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Time to visit the dentist!

All adult TennCare enrollees now have dental benefits. Adult pregnant and postpartum enrollees will receive the same benefits and coverage as all members.

A healthy mouth can mean better health for you and your baby now and in the future. Routine and emergency dental care are safe during pregnancy.

DentaQuest can help you find a dentist. Call **855-418-1622** or go to **dentaquest.com/state-plans/regions/tennessee/**

Update your TennCare Connect account to tell us that you are pregnant by calling **855-259-0701** or go to **tenncareconnect.tn.gov** and "**Report a Change**"

DentaQuest



Schedule at least two doctor's visits after delivery!



If you have TennCare Medicaid and you are pregnant, you will now keep your health care for 12 months following childbirth.

- Be sure to talk to your doctor about your physical **and** mental health.
- If you have complications during or after pregnancy, continue to see your doctor.

If you need help or have questions, reach out to:

BlueCare Tennessee: **800-468-9698**



BlueCare™



UnitedHealthcare Community Plan: **800-690-1606**

Wellpoint: **833-731-2153**

TennCareSelect: **800-263-5479**

