

TENNESSEE BOARD OF MEDICAL EXAMINERS'
POLYSOMNOGRAPHIC STANDARDS COMMITTEE

POLICY STATEMENT REGARDING
POLYSOMNOGRAPHIC TECHNICIAN EXTENSIONS

A polysomnographic technician is a person who has graduated from an accredited educational program but has not yet passed the national certifying examination given by the Board of Registered Polysomnographic Technologists (“BRPT”) and has obtained a temporary permit from the Board of Medical Examiners (“Board”). A polysomnographic technician may provide sleep-related services under the general supervision of a licensed physician for a period of up to one (1) year from the time of the technician’s graduation from an accredited educational program. The Board may in its sole discretion grant a one-time extension of up to three (3) months beyond this one-year period. *See* Tenn. Code Ann. § 63-31-101 *et seq.*

A polysomnographic technician must pass the national certifying examination for registered technologists (the BRPT’s “RPSGT exam”) to be a licensed polysomnographic technologist in Tennessee. *See* Tenn. Code Ann. § 63-31-106(b)(2).

The Tennessee Polysomnographic Standards Committee (“Committee”) and the Board, which meet only on a semi-monthly basis, recognize that the one-time extension under Tenn. Code Ann. § 63-31-107 exists to give polysomnographic technicians adequate time to successfully complete their certifying examination. Accordingly, the Board grants standing authority to the Medical Consultant to approve a polysomnographic technician’s request for an extension of their temporary permit, provided that the technician submits proof of having taken and failed the BRPT’s RPSGT exam at least once before requesting any such extension.

**ADOPTED BY A QUORUM OF THE TENNESSEE BOARD OF MEDICAL
EXAMINERS’ POLYSOMNOGRAPHY STANDARDS COMMITTEE ON THE 21ST
DAY OF JUNE, 2022**

**RATIFIED BY THE TENNESSEE BOARD OF MEDICAL EXAMINERS ON THE 19TH
OF JULY, 2022**