

The following questions refer to non-academic supports for student readiness, including physical health, mental health, and community engagement.

TM_SR01. How familiar are you with the supports and/or resources available through your district’s Coordinated School Health (CSH) office? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM_SR02. [If previous = c or d] What are the most useful supports and/or resources your CSH office provides to your students? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement
- j. Community Involvement

TM_SR03. From your perspective, which of the following is the most urgent need for additional support/resources at your school? (Mark up to THREE)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. Counseling, psychological and social services
- g. Social and personal skills and school climate
- h. Employee wellness
- i. Family engagement
- j. Community Involvement

TM_SR04. To what extent do you agree or disagree with each of the following statements about student physical health needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. Students in my classroom have ample opportunities for physical activity during the school day. (Select one option)	1	2	3	4

b. Students at my school generally have access to nutritious food outside of school. (Select one option)	1	2	3	4
c. Staff at my school have access to resources and training needed to manage students' chronic health conditions (e.g., seizures, etc.).	1	2	3	4
d. Physical health supports at this school have been effective.	1	2	3	4
e. I have access to the data I need to address the physical health needs of my students. (Select one option)	1	2	3	4
f. Physical health data informs school planning and leadership decisions at this school. (Select one option)	1	2	3	4

TM_SR05. To what extent do you agree or disagree with each of the following statements about student mental health related needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. My school has specific staff members who are trained to address student mental health needs. (Select one option)	1	2	3	4
b. I understand how to refer students with mental health needs to trained professional(s) in the building. (Select one option)	1	2	3	4
c. The mental health referral process at my school gets students the help they need quickly. (Select one option)	1	2	3	4
d. The mental health referral process at my school allows me to focus on instruction. (Select one option)	1	2	3	4
e. Mental health supports at this school have been effective.	1	2	3	4
f. I have access to the data (e.g., discipline, attendance) I need to address the mental health needs of my students. (Select one option)	1	2	3	4
g. I understand how to use trauma-informed practices to support students' needs. (Select one option)	1	2	3	4
h. My school's leadership and/or educators have an interest in expanding or adding trauma-informed practices. (Select one option)	1	2	3	4

TM_SR06. To what extent do you agree or disagree with each of the following statements about family and community engagement?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. I know the community partners who can assist with non-academic supports at my school. (Select one option)	1	2	3	4
b. I know how to assist parents in regard to non-academic supports for students at my school. (Select one option)	1	2	3	4
c. I know how to get involved in the different non-academic extra-curricular activities and clubs (e.g., debate, sports) at my school. (Select one option)	1	2	3	4
d. I know how to get involved in after school programs and extended learning opportunities (e.g., tutoring) that serve my students.	1	2	3	4
e. I know how to connect students with opportunities to build enriching relationships with adults in this building. (Select one option)	1	2	3	4
f. I am part of the community in which most of my students live. (Select one option)	1	2	3	4
g. I know how to refer a student/parent to the nearest Family Resource Center (FRC).	1	2	3	4

TM_SR07. Do you have access to adequate resources and training to support each of the following student groups?

	I do not have access to either	I have access to resources only	I have access to training only	I have access to both training and resources	Not Applicable
a. English Learners	1	2	3	4	5
b. Students with disabilities	1	2	3	4	5
c. Dually served students (English Learners with disabilities)	1	2	3	4	5
d. Students with 504 plans	1	2	3	4	5
e. Intellectually Gifted	1	2	3	4	5
f. Students with chronic health conditions	1	2	3	4	5
g. Students with mental health challenges	1	2	3	4	5

h. Students who may have experienced trauma (i.e., domestic violence in the home, loss of a parent, etc.)	1	2	3	4	5
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TM_SR08. Please indicate the extent to which you agree or disagree with the following statements regarding your own personal wellness.

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. My school or district leadership has clearly communicated physical health resources available to me as a teacher. (Select one option)	1	2	3	4
b. My school or district leadership has clearly communicated mental health resources available to me as a teacher. (Select one option)	1	2	3	4
c. I am able to prioritize my personal wellness.	1	2	3	4
d. My school’s climate values my personal wellness.	1	2	3	4