

Friendly Reminder

063023
 MONTH DAY YEAR

TRAINING HOUR COMPLIANCE IS DUE SOON

Try clicking on one of the three training styles below to get started today!

Online Trainings [CLICK HERE](#)

Foster Parent Training Resources [CLICK HERE](#)

CALENDAR OF LIVE TRAININGS [CLICK HERE](#)

SUPER SATURDAYS
 APRIL-JUNE 2023

Super Saturday IN-PERSON training events will be scheduled at select locations across the state this spring

Registration is OPEN: [Click HERE](#) for more details!

2023 SPRING CONFERENCE
 APRIL 29, 2023
 VIRTUAL TRAINING EVENT

presented by the Tennessee Department of Children's Services
 Office of Training and Professional Development

Registration is OPEN: [Click HERE](#) for more details!

Meet Evan!

Evan is a kind and special young man. He loves school and enjoys doing new things. He likes his math, science, and art classes. Evan likes puzzles, movies and snacks. He especially enjoys Dr. Pepper and Doritos! Evan also likes superheroes and watching movies and cartoons.

[Click HERE to see EVAN's Video](#)

he recently attended prom and loved the experience of dressing up and getting to dance with his peers. Evan has been busy this last year, learning and gaining more independent living skills. Evan's team is so proud of his hard work. He has overcome many obstacles and is doing very well for himself. Evan is a friendly and charming young man, who responds well to positive praise.

[Click here to Visit ParentAChild.org](#)

There are approximately 400 children and youth who are in full guardianship and in need of permanent families throughout Tennessee. Please consider whether you could be the answer to a young person's longing for a forever home.

POLICY

All parents must complete at least one trauma related training during the first year of fostering.

Here Are Just A Few Class Options Approved for Trauma Credit:

- Building Strong Brains
- TBRI
- TBRI Podcast Series
- CORE: Teen
- De-Escalation Techniques
- Positive Parenting
- Violence and Trauma
- Trauma Talk
- Right Time Videos

Regional Foster Parent Support Group
Helping Children Heal from Trauma and Loss

East - March 30, 5:30-7:30pm EST
 Middle - March 7, 5:30-7:30pm CST
 West - March 28, 5:30-7:30pm CST

[CLICK HERE](#)

SCHEDULE
 DATES: 3 consecutive Saturdays: March 18th, March 25th and April 1st
 Time: 9:00am-2:30pm CST/10:00am-3:30pm EST
 LOCATION: Zoom
 COURSE ID: CHRP220222
 REGISTRATION: Please contact Jeffrey at 901-472-9980

NAMI Basics
 National Alliance on Mental Illness

Statewide Zoom Class
 The fundamentals of caring for you, your family, and your child with mental illness.

Classes Forming Now - Limited Space Available

DID YOU KNOW?

If you have been an approved foster home for 3+ years, you can receive training credit for reading certain books and movies!

[CLICK HERE](#)

March 23, 2023
 Start Time - 11:00 am CST / 12:00 pm EST
 *1.5 hours training credit

[CLICK HERE](#)

Tennessee Homeless Education Program:
 Information and Resources for Children Experiencing Homelessness

Interested in becoming an assessment home?

[Click here for details](#)

BOOK DISCUSSION
 You're invited to a **BOOK DISCUSSION** with **TIMBI TALKS ABOUT ADDICTION**

March 28 - 11:00-12:00 or 5:30-7:30 CST

[Click HERE](#) for more details!

ONLINE TRAINING
DCS PRACTICE MODEL INTRODUCTION
 *30 minutes of training credit

AUTISM AWARENESS IN THE CHILD WELFARE SYSTEM
WEBINAR ANNOUNCEMENT

About this Webinar: April is Autism Awareness Month! To raise awareness, DCS will host a webinar with Dr. Jillian Hamilton and Dr. Hannah Harnett of the Vanderbilt Kennedy Center's Treatment & Research Institute for Autism Spectrum Disorder (TRIAD) who will provide an overview about Autism Spectrum Disorder (ASD), shed light on why children and youth with autism could be at risk for adversity, and will share ways to serve and engage children who are on the autism spectrum.

Training Credit: 1.5 hour
 Attendees: Foster Parents, Community Members and DCS Staff
 Where: April 17, 2023, 11:00 AM to 12:30 PM CT or 12:00 to 1:30 PM ET

[CLICK HERE TO REGISTER](#)

VIDEO Of the Month
[Click HERE](#)

Practice Model
Frank Mix

The DCS Practice Model
 A Road Map To Success

CORE TEEN

3 hours of training credit per class!

We are now awarding training credit for each individual module.

[Click HERE to watch a video!](#)

Why We Do It the DCS Training Team!

SHOW @ HOPE

HOPE for the Journey CONFERENCE

DCS Foster Parents
 Simulcast Launch: April 14, 2023, @ 8:00 am CST
 Viewing Period: 4/14-6/30

In-Person Opportunities
 Foothills Church in Maryville, TN
 April 21 @ 5:30 pm EST
 April 22 @ 8:30 am EST

Provider Foster Parents
 Check with your provider agency for information about this training opportunity.

[Click HERE to Register Virtual](#)
[Click HERE for In-Person](#)

Armintha Chambers
 Foster Parent Training and Contract Manager

When living in Los Angeles, I had the opportunity to work at a Private Provider Agency as the Administrative Assistant. I processed the intake for children needing placement. But my resolve was to make a difference beyond my administrative position.

Upon relocating to TN, I worked with DCS. First as a Residential Case Manager and eventually a trainer. This opportunity opened the doorway to sharing and connecting with prospective foster parents. Assisting them to understand the hurt, pain, suffering, and loss experienced by these children was life-altering, not only for the parents, but myself, as well.

I relocated to Florida, where I worked directly with birth parents. Learning to listen, without judgement, became my new goal. This insight, taught me that birth parents do love and care for their children, but their coping skills to life challenges were not such as being able to keep their children from out-of-home care circumstances.

Finally, in relocating back to TN, I took on a new challenge, when returning to training and working with Case Managers. Now, in working with foster parents, again, my goal is to help them know what it truly means to be a Trauma-Informed Caretaker. Someone who has learned, to look through the trauma-filled lens and experiences of a child, to better meet and understand their needs.

TBRI Conversations
 15 - 45 minutes of training credit per video [CLICK HERE](#)

Brief (15 minutes or less) conversations on topics like:

- The IDEAL® Response
- "3 C's" of Correcting
- The Attachment Cycle

In-Depth (20+ minute) conversations on topics like:

- Self-Regulation
- Healthy Attachment
- Mindfulness

[Click HERE to view all videos!](#)
[Click HERE for training credit!](#)

TN DCS Welcomes TBRI

TBRI® TRUST-BASED RELATIONAL INTERVENTION®

But what IS TBRI?
[CLICK HERE](#)

APRIL CALENDAR

Click the links below to register

- 3/18 - Creating Normalcy Through Prudent Parenting
- 3/21 - De-Escalation: Strategies and Techniques
- 3/23 - TN Homeless Education Program: Info and Resources
- 3/23 - Positive Parenting
- 3/28 - Timbi Talks about Addiction (11:00 am CST)
- 3/28 - Timbi Talks about Addiction (5:30 pm CST)
- 4/4 - Creating Normalcy Through Prudent Parenting
- 4/11 - Stewards of Children
- 4/13 - Erase the Stigma
- 4/17 - Intense Safety
- 4/20 - Tennessee Women, Infants, and Children
- 4/25 - CANS
- 4/29 - Spring Conference
- 5/4 - Building Strong Brains
- 5/15 - Creating Normalcy Through Prudent Parenting

Tennessee KIDS BELONG
 THE AMERICA'S KIDS BELONG FAMILY

[Click HERE](#) or use the QR codes to download the Foster Friendly App

Upcoming Classes

VAGUS NERVE & THE SOCIAL ENGAGEMENT SYSTEM MASTERCLASS & COACHING: HUMAN CONNECTION THROUGH THE LENS OF THE MIND-BODY-BRAIN SYSTEM

SESSION 1: MAY 9
 SESSION 2: MAY 17
 SESSION 3: MAY 23
 SESSION 4: MAY 31
 COACHING AND SUPPORT SESSION: JUNE 7
 ALL SESSIONS ARE 1:00-3:00 CST

Click the Dates below to Register:
[May 9](#) [May 17](#) [May 23](#) [May 31](#) [June 7](#)

1) Services and Discounts from businesses in your area.

2) Links to foster friendly faith communities and non-profits.

May 16, 2023
 Start Time - 5:30 pm CST / 6:30 pm EST
 *1.5 hours training credit

Regional Intervention Program: CARE (Child-Adult Relationship Enhancement)

23rd National Conference on Child Abuse and Neglect
 APRIL 11-13 AND APRIL 18-20, 2023
Virtual 22nd - 2023

Doing Things Differently: Moving from the Challenge to the Change

[CLICK HERE](#)

Teen Driver Safety
 May 25, 2023: 11:00-12:30 CST
 1.5 Hours of Training Credit

Teen Driver Safety with the Tennessee Highway Safety Office Webinar

Tennessee Resources

Map

[CLICK HERE](#) **AIMHITN**
 Tennessee's Homeless Intervention Team

Building Strong Brains
Available Class Options:
 May 26 July 28
 June 30 August 25

*Worth 2 Hours of Training Credit
 *Fulfills Trauma Training Credit

[Click HERE to Register](#)

We're Right Here
 1-888-422-2993
 Resource (Foster) Parents Line

OTHER NUMBERS

- Talk to a Nurse 24/7 1-800-262-2973
- Dental Care 1-855-418-1622
- Prescription Help 1-888-816-1800
- TennCare Connect 1-855-259-0701
- Foster Parent DCS Helpline 1-877-327-5437
- Mental Health Crisis Hotline 1-855-274-7471
- Child Abuse Hotline 1-877-237-0004

SIGNS OF SUICIDE (SOS) SUICIDE PREVENTION PROGRAM
 WEBINAR MAY 30, 2023

About this Webinar: Join us to learn more about how to recognize signs of suicide and suicide prevention with children and youth. Finnia Sheeha, Mental Health Training Coordinator with the TN Department of Mental Health & Substance Abuse Services will provide participants with information from the SOS program about suicide and depression, and how to recognize the signs and symptoms of suicide. Participants will be able to ask questions!

[CLICK HERE TO REGISTER](#)

HELPFUL LINKS

- Foster Parent Training
- Training Calendar
- Online Training
- Self-Care
- DCS Talks Podcast
- Child Welfare Resources
- Regional Training Contact
- DCS Listens Registration
- Birth Children Resources
- Unsung Hero of the Month

June 15, 2023: 5:30-7:00 CST
 1.5 Hours of Training Credit

Regional Intervention Program: Eight Strategies that Help Challenging Behaviors in Children