# **TENNESSEE**

2014 Land Line and Cell Phone Codebook Report

Behavioral Risk Factor Surveillance System

May 30<sup>th</sup>, 2017





**State FIPS Code** 

Section: 0.1 Record Identification Type: Num

Column: 1-2 SAS Variable Name: \_STATE

Prologue:

**Description:** State FIPS Code

Weighted Value Label Percentage Value Frequency Percentage 100.00 47 5,142 100.00 Tennessee

#### How many times did you drink 100 percent PURE fruit juices?

State Added 1.1 Fruits and Vegetables

Question:

Column: 855 SAS Variable Name: FRUITJU1

Prologue:

**Description:** During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to.

Type: Char

Only include 100% juice.

Value	Value Label	Frequency	Percentage	Weighted Percentage
101-199	1-99 times per day	771	16.99	15.77
201-299	1-99 times per week	584	12.87	14.58
300	Less than one time per month	27	0.59	0.71
301-399	1-99 times per month	1,138	25.07	27.46
555	Never	1,699	37.43	34.70
777	Don't know/not sure	145	3.19	3.03
999	Refused	175	3.86	3.74

How many times did you eat beans or lentils?

Section: 1.2 Fruits and Vegetables Type: Char

Column: 858 SAS Variable Name: FVBEANS

Prologue:

Description: During the past month, how many times per day, week, or month did you eat cooked or canned beans,

such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do

NOT include long green beans.

Value	Value Label	Frequency	Percentage	Weighted Percentage
101-199	1-99 times per day	1,657	36.55	33.42
201-299	1-99 times per week	971	21.42	22.00
300	Less than one time per month	18	0.40	0.29
301-399	1-99 times per month	1,431	31.56	33.95
555	Never	182	4.01	4.82
777	Don't know/not sure	96	2.12	1.74
999	Refused	179	3.95	3.77

### How many times did you eat dark green vegetables?

Section: 1.3 Fruits and Vegetables Type: Char

Column: 861 SAS Variable Name: FVGREEN

Prologue:

Description: During the past month, how many times per day, week, or month did you eat dark green vegetables for

example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

Value	Value Label	Frequency	Percentage	Weighted Percentage
101-199	1-99 times per day	300	6.63	6.62
201-299	1-99 times per week	1,385	30.59	29.37
300	Less than one time per month	13	0.29	0.32
301-399	1-99 times per month	1,973	43.58	45.68
555	Never	519	11.46	11.58
777	Don't know/not sure	150	3.31	2.43
999	Refused	187	4.13	3.99

How many times did you eat orange-colored vegetables?

Section: 1.4 Fruits and Vegetables Type: Char

Column: 864 SAS Variable Name: FVORANG

Prologue:

**Description:** During the past month, how many times per day, week, or month did you eat orange-colored vegetables

such as sweet potatoes, pumpkin, winter squash, or carrots?

Value	Value Label	Frequency	Percentage	Weighted Percentage
101-199	1-99 times per day	576	12.74	13.09
201-299	1-99 times per week	1,479	32.71	30.75
300	Less than one time per month	13	0.29	0.19
301-399	1-99 times per month	1,756	38.84	40.90
555	Never	408	9.02	9.14
777	Don't know/not sure	103	2.28	2.03
999	Refused	186	4.11	3.90

#### How many times did you eat fruit?

Section: 1.5 Fruits and Vegetables Type: Char

Column: 867 SAS Variable Name: FRUIT1

Prologue:

Description: During the past month, not counting juice, how many times per day, week, or month did you eat fruit?

Count fresh, frozen, or canned fruit.

Value	Value Label	Frequency	Percentage	Weighted Percentage	
101-199	1-99 times per day	282	6.25	6.19	
201-299	1-99 times per week	1,307	28.97	26.13	
300	Less than one time per month	16	0.35	0.51	
301-399	1-99 times per month	1,943	43.07	42.60	
555	Never	650	14.41	18.06	
777	Don't know/not sure	126	2.79	2.49	
999	Refused	187	4.15	4.01	

#### How many times did you eat OTHER vegetables?

Section: 1.6 Fruits and Vegetables Type: Char

Column: 870 SAS Variable Name: VEGETAB1

Prologue:

Description: Not counting what you just told me about, during the past month, about how many times per day, week, or

month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or

mashed potatoes.

Value	Value Label	Frequency	Percentage	Weighted Percentage
101-199	1-99 times per day	1,367	30.33	29.33
201-299	1-99 times per week	1,176	26.09	25.59
300	Less than one time per month	7	0.16	0.08
301-399	1-99 times per month	1,569	34.81	36.49
555	Never	73	1.62	2.49
777	Don't know/not sure	128	2.84	2.11
999	Refused	187	4.15	3.92

### Exercise in Past 30 Days (REPEAT OF CORE QUESTION EXERANY2-USE EXERANY2).

Section: 2.1 Exercise Type: Char

Column: 873 SAS Variable Name: EXERANY

**Prologue:** 

**Description:** During the past month, other than your regular job, did you participate in any physical activities or exercises

such as running, calisthenics, golf, gardening, or walking for exercise?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	370	45.96	52.05
2	No	255	31.68	28.18
7	Don't know/Not sure	2	0.25	0.23
9	Refused	178	22.11	19.55

### **Physical Activity at Work**

Section: 3.1 Physical Activity Type: Char

Column: 874 SAS Variable Name: JOBACTIV

Prologue:

Description: When you are at work, which of the following best describes what you do? Would you say—(If respondent has

multiple jobs, include all jobs).

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Mostly sitting or standing	1,082	60.18	53.24
2	Mostly walking	384	21.36	24.01
3	Mostly heavy labor or physically demanding work	239	13.29	18.42
7	Don't know/Not Sure	25	1.39	0.99
9	Refused	68	3.78	3.34

#### **Moderate Physical Activity**

Section: 3.2 Physical Activity Type: Char

Column: 875 SAS Variable Name: MODPACT

**Prologue:** We are interested in two types of physical activity: vigorous and moderate. Vigorous activities cause large

increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

Description: Now, thinking about the moderate physical activities you do [fill in "when you are not working" if "employed" or

"self-employed"] in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart

rate?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	3,364	74.84	77.89
2	No	926	20.60	17.85
7	Don't know/Note sure	17	0.38	0.23
9	Refused	188	4.18	4.03

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## **Moderate Physical Activity Days**

Section: 3.3 Physical Activity Type: Char

Column: 876 SAS Variable Name: MODPADAY

Prologue:

Description: How many days per week do you do these moderate activities for at least 10 minutes at a time?

Value	Value Label	Frequency	Percentage	Weighted Percentage	
1-7	Yes	3,294	98.04	98.49	
88	Do not do any moderate physical activity for at least 10 minutes at a time $$	48	1.43	1.12	
77	Don't know/Not Sure	17	0.51	0.36	
99	Refused	1	0.03	0.02	

#### **Moderate Physical Activity Time**

Section: 3.4 Physical Activity Type: Char

Column: 878 SAS Variable Name: MODPATIM

Prologue:

Description: On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you

spend doing these activities?

Value	Value Label	Frequency	Percentage	Weighted Percentage
10-759	Hours and minutes per day	4,955	96.36	96.89
777	Don't know/Not Sure	186	3.62	3.11
999	Refused	1	0.02	0.00

**Vigorous Physical Activity** 

Section: 3.5 Physical Activity Type: Char

Column: 881 SAS Variable Name: VIGPACT

Prologue:

Description: Now thinking about the vigorous physical activities you do [fill in "when you are not working" if "employed" or

self-employed"] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	1,636	36.49	46.14
2	No	2,627	58.60	49.16
7	Don't know/Not sure	28	0.62	0.62
9	Refused	192	4.28	4.08

### **Vigorous Physical Activity Days**

Section: 3.6 Physical Activity Type: Char

Column: 882 SAS Variable Name: VIGPADAY

Prologue:

**Description:** How many days per week do you do these vigorous activities for at least 10 minutes at a time?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1-7	Yes	1,592	97.43	98.42
88	Do not do any moderate physical activity for	16	0.98	0.52
	at least 10 minutes at a time			
77	Don't know/Not sure	26	1.59	1.07

#### **Vigorous Physical Activity Time**

Section: 3.7 Physical Activity Type: Char

Column: 884 SAS Variable Name: VIGPATIM

Prologue:

Description: On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you

spend doing these activities?

Value	Value Label	Frequency	Percentage	Weighted Percentage
10-759	Hours and minutes per day	5,095	99.09	99.22
777	Not sure/Don't know	47	0.91	0.78

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## Live with Someone who was Depressed

Section: 2.1 Adverse Childhood Experiences Type: Char

Column: 887 SAS Variable Name: ACEDEPRS

Prologue: I'd like to ask you some questions about events that happened during your childhood. This information will

allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer. All questions refer to the

time period before you were 18 years of age. Now, looking back before you were 18 years of age...

Description: Did you live with anyone who was depressed, mentally ill, or suicidal?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	716	16.04	18.86
2	No	3,476	77.88	75.62
7	Don't know/Not Sure	37	0.83	0.65
9	Refused	234	5.24	4.86

#### Live with Someone who abused Alcohol

Section: 2.2 Adverse Childhood Experiences Type: Char

Column: 888 SAS Variable Name: ACEDRINK

Prologue:

**Description:** Did you live with anyone who was a problem drinker or alcoholic?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	1,025	22.99	24.33
2	No	3,189	71.52	70.35
7	Don't know/Not Sure	13	0.29	0.29
9	Refused	232	5.20	5.02
7	Don't know/Not Sure	13	0.29	0.29

### Live with Someone who abused Drugs

Section: 2.3 Adverse Childhood Experiences Type: Char

Column: 889 SAS Variable Name: ACEDRUGS

Prologue:

Description: Did you live with someone who used illegal street drugs or who abused prescription medications?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	339	7.60	11.49
2	No	3,875	86.88	83.25
7	Don't know/Not sure	18	0.40	0.44
9	Refused	228	5.11	4.82

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Live with Someone who was a prisoner

Section: 2.4 Adverse Childhood Experiences Type: Char

Column: 890 SAS Variable Name: ACEPRISN

Prologue:

Description: Did you live with someone who served time or was sentenced to serve time in a prison, jail, or other

correctional facility?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	246	5.52	8.90
2	No	3,973	89.10	85.91
7	Don't know / Not sure	10	0.22	0.29
9	Refused	230	5.16	4.90

**Parents Divorced** 

Section: 2.5 Adverse Childhood Experiences Type: Char

Column: 891 SAS Variable Name: ACEDIVRC

Prologue:

**Description:** Were your parents separated or divorced?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	1,011	22.67	30.16
2	No	3,156	70.78	63.29
8	Parents not married	36	0.81	1.13
7	Don't know/Not sure	18	0.40	0.33
9	Refused	238	5.34	5.09

**Parents Hurt Each Other** 

Section: 2.6 Adverse Childhood Experiences Type: Char

Column: 892 SAS Variable Name: ACEPUNCH

Prologue:

Description: How often did your parents or adults in your home ever slap, hit, punch or beat each other up?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3,530	79.18	78.27
2	Once	121	2.71	3.18
3	More than once	502	11.26	12.07
7	Don't know/Not sure	51	1.14	0.91
9	Refused	254	5.70	5.58

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**Parents Hurt You** 

Section: 2.7 Adverse Childhood Experiences Type: Char

Column: 893 SAS Variable Name: ACEHURT

Prologue:

Description: How often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not

include spanking. Would you say...

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3,666	82.23	81.30
2	Once	102	2.29	2.49
3	More than once	425	9.53	10.55
7	Don't know/Not sure	14	0.31	0.26
9	Refused	251	5.63	5.39

Parents Swear at You

Section: 2.8 Adverse Childhood Experiences Type: Char

Column: 894 SAS Variable Name: ACESWEAR

Prologue:

Description: How often did a parent or adult in your home ever sear at you, insult you, or put you down?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3,077	69.04	64.96
2	Once	161	3.61	4.80
3	More than once	915	20.53	23.80
7	Don't know/Not sure	47	1.05	0.93
9	Refused	257	5.77	5.52

### **Anyone Touch You**

Section: 2.9 Adverse Childhood Experiences Type: Char

Column: 895 SAS Variable Name: ACETOUCH

Prologue:

**Description:** How often did anyone at least 5 years older than you or an adult, ever touch you sexually?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3,726	83.64	83.91
2	Once	168	3.77	4.19
3	More than once	284	6.37	6.09
7	Don't know/Not sure	9	0.20	0.17
9	Refused	268	6.02	5.63

### **Anyone Make You Touch Them**

Section: 2.10 Adverse Childhood Experiences Type: Char

Column: 896 SAS Variable Name: ACETTHEM

Prologue:

Description: How often did anyone at least 5 years older than you or an adult, try to make you touch them sexually?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3,868	86.82	86.82
2	Once	106	2.38	2.87
3	More than once	204	4.58	4.42
7	Don't know/Not sure	13	0.29	0.28
9	Refused	264	5.93	5.60

### **Anyone Touch You**

Section: 2.11 Adverse Childhood Experiences Type: Char

Column: 897 SAS Variable Name: ACEHVSEX

Prologue:

Description: How often did anyone at least 5 years older than you or an adult, force you to have sex?

Value	Value Label	Frequency	Percentage	Percentage
1	Never	3,983	89.41	89.49
2	Once	63	1.41	1.91
3	More than once	140	3.14	2.93
7	Don't know/Not sure	8	0.18	0.15
9	Refused	261	5.86	5.52