

# TN-TFC-SAT

Welcome the Tennessee Therapeutic Foster Care Self-Assessment Tool!

The goal of this provider self-assessment is to validate areas of strength and to become mindful of areas that will require improvement for the benefit of foster youth, their families and their foster parents.

There are seven Essential Domains of the TN-TFC Program Model. Each domain has it's own webpage. Simply follow the flow of the webpage by:

- 1) Reading the Component definition;
- 2) Reading and commenting on each Consideration Point in the textboxes;
- 3) and giving your agency a self-assessment rating when you see the 5 point likert scale rating

At the bottom of each Essential Domain page, there is a green section where you can make note of any potential action steps that your agency may want to take for that Essential Domain.

After completing all the Domain pages, there will be a page that automatically calculates and lists the self-assessment mean rating for each Domain. If a mean rating is not listed, that means that there is a Component that still needs to be rated. Domain mean ratings will only calculate after all components have been rated.

Next, there will be a page that lists all the potential action steps that you made note of earlier to help your agency determine which actions steps that your agency will pursue. Use the checkboes on that page to indicate which Domains your agency will take action steps on and note in the textbox, what specific action steps you all plan to take.

You will noctice that there is a "Save & Return Later" button at the bottom of each page. If you need to save your work and return later, click that button and be sure to write down your return code (or copy, paste, and save your return code in a MS Word document).

If you have any questions or concerns about how to complete the TN-TFC-SAT, please contact [julie.rotella@tn.gov](mailto:julie.rotella@tn.gov) for support.

Thank you for participating in the Tennessee Therapeutic Foster Care Self-Assessment!

Agency Name:

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Name of Agency Primary Contact Person regarding the TN-TFC-SAT

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Email address of the Primary Contact Person

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Tips for Printing - You can print each webpage by using your internet browser print function. If you have any difficulty printing, this tip sheet may be helpful.

[Attachment: "Printing tips.pdf"]

**TN TFC Domain: Holistic Family Approach**

**Component 1: The program gathers relevant information from birth to present for each child, including their developmental and family history. The program incorporates spiritual, religious, cultural, medical, educational and traumatic factors that may impact youth development and relationships.**

The program considers generational impacts that influence the child and family systems.

\_\_\_\_\_

The program utilizes developmental history of the child and family to identify both risk and protective factors that affect permanency outcomes and to address the presenting problem(s) that brought the youth into care.

\_\_\_\_\_ (edit?)

The program has a continuum of well-being promoting stabilization of safety risks to return a child home; once home, the program promotes the family's level of functioning in order to sustain protective factors for the child.

\_\_\_\_\_ (edit?)

The program promotes the idea that what brought youth into care is what should get them out of care. There is emphasis to return children home by addressing any remaining issues that impact stability and/or family empowerment.

\_\_\_\_\_ (edit?)

Outcome measures:

Monthly Provider Summary; CANS; evidence through documentation (ie thorough psycho-social); family history considerations; psychosocial incorporating a comprehensive family history; utilization of lifestory and/or lifebook work

TN TFC Domain: Holistic Family Approach  
Component 1 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program gathers relevant information from birth to present for each child, including their developmental and family history. The program incorporates spiritual, religious, cultural, medical, educational and traumatic factors that may impact youth development and relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Holistic Family Approach

Component 2: The program emphasizes a mentoring relationship between foster parent and birth family so that the child can be their whole self resulting in increased integration for the child. From our family to yours - foster parents being that bridge between care and youth returning to their family.

The program utilizes assessments to triage the situation and determine clinical recommendations regarding safety risks for the child.

(edit?)

The program ensures the PATH curriculum is reinforced and applied; the program promotes wellness for all in their training curriculums. □□□□  
□□□□  
□□□□

The program emphasizes the key functions of foster parents to support the whole child including: engaging in dialogue, developing and strengthening relationship with bio parent to include face to face meetings, focus on well-being of child and family - modeling this interaction, recognizing impact of trauma to the whole family system as opposed to the individual child or youth.

(edit?)

The program encourages a change of perspective for foster parents to endorse a "wellness awareness" beyond in the moment behaviors of a youth

(edit?)

The program's foster parent application process seeks foster families that embrace or are willing to embrace the TN-TFC expectations / concepts.

Outcome measures:

Face to face meetings between foster parent and bio parent; Documentation; Delivery of Training; Application Process and re-evaluation process

TN TFC Domain: Holistic Family Approach  
Component 2 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program emphasizes a mentoring relationship between foster parent and birth family so that the child can be their whole self resulting in increased integration for the child. From our family to yours - foster parents being that bridge between care and youth returning to their family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Holistic Family Approach

Component 3: Focus on well-being not just crisis issues for foster families and children

Program safety planning integrates wellness into the youth's treatment / permanency plan; utilization of CANS data is evident in prioritizing needs.

During crisis, program staff focus on the root cause as opposed to the symptoms; there is evidence of looking at what purpose the behavior serves through assessment and in terms of whole child wellness.

Outcome measures:

Foster Parent Documentation; Decrease in IRs

TN TFC Domain: Holistic Family Approach

Component 3 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Focus on well-being not just crisis issues for foster families and children	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Holistic Family Approach

Component 4: Honoring all Kinship Relationships including, but not limited to, sibling relationships and ensuring they are maintained when in the best interest of all family members.

Visits are set up on a regular basis per policy with all family members / significant others.

Program identifies any existing barriers and creates plans to address barriers to permanency.

(edited)

Program utilizes the CFTM process to discuss, promote, and encourage visits between youth and their family to work towards reunification and/or permanency for the youth.

(edited)

Outcome measures:

UR process; Parent/Child and Sibling Visit reports

TN TFC Domain: Holistic Family Approach  
Component 4 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Honoring all Kinship Relationships including, but not limited to, Sibling relationships and ensuring they are maintained when in the best interest of all family members.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Holistic Family Approach Domain.

**TN TFC Domain: Maximize Quality Resources**

**Component 1: The program utilizes evidenced based, specialized training for staff, foster parents, and the community.**

Initial home study assessments for foster parents emphasize and promote foster parent strengths and abilities specific to their capacity to attach and utilize trauma-informed parenting techniques \_\_\_\_\_

Routine assessments of youth are utilized beyond compliance expectations to promote meaningful application of information garnered \_\_\_\_\_

Evidence-based interventions are applied to specific target factors determined from youth and family assessment(s) \_\_\_\_\_  
(edited)

Providers utilize at least one approved EBP from the TN TFC curriculum menu for training to address youth and family therapeutic/trauma issues and needs \_\_\_\_\_

Providers have parallel and congruent training materials and processes for both their staff training and their foster parent training to ensure better outcomes for youth and families \_\_\_\_\_

Providers utilize TNFosters.gov resources to educate community partners about foster and adoptive opportunities, resources in their local community, about how to volunteer, how critical youth connection is, and how to access resources for foster youth, etc. \_\_\_\_\_  
(edited)

Outcome measures:  
Foster Parent Assessment; Training rosters; SAMHSA Registry, NCTSN Registry, Stewards of Children training, NTI, e.g.

TN TFC Domain: Maximize Quality Resources Component 1 Rating	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Component 1: The program utilizes evidenced based, specialized training for staff, foster parents, and the community.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Maximize Quality Resources

Component 2: The program uses targeted and accessible community resources in order to address the child and family's specific needs

The program educates community partners on resources such as Kid Central and TNFosters (such as providing links on webiste)

(edited)

The program trains staff on how to utilize community resources such as Kid Central and TNFosters

Outcome measures:

Community Advisory Boards in each region could offer CAD minutes as an outcome measure

TN TFC Domain: Maximize Quality Resources  
Component 2 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program uses targeted and accessible community resources in order to address the child and family's specific needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Maximize Quality Resources

Component 3 Partnership: Maximizing quality resources requires trust, cooperation, listening and idea exchange in order to promote improved communication and support for all team members.

The program promotes partnerships and collaboration between providers, DCS, and other stakeholders for the benefit of youth and families

(edited)

The program seeks to increase collaboration through job shadowing with other providers or public agencies to improve trust and opportunities for learning.

(edited)

The program utilizes "cross training" including provider staff attending DCS training and / or provider trainings available to DCS staff (an example would be RPPS, Resource Parent curriculum, or any specialized training by the provider).

(edited)

Outcome measures:

CFTM participation, participation in the DCS Grand Regional meetings, Contact Notes for youth documenting collaboration, COE utilization

TN TFC Domain: Maximize Quality Resources  
Component 3 Rating



	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Partnership: Maximizing quality resources requires trust, cooperation, listening and idea exchange in order to promote improved communication and support for all team members.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Maximize Quality Resources

Component 4: Strong stewards of fiscal resources to promote creative and productive solutions

Fiscal incentives for partnerships between agencies in finding permanency and/or facilitating permanent or step down placements (sub-contracting utilization)

\_\_\_\_\_ (edit?)

The program uses strong cross-collaboration to promote permanency and well-being of the child.

\_\_\_\_\_ (edited)

Outcome measures:

Evidence of sub-contracting success; documentation of looking outside provider agency for viable placements; shared home agreements; mentoring relationships

TN TFC Domain: Maximize Quality Resources  
Component 4 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Strong stewards of fiscal resources to promote creative and productive solutions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Maximizing Quality Resources Domain.

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**TN TFC Domain: Understanding Roles and Expectations**

**Component 1: Provide services and support to caregivers whose roles may change in relation to the youth's**

Foster parents understand their role within the youth's team for permanency and well-being

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Foster parents are proactively developed via a professional parenting plan or foster parent "job description"

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Outcome measures:

ASAP referrals; honoring celebrations; announcements; mentor being assigned to support caregiver in transition; verification of foster parent job description or professional parenting plan

TN TFC Domain: Understanding Roles and Expectations  
Component 1 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Provide services and support to caregivers whose roles may change in relation to the youth's permanency	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN-TFC Domain: Understanding Roles and Expectations

Component 2: Educate staff on TN-TFC standards and expectations to raise awareness of best-practices

Program trains staff on the TN-TFC EBP Curriculum and the TN-TFC-SAT (self-assessment tool) for staff to understand and support the TN TFC Standards and Expectations for therapeutic foster care in TN

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DCS staff and Provider staff participate in joint training for cross-collaboration and clarification of roles

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Outcome measures:

Training Records; Developmental Records

TN TFC Domain: Understanding Roles and Expectations  
Component 2 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Educate staff on TN TFC standards and expectations to raise awareness of best-practices	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Understanding Roles and Expectations

Component 3: Promote normalcy in the child's environment so they are safe, stable, and nurtured.

Program assesses for youth satisfaction in multiple systems (school, family, foster family, community, and peer interactions)

Outcome measures:

Reasonable and Prudent Parenting Training verification; evidence of youth participation in pro-socials and job; youth surveys; Casey Life Skills assessment and skill development

TN TFC Domain: Understanding Roles and Expectations  
Component 3 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Component 3: Promote normalcy in the child's environment so they are safe, stable, and nurtured.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Understanding Roles and Expectations Domain.

## TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

### Component 1: Enhanced recruitment of foster families specifically for children that have experienced complex trauma and/or who have complex treatment needs

Foster parents receive the most updated and accurate training and information to prepare them to work with special needs children and their families

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Foster parents are made aware of agency's responsibility regarding Full Disclosure as a process and principle critical to working with special needs children during their move to permanency

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The program administers the ACEs assessment to potential foster parents during pre-PATH training to educate foster parents on their own history of trauma and how they may be triggered in working with special needs children

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During recruitment activities or pre-service training, potential foster parents are trained on the Building Strong Brains curriculum (1 hour) to provide insight into the needs of youth to be served

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Program utilizes outreach strategies to attract foster parents with special training (such as nursing), background (successful parenting experience), personality and/or skills to serve children with complex trauma and needs

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All respite utilization encourages high-risk safety planning per CANS identification of DCS high-risk youth to ensure safety and future respite utilization

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Outcome measures:

Increased involvement and interaction between foster and bio families; "Helping a child means helping their family." Due to administering ACE's, potential foster families have better understanding of how to measure adversity and trauma in their own lives as well as the child's; Foster parent training record

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 1 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Enhanced recruitment of foster families specifically for children that have experienced complex trauma and/or who have complex treatment needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 2: The program utilizes a recruitment framework that emphasizes congruence between foster parent strengths and the child's current needs

The program emphasizes "Shared parenting" during recruitment and PATH: center communication and training around idea of support for birth family and building on child's strengths in order to appropriately meet their needs and progress towards permanency.

Outcome measures:

Utilize birth family/child surveys; revisit match process with emphasis on transition back to birth family

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 2 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program utilizes a recruitment framework that emphasizes congruence between foster parent strengths and the child's current needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 3: Reframe the recruitment message to empower the parent to visualize their full potential

edit?

The program encourages foster family strengths and helps facilitate discovery and maintenance of balance in the foster family system between youth and parent bond, attachments, and personal wellness of the foster parent.

(edit?)

Front line recruiters/trainers portray a realistic and unified perspective of the youth to be served in all communication with foster parents

(edit?)

Foster parents receive a message of support from program staff: "we can and will support you in caring for children with complex needs in your home - especially during stressful times"

Outcome measures:

strengths/needs checklist; on-call support plans; orientation and training materials verified to confirm messages; professional parenting plans confirm message of support; foster parent surveys

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 3 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Reframe the recruitment message to empower the parent to visualize their full potential	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 4: The program promotes mindfulness of a child's need for stability

The Program will seek to enhance "permanency awareness"; the direct attention to and sensitivity of a child's (and family's) needs as it relates to permanence

Program utilizes established self-care "check-ins" for foster families (either paper or electronic)

Program will work to increase foster families' willingness to balance child's "normal" vs. their own "normal"

(edited)

Outcome measures:

Foster parent survey; training components (Prudent parenting); how many parents have received self-care training; Foster families will learn to recognize their self-care needs and be able to utilize their own coping skills in order to promote stability for child; professional parenting plans; CFTM notes to confirm the need for sensitivity of child's perm needs; case file review (quarterly or annually per provider); supervision notes reflect move to permanency

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 4 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program promotes mindfulness of a child's need for stability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 5: Equipping families with the support for healthy transitions that allow for closure and on-going contact when appropriate

The program will encourage the child and team to understand the role of the foster family as being a transition point; "foster families = bridge back to birth family." This role includes working on youth life books, good communication, family dinners, overnight passes, weekend passes, etc.

Program enhances communication, training and support of foster parents to promote their mentoring of birth family when appropriate

Program supports and provides resources for grief/loss of foster parent during difficult transitions for youth and family

Outcome measures:

Demonstration of healthy support and resource reciprocation between foster family and birth family; life book work; evidence of mentoring;

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 5 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Equipping families with the support for healthy transitions that allow for closure and on-going contact when appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 6: Successful foster parents have a network of support that often include other foster parents

Program will provide foster parents with information to increase foster parent activity in foster parent associations and advocacy programs; encourage involvement in groups and associations

Program encourages foster parents to update their eco-maps; also consider updates of youth eco-map for natural supports to enhance opportunities for respite utilization

Program will work to build peer to peer support and mentoring of foster parents

Outcome measures:

Increase in placement stability and higher reunification rate due to increase in support and self-care for foster family; foster parent chart; foster parent surveys; foster parent activity in support group and associations; percentage of foster parent involvement in associations; percentage of foster parent mentoring

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 6 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Successful foster parents have a network of support that often include other foster parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents

Component 7: Support a system that allows for Respite Home Resources.

Program promotes easy utilization of pre-planned respite to promote placement stability and to reduce caregiver (foster parent) stress

Expansion of respite utilization: utilizing bio family (who couldn't become kinship placements but can offer support in this way...other examples could be teachers or other close support for child who, again, couldn't necessarily become kinship placement but could be approved for respite and other areas of treatment)

(edit?)

Program creates and utilizes respite planning program that encourages and utilizes foster parent natural supports under Reasonable and Prudent Parenting Standard guidelines for youth

Outcome measures:

Respite plans reviewed quarterly in order to promote progress towards permanency and reunification; evidence of respite utilization; evidence of new/creative/unique respite options

TN TFC Domain: Enhanced Recruitment and Retention of Foster Parents  
Component 7 Rating



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	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Support a system that allows for Respite Home Resources.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Enhanced Recruitment and Retention of Foster Parents Domain.

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**TN TFC Domain: Engaging in Courageous Partnerships**

**Component 1: Ensuring a safe environment where all team members' voices are heard and valued during the CFTM process.**

Programs will prompt the utilization of FAST/CANS to promote a common language, to promote a consensus around needs and strengths identified and to monitor outcomes during the CFTMs.

\_\_\_\_\_  
(edited)

Program will ensure that youth and foster parents feel prepared, safe, heard, and have the opportunity to share their perspective during CFTMs, court, etc.

\_\_\_\_\_

Prepping occurs prior to CFTM between Provider and DCS in order to be in alignment at professional meetings

\_\_\_\_\_  
(EDIT)

Programs train staff to support and empower foster parents and youth during meetings when they are not feeling safe; program emphasizes responding in a pro-active and professional manner to facilitate a productive, safe meeting

\_\_\_\_\_

Program trains staff to engage child/youth at their developmental level during meetings to avoid shame/blame/embarrassment/flooding of youth

\_\_\_\_\_

Outcome measures:

CFTM Data - increased participation of mother/father/provider/foster parent; add to CFTM summary - did prep session occur?; CFTM survey - CFTM app - to rate team and facilitator; staff developmental records; training records; youth survey; foster parent survey

TN TFC Domain: Engaging in Courageous Partnerships  
Component 1 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Ensuring a safe environment where all team members' voices are heard and valued during the CFTM process.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Engaging in Courageous Partnerships

Component 2: Using a trauma informed teaming process in order to develop an effective plan for the child and family

Treatment Plans are developed incorporating six components of trauma-informed practice: Safety, Choice, Trustworthiness, Collaboration, Empowerment, and Cultural Sensitivity

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Provider utilizes a trauma informed model to help in developing support plans

\_\_\_\_\_

Provider treatment plan clearly identifies the youth's trauma

\_\_\_\_\_

Provider supports trauma informed principles by training all staff and sub-contractors utilizing DCS trainings and resources (free of charge such as Building Strong Brains curriculum)

\_\_\_\_\_

Provider partners with DCS to ensure that trauma is assessed accurately in the CANS and is reflected in the CFTM Summary and Permanency Plan.

\_\_\_\_\_ (edited)

Outcome measures:

PAR audit - add questions to ask about this? (feedback request); monthly case summary to reflect trauma-informed planning, Childwelfare Trauma toolkit as an example or comparable trauma-informed model utilized

TN TFC Domain: Engaging in Courageous Partnerships  
Component 2 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Using a trauma informed teaming process in order to develop an effective plan for the child and family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Engaging in Courageous Partnerships Domain.

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**TN TFC Domain: Trauma Informed Systems**

**Component 1: The program puts emphasis on clinical staff providing coordination and communication of treatment progress to inform treatment team decisions & permanency planning**

Provider partners with DCS to ensure clinical staff/therapists are included in the child and family team meetings

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If therapist cannot be present request and email update/report prior to the CFTM to be discussed during the CFTM

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Ensure clinical staff have access to pertinent family history/background and that information is shared to inform their clinical practice

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Outcome measures:

CFTM reports, monthly summaries, treatment plans, session notes

TN TFC Domain: Trauma Informed Systems  
Component 1 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
The program puts emphasis on clinical staff providing coordination and communication of treatment progress to inform treatment team decisions & permanency planning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Trauma Informed Systems

Component 2: Utilize Trauma informed care as an overall approach

Utilize CANS as universal screening/ Partner with DCS to utilize CANS information to improve provider assessments and treatment planning

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Provider assists with CANS being completed with comprehensive, accurate information from multiple perspectives, especially in the trauma module

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Providers specifically recognize and assist with addressing the caregiver's trauma by having involved caregivers complete ACES to increase understanding of their personal trauma experiences for the benefit of the child

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Providers implement appropriate referrals to assist youth caregivers in overcoming unresolved trauma issues

Provider utilize ACES website (<https://www.tn.gov/dcs/topic/building-strong-brains-tennessee-aces-initiative>) for any ACE-specific resources

Outcome measures:

CANS report and Aces; youth have a safe environment to reunify/return to from foster care;

TN TFC Domain: Trauma Informed Systems  
Component 2 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat (40%-69%)	4 - Mostly (greater than 70%)	5 - Completely (more than 90%)
Utilize Trauma informed care as an overall approach	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Trauma Informed Systems

Component 3: Provider partners with DCS to utilize trauma informed training for team members (to include foster parents, staff, caregivers, schools, therapists, etc.) from the approved trauma-informed training curriculum.

Provider ensures that training relates specifically to the team member's role to better understand the effect and impact of trauma on children

Trauma Toolkit Training for Foster Parents is recommended and utilized; or there is comparable trauma-informed training for foster parent training

Provider collaborates with the school to provide a trauma-informed perspective on the child and their circumstances in the school setting

Provider utilizes a trauma-informed model from the approved menu of trauma-informed interventions. (see attachment)

Attachment: Menu of approved trauma-informed interventions

[Attachment: "TN TFC EBP Curriculum Menu 05.10.17.pdf"]

Outcome measures:

Track delivery of services; track community impacts; evidence of external outreach trainings; Resource Parent Curriculum (RPC) utilization

TN TFC Domain: Trauma Informed Systems  
Component 3 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Provider partners with DSC to utilize trauma informed training for team members (to include foster parents, staff, caregivers, schools, therapists, etc.) from the approved trauma-informed training curriculum.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Trauma Informed Systems

Component 4: Ensure children and youth are active collaborators in their own treatment and permanency planning.

Provider hosts post-training panels where foster parents and youth attend and offer feedback from their trauma-experience to assist with future training for staff on treatment and permanency planning

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Provider ensures children and youth participate in CFTMs when it is clinically appropriate

---

Provider partners with DCS to create and facilitate a safe, productive environment for a CFTM

---

Provider partners with DCS to assist with CFTM preparation of frontline staff (DCS and provider), youth and family.

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Outcome measures:

CFTM reports, Survey to birth parents and youth; staff surveys

TN TFC Domain: Trauma Informed Systems

Component 4 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Ensure children and youth are active collaborators in their own treatment and permanency planning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Trauma Informed Systems

Component 5: Mindful utilization of respite to avoid systemically induced trauma

Provider utilizes safety planning to make thoughtful respite matches and ensures that all pertinent information about the child is shared with the respite home for a successful respite

\_\_\_\_\_

Provider periodically assesses youth and foster parent perspectives to confirm respites are seen as a therapeutic intervention

\_\_\_\_\_

Provider demonstrates consistency with application of the identified respite standards

\_\_\_\_\_

Outcome measures:

Have respite parent sign the safety plan; youth report of feeling safe; less disruptions in placement stability

TN TFC Domain: Trauma Informed Systems  
Component 5 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Mindful utilization of respite to avoid systemically induced trauma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Trauma Informed Systems Domain.

\_\_\_\_\_

**TN TFC Domain: Specialized Foster Parent Training**

**Component 1: Provider creates individualized professional foster parenting plans with the foster parents that are based on dynamics between the child's needs and the strengths of the foster parents**

Provider utilizes CANS information to ensure that all relevant information on child and family is communicated to foster parents and provider training and placement staff

---

Provider uses an enhanced-matching process that encompasses foster parents' trauma and personal experiences when matching youth and foster family

---

Provider offers unique, individualized foster parent training to assist with youth placement stability

---

Provider foster parent plans reinforce the importance of stability for youth as they transition to permanency from the foster home

---

Outcome measures:

numbers of moves, disruptions, PBC metrics of success (movement to permanency as swiftly as possible with low risk of recidivism); length of stay is reduced

TN TFC Domain: Specialized Foster Parent Training  
Component 1 Rating

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Provider creates individualized professional foster parenting plans with the foster parents that are based on dynamics between the child's needs and the strengths of the foster parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Specialized Foster Parent Training

Component 2: Provider periodically evaluates their foster parent training and requirements to assess for additional special training needs of the foster parents

The program uses a needs assessment with foster parents to guide their specialized training plan

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Provider periodically surveys youth and Foster Parents to get feedback on effectiveness of specialized training and transfer of knowledge

---



Provider participates and offers feedback on PATH curriculum development to improve foster parent specialized training

Outcome measures:

documentation of attendance at state and local meetings; verification of feedback provided

TN TFC Domain: Specialized Foster Parent Training  
Component 2 Rating

	1 - Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Provider periodically evaluates their foster parent training and requirements to assess for additional special training needs of the foster parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TN TFC Domain: Specialized Foster Parent Training

Component 3: Develop training to address compassion fatigue of foster parents and identify self-care plan and stress management techniques.

Provider identifies resources local to foster parents that can be incorporated into self-care and stress management plans

Provider ensures that all foster parents have a self-care plan included in their homestudy

Provider assists foster parents with periodically updating their self-care plan and offers special training to assist with self-care

Outcome measures:

Foster Parent Surveys; less incidents of disruption due to foster parent frustration/fatigue

TN TFC Domain: Specialized Foster Parent Training  
Component 3 Rating

---

	1- Not at all (less than 10%)	2 - Slightly (less than 40%)	3 - Somewhat - (40%-69%)	4 - Mostly - (greater than 70%)	5 - Completely - (more than 90%)
Develop training to address compassion fatigue of foster parents and identify self-care plan and stress management techniques.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

---

Potential Action Steps

Note any potential action steps that your agency might take as a result of your self evaluation for the Specialized Foster Parent Training Domain.

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**Domain Mean Ratings**

**If any of the boxes below are blank, please go back to that Domain and make sure that you have completed all of the Component Ratings.**

Holistic Family Approach

\_\_\_\_\_

Maximizing Quality Resources

\_\_\_\_\_

Understanding Roles and Expectations

\_\_\_\_\_

Enhanced Recruitment and Retention of Foster Parents

\_\_\_\_\_

Engaging in Courageous Partnerships

\_\_\_\_\_

Trauma-Informed Systems

\_\_\_\_\_

Specialized Foster Parent Training

\_\_\_\_\_

**Your self assessment mean ratings and notes on potential action steps are listed below. After reviewing this information, indicate two domains of the TN-TFC Program Model that your agency will take action steps on.**

Holistic Family Approach  
Mean Rating - [d1]

[hfaact]

Maximizing Quality Resources  
Mean Rating - [d2]

[mqract]

Understanding Roles and Expectations  
Mean Rating - [d3]

[ureact]

Enhanced Recruitment and Retention of Foster Parents  
Mean Rating - [d4]

[rrfpact]

Engaging in Courageous Partnerships  
Mean Rating- [d5]

[ecpact]

Trauma Informed Systems  
Mean Rating - [d6]

[tisact]

Specialized Foster Parent Training  
Mean Rating - [d7]

[sfptact]

Our agency will pursue action steps on the following Essential Domains of TN TFC Program Model.

- Holistic Family Approach
- Maximizing Quality Resources
- Understanding Roles and Expectations
- Enhanced Recruitment and Retention of Foster Parents
- Engaging in Courageous Partnerships
- Trauma-informed Systems
- Specialized Foster Parent Training

Please list specific action plan steps in this text box.

\_\_\_\_\_