

**BOARD OF MEDICAL EXAMINERS'  
TENNESSEE POLYSOMNOGRAPHIC STANDARDS COMMITTEE**

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**POLICY STATEMENT REGARDING POLYSOMNOGRAPHIC TECHNOLOGIST REENTRY  
TO PRACTICE**

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The Board of Medical Examiners' Polysomnography Standards Committee recognizes that an individual may leave the practice of polysomnography voluntarily or involuntarily.

Whatever the cause of their departure, polysomnographic technologists who have left practice and later choose to return to polysomnography, must be prepared to demonstrate that they have maintained their skills and knowledge, and that they may safely and effectively resume providing care.

Tennessee Comprehensive Rule and Regulation 0880-14-.06(4)(e) provides that if a polysomnographic technologist retires their license for greater than two (2) years they may be required to successfully complete whatever educational and/or testing requirements the Committee determines is necessary to establish current levels of competency.

Accordingly, the Committee requires that persons who have been out of practice of polysomnography, either by voluntary retirement or by their license having lapsed, for more than two (2) years but less than four (4) shall:

- (a) Submit to the Committee proof of completion of ten (10) approved continuing education hours per year out of practice beyond the two (2) year grace period.
- (b) Appear before the Committee, if requested, to better determine which practice areas an individual should focus on when completing the required continuing education hours.

Persons who have been out of practice of polysomnography, either by voluntary retirement or their license having lapsed, for more than four (4) years shall:

- (a) Submit to the Committee proof of completion of all modules of self-study in the Accredited Sleep Technologist Education Program ("A-STEP").
- (b) Appear before the Committee, if requested, to better determine any additional practice areas or education hours needed before resuming practice.

**ADOPTED BY A QUORUM OF THE TENNESSEE POLYSOMNOGRAPHY  
STANDARDS COMMITTEE ON THE 12<sup>th</sup> DAY OF MAY, 2020**

**RATIFIED BY THE TENNESSEE BOARD OF MEDICAL EXAMINERS ON THE 28<sup>th</sup>  
DAY OF JULY, 2020**