Parenting in the Age of Screens, Social Media, and Gaming

Creating a Family

Further Resources

To learn more about parenting in the age of screens, social media, and gaming:

- **How much screen time is healthy for children?** - An article from Tech Advisor by IDG Communications Ltd. - https://www.techadvisor.com/feature/digital-home/how-much-screen-time-for-kids-3520917/#toc-3520917-4

- **Managing Screen Time Together** - An article from Center for Parent and Teen Communication - https://parentandteen.com/small-digital-screen-big-influence-on-family-life-managing-screen-time-together/

- **Talking with Your Adopted or Foster Child about the Hard Parts of Their Story** - A podcast from CreatingaFamily.org - https://creatingafamily.org/adoption-category/adoption-radio-shows/talking-with-your-adopted-or-foster-child-about-the-hard-parts-of-their-story/

Provided by Creating a Family, the national adoption and foster care education and support nonprofit.