



Department of
Children's Services

Office of Training and Professional Development

FOSTER PARENT NEWS

DCS TRAINING NEWSLETTER

[CLICK HERE](#)

**Foster
Parent
Training
Resources**

A close-up photograph of pink cherry blossoms in full bloom against a clear blue sky.

**CALENDAR OF
LIVE TRAININGS**

[CLICK HERE](#)

A photograph of a field of colorful tulips in shades of orange, red, and yellow.

[CLICK HERE](#)

**Online
Trainings**

A monarch butterfly perched on a cluster of orange and red flowers.

**FOSTER
PARENT
SPRING
CONFERENCE**

save the date

APRIL 27, 2024

more information
coming soon



March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 2/20/24 [Vagus Nerve and Social Engagement Seminar](#)
- 2/20/24 [Blue Cross/Blue Shield Topic: Youth Transitions](#)
- 2/20/24 [Foster Parent Support Program: Joys & Challenges of Kinship Care](#)
- 2/22/24 [Creating Normalcy Through Prudent Parenting](#)
- 2/22/24 [Parenting with PACE: A Therapeutic Approach](#)
- 2/22/24 [Positive Childhood Experiences](#)
- 2/27/24 [Your Money Your Goals](#)
- 2/27/24 [8 Parenting Strategies that Help with RIP and TDMHSAS](#)
- 2/29/24 [TN Strong Families](#)
- 3/2/24 [Creating Normalcy through Prudent Parenting](#)
- 3/4/24 [Internet Safety](#)
- 3/5/24 [Building Strong Brains](#)
- 3/5/24 [Foster Parents Nervous System and Social Engagement Seminar](#)
- 3/7/24 [Information about TN Women, Infants, and Children \(WIC\) Program](#)
- 3/7/24 [Understanding the Basics of FASD](#)
- 3/8/24 [Navigating Transitions and Permanency](#)
- 3/11/24 [Medical Resources and Information \(M.R.I.\) Refresher](#)
- 3/12/24 [Foster Parent Nervous System and Social Engagement Seminar](#)
- 3/14/24 [TBRI Correcting: Balance, Structure, and Nature](#)
- 3/14/24 [CARE with RIP and TDMHSAS](#)
- 3/28/24 [Raising a Child with ADHD](#)
- 3/28/24 [Trafficked Youth: Needs and Vulnerabilities](#)
- 4/2/24 [Foster Parents Nervous System and Social Engagement Seminar](#)
- 4/5/24 [Special Considerations: Substance Use](#)
- 4/9/24 [Foster Parents Nervous System and Social Engagement Seminar](#)
- 4/27/24 [2024 SPRING CONFERENCE](#)

YOUTH TRANSITIONS

Preparing for adulthood and leaving foster care can come with some extra responsibility. Join DCS and BlueCare TN as we help navigate the “Road to Adulthood” for youth aging out of custody and provide information for Independent Living Services, ECF CHOICES program services, and Behavioral Health related transitions.



TUESDAY, FEBRUARY 20

CHANGE

CLICK HERE



of Tennessee

YOU'RE INVITED

JOIN US TO LEARN MORE ABOUT POSITIVE CHILDHOOD EXPERIENCES!



February 22, 2024, 1:00 p.m. to 2:30 p.m. CT
or 2:00 p.m. - 3:30 p.m. ET

Click here to register!



8 Parenting Strategies that Help with RIP and TDMHSAS



February 27, 2024
5:30 to 7:00 PM
or 6:30 to 8:00 PM

[CLICK HERE TO REGISTER](#)



DCS CHILD WELFARE LEGAL SEMINAR WITH SUSAN KOVAC



2024 VIRTUAL LUNCH AND LEARN SERIES

<p>Paternity Legal Issues in Child Welfare</p>	<p>February 29, 11:00 AM to 12:30 PM CT or 12:00 to 1:30 PM ET</p>	<p>Click here to register for February 29!</p>
<p>Helpful Information about Testifying in Court</p>	<p>March 14, 11:00 AM to 12:30 PM CT or 12:00 to 1:30 PM ET</p>	<p>Click here to register for March 14!</p>
<p>Learn More about Legal Terminology in Child Welfare Cases</p>	<p>April 11, 11:00 AM to 12:30 PM CT or 12:00 to 1:30 PM ET</p>	<p>Click here to register for April 11!</p>
<p>Child Welfare History in Tennessee</p>	<p>May 9, 11:00 AM to 12:30 PM CT or 12:00 to 1:30 PM ET</p>	<p>Click here to register for May 9!</p>

Internet Safety

Monday, March 4, 2024

5:30-7:30pm CST

6:30-8:30pm EST



[CLICK HERE](#)



Applying Infant Mental Health in Child Welfare Practice

Presented by Karisa Johns Smith, Psy.D. and Mindy Kronenberg, Ph.D., IECMH-E®

Training Dates and Topics: All times are 10:00 – 11:00 Central

March 8, 2024

Navigating Transitions and Permanency

[CLICK HERE](#)

April 5, 2024

Special Considerations: Substance Use

[CLICK HERE](#)

May 3, 2024

Special Considerations: Domestic Violence

[CLICK HERE](#)

June 7, 2024

Special Considerations: Neglect

[CLICK HERE](#)

TN Strong Families

Date & Time:

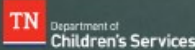
February 29th, 2024

6:30-7:30 pm CST / 7:30-8:30 pm EST

Registration:



Human Trafficking Education for Foster Parents



DCS has partnered with the Tennessee Counter-Trafficking Alliance (TCTA) to offer a series of training opportunities for foster parents who want to learn more about the impact of trafficking on our foster youth. These 2-Hour classes will fulfill your Human Trafficking Course Requirements.



Human Trafficking Overview

Objective: Provide an overview of human trafficking, vulnerabilities, identification, and local and state resources.

Thursday, March 28th

5:30pm-7:30pm CST

6:30pm-8:30pm EST

[Click Here To Register](#)



March 28th

Trafficked Youth: Needs & Vulnerabilities

April 27th

Crisis Intervention & Safety Planning

May 4th

Self-Care & Building a Network of Support

June 22nd

Trauma Bonding & Trafficked Youth



For more information contact:
bethany.henderson@tn.gov



Boost your engagement skills with a deeper understanding of the nervous system and the vagus nerve with Laurie Ellington!



2024 Masterclass Series



Laurie Ellington is the founder and Chief Executive Officer of Ancient Science, Inc., a leading-edge organization based on an Integrative NeuroSomatic® approach to growth and change. Laurie combines ancient wisdom teachings with findings from modern neuroscience, mind-body research, functional medicine, epigenetics, and quantum physics to help individuals, leaders, and organizations elevate the way they think, feel, and show up in the world.

Date/Time	Click below to Register!
March 5, 2024 5:30 p.m. to 7:30 p.m. CT or 6:30 p.m. to 8: 30 p.m.	https://tn.webex.com/weblink/register/rcc720cdf97b9efe875d557fa911cce19
March 12, 2024 5:30 p.m. to 7:30 p.m. CT or 6:30 p.m. to 8: 30 p.m.	https://tn.webex.com/weblink/register/re0bc6772024809be6faa14d9f8287520
April 2, 2024 5:30 p.m. to 7:30 p.m. CT or 6:30 p.m. to 8: 30 p.m.	https://tn.webex.com/weblink/register/r991df764f722caf526af6d20b73e1a5e
April 9, 2024 5:30 p.m. to 7:30 p.m. CT or 6:30 p.m. to 8: 30 p.m.	https://tn.webex.com/weblink/register/rac0e1f34c2f4e13a91a0248ec548fe7a

MARCH 8, 2024 COMPLEX TRAUMA AND SUBSTANCE USE

APRIL 12, 2024 SUPPORTING PARENTS WITH UNRESOLVED TRAUMA

Statewide Complex
Trauma and
Child Welfare
Learning Community

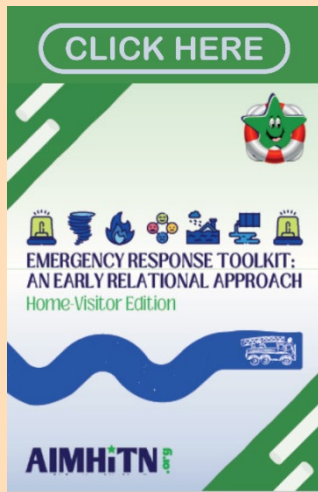
2024

WEBINAR SERIES

CLICK HERE

RESOURCES

[CLICK HERE](#)



EMERGENCY RESPONSE TOOLKIT:
AN EARLY RELATIONAL APPROACH
Home-Visitor Edition

AIMHiTN

 **NAMI** | Tennessee
National Alliance on Mental Illness

**West, Middle, and
East TN Support
Groups, Affiliates,
and Additional
Resources**

Support Groups & Affiliates

[CLICK HERE](#)

 **The Jason Foundation**



[CLICK HERE](#)

**Resources for
Youth Suicide
Prevention**

[CLICK HERE](#)

**Family
Resources**



 **CCR&R**
TENNESSEE

 **AIMHiTN**
Association of Infant Mental Health in Tennessee

Tennessee
Resources

Library



[CLICK HERE](#)

Tennessee
Resources

Map



 **AIMHiTN**
Association of Infant Mental Health in Tennessee

[CLICK HERE](#)

Making Room for Grief as You Care for the Grieving

Thursday, February 22 · 11am - 1pm CST

[CLICK HERE](#) 


AIMHiTN
Strong Foundations. Healthy Relationships. Bright Futures.



YOUTH
[CLICK HERE](#)
RESPITE

Respite Voucher (Ages 0-18)

The Respite Voucher program helps caregivers whose children are diagnosed with Serious Emotional Disturbance (SED) or with autism and SED pay for respite services.



NOTICE

This specific respite care information is from the TN Dept. of Mental Health & Substance Abuse Services and is not the same as DCS respite. Always speak to your FSW before planning respite.



Planned Respite (Ages 2-15)

Planned Respite teaches caregivers how to find respite providers and to train those providers on how to care for their children. Planned Respite also gives caregivers some immediately-needed respite.

For More Information

If you have concerns or need services for yourself, a child, or family member, contact our Helpline:

Phone: 800-560-5767

Email: OCA.TDMHSAS@tn.gov

Hours: Monday – Friday: 8:00 a.m. to 4:30 p.m. (except for state holidays)

To learn more about **TDMHSAS respite programs** for children and youth, please contact:

Caty Davis

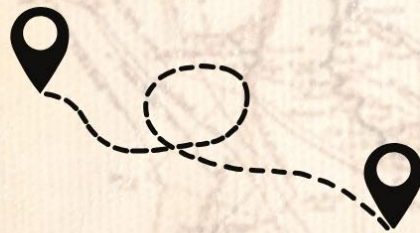
Assistant Director of School Based Initiatives

865-440-9792

Caty.Davis@tn.gov

Navigating Transitions and Permanency.

Friday, March 8th
10:00am CST / 11:00 am EST



CARE with RIP and TDMHSAS



March 14, 2024
5:30 to 7:00 PM
or 6:30 to 8:00 PM





Child Sexual Development: Behaviors, Identity, Trauma with the Sexual Assault Center

March 26, 2024

Time: 5:30 to 7:00 PM CT or 6:30 to 8:00 ET

Child Sexual Development

This training explores the dynamics of childhood sexual development from ages 0 - 18. We will discuss how traumatic experiences can "flip the switch" and influence sexual development resulting in experiences and behaviors that are commonly misunderstood by professionals working with survivors of childhood sexual abuse.



N Department of
Children's Services

[Click here to register!](#)



Raising a Child with ADHD

March 28, 2024

5:30-7:30pm CST
6:30-8:30pm EST

[CLICK HERE](#) 

Meet gilbert!



Click [HERE](#) to see
gilbert's video

Gilbert enjoys hanging out at home and doesn't particularly like large crowds. Gilbert is shy at first but quite talkative when he knows you. He is described as helpful, kind and friendly. A fun family night for Gilbert would include a delicious dinner, card games and binge-watching SpongeBob! Gilbert is a creative young man who enjoys drawing, building things and playing with Legos. Gilbert would love the opportunity to play a sport, attend fun camps or participate in afterschool activities.

Infant and Early Childhood Mental Health Learning Opportunity

About this Learning Collaborative

The Regional Intervention Program (RIP) is a parent-implemented, professionally supported program for young children and their families who are experiencing challenging behaviors that is a program based in the Tennessee Department of Mental Health and Substance Abuse Services. Please join members of the RIP team for this workshop about Infant and Early Childhood Mental Health! An infant, toddler and young child's mental health is every part as important as their physical health. Mental health matters for the growth and maturity of the brain and body and for the social and emotional development of a person — now and for the whole lifetime. Participants will be able to ask questions about ways to promote healthy mental health in young children!



May 21, 2024
5:30 to 7:00 PM
or 6:30 to 8:00 PM

[CLICK HERE
TO REGISTER](#)



TN Children's Services

TN Mental Health & Substance Abuse Services

rip
REGIONAL INTERVENTION PROGRAM

NAMI Tennessee
National Alliance on Mental Illness



NAMI Basics Class is comprised of six session workshops for parents and caregivers of children and adolescents with a mental illness. The class covers illnesses, medication, in-depth documentation with additional resources with forms for the various systems like medical and school.

STATE-WIDE
VIRTUAL

START DATE: TBA
TO REGISTER:
CONTACT DENISE STEWART
615-361-6608
DSTEWART@NAMITN.ORG



Healthy Outcomes from Positive Experiences (HOPE)

SHOW HOPE

AGENCY REGISTRATION INSTRUCTIONS:

1. Show Hope has provided a 50% discount for private providers using code DCSSAVE on either organization size registration. You can register here.
2. Depending on your registration type, providers will receive one link to share with 15 or 30 families/households.
3. Following the Conference, parents will complete and submit a short quiz to receive training credit.

SPECIAL OFFER: FREE Access (\$199 Value) for Foster Parents

HOPE

for the Journey
CONFERENCE

Simulcast Launch:
Friday, April 5, 2024
8:00 am CST

CLICK HERE

HOPE
HEALTHY OUTCOMES
FROM POSITIVE EXPERIENCES

Join our community partners, the Regional Intervention Program for HOPE training! Positive experiences can ease toxic stress and help children and youth grow into more resilient, healthier adults. HOPE identifies ways that our communities and systems of care can better ensure that all children have more positive experiences and that all families have support to nurture and celebrate their strengths. Participants will be able to ask questions and receive resources!



June 25, 2024
5:30 to 7:00 PM
or 6:30 to 8:00 PM

**CLICK HERE
TO REGISTER**



TN Department of
Children's Services

TN Department of
Mental Health &
Substance Abuse Services

rip
REGIONAL
INTERVENTION
PROGRAM

DCS PARENT REGISTRATION INSTRUCTIONS:

1. Register as an Individual/Household for the conference.
2. Once registered, you will receive access to the conference resources page where you can find the participant guide, slides, attendance certificate, and more.
3. Following the conference, parents will complete and submit a short quiz to receive training credit:

Explore the principles of TBRI Connecting, TBRI Empowering, and TBRI Correcting.

This training meets TBRI and therapeutic training hours.

Parents will receive 6 hours of training credit for the first four modules. Module 5 is optional for parents.

Viewing Period
April 5 - June 30
2024

CLICK HERE

Helpful Links

- [Training Website](#)
- [Training Calendar](#)
- [Online Trainings](#)
- [Self-Care](#)
- [Podcast Episodes](#)
- [Helpful Resources](#)
- [Regional Training Contacts](#)
- [Birth Children Resources](#)
- [Unsung Hero of the Month](#)



Affordable Connectivity Program

The Affordable Connectivity Program is an FCC benefit program that helps ensure that households can afford the broadband they need for work, school, healthcare and more.

The benefit provides a discount of up to \$30 per month toward internet service for eligible households and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price.

FCC Helping Households Connect

