TENNESSEE DEPARTMENT OF HEALTH


Accelerating Action Towards Improving County Health

## Benton County



BENTON COUNTY: Overview 2015 Drive Your County to the Top Ten

| 8 0 0 0 0 0 0 0 0 | Population: <br> Unemployment: <br> Single parent households: | $\begin{array}{r} 16,290 \\ 10.56 \% \\ 30.83 \% \end{array}$ | $\text { < } 18 \text { YOA: }$ <br> \% Females: <br> MHI: | $\begin{gathered} 19.89 \% \\ 50.62 \% \\ \$ 35,559 \end{gathered}$ | $\begin{gathered} \text { 65+ YOA: } \\ \text { \% Males: } \end{gathered}$ | $\begin{aligned} & 22.04 \% \\ & 49.38 \% \end{aligned}$ | \% Rural: <br> Graduation Rate: | $\begin{array}{r} 78.46 \% \\ 92.50 \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |



| Top Third |  |
| :--- | :---: |
| Measure |  |
| Diabetic Monitoring | $90.75 \%$ |
| Drinking Water Violations | $0.00 \%$ |
| Severe Housing Problems | $10.75 \%$ |
| Social Associations | 15.89 |
| Driving Alone to Work | $80.32 \%$ |
| Violent Crime | 249.53 |
| Poor Mental Health Days | 3.30 |
| Poor or Fair Health | $20.00 \%$ |
| High School Graduation | $92.50 \%$ |
|  |  |

## Adult Obesity



| Good | $=$ TN Average |
| ---: | :--- |
|  | HP 2020 |

- •US Average

HP $2020 \longrightarrow$ Top US Performers


| Middle Third |  |
| :--- | :---: |
| Measure |  |
| Low Birthweight | $8.39 \%$ |
| Long Commute - Driving Alone | $30.80 \%$ |
| Adult Smoking | $25.10 \%$ |
| Children in Single-Parent Households | $30.83 \%$ |
| Access to Exercise Opportunities | $51.33 \%$ |
| Food Environment Index | 7.10 |
| Adult Obesity | $33.30 \%$ |
| Income Inequality | 4.68 |
| Physical Inactivity | $34.70 \%$ |
|  |  |


| Bottom Third |  |
| :--- | :---: |
| Measure | Value |
| Air Pollution - Particulate Matter | 14.78 |
| Premature Death | $12,866.87$ |
| Injury Deaths | 121.75 |
| Uninsured | $18.68 \%$ |
| Primary Care Physicians | $5454: 1$ |
| Sexually Transmitted Infections | 464.50 |
| Children in Poverty | $35.60 \%$ |
| Teen Births | 61.26 |
| Dentists | $5430: 1$ |
| Alcohol-Impaired Driving Deaths | $35.71 \%$ |

[^0]|  |  | Premature Death | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 90 | Lewis | 12866.87 | 7769.75 | 5097.12 | $\uparrow$ Bad $\downarrow$ Good | 6,811.00 | Cheboygan, MI | 6808.55 |
|  |  | Years of potential life lost before age 75 per 100,000 population (age- | For every 100 people in the county, 1 people in the county need to live one year closer to age 75. |  |  |  |  |  |  | Rabun, GA | 8744.77 |
|  |  | adjusted) | Source National Center for Health Statistics - Mortality files |  |  |  |  | Year(s) | 2010-2012 | Piscataquis, ME | 8910.97 |
|  |  | Poor or Fair Health <br> Percentage of adults reporting fair or poor health (age-adjusted) | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 30 | Putnam | 20.00\% | 16.60\% | 3.40\% | $\uparrow$ Bad $\downarrow$ Good | 12.40\% | Cheboygan, MI | 13.50\% |
|  |  |  | Improve the health of 4 out of every 100 people in the county who, in general, report being in poor or fair health. |  |  |  |  |  |  | Rabun, GA | 12.70\% |
|  |  |  | Source | Beh | ral Risk | ctor Surveillance | tem | Year(s) | 2006-2012 | Piscataquis, ME | 16.40\% |
|  |  | Poor Physical Health Days* <br> Average number of physically unhealthy days reported in past 30 days (age-adjusted) | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 67 | Chester | 5.70 | 3.40 | 2.30 | $\uparrow$ Bad $\downarrow$ Good | 3.70 | Cheboygan, MI | 3.70 |
|  |  |  | Engage people in the county on ways to reduce number of poor physical health days reported by residents by 3 days per month. |  |  |  |  |  |  | Rabun, GA | 2.80 |
|  |  |  | Source | Beh | al Risk | ctor Surveillan | tem | Year(s) | 2006-2012 | Piscataquis, ME | 4.10 |
|  |  | Poor Mental HealthDays | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 29 | Henderson | 3.30 | 2.80 | 0.50 | $\uparrow$ Bad $\downarrow$ Good | 3.50 | Cheboygan, MI | 3.20 |
|  |  | Average number of mentally unhealthy davs reported in past 30 days | Engage people in the county on ways to reduce number of poor physical health days reported by residents by 1 days per month. |  |  |  |  |  |  | Rabun, GA | 3.00 |
|  |  | (age-adjusted) | Source | Beh | al Risk | tor Surveillanc | em | Year(s) | 2006-2012 | Piscataquis, ME | 3.90 |
|  |  | Low Birthweight <br> Percentage of live births with low birthweight (< 2500 grams) | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 32 | Lewis | 8.39\% | 7.29\% | 1.10\% | $\uparrow$ Bad $\downarrow$ Good | 8.10\% | Cheboygan, MI | 5.78\% |
|  |  |  |  | Reduce the n | mber of | birth weight | ies by 2 for | ery 100 live bi |  | Rabun, GA | 8.70\% |
|  |  |  | Source | National | nter for | ealth Statistics - | tality files | Year(s) | 2006-2012 | Piscataquis, ME | 6.25\% |
| Health Factors | Health Behaviors | Adult Smoking <br> Percentage of adults who are current smokers | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 40 | Knox | 25.10\% | 18.50\% | 6.60\% | $\uparrow$ Bad $\downarrow$ Good | 18.10\% | Cheboygan, MI | 22.20\% |
|  |  |  | Get 27 out of every 100 current adult smokers in the county to quit smoking. |  |  |  |  |  |  | Rabun, GA | NA |
|  |  |  | Source | Behav | oral Risk | ctor Surveillance | ystem | Year(s) | 2006-2012 | Piscataquis, ME | 21.70\% |
|  |  | Adult Obesity | Rank | 10th Ranked | Value | 10th Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  |  | 57 | Hamilton | 33.30\% | 29.10\% | 4.20\% | $\uparrow$ Bad $\downarrow$ Good | 28.00\% | Cheboygan, MI | $33.30 \%$ |
|  |  | Percentage of adults that | Get 13 out of every 100 current obese adults in the county to reduce their BMI below 30 . |  |  |  |  |  |  | Rabun, GA | 30.50\% |
|  |  |  | Source |  | DC Diab | es Interactive At |  | Year(s) | 2011 | Piscataquis, ME | 30.90\% |
|  |  | Food Environment | Rank | 1st Ranked | Value | 1st Ranked Value | Difference | Shift in Value | US Average | Peer County | Peer Value |
|  |  | Index <br> Index of factors that contribute to a healthy food environment, 0 (worst) to 10 (best) | 55 | Williamson | 7.10 | 8.9 | 1.8 | $\uparrow$ Good $\downarrow$ Bad | 7.60 | Cheboygan, MI | 7.30 |
|  |  |  | Increase the county's food index score by 1.8 . |  |  |  |  |  |  | Rabun, GA | 7.40 |
|  |  |  | Source | USDA Foo | d Environ | ent Atlas, Map the | Meal Gap | Year(s) | 2012 | Piscataquis, ME | 7.30 |

Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health. Nashville, TN. April 2015. opm.health@tn.gov or 615-741-5001. The full report can be accessed at: http://health.tn.gov/statistics/specialprojects.htm. All data is from the University of Wisconsin Population Health Institute and Robert Wood Johnson Foundation's, 2015 County Health Rankings and Roadmaps report. Difference statements represent the absolute value using the following formula: ["Value" - "10th Ranked Value"]. The action statements are based on the assumption that no new additional cases occur. All rankings and action statements presented in this report must be interpreted with caution due to various limitations of each measurement. Further information with regards to the strengths and limitations of each measurement may be found by clicking the hyperlink found in the description of each measurement.





[^0]:    YOA: Years of Age. MHI: Median Household Income. HP 2020: Healthy People 2020 Goal. Adult Smoking: Percentage of adults who are current smokers. Source: Behavioral Risk Factor Surveillance System; 2006-2012. Adult Obesity: Percentage of adults that report a BMI of 30 or more. Source: CDC Diabetes Interactive Atlas; 2011. Physical Inactivity: Percentage of adults aged 20 and over reporting no leisure-time physical activity. Source: CDC Diabetes Interactive Atlas; 2011. Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health. Nashville, TN. opm.health@tn.gov or 615-741-5001.

