See

Suicide Warning Signs and Depression.

Protect

Youth's Emotional and Physical Safety.

Listen

Empathize, Acknowledge, Reflect.

Assess

Ask About Suicide when you Identify Signs.

Network

With Others. Work as a Team.

National Resources

Suicide Prevention Lifeline 1-800-273-TALK (8255)

> Poison Control 1-800-222-1212

American Association of Suicidology (AAS) www.suicidology.org

American Foundation for Suicide Prevention (AFSP) www.afsp.org

Gatekeeper Support Tools www.gatekeeperaction.org

National Center on Institutions and Alternatives www.ncianet.org

Suicide Prevention Resource Center (SPRC) www.sprc.org

S-PLAN



SHIELD OF CARE



Key Networking Contacts

(fill in blanks based upon your facility)

Be Aware of these Warning Signsand **Risk Factors**

- Talking about Suicide or Drawings/Writings with Suicidal Themes
- Access to Means
- Plan for Suicide
- Family Conflict
- Loss of a Relationship
 Increased Anxiety /Increased
 - Depression

 Death of a Loved One
- · Giving away Possessions
- Prior Suicide Attempt Some High Risk Periods for JJ Facilities
- Room Confinement

- Withdrawal from Alcohol or Drugs
- Court or other Legal Hearing
- Significant Date to Juvenile
- Receipt of Bad News
- Impending Release/Transfer
- Parents Threat of/Failure to Visit
- Failure/Lack of Progress in the Program
- Ridicule from Peers
- Severe Guilt or Shame about Offense
- · Sexual/Physical Assault