547.6552
- Alternate Contact:Carl CountsTim Perry109 W. Watauga Ave.1167 Spratlin Park DriveJohnson City, TN 37604Gray, TNccounts@frontierhealth.orgtperry@frontierhealth.org423.232.2700423.467.3600
- Program Description: Frontier Health uses the Nurturing Parenting program to work with parents through developing more effective relationships and expectations with their children. Frontier Health has a parent educator in the counties of Carter, Sullivan, and Washington in Tennessee. These parenting classes are free due to being provided by the CBCAP grant through the state of Tennessee. Much information and resources are available through these classes. The Nurturing Parent classes consist of 8 one hour classes. Each group of classes begins and ends with the AAPI-2 assessment which allows the parent educator to be able to recognize areas in which each parent has strengths and weaknesses according to the parent's responses on the assessment, as well as improvements in parenting skills each parent shows between the first and last class. A certificate and letter will be provided to each parent that completes the requirements, as given by the parent educator. A phone call to the location can be made to gain more information about the classes and dates they will be offered.



A premier provider of behavioral health care in East Tennessee

### Helen Ross McNabb

600 Arthur Street Knoxville, TN 37921 www.mcnabbcenter.org

CBCAP Program: Nurturing Parenting, Stewards of Children

Counties Served: Anderson, Blount, Cocke, Knox, Loudon, Sevier

- Primary Contact: Kristin Bradley 600 Arthur Street Knoxville, TN 37921 <u>Kristin.bradley@mcnabb.org</u> 865.637.9711 #1136
- Alternate Contact: Scott Pearson 600 Arthur Street Knoxville, TN 37921 <u>Scott.pearson@mcnabb.org</u> 865.637.9711 #1149
- Program Description: The Helen Ross McNabb Center provides Darkness to Light's: Stewards of Children sexual abuse prevention training program and the Nurturing Parenting Program curriculum. For nearly 30 years, the Center has provided prevention services for children and families and is recognized as an expert in early intervention and prevention by the community. Nurturing Parenting Program (NP) is a family-centered, evidenced-based program designed to build nurturing parenting skills as an alternative to abusive and neglectful parenting and childrearing practices. Darkness to Light's: Stewards of Children training is an evidence-informed, sexual abuse prevention training program that educates adults to recognize, prevent and react responsibly to child sexual abuse and motivates them to courageous action.



### **Memphis Child Advocacy Center**

1085 Poplar Avenue Memphis, TN 38105 www.memphiscac.org

CBCAP Program: Stewards of Children

Counties Served: Shelby

- Primary Contact: Kris Crim 1085 Poplar Avenue Memphis, TN 38105 <u>kcrim@memphiscac.org</u> 901.888.4363
- Alternate Contact: Virginia Stallworth 1085 Poplar Avenue Memphis, TN 38105 <u>vstallworth@memphiscac.org</u> 901.888.4340
- Program Description: The Memphis Child Advocacy Center supports safety for children through informed prevention, community collaboration, and a team approach to healing and justice for victims of child sexual and severe physical abuse. The Memphis Child Advocacy Center's prevention team provides Stewards of Children child sexual abuse prevention and response training for parents and adults who work with children. In addition, the prevention team provides workshops and consultation on child protection policy and reporting for youth-serving organizations. To date (6/2018), the Memphis Child Advocacy Center team has trained over 21,000 unduplicated adults in Shelby County. The most recent program evaluation of the center's implementation of Stewards of Children (including a 6-month post-training evaluation) shows that adults are engaging in more behaviors that help protect children from sexual abuse.



## New Hope, Blount County Children's Advocacy Center

P.O. Box 5058 Maryville, TN 37802 www.blountkids.org

CBCAP Program:	Stewards of Children	
Counties Served:	Blount	
Primary Contact:	Tabitha Damron P.O. Box 5058 Maryville TN 37802 <u>tdamron@blountkids.org</u> 865.981.2000	
Alternate Contact:	Danielle Reggio P.O. Box 5058 Maryville, TN 37802 <u>dreggio@blountkids.org</u> 865.981.2000	Becky Rials P.O. Box 5058 Maryville, TN 37802 brials@blountkids.org 865.981.2000
Program Description:	Stewards of Children is a prevention training program that teaches adults how to prevent, recognize and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence-based program proven to increase knowledge, improve attitudes, and change child protective behaviors. Research findings from independent evaluators are	

available on www.D2L.org.



### New Vision, Inc.

5213 Linbar Drive, Suite 500 Nashville, TN 37211 www.newvisiontn.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Rutherford, Montgomery, Sumner, Robertson, Cheatham, Trousdale, Wilson, Williamson
- Primary Contact: Adrienne Hackney 5211 Linbar Drive, Suite 500 Nashville, TN 37211 <u>adriennenewvision@gmail.com</u> 615.445.8711
- Alternate Contact: Therese King 5211 Linbar Drive, Suite 500 Nashville, TN 37211 <u>newvision08@gmail.com</u> 615.445.8711
- Program Description: The Nurturing Parenting Program is a primary, early prevention program administered by New Vision, Inc. to parents/caregivers of children ages 0-8. The program aims to help families and individuals who are at a higher risk of developing problems that can lead to child abuse or neglect. It is the intent of the program and its activities to provide education that will help families and individuals avoid behaviors and actions that could result in the abuse of a child, and build caring, empathic parent-child relationships through education on bonding and attachment. The program provides an evidence-based curriculum designed to build nurturing skills as alternatives to abusive parenting and child rearing attitudes. The curriculum focuses on core competency lessons which form the basic structure of the program. Parents who participate in the class will gain knowledge and confidence in parenting skills which will positively impact the strength and health of their families. The Nurturing Parenting curriculum can be offered in group settings and/or home visitations.



### Nurses for Newborns

50 Vantage Way, Suite 101 Nashville, TN 37228 www.NursesforNewborns.org

CBCAP Program: Nurturing Parenting

Counties Served: Montgomery, Sumner, Williamson, Rutherford

Primary Contact: Amanda Peltz, Executive Director 50 Vantage Way, Suite 101 Nashville, TN 37228 <u>Amanda.Peltz@nursesfornewborns.org</u> 615.313.9989

- Alternate Contact: Neyra Arguello, Program Coordinator 50 Vantage Way, Suite 101 Nashville, TN 37228 <u>tnadmin@nursesfornewborns.org</u> 615.313.9989
- Program Description: Nurses for Newborns is a prevention based, home visitation nonprofit organization that provides assessments, education and referrals for at-risk infants. Our program is specific to those most vulnerable in our community, such as medically fragile infants (including but not limited to infants born premature, drug exposed or experiencing other medical concerns); mothers with mental health, or substance abuse concerns; and teen parents. Support may begin in the prenatal stage and can last until the child is 24 months old. Our clients are screened by registered nurses for depression, stress management, protective factors, and use of alcohol, tobacco and drugs. Nurses for Newborns utilizes the Nurturing Parenting Program to guide education regarding parenting. Visits are made weekly for approximately one month. When the family begins to show signs of stability, visit frequency decreases to every two weeks for one month and then monthly. Nursing staff works with the family to develop the best plan of care for each individual child. As a result, the frequency may increase or decrease at the nurse's discretion.



### **Prevent Child Abuse Tennessee (Davidson)**

4721 Trousdale Drive, Suite 121 Nashville, TN 37220 www.pcat.org

CBCAP Program:	Nurturing Parenting
Counties Served:	Davidson
Primary Contact:	Sarah Loch 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 <u>sarah.loch@pcat.org</u> 615.383.0994
Alternate Contact:	Jennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 Jennifer.vaida@pcat.org 615.383.0994
Program Description:	The Nurturing Parenting program meets with the family weekly for 5

gram Description: The Nurturing Parenting program includes 1.5-2-hour sessions where PCAT meets with the family weekly for 5-8 weeks. The program is delivered in a group setting or through individual meetings with caregivers. These classes are effective for families facing a variety of parenting challenges. The Nurturing Parenting program empowers families to make positive changes in parenting and child rearing attitudes, including: appropriate expectations, empathy, corporal punishment, parent-child role reversal. The curriculum places greater emphasis on helping parents develop concrete parenting skills, as well as think about the importance of parent and child relationships.



### Prevent Child Abuse Tennessee (Mid Cumberland)

4721 Trousdale Drive, Suite 121 Nashville, TN 37220 www.pcat.org

**CBCAP** Program: Nurturing Parenting Counties Served: Cheatham, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, Wilson **Primary Contact:** Sarah Loch 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 sarah.loch@pcat.org 615.383.0994 Alternate Contact: Iennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 jennifer.vaida@pcat.org 615.383.0994 **Program Description:** The Nurturing Parenting program includes 1.5-2-hour sessions where PCAT meets with the family weekly for 5-8 weeks. The program is delivered in a group setting or through individual meetings with caregivers. These classes are effective for families facing a variety of parenting challenges. The Nurturing Parenting program empowers families to make positive changes in parenting and child rearing attitudes, including: appropriate expectations, empathy, corporal punishment, parent-child role reversal. The curriculum places greater emphasis on helping parents develop concrete parenting skills, as well as think about the importance of parent and child relationships.



### **Prevent Child Abuse Tennessee (TN Valley)**

1018 Dallas Road

Suite 302

Chattanooga, TN 37405 www.pcat.org

**CBCAP** Program: Nurturing Parenting Counties Served: Bledsoe, Bradley, Franklin, Grundy, Hamilton, Marion, McMinn, Meigs, Polk, Rhea, Sequatchie **Primary Contact: Richard Tate** 5705 Uptain Road Chattanooga, TN 37411 richard.tate@pcat.org 423.643.7600 Alternate Contact: Iennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 jennifer.vaida@pcat.org 615.383.0994 Program Description: The Nurturing Parenting program includes 1.5-2-hour sessions where PCAT meets with the family weekly for 5-8 weeks. The program is delivered in a group setting or through individual meetings with caregivers. These classes are effective for families facing a variety of parenting challenges. The Nurturing Parenting program empowers families to make positive changes in parenting and child rearing attitudes, including: appropriate expectations, empathy, corporal punishment, parent-child role reversal. The curriculum places greater emphasis on helping parents develop concrete parenting skills, as well as think about the importance of parent and child relationships.



### Prevent Child Abuse Tennessee (Davidson)

4721 Trousdale Drive, Suite 121 Nashville, TN 37220 www.pcat.org

- CBCAP Program: Stewards of Children Counties Served: Davidson Primary Contact: Cary Rayson 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 <u>cary.rayson@pcat.org</u> 615.383.0994 Alternate Contact: Jennifer Vaida
- Alternate Contact: Jennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 Jennifer.vaida@pcat.org 615.383.0994
- Program Description: Prevent Child Abuse Tennessee uses the national distributed Stewards of Children training program which is scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This public education program is taught by Authorized Facilitators who have been trained by Darkness to Light. The two hour training is for individuals, businesses & organizations who: seek training for staff and volunteers in the prevention of child sexual abuse; look to enhance their child protection policies and procedures or respond to insurance requirements; or want to lead a community-based initiative and offer prevention training to the community. Topics covered include: Facts about the problem of child sexual abuse, types of situations in which abuse might occur, simple, effective strategies for protecting children, how to talk to children about sexual abuse, signs of abuse, and how to respond responsibly to child sexual abuse.



### Prevent Child Abuse Tennessee (East)

702 S. Illinois Ave Suite B-202 Oak Ridge, TN 37830 <u>www.pcat.org</u>

Stewards of Children **CBCAP** Program: Counties Served: Anderson, Campbell, Loudon, Monroe, Morgan, Roane, Scott, Union **Primary Contact:** Allison Wentz 702 S. Illinois Ave, Suite B-202 Oak Ridge, TN 37830 allison.wentz@pcat.org 865.483.7377 Alternate Contact: Iennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 jennifer.vaida@pcat.org 615.383.0994 Prevent Child Abuse Tennessee uses the national distributed Stewards of Program Description: Children training program which is scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This public education program is taught by Authorized Facilitators who have been trained by Darkness to Light. The two hour training is for individuals, businesses & organizations who: seek training for staff and volunteers in the prevention of child sexual abuse; look to enhance their child protection policies and procedures or respond to insurance requirements; or want to lead a community-based initiative and offer prevention training to the community. Topics covered include: Facts about the problem of child sexual abuse, types of situations in which abuse might occur, simple, effective strategies for protecting children, how to talk to children about sexual abuse, signs of abuse, and how to respond responsibly to child sexual abuse.



### **Prevent Child Abuse Tennessee (Knox)**

702 S. Illinois Ave Suite B-202 Oak Ridge, TN 37830 <u>www.pcat.org</u>

Stewards of Children **CBCAP** Program: Counties Served: Knox **Primary Contact:** Allison Wentz 702 S. Illinois Ave, Suite B-202 Oak Ridge, TN 37830 allison.wentz@pcat.org 865.483.7377 Alternate Contact: Iennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 jennifer.vaida@pcat.org 615.383.0994 Program Description: Prevent Child Abuse Tennessee uses the national distributed Stewards of Children training program which is scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This public education program is taught by Authorized Facilitators who have been trained by Darkness to Light. The two hour training is for individuals, businesses & organizations who: seek training for staff and volunteers in the prevention of child sexual abuse; look to enhance their child protection policies and procedures or respond to insurance requirements; or want to lead a community-based initiative and offer prevention training to the community. Topics covered include: Facts about the problem of child sexual abuse, types of situations in which abuse might occur, simple, effective strategies for protecting children, how to talk to children about sexual abuse, signs of abuse, and how to respond responsibly to child sexual abuse.



# Prevent Child Abuse Tennessee (Smokey)

702 S. Illinois Ave Suite B-202 Oak Ridge, TN 37830 www.pcat.org

CBCAP Program:	Stewards of Children
Counties Served:	Blount, Claiborne, Cocke, Grainger, Hamblen, Jefferson, Sevier
Primary Contact:	Allison Wentz 702 S. Illinois Ave, Suite B-202 Oak Ridge, TN 37830 allison.wentz@pcat.org 865.483.7377
Alternate Contact:	Jennifer Vaida 4721 Trousdale Drive, Suite 121 Nashville, TN 37220 jennifer.vaida@pcat.org 615.383.0994
Program Description:	Prevent Child Abuse Tennessee uses the national distributed Stewards of Children training program which is scientifically proven to increase knowledge, improve attitudes and change child-protective behaviors. This public education program is taught by Authorized Facilitators who have been trained by Darkness to Light. The two hour training is for individuals, businesses & organizations who: seek training for staff and volunteers in the prevention of child sexual abuse; look to enhance their child protection policies and procedures or respond to insurance requirements; or want to lead a community-based initiative and offer prevention training to the community. Topics covered include: Facts about the problem of child sexual abuse, types of situations in which abuse might occur, simple, effective strategies for protecting children, how to talk to children about sexual abuse, signs of abuse, and how to respond responsibly to child sexual abuse.



### **Tennessee Voices for Children**

500 Professional Park Drive Goodlettsville, TN 37072 www.tnvoices.org

- CBCAP Program: Nurturing Parenting
- Counties Served: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White
- Primary Contact: Annette Dupree-Sanders 500 Professional Park Drive Goodlettsville, TN 37072 <u>adupreesanders@tnvoices.org</u> 615.269.7751 cell 931/980-4588
- Alternate Contact: Rikki Harris 500 Professional Park Drive Goodlettsville, TN 37072 <u>rharris@tnvoices.org</u> 615.269.7751
- The Nurturing Parenting Program is a family-centered initiative designed to build **Program Description:** nurturing parenting skills as an alternative to less effective child-rearing practices. The program features activities to foster positive parenting skills and self-nurturing home practice exercises, family nurturing time, and the promotion of positive development in children. Tennessee Voices for Children will serve parents/caregivers of children of all ages with a focus on parents/caregivers of children from newborn to eight years and incarcerated parents. Parents/caregivers attend groups designed to: build self-awareness, positive concept/self-esteem and build levels of empathy; teach alternatives to hitting and yelling; enhance family communication and awareness of needs; replace aggressive or harmful behaviors with nurturing behaviors; promote healthy physical and emotional development; teach appropriate role and developmental Frequency/duration of program: Nurturing Parenting classes expectations. includes 3 to 4 days of 4-hour sessions in length which are typically offered in community settings and county jails.

# BOLING CENTER FOR DEVELOPMENTAL DISABILITIES

### UTHSC Boling Center for Developmental Disabilities Project Enrich (Fayette)

711 Jefferson Avenue Memphis, TN 38105 <u>https://www.uthsc.edu/bcdd/</u>

- CBCAP Program: Nurturing Parenting
- Counties Served: Fayette
- Primary Contact: Chanda Dunn 711 Jefferson Avenue Memphis, TN 38105 cdunn19@uthsc.edu P: 901.448.6670 F: 901.448.7097
- Alternate Contact: Belinda Tate Hardy 711 Jefferson Avenue Memphis, TN 38105 <u>btate@uthsc.edu</u> 901.448.6669
- Program Description: Since 1998, Project ENRICH Southwest staff has provided services and supports for individuals with special learning needs in Fayette County. Project ENRICH Southwest is currently the only parenting program that addresses the needs of parents and teen moms with special learning needs in this rural and underserviced community. Problems of poverty, isolation, limited educational resources, and access are forerunners of the needs for services in Fayette County. Along with the primary intervention of Nurturing Parenting classes at both the adult and teen level, additional community involvement includes the following:
  - Assistance and advocacy at juvenile court, weekly attendance at juvenile court,
  - Representation on the Community Advisory Board (CAB) for Fayette County,
  - Training and advocacy at local day care centers and Parent Teacher Organizations,

- Coordination of field trips for teens to support continuing education pursuits,
- Participation in health fairs at the local hospital and faith based entities, and
- Counseling interventions with women at Fayette Cares, a local domestic violence residential center for women.

At the Boling Center, we believe that the prevention of child abuse not only comes from direct service work with the individuals we serve, but also from education and advocacy within the community environment.

# **UTHSC** BOLING CENTER FOR DEVELOPMENTAL DISABILITIES

### **UTHSC Boling Center for Developmental Disabilities Project Enrich (Shelby)**

711 Jefferson Avenue Memphis, TN 38105 https://www.uthsc.edu/bcdd/

caregivers with special learning needs, create healthy parent-child bonds, increase child safety and improve caregivers' ability to support their child's

growth, development, and mental health.

CBCAP Program:	Nurturing Parenting
Counties Served:	Shelby
Primary Contact:	Shana Crispin 711 Jefferson Avenue Memphis, TN 38105 scrispi1@uthsc.edu P: 901.448.6598 F: 901.448.7097
Alternate Contact:	Belinda Tate Hardy 711 Jefferson Avenue Memphis, TN 38105 <u>btate@uthsc.edu</u> 901.448.6669
Program Description:	Project ENRICH (Shelby) provides a variety of comprehensive services to support the needs of parents or expectant parents with intellectual disabilities or other unique learning needs. Our specific interventions include Nurturing Parenting, Trauma-Focused Cognitive Behavioral Therapy for incarcerated caregivers, TF- CBT for individuals, traditional Cognitive Behavior Therapy, Parent-Child Interaction Therapy, Behavior Management, Family Systems Therapy and Social Skills Groups. These services are provided by Masters level clinicians at our center, in the community, and in the home when necessary. Services are available to all communities of Shelby County. In addition to our direct service, we also provide professional state-wide trainings, community outreach, and advocacy. The goals of these interventions are to support and strengthen at-risk

At the Boling Center, we believe that the prevention of child abuse not only comes from direct service work with the individuals we serve, but also from education and advocacy within the community environment.