## **Tennessee One Health Meeting**

9/26/19

## **Controlled Substance Abuse in Veterinarians**

Ann Garvey, DVM, MPH, MA (State PH Veterinarian and Deputy State Epidemiologist; Iowa Department of Public Health)

Katie Rumsey, DVM, MPH (Assistant State Veterinarian; Iowa Department of Agriculture & Land Stewardship)

- Public health emergency re: opioid misuse in America
- National statistics:

o Misuse: 11.4 million

Opioid use disorder: 2.1 million

- o 53.1% obtained from a friend/relative
- 36.7% had rx from healthcare provider
- o ID consequences: HIV, Hepatitis C & B, Endocarditis, and skin-bone joint injections
- National Drug OD deaths

o Series of slides: 16,849-70,000

1999-2017

o 2017 Deaths: 70,237; 66% males

- Good news nationally 2017 2018 decline of 5.1% impacts in Iowa alcohol, meth, marijuana opioids death increasing
- 67,206 deaths in Iowa opioid overdose increases for men or women
- Veterinarians commonly rx controlled substances; legal and ethical responsibility to rx appropriately and safeguard against misuse
- Began looking for resources for vets 2 years ago, couldn't find any so created some!
- Resources to help vets prevent misuse: IDPH & IVMA
- Iowa has developed a resources for vets:
  - Resource guide
  - Handouts for veterinarians
  - Handouts for clients
  - o Available on IDPH and IVMA websites when completed
- Red flags for vets to watch out for:
  - New patient
    - Late night or weekend appointment when previous veterinary hospitals are closed.
    - Veterinary hospital is far from client's home.
    - Claims to be from out of town, just moved to the area or visiting relatives.
    - Incomplete or missing records from previous veterinary care.
  - Suspicious clinical exam findings
    - Unusual injury
    - Exam inconsistent with history
  - Suspicious client behaviors
    - Requesting med by name, large quantities, high doses
    - Refusing diagnostics

- Cash pay
- Early refills
- Considerations
  - Ensure valid veterinary-client-patient relationship
  - Verify client and patient identity
  - Thorough documentation
  - Alternative therapies
- Utilize prescription monitoring program if available!
  - Minimize dispensing from veterinary hospital
  - Restrict access to rx pads

## Salmonella Outbreaks Linked to Backyard Poultry

Samir Hanna, MD, MPSH (Epidemiologist, Foodborne Disease Program, TN Department of Health

- Salmonella burden:
  - o 400 deaths
  - o \$2.5 million animal cost
  - 11% attributed to animal expense.
  - 1 case reported = 30 cases unreported
- >2500 serotypes
  - 30 identified to be carried by poultry
- Poultry look healthy and clean!
- Transmission methods:
  - Transovarian
  - Horizontal
- Since 2000, 76 Salmonella outbreaks linked to backyard poultry
  - >5000 illnesses
  - o 950 hospitalizations
  - o 7 deaths
  - Multiple serotypes
- In TN in 2019:
  - o 67 cases; 9 clusters
  - Most reported touching, cleaning cage, feeding
  - o 89% had owned poultry <6 months
  - 52% bought at Tractor Supply
- Ongoing efforts to control Salmonella at the hatchery level
  - 20 core hatcheries produce >50 million chicks/year
  - USDA National Poultry Improvement Plan (NPIP)
    - Establishes standards for the evaluation of poultry and hatching eggs
    - Provides certification that poultry shipped are disease free
    - Annual premises inspection and annual records audits
    - "US Salmonella Monitored" and "US Sanitation Monitored" programs
- Always need for ongoing education!