TENNESSEE

2018 Land Line and Cell Phone Codebook State Added Question Report

Behavioral Risk Factor Surveillance System

November 6, 2019





State FIPS Code

Section: 0.1 Record Identification Type: Num

Column: 1-2 SAS Variable Name: _STATE

Prologue:

Description: State FIPS Code

ValueValue LabelFrequencyPercentageWeighted Percentage47Tennessee5160100.00100.00

Type of Physical Activity

1.1 Exercise/Physical Activity Type: Char

901 SAS Variable Name: PATYPE1

What type of physical activity or exercise did you spend the most time doing during the past month?

	Value Label	Frequency	Percentage	Weighted Percentage
1	Active Gaming Devices (Wii Fit, Dance, Dance revolution)	0	0	0
2	Aerobics video or class	33	1.02	0.89
3	Backpacking	0	0	0
4	Badminton	0	0	0
5	Basketball	27	0.84	0.79
6	Bicycling machine exercise	40	1.24	1.05
7	Bicycling	54	1.67	1.93
8	Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)	0	0	0
9	Bowling	4	0.12	0.13
10	Boxing	5	0.15	0.47
11	Calisthenics	30	0.93	1.04
12	Canoeing/rowing in competition	2	0.06	0.11
13	Carpentry	4	0.12	0.10
14	Dancing-ballet, ballroom, Latin, hip hop, Zumba, etc.	12	0.37	0.37
15	Elliptical/EFX machine exercise	23	0.71	0.51
16	Fishing from river bank or boat	3	0.09	0.13
17	Frisbee	3	0.09	0.19
18	Gardening (spading, weeding, digging, filling)	219	6.79	5.90
19	Golf (with motorized cart)	46	1.43	1.02
20	Golf (without motorized cart)	12	0.37	0.27
21	Handball	0	0	0
22	Hiking - cross-country	49	1.52	1.85
23	Hockey	1	0.03	0.03

Type of Physical Activity

1.1 Exercise/Physical Activity Type: Char

901 SAS Variable Name: PATYPE1

What type of physical activity or exercise did you spend the most time doing during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
24	Horseback riding	1	0.03	0.01
25	Hunting large game - deer, elk	3	0.09	0.14
26	Hunting small game - quail	3	0.09	0.12
27	Inline Skating	0		
28	Jogging	22	0.68	1.24
29	Lacrosse	0	0	0
30	Mountain climbing	0	0	0
31	Mowing lawn	20	0.62	0.62
32	Paddleball	1	0.03	0.09
33	Painting/papering house	0	0	0
34	Pilates	5	0.15	0.05
35	Racquetball	4	0.12	0.12
36	Raking lawn/trimming hedges	2	0.06	0.02
37	Running	224	6.94	9.47
38	Rock climbing	2	0.06	0.02
39	Rope skipping	0	0	0
40	Rowing machine exercises	1	0.03	0.06
41	Rugby	0	0	0
42	Scuba diving	0	0	0
43	Skateboarding	1	0.03	0.04
44	Skating - ice or roller	0	0	0
45	Sledding, tobogganing	0	0	0
46	Snorkeling	0	0	0
47	Snow blowing	0	0	0
48	Snow shoveling by hand	1	0.03	0.01
49	Snow skiing	1	0.03	0.02
50	Snowshoeing		0.03	
51	Soccer	0 5	0.15	0.25
52	Softball/Baseball	3	0.09	0.12
53	Squash			
54	Stair climbing/Stair master	0	0.06	0
55	Stream fishing in waders	2		0.03
56	Surfing	0	0	0
57	Swimming	0	0 0.87	0 1.07
J.		28	0.07	1.07

Type of Physical Activity

1.1 Exercise/Physical Activity Type: Char

901 SAS Variable Name: PATYPE1

What type of physical activity or exercise did you spend the most time doing during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
58	Swimming in laps	7	0.22	0.36
59	Table tennis	0	0	0
60	Tai Chi	3	0.09	0.03
61	Tennis	11	0.34	0.30
62	Touch football	1	0.03	0.01
63	Volleyball	1	0.03	0.01
64	Walking	1782	55.24	51.86
66	Waterskiing	0	0	0
67	Weight lifting	156	4.84	5.72
68	Wrestling	3	0.09	0.18
69	Yoga	31	0.96	1.42
71	Childcare	7	0.22	0.14
72	Farm/Ranch Work (caring for livestock, stacking hay, etc.)	32	0.99	0.77
73	Household Activities (vacuuming, dusting, home repair, etc.)	17	0.53	0.37
74	Karate/Martial Arts	4	0.12	0.14
75	Upper Body Cycle (wheelchair sports, ergometer	5	0.15	0.15
76	Yard work (cutting/gathering wood, trimming, etc.)	71	2.2	1.96
77	Don't Know/ Not Sure	10	0.31	0.33
98	Other	185	5.73	5.80
99	Refused	4	0.12	0.14

Times Per Week Physical Activity

Section: 1.2 Exercise/Physical Activity

Type: Num

Column: 905 SAS Variable Name: PAWEEK1

Prologue:

Description: How many times per week or per month did you take part in this activity during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
101 - 199	Times per week	2151	66.97	66.61
201 - 299	Times per month	971	30.23	30.52
777	Don't know/Not sure	83	2.58	2.73
999	Refused	7	0.22	0.14

Minutes at a Time Physical Activity

Section: 1.3 Exercise/Physical Activity

Type: Num

Column: 908 SAS Variable Name: PAMIN1

Prologue:

Description: And when you took part in this activity, for how many minutes or hours did you usually keep at it?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1 - 759	Hours and Minutes	3075	95.76	95.83
800 - 959	Hours and Minutes	36	1.12	1.19
777	Don' Know/Not Sure	95	2.96	2.79
999	Refused	5	0.16	0.19

Second Physical Activity

Section: 1.4 Exercise/Physical Activity

Type: Char

Column: 911 SAS Variable Name: PATYPE2

Prologue:

Description: What other type of physical activity gave you the next most exercise during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Active Gaming Devices (Wii Fit, Dance, Dance revolution)	1	0.03	0.07
2	Aerobics video or class	30	0.93	1.07
3	Backpacking	0	0	0
4	Badminton	0	0	0
5	Basketball	37	1.15	1.60
6	Bicycling machine exercise	35	1.09	0.87
7	Bicycling	64	1.99	1.73
8	Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)	4	0.12	0.12
9	Bowling	6	0.19	0.26
10	Boxing	4	0.12	0.24
11	Calisthenics	43	1.34	1.59
12	Canoeing/rowing in competition	2	0.06	0.03
13	Carpentry	7	0.22	0.07
14	Dancing-ballet, ballroom, Latin, hip hop, Zumba, etc.	17	0.53	0.56
15	Elliptical/EFX machine exercise	15	0.47	0.42
16	Fishing from river bank or boat	9	0.28	0.27
17	Frisbee	3	0.09	0.12
18	Gardening (spading, weeding, digging, filling)	147	4.58	3.90
19	Golf (with motorized cart)	33	1.03	0.95
20	Golf (without motorized cart)	17	0.53	0.57
21	Handball	0	0	0
22	Hiking - cross-country	37	1.15	1.10
23	Hockey	0	0	0
24	Horseback riding	8	0.25	0.28
25	Hunting large game - deer, elk	7	0.22	0.27
26	Hunting small game - quail	2	0.06	0.06
27	Inline Skating	0	0	0
28	Jogging	17	0.53	0.62
29	Lacrosse	0	0	0
30	Mountain climbing	0	0	0
31	Mowing lawn	36	1.12	0.96
32	Paddleball	0	0	0
33	Painting/papering house	1	0.03	0.01
34	Pilates	6	0.19	0.15

Second Physical Activity

Section: 1.4 Exercise/Physical Activity

Type: Char

Column: 911 SAS Variable Name: PATYPE2

Prologue:

Description: What other type of physical activity gave you the next most exercise during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
35	Racquetball	3	0.09	0.09
36	Raking lawn/trimming hedges	3	0.09	0.10
37	Running	95	2.96	4.50
38	Rock climbing	4	0.12	0.12
39	Rope skipping	1	0.03	0.02
40	Rowing machine exercises	2	0.06	0.06
41	Rugby	1	0.03	0.02
42	Scuba diving	1	0.03	0.02
43	Skateboarding	2	0.06	0.07
44	Skating - ice or roller	1	0.03	0.06
45	Sledding, tobogganing	0	0	0
46	Snorkeling	1	0.03	0.02
47	Snow blowing	0	0	0
48	Snow shoveling by hand	1	0.03	0.00
49	Snow skiing	0	0	0
50	Snowshoeing	0	0	0
51	Soccer	5	0.16	0.30
52	Softball/Baseball	12	0.37	0.42
53	Squash	0	0	0
54	Stair climbing/Stair master	12	0.37	0.78
55	Stream fishing in waders	0	0	0
56	Surfing	0	0	0
57	Swimming	56	1.74	1.99
58	Swimming in laps	10	0.31	0.39
59	Table tennis	0	0	0
60	Tai Chi	3	0.09	0.06
61	Tennis	8	0.25	0.31
62	Touch football	0	0	0
63	Volleyball	5	0.16	0.18
64	Walking	424	13.2	12.31
66	Waterskiing	1	0.03	0.02
67	Weight lifting	175	5.45	6.73
68	Wrestling	0	0	0
69	Yoga	35	1.09	1.25

Second Physical Activity

Section: 1.4 Exercise/Physical Activity

Type: Char

Column: 911 SAS Variable Name: PATYPE2

Prologue:

Description: What other type of physical activity gave you the next most exercise during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
71	Childcare	31	0.97	0.95
72	Farm/Ranch Work (caring for livestock, stacking hay, etc.)	24	0.75	0.51
73	Household Activities (vacuuming, dusting, home repair, etc.)	117	3.64	2.93
74	Karate/Martial Arts	2	0.06	0.11
75	Upper Body Cycle (wheelchair sports, ergometer	6	0.19	0.27
76	Yard work (cutting/gathering wood, trimming, etc.)	149	4.64	4.57
7777	Don't Know/Not Sure	73	2.27	2.59
7788	No Other Activity	1004	31.26	29.48
7798	Other	349	10.87	10.55
7799	Refused	8	0.25	0.32

Times Per Week Second Physical Activity

Section: 1.5 Exercise/Physical Activity

Type: Num

Column: 915 SAS Variable Name: PAWEEK2

Prologue:

Description: How many times per week or per month did you take part in this activity during the past month?

Value	Value Label	Frequency	Percentage	Weighted Percentage
101 - 199	Times per week	1353	63.61	64.44
201 - 299	Times per month	724	34.04	33.70
777	Don't Know/Not Sure	45	2.12	1.73
999	Refused	5	0.24	0.14

Minutes at a Time Second Physical Activity

Section: 1.6 Exercise/Physical Activity

Type: Num

Column: 918 SAS Variable Name: PAMIN2

Prologue:

Description: And when you took part in this activity, for how many minutes or hours did you usually keep at it?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1 - 759	Hours and Minutes	2014	94.69	95.59
800 - 959	Hours and Minutes	45	2.12	2.18
777	Don't Know/Not Sure	62	2.91	2.02
999	Refused	6	0.28	0.21

Strength Training

Section: 1.7 Exercise/Physical Activity

Type: Num

Column: 921 SAS Variable Name: PASTRGTH

Prologue:

Description: During the past month, how many times per week or per month did you do physical activities or exercises to

STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free

weights, or elastic bands.

Value	Value Label	Frequency	Percentage	Weighted Percentage
1 - 759	Times per week	968	30.02	31.72
800 - 959	Times per month	431	13.36	15.39
888	Never	1777	55.1	51.6
777	Don't Know/Not Sure	46	1.43	1.24
999	Refused	3	0.09	0.06

Reason for Last Dentist Visit

Section: 2.1 Oral Health Type: Char

Column: 924 SAS Variable Name: DENTISTR

Prologue:

Description: What was the main reason you last visited the dentist?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Went in on own for check-up, examination, or cleaning	2574	54.96	55.27
2	Was called in by the dentist for check-up, examination, or cleaning $% \left(1\right) =\left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left(1\right) +\left(1\right) \left(1$	223	4.76	4.62
3	Something was wrong, bothering or hurting	984	21.01	20.86
4	Went for treatment of a condition that dentist discovered at earlier checkup or examination	229	4.89	4.73
5	Other	565	12.06	12.29
7	Refused	102	2.18	2.13
9	Don't Know	6	0.13	0.11

Oral Cancer Screening

Section: 2.2 Oral Health Type: Char

Column: 925 SAS Variable Name: ORALCNCR

Prologue:

Description: Have you ever had a test or exam for oral or mouth cancer in which the doctor or dentist pulls on your tongue,

sometimes with gauze wrapped around it, and feels under the tongue and inside the cheeks?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	1142	24.39	22.65
2	No	3389	72.38	74.31
7	Don't know/Not Sure	150	3.20	3.03
9	Refused	1	0.02	0.01

Dental ER Visit

Section: 2.3 Oral Health Type: Char

Column: 926 SAS Variable Name: DENTALER

Prologue: During the past 12 months, how many times have you gone to a hospital emergency room for a dental

problem? Do not county visits for injury or trauma.

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	1	80	1.71	1.84
2	2-3	35	0.75	0.79
3	4-5	11	0.23	0.24
4	6-7	4	0.09	0.05

5	8-9	0	0	0
6	10-12	0	0	0
7	13-15	0	0	0
8	16+	2	0.04	0.11
55	No Teeth	60	1.28	0.96
77	Don't know/Not sure	14	0.3	0.3
88	None	4476	95.58	95.68
99	Refused	1	0.02	0.02

Have Trailways or Sidewalks in Community

Section: 3.1 Trails and Sidewalks

Type: Char

Column: 928 SAS Variable Name: HVTRLWYS

Prologue:

Description: Does your community have trails, greenways, bike paths, or sidewalks for biking, walking, or other activities?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	3085	73.12	73.67
2	No	1084	25.69	25.34
7	Don't know/Not sure	48	1.14	0.91
9	Refused	2	0.05	0.08

Use Trailways or Sidewalks

Section: 3.2 Trails and Sidewalks

Type: Char

Column: 929 SAS Variable Name: USETRLWYS

Prologue:

Description: How often do you use these for biking, walking or other activities? Would you say ...

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	At least once a week	803	26.04	26.39
2	At least once a month	362	11.74	12.42
3	A few times per year	768	24.90	26.31
4	Never	1143	37.06	34.74
7	Don't Know/Not Sure	8	0.26	0.13
9	Refused	0	0	0

Money to Pay Rent/Mortgage

Section: 4.1 Social Context Type: Char

Column: 930 SAS Variable Name: SCNTMNY1

Prologue:

Description: How often in the past 12 months would you say you were worried or stressed about having enough money to

pay your rent/mortgage? Would you say...

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Always	350	8.92	8.17
2	Usually	196	5.00	5.41
3	Sometimes	567	14.46	16.26
4	Rarely	639	16.29	17.38
5	Never	2147	54.74	52.18
7	Don't Know/Not Sure	2	0.05	0.19
8	Not Applicable	18	0.46	0.37
9	Refused	3	0.08	0.05

Money to Buy Healthy Meals

Section: 4.2 Social Context Type: Char

Column: 931 SAS Variable Name: SCNTMEL1

Prologue:

Description: How often in the past 12 months would you say you were worried or stressed about having enough money to

buy nutritious meals? Would you say...

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Always	253	6.05	5.70
2	Usually	184	4.40	5.27
3	Sometimes	488	11.67	12.45
4	Rarely	439	10.50	11.84
5	Never	2811	67.23	64.64
7	Don't Know/Not Sure	1	0.02	0.03
8	Not Applicable	1	0.02	0.01
9	Refused	4	0.10	0.06

How Often Think About Race

Section: 5.1 Reactions to Race Type: Char

Column: 932 SAS Variable Name: RRCOGNT2

Prologue:

Description: How often do you think about your race? Would you say never, once a year, once a month, once a week, once

a day, once an hour, or constantly?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	3248	77.87	73.45
2	Once a year	175	4.20	4.31
3	Once a month	207	4.96	6.22
4	Once a week	175	4.20	4.97
5	Once a day	131	3.14	3.67
6	Once an hour	8	0.19	0.15
8	Constantly	125	3.00	4.60
7	Don't Know/Not Sure	87	2.09	2.16
9	Refused	15	0.36	0.48

Race and Health care

Section: 5.2 Reactions to Race Type: Char

Column: 933 SAS Variable Name: RRHCARE3

Mainhtad

Prologue:

Description: Within the past 12 months, when seeking health care, do you feel your experiences were worse than, the

same as, or better than for people of other races?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Worse than other races	126	3.03	4.08
2	The same as other races	2527	60.82	61.69
3	Better than other races	651	15.67	14.32
4	Worse than some races, better than others	8	0.19	0.25
5	Only encountered people of the same race	2	0.05	0.03
6	No health care in the past 12 months	43	1.03	1.26
7	Don't know/Not sure	709	17.06	16.20
9	Refused	89	2.14	2.17

Physical Reactions to Race

Section: 5.3 Reactions to Race **Type:** Char

Column: 934 SAS Variable Name: RRPHYSM2

Prologue:

Description: Within the past 30 days, have you experienced any physical symptoms, for example, a headache, an upset

stomach, tensing of your muscles, or a pounding heart, as a result of how you were treated based on your

race?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	154	3.72	4.63
2	No	3944	95.22	94.23
7	Don't know/Not sure	25	0.60	0.56
9	Refused	19	0.46	0.58

Social and Emotional Support

Section: 6.1 Emotional Support and Life Satisfaction Type: Char

Column: 935 SAS Variable Name: EMTSUPRT

Prologue:

Description: How often do you get the social and emotional support you need?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Always	2118	51.26	50.36
2	Usually	905	21.90	21.47
3	Sometimes	576	13.94	14.91
4	Rarely	180	4.36	4.47
5	Never	278	6.73	6.87
7	Don't know/Not sure	58	1.40	1.45
9	Refused	17	0.41	0.47

Life Satisfaction

Section: 6.2 Emotional Support and Life Satisfaction

Type: Char

Column: 936 SAS Variable Name: LSATISFY

Prologue:

Description: In general, how satisfied are you with your life?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Very satisfied	1804	43.69	41.57
2	Satisfied	1984	48.05	49.87
3	Dissatisfied	239	5.79	6.29
4	Very Dissatisfied	76	1.84	1.80
7	Don't know/Not sure	20	0.48	0.37
9	Refused	6	0.15	0.09

Prescription Pain Drugs Used

Section: 7.1 Drug Use Type: Char

Column: 937 SAS Variable Name: DUPAIN

Prologue: Drug Use: [prompt] The next health topic is about the use of prescription pain relievers and drugs. Please keep

in mind that you can ask me to skip any question you do not want to answer

Description: In the last 12 months, have you taken any prescription pain relievers or tranquilizers including (Codeine,

morphine, Lortab, Vicodin, Tylenol #3, Percocet, OxyContin) when it was NOT prescribed to you by a doctor, dentist, nurse practitioner, or other healthcare provider? We only want to know about prescription medication

NOT medication that is available over the counter.

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	76	1.85	2.61
2	No	4005	97.47	96.90
7	Don't know/Not sure	6	0.15	0.14
9	Refused	22	0.54	0.35

Obtain Prescription Pain Drugs

Section: 7.2 Drug Use Type: Char

Column: 938 SAS Variable Name: DUOBTAIN

Prologue: Interviewer can clarify with: "referring to the last time you used prescription pain medication not available over

the counter and not prescribed specifically for you".

Description: From whom did you obtain the prescription pain medication?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	From a friend OR relative	44	57.14	62.39
2	From an acquaintance	4	5.19	4.18
3	From a street dealer or other person I did not know	4	5.19	2.36
4	Online	0	0	0
5	Other	13	16.88	14.93
7	Don't know/Not sure	3	3.90	1.27
9	Refused	9	11.69	14.88

Travel for Prescription Pain Drugs

Section: 7.3 Drug Use Type: Char

Column: 959 SAS Variable Name: DUTRAVL

Prologue:

Description: Within the last 12 months, have you traveled either locally or out of state, to more than one health care provider

for the primary reason of obtaining prescription pain medications or tranquilizers such as Codeine, morphine,

Lortab, Vicodin, Tylenol #3, Percocet, or OxyContin?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Yes	13	0.32	0.28
2	No	4074	99.32	99.28
7	Don't know/Not sure	3	0.07	0.25
9	Refused	12	0.29	0.19

Heroin Use

Section: 7.4 Drug Use Type: Char

Column: 960 SAS Variable Name: DUHEROIN

Prologue:

Description: Within the last 12 months, have you used heroin?

Value	Value Label	Frequency	Percentage	Weighted Percentage
1	Never	4081	99.56	99.49
2	Once	4	0.10	0.10
3	More than once	9	0.22	0.31
7	Don't Know/not sure	2	0.05	0.04
9	Refused	3	0.07	0.07