

Do you need help applying for TennCare?

You can apply for TennCare online through TennCare Connect. Go to tenncareconnect.tn.gov online and click 'Get Started'. TennCare Connect is a self-service portal that allows applicants and members to create an account, apply for benefits, check your status, report changes, read letters, and more.

Call TennCare Connect at **855-259-0701** if you want to apply by phone or have a paper application mailed to you. The paper application tells you how to apply by mail or by fax.

You can also apply for TennCare online at www.healthcare.gov or by phone at **800-318-2596**.

Do you need help applying for TennCare? There are four ways that you can get help:

1. You can call **TennCare Connect** for free at **855-259-0701** to get help over the phone.
2. You can go to any [DHS office](#) in any of Tennessee's 95 counties. A trained staff person there will help you apply. Call **866-311-4287** to find a DHS office near you.
3. You can get help from private groups. [To find someone near you](#), call **866-475-7879**.
4. If you have a disability, someone can even come to your house to help you apply for TennCare. Just call your local Area Agency on Aging and Disability (AAAD) at **1-866-836-6678**.

Do you need help with Medicare costs?

You can apply for a Medicare Savings Program. This may help pay your Medicare premiums and cost-sharing. You can get an application online at:

<https://www.tn.gov/content/dam/tn/tenncare/documents/TEDSPaperApp.pdf>

For help applying, call **877-801-0044**. Learn more at <http://www.tnmedicarehelp.com>.

Do you need help with long-term care?

You can apply for TennCare CHOICES in Long-Term Care. If you have TennCare already, just call your health plan. If you don't have TennCare, call your local Area Agency on Aging and Disability (AAAD) at **866-836-6678**. They can help you apply. You can also call us at **855-259-0701**. Learn more at <https://tn.gov/tenncare/section/long-term-services-supports>.

Do you have TennCare and need help getting services?

Call your health plan to get help. Also, **TennCare Member Medical Appeals** can help you. Call them at **800-878-3192** Monday through Friday 8am to 4:30pm CST. Call anytime if you have an emergency.

Do you have TennCare and need to report a change?

Make sure to report changes to your address, name, income, or household. Call us at **855-259-0701**. It's a free call. We're here Monday through Friday.