

FOSTER PARENT NEWS
DCS TRAINING NEWSLETTER



Spring 2022 Foster Parent Conference

April 9, 2022

Spring 2022 Conference Virtual Event

FREE virtual event open to foster, adoptive, and kinship parents as well as DCS and provider staff. Foster parents will have the opportunity to earn up to 7 hours of training credit each.

Registration is open from March 1, 2022 to March 31, 2022. The conference will take place on Saturday, April 9, 2022.

Click [HERE](#) to view the Brochure Click [HERE](#) to Register

May is Foster Parent Appreciation Month!

We Want to hear from **you!**

Click the Egg to submit a **foster parent success story**.

A selection of these stories may appear in next month's newsletter.

*Confidentiality will be maintained



March Topic:

Food and Feelings

Click [HERE](#)

- March 22 @ 11:30 am CST

- March 22 @ 5:30 pm CST

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**April Topic:**

**Managing Behavior**

Click [HERE](#)

- April 20th @ 11:30 am CST

- April 26th @ 5:30 pm CST



**Child Welfare Community Lunch and Learn Series:**  
**Understanding Eating Disorders through a Trauma Perspective**

Training Credit: 1.5-hour training credit  
When: May 3, 2022, 11:00 AM CST / 12:00 PM ET  
Please click [HERE](#) for more info and to register



**Hope for the Journey Conference**  
Presented by Show Hope

- Live Event: Friday, April 8, 2022 at 8:00 CST

Registration is required to attend. Registration closes on March 31, 2022

For more information, and to Register, Click [HERE](#)



**APRIL 28 5:30 - 8:30 CST / 6:30-9:30 PM EST**

**\*3-HOUR TRAINING CREDIT**

**CLICK HERE TO REGISTER**



**YOU'RE INVITED TO A BOOK CLUB**  
**JUNE 30, 2022**  
TRAINING CREDIT: 2 HOURS FOR PARTICIPATING IN THE DISCUSSION!

**Self-Compassion**  
THE PROVEN POWER OF BEING KIND TO YOURSELF  
KRISTIN NEFF, PH.D.

**Self-Compassion: The Proven Power of Being Kind to Yourself**  
June Book Club

Training Credit: 2 hours  
When: Thursday, June 30, 2022, 5:30 PM CST / 6:30 PM EST

To participate: get the book, read the book, and register for the book club by clicking the link [HERE](#)

**Get to Know the Training Team!**



**Matt Quick**

Matt has worked with children and families at daycares, schools, and churches for over twenty years. The last fifteen of those have been with TN DCS.

He started facilitating foster parent support groups in 2015 and became a statewide coach and trainer in 2017. He joined the Office of Training and Professional Development in 2019.

**If you really knew Matt, you would know...**

- He frequents National Parks and Monuments
- He loves to cook and try new and different foods
- He enjoys kayaking and hiking

**Statewide Zoom Class**  
The fundamentals of caring for you, your family, and your child with mental illness.  
*Classes Forming Now - Limited Space Available*

NAMI Basics Class is for any parent or caregiver of a child or adolescent with a mental health condition.

Foster parents completing the 15-hours will receive up to 15-Hours of training credit.

Next Available class series dates/times:

**April 23, April 30, and May 7**

**9:00am - 3:00pm CST / 10:00am - 4:00pm EST**

Virtual Format: Zoom

For more information, click [HERE](#)



Click the links below to register

- 3/17 - [Working with Birth Parents](#)
- 3/17 - [Building Strong Brains](#)
- 3/21 - [Positive Parenting](#)
- 3/24 - [CFM for Foster Parents](#)
- 3/29 - [Post Approval Panel](#)
- 3/31 - [Cultural Awareness](#)
- 4/9 - [Foster Parent Spring Conference](#)
- 4/12 - [Creating Normacy Through Prudent Parenting](#)
- 4/14 - [Caring for the Child with Sexual Trauma](#)
- 4/18 - [Medication Administration Refresher](#)
- 4/21 - [CCAHT: The Reality of Trafficked Individuals](#)
- 4/21 - [The Reality of Trafficked Individuals](#)
- 4/21 - [Helping Children Make Transitions](#)
- 4/25 - [Engaging and Parenting Teens](#)
- 4/28 - [CANS](#)
- 4/30 - [Trauma Informed Parenting Strategies](#)

**Online Training Catalog Additions**

**10 New Right Time Videos**

Click [HERE](#) to access

- Accessing Services and Supports
- Building Parental Resilience
- Family Dynamics
- Life Story: Birth and Adoption Story
- Managing Placement Transitions
- Preparing for Adulthood
- Preparing for and Managing Visitation
- Responding to Children in Crisis
- Sensory Integration
- Sexual Trauma

\*Each class is approved as 1 hour Trauma or Therapeutic Training Credit

**YOU'RE INVITED TO A BOOK CLUB**  
**MARCH 31, 2022**  
TRAINING CREDIT: 2 HOURS FOR PARTICIPATING IN THE DISCUSSION!

**WHAT HAPPENED TO YOU?**  
CONVERSATIONS ON TRAUMA, RESILIENCE, AND HEALING  
BRUCE D. PERRY, MD, PhD  
OPRAH WINFREY

To Register for the Book Club, Click [HERE](#)



CLICK HERE

**HELPFUL LINKS**

- [Foster Parent Training](#)
- [Training Calendar](#)
- [Online Training](#)
- [Self-Care](#)
- [DCS Talks Podcast](#)
- [Child Welfare Resources](#)
- [Regional Training Contact](#)
- [DCS Listens Registration](#)
- [Birth Children Resources](#)
- [Unsung Hero of the Month](#)



**Autism Awareness in the Child Welfare System Webinar**

March 24, 2022 at 5:30 p.m. CST / 6:30 EST

April 4, 2022 at 11:00 AM CST / 12:00 p.m. EST

\*1.5-Hour Training Credit

To Register, Click [HERE](#)

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