

To learn more about parenting a child who has experienced trauma:

- **Lives in the Balance** - Dr. Ross Greene's website offers resources for parents and caregivers to learn "collaborative, proactive, non-punitive, non-exclusionary, and effective" ways to support and nurture vulnerable kids - <https://livesinthebalance.org/>
- **The Explosive Child [Fifth Edition]: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children** by Dr. Ross Greene - <https://amzn.to/3hWsQ3K>
- **Raising Human Beings: Creating a Collaborative Partnership with Your Child** by Dr. Ross Greene - <https://amzn.to/2VXNGa6>
- **"Practical Tips for Parenting a Child Who Has Experienced Trauma"** - a 1-hour downloadable course from CreatingaFamilyEd.org's Online Parent Training Center - <https://www.creatingafamilyed.org/courses/practical-tips-for-disciplining-children-who-have-experienced-trauma>
- **Think: Kids** - a resource website for parents, caregivers, educators, and clinicians that teaches and supports collaborative, compassionate approaches with challenging children - <https://thinkkids.org/>
- **"Parenting a Child Who Has Experienced Trauma,"** - a factsheet for families by Child Welfare Information Gateway, U.S. Department of Health and Human Services, Children's Bureau - <https://www.childwelfare.gov/pubs/factsheets/child-trauma/>
- **"Parenting After Trauma: Understanding Your Child's Needs"** - a factsheet for foster and adoptive families by healthychildren.org, from the American Academy of Pediatrics - <https://www.healthychildren.org/English/family-life/family-dynamics/adoption-and-foster-care/Pages/Parenting-Foster-Adoptive-Children-After-Trauma.aspx>

Provided by Creating a Family, the national adoption and foster care education and support nonprofit.