

Mental Health Professional Core

\*Do you currently hold a <u>school administrator</u> license (a license that would permit you to be a principal or assistant principal)?

a. No-0

b. Yes – 1

MC\_01. How many years have you served in your current role at any school?

MC\_02. How many schools have you worked in during this school year (2023-24)? Please count any school at which you have worked with at least one student.

- Drop-Down, 1 to 15 and "More than 15" is (99)

MC\_03. [Skip if at more than 1 school.] Please indicate the extent to which you agree or disagree with the following statements regarding your school.

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	There is an atmosphere of trust and mutual respect within this school. (Select one option)	1	2	3	4
b.	Staff are encouraged to participate in school leadership roles. (Select one option)	1	2	3	4
c.	I am generally satisfied with being a professional in this school. (Select one option)	1	2	3	4
d.	I would recommend this school to parents seeking a place for their child. (Select one option)	1	2	3	4
e.	Our school staff is a learning community in which ideas and suggestions for improvement are encouraged. (Select one option)	1	2	3	4

MC\_04. [Skip if at more than 1 school.] Please indicate the extent to which you agree or disagree with the following statements about your school.

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	My roles and responsibilities are clearly defined at my school. (Select one option)	1	2	3	4
b.	My administrator supports me in my role. (Select one option)	1	2	3	4
c.	My administrator(s) protect my time from duties that are not related to my role. (Select one option)	1	2	3	4
d.	My administrator(s) make it possible for me to attend local, regional, and/or state professional development opportunities. (Select one option)	1	2	3	4

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	The processes used to conduct my evaluation are fair to me. (Select one option)	1	2	3	4
b.	The rubric used for my evaluation is aligned to my responsibilities. (Select one option)	1	2	3	4
с.	In general, the evaluation process has led to improvements in the mental health support I provide. (Select one option)	1	2	3	4

MC\_05. Please indicate the extent to which you agree or disagree with the following statements regarding the evaluation process used to rate you during this school year.

MC\_06. Please select the response that best describes your current perspective of your professional development (PD) experience within each of the following areas during the current school year.

	I need both more PD experiences and higher quality PD in this area.	I need more PD experiences that emphasize this area.	l need higher quality PD in this area.	I am satisfied with both the quality and amount of PD received in this area.
a. Addressing students' socio-emotional development needs (Select one option)	1	2	3	4
<ul> <li>b. Working with students from diverse racial, ethnic, or cultural backgrounds (Select one option)</li> </ul>	1	2	3	4
c. Meeting the needs of all learners (e.g., English learners and students with disabilities) (Select one option)	1	2	3	4
d. Addressing student behavioral issues (Select one option)	1	2	3	4
e. College and career readiness (Select one option)	1	2	3	4
<ul> <li>f. Supporting student academic achievement (Select one option)</li> </ul>	1	2	3	4
g. Training related to supporting parents and students (Select one option)	1	2	3	4
<ul> <li>Implementing positive behavior support-based tiered intervention model (Select one option)</li> </ul>	1	2	3	4

MC\_07. [School Psych Only] Please indicate the extent to which you agree or disagree with each of the following statements regarding special education at this school.

	Unsure	Strongly Disagree	Disagree	Agree	Strongly Agree
a. More training on disability eligibility is needed for IEP school team members.	1	2	3	4	5

b.	Understanding how to develop instructionally appropriate IEPs (IAIEPs) is a barrier to strong IEPs within this school.	1	2	3	4	5
с.	The lack of available professional development is a barrier to implementation of best practices.	1	2	3	4	5
d.	Availability of current special education assessment instruments at this school is a barrier to implementation of best practices.	1	2	3	4	5
e.	Understanding how to conduct Functional Behavior Assessments (FBA) is a barrier to addressing student behavior at this school.	1	2	3	4	5
f.	Understanding how to develop Behavior Intervention Plans (BIP) is a barrier to addressing student behavior at this school.	1	2	3	4	5

MC\_08. How familiar are you with the supports and/or resources available through your district's Coordinated School Health (CSH) office? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

MC\_09. What percentage of your families have you referred to your district's Coordinated School Health (CSH) Office throughout this school year?

\_\_\_\_%

MC\_10. Have you ever visited your district's Coordinated School Health Office?

a. No – 0

b. Yes – 1

c. I'm not sure – 2

MC\_11. [If MC\_08 = b, c, or d] What are the most useful supports and/or resources your CSH office provides to your students? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement
- j. Community Involvement

MC\_12. From your perspective, which of the following is the most urgent need for additional support/resources at your school? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement
- j. Community Involvement

The following questions will only go to mental health professionals in districts with Family Resource Centers.

MC\_13. How familiar are you with the supports and/or resources available through your district's Family Resource Center(s)? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

MC\_14. What percentage of your families have you referred to your Family Resource Center throughout this school year?

\_\_\_\_%

MC\_15. Have you ever visited your Family Resource Center Office?

- a. No-0
- b. Yes 1
- c. I'm not sure 2

All Mental Health Professionals take the following.

MC\_16. To what extent do you agree or disagree with each of the following statements about student physical health needs?

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	Students at my school have ample opportunities for physical activity during the school day. (Select one option)	1	2	3	4
b.	Students at my school generally have access to nutritious food outside of school. (Select one option)	1	2	3	4
c.	Staff at my school have access to resources and training needed to manage students' chronic health conditions (e.g., seizures, etc.).	1	2	3	4

d.	I have access to the data I need to address the physical health needs of my students. (Select one option)	1	2	3	4
e.	Physical health data informs school planning and				
	leadership decisions at this school. (Select one	1	2	3	4
	option)				

MC\_17. To what extent do you agree or disagree with each of the following statements about student mental health related needs?

		Strongly	Disagree	Agree	Strongly
		Disagree			Agree
a.	My school has specific staff members who are trained				
	to address student mental health needs. (Select one	1	2	3	4
	option)				
b.	I understand how to refer students with mental health				
	needs to trained professional(s) in the building. (Select	1	2	3	4
	one option)				
с.	The mental health referral process at my school gets	1	2	3	Λ
	students the help they need quickly. (Select one option)	T	2	5	4
d.	I have access to the resources I need to address the	1	2	2	Λ
	mental health needs of my students. (Select one option)	L	Z	3	4

MC\_18. In the past year, what, if anything, has had the most negative impacts on your students' mental health? Please select up to three. [RANDOMIZE]

- a. Cyberbullying
- b. In-person bullying
- c. Family challenges (e.g., financial, substance abuse)
- d. Stress related to societal issues/news
- e. Concerns about how they are perceived by others (physical appearance, social anxiety, etc.)
- f. Concerns about future (career, college, etc.)
- g. Students' substance use/abuse
- h. Stress related to academics (schoolwork, test results, etc.)
- i. School safety
- j. Other: \_\_\_\_\_

MC\_19. What resources does your school or district offer to address students' mental health needs? Select all that apply.

- a. Mental health support through community partners
- b. Mental health support through contracted partners
- c. Mental health support through social workers
- d. Mental health support through behavioral /mental health specialists who are district employees
- e. In-school therapy
- f. Telehealth

- g. Professional development for teachers to identify mental health needs
- h. Peer mentorship and support programs
- i. A school-linked health center
- j. A school-based health center

MC\_20. How familiar are you with trauma-informed practices/the Resilient Schools program in schools? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

MC\_21. Does your school have a trauma-informed practices/Resilient Schools program? (Select one option)

- a. No 0
- b. Yes 1
- c. I don't know 2

MC\_22. [If previous = Yes] To what extent do you agree or disagree with each of the following statements about trauma-informed practices?

		Strongly	Disagree	Agree	Strongly
		Disagree			Agree
a.	I understand how to use trauma-informed				
	practices to support students' needs. (Select one	1	2	3	4
	option)				
b.	I receive support from my school's leadership in using	1	2	2	4
	trauma-informed practices. (Select one option)	Ţ	2	ר	4
с.	I am interested in receiving more training about				
	incorporating trauma-informed practices into my	1	2	3	4
	classroom. (Select one option)				

MC\_23. To what extent do you agree or disagree with each of the following statements about family and community engagement?

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	I know the community partners who can assist with non- academic supports at my school. (Select one option)	1	2	3	4
b.	I know how to assist parents in regard to non-academic supports for students at my school. (Select one option)	1	2	3	4
c.	There are opportunities for students to build enriching relationships with adults in this school. (Select one option)	1	2	3	4

d.	I am part of the community in which most of my students	4	2	2	4
	live. (Select one option)	1	2	3	4

MC\_24. Please indicate the extent to which you agree or disagree with the following statements regarding your own personal wellness.

		Strongly Disagree	Disagree	Agree	Strongly Agree
a.	My school or district leadership has clearly communicated physical health resources available to me as a staff member. (Select one option)	1	2	3	4
b.	My school or district leadership has clearly communicated mental health resources available to me as a staff member. (Select one option)	1	2	3	4
c.	I am able to prioritize my personal wellness.	1	2	3	4
d.	My school's climate values my personal wellness.	1	2	3	4

MC\_25. Which of the following best describes your plans for next school year? (Select one option)

- a. Continue working in this school
- b. Serve in an administrative position in this school instead of my current role
- c. Continue my current role in the same district but in a different school
- d. Leave this district next year to work in a different district
- e. Leave next year to pursue a job not in education
- f. Retire

MC\_26. [If previous question = b, d, or e] To what extent will your salary change with this move? (Select one option)

- a. I expect to make significantly less than my current salary.
- b. I expect to make somewhat less than my current salary.
- c. I expect to make about the same as my current salary.
- d. I expect to make somewhat more than my current salary.
- e. I expect to make significantly more than my current salary.
- f. I prefer not to say.

## REMAINDER ONLY GIVEN TO MENTAL HEALTH PROFESSIONALS WHO HOLD ADMINISTRATIVE LICENSES

MC\_27. You indicated that you are licensed to be a school administrator in Tennessee but are not currently working as a school administrator (e.g., as a principal or assistant principal). Are you currently actively pursuing a school administrator position?

- a. No, I am not currently pursuing a position in administration. 1
- b. Yes, I have already applied or plan to apply in the coming months. 2
- c. I do not hold a license to be a school administrator in TN. 3

MC\_28. Have you ever been a school administrator in the past? (Select one option)

- a. Yes, I have been a school administrator in the past, but am not currently.
- b. No, I have never sought a job as a school administrator.
- c. No, I have sought a school administrator job(s) in the past, but have never been selected.
- d. Other: \_\_\_\_\_

MC\_29. [If MC\_27 =a] How likely are you to seek a job as a school administrator in the future?

- a. Very unlikely
- b. Unlikely
- c. 50/50
- d. Likely
- e. Very likely

MC\_30. [If MC\_27 = a & MC\_28 = b & MC\_29 <= c] You indicated that you have never sought a job as a school administrator and don't think it's likely that you will seek one in the future, even though you hold a license. Was having a school administration role ever of interest to you? Why would you say it is not of interest now? [Open-ended]

MC\_31. [If MC\_27= b] You indicated that you currently are pursuing (or are planning to pursue) a school administrator position. Which kind of school administrator positions are you pursuing? (Select all that apply.)

- a. Principal
- b. Assistant principal
- c. Other: \_\_\_\_\_

MC\_32. [If MC\_27= b] Which of the following are true about your search for school administrator positions this year? (Select all that apply.)

- a. I am only pursuing positions in public schools.
- b. I am only pursuing positions in my current school district.
- c. If I am not hired as a school administrator this year, I am very likely to continue my search next year.

MC\_33. [If MC\_27 = b] We are interested in how prospective school administrators engage in a search for school administrator positions. Can you describe what this process has been like for you? What has been your approach or strategy? What factors have you considered in what positions to seek and where? [Open-ended]