

# Update TennCare Connect!

Update your TennCare Connect account to tell us that you are pregnant. You can update your TennCare Connect account by phone or online.

- Phone: **855-259-0701**
- TennCare Connect website: **[tenncareconnect.tn.gov](https://tenncareconnect.tn.gov)**



# Helpful Numbers

DentaQuest: **855-418-1622**

BlueCare: **800-468-9698**

UnitedHealthcare: **800-690-1606**

Wellpoint: **833-731-2153**

TennCareSelect: **800-263-5479**



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Division of  
**TennCare**



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**New  
Dental  
Benefits**



All adult TennCare enrollees now have dental benefits. Adult pregnant and postpartum enrollees will receive the same benefits and coverage as all adult members.

## It's time for you to visit the dentist!

If you have TennCare Medicaid coverage, dental benefits are available to you during your pregnancy and 12 months after delivery.

- A healthy mouth can mean better health for you and your baby now and in the future.
- There may be a link between gum disease and babies who are born too early or too small.
- It is important to see your dentist to get screened for gum disease. Routine and emergency dental care are safe during pregnancy.

**DentaQuest** can help you find a dentist  
**855-418-1622**



## Don't forget to return for your postpartum visit!

If you are pregnant and have TennCare Medicaid, you can keep your coverage during your pregnancy and postpartum. This means you can keep getting health care and dental care for 12 months after you deliver.

- Be sure to talk to your doctor about your physical **and** mental health.
- If you have complications (for example high blood pressure or high blood sugar) in your pregnancy or after delivery, continue to see your doctor.

## You should see your doctor twice after childbirth.

0-3  
weeks

Check-in  
with your  
doctor

4-12  
weeks

6-Week  
Follow Up

Transition to  
Well Woman  
Care