

Maternal Health Updates

UPDATED MAY 2024

Action Items

- Notification of Pregnancy
- Maternity Care Management Support
- ☐ Close gaps with **Mental Health Screening**
- ☐ Inform patients on **TennCare Benefits**
- Question and Answer









TennCare Checklist

Notify MCO of a Pregnancy

- ☐ Fill out the Maternity Care Management Form
- ☐ Submit form via portal or fax to respective MCO
- ☐ Submit the claim with the right codes to get \$25

Addressing Gaps in Care

- Use validated tool to screen mental health
- Submit claim to get reimbursed for services
- ☐ Connect members to care

MCO Care Management Supports

- ☐ Refer members via form
- ☐ Call MCO for urgent referrals
- ☐ Encourage engagement with Care Management

TennCare Benefits

- Remind the member to update TennCare Connect
- Encourage utilization of benefits
- Educate on oral health and dental care









Action Items

- **Motification** of Pregnancy
- ☐ Maternity Care Management Support
- Close gaps with Mental Health Screening
- ☐ Inform patients on **TennCare Benefits**
- Question and Answer











Notification of Pregnancy

Goal State

Goal:
Reach every
pregnant member
to educate, inform,
and assist them
through their
pregnancy journey
and through the
postpartum period

Solution:
Provider informs
MCO of pregnancy
when member
establishes care

Impact:
Early education and supports improve adherence and outcomes









Submission

Maternity Care Manage (This is not an authorization form for h Member Information	□W	Fax to: UnitedHealthcare Community Plan877-353-6913 Wellpoint			
First Name:		N	fiddle in	itial:	
Last Name:					
Member ID #:		Member's Date of Bir	th:		
Estimated Date of Delivery (EDD):	Date of Delivery (EDD): Trimester of Pregnancy: □ □ 1st □ 2nd □ 3rd		Gravida	Para	Last Menstrual Period:
Member Address:					
City:	State:		ZIP Code:		
Member's Primary Phone #:	Member's Alternate Phone #:				
Provider Information					
First Name:			N	/liddle in	itial:
Last Name:					
Provider ID Number:					
Provider Address:					
City:	State:		ZIP Code:		
Provider Practice Phone Number:	Provider Fax Number	·			

- The form is the same for all three MCOs
- The form must be submitted to the patient-specific MCO
- MCOs accept the form via:
 - MCO-specific portal <u>OR</u> fax
 - Fax numbers for **United Healthcare** and **Wellpoint** are in the upper righthand corner of the form
 - BlueCare providers should submit the form online in Availity®
 - For help using Availity®:
 - Refer to the Maternity Care Management Authorization Form Quick Reference Guide;
 - Call: 423-535-5717 (select option 2); OR
 - Email: <u>eBusiness_marketing@bcbst.com</u>
- Form submission is associated with a (one-time) \$25 incentive received when claim is submitted

There are differences in the coding requirements for each MCO, see next slides for further details







Takeaways

- ☐ Complete the form for every patient that establishes care for pregnancy
- ☐ Send it to MCO
- ☐ File a claim
- ☐ Receive incentive benefit of \$25
- Reach out to MCO for additional supports





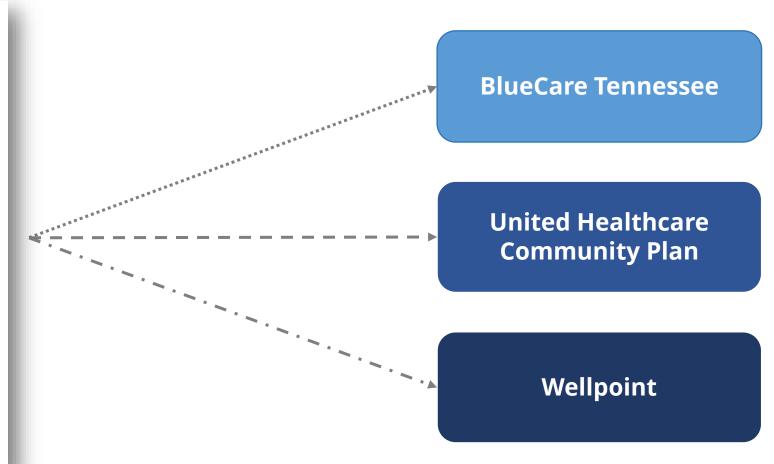


Maternity Care Manage						nity Plan877-353-6913	
Member Information	Submit electronically in Availity*: ☐ BlueCare / TennCareSelec						
First Name:			Middle ini	itial:			
Last Name:							
Member ID #:			Member's Date of Bir	th:			
Estimated Date of Delivery (EDD):		ster of Pregnancy:	Date of First Visit:	Gravida	a Para	Last Menstrual Period:	
	<u> </u>	1st ☐ 2nd ☐3rd					
Member Address:							
City:		State:	ZIP Code:				
Member's Primary Phone #:			Member's Alternate F	Member's Alternate Phone #:			
Provider Information							
First Name:					Middle in	itial:	
Last Name:							
Provider ID Number:							
Provider Address:							
City:		State:		ZIP Cod	e:		
Provider Practice Phone Number:			Provider Fax Number:				



Complete Maternity Care Management Form

Member Information			Subm	Submit electronically in Availity*: BlueCare / TennCareSelection				
First Name:						Middle in	itial:	
Last Name:								-
Member ID #:			Member's	Date of Birt	h:			-
Estimated Date of Delivery (El	O(): Trimon	tor of Dramman	Date of Fi	ent Vinite	Gravida	Para	Last Menstrual Perio	_
Estinated Date of Delivery (E.	Date of Delivery (EDD): Trimester of Pregnancy ☐ 1st ☐ 2nd ☐ 3rd		Late of Fi	St VISIL	Gravida	rara	Lastiveristical Perio	_
Member Address:								-
City:		State:			ZIP Code:			-
Member's Primary Phone #:			Montharia	Alternate P	none #			
members Primary Prione #:			wembers	Alternate M	none #:			
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First Name:						Middle in	itial:	
Last Name:								
Provider ID Number:								-
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City:		State:			ZIP Code			_
City.		State.			ZIP CODE			
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Submit Form and Claim

- ■Submit for via provider portal, email, or fax
 - BlueCare: www.Availity.com
 - UHC: https://provider.linkhealth.com/#/
 - Wellpoint: <u>https://apps.availity.com/availity/web/public.elegant.login</u>
- ■Submit claim to respective MCO
- Receive incentive when claim submitted correctly

E&M 99202-99205, 99211-99215

Category II code 0500F

\$25

(1/1/2022)









Contact MCOs for Claims Support



Provider Services at 833-731-2154



BlueCare

Provider Services 1-800-468-9736

CoverKids

Provider Services 1-800-924-7141

TennCareSelect

Provider Services 1-800-276-1978



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Vice President, Population Health Office: 615-372-0038 aimee brake@uhc.com

Tammy Thompson, RN, CCM

Manager of HFS and NICU Case Management 952-406-5974 tammythompson@uhc.com









Wellpoint Maternity Care Management Notification Form



How to Fill Out the Form

- Providers submit the Maternity Care Management Form and indicate member's:
 - initial prenatal visit
 - last menstrual period
 - estimated date of delivery
- Complete:
 - all member and provider information sections
 - provider signature and date at the bottom of the form
- An authorization is built and reference number provided to the Provider for claim processing



How to Submit the Claim with Appropriate Codes for Reimbursement

- Wellpoint participating providers can earn a \$25 administrative fee
 when submitted with Category II code of 0500F, for every Maternity
 Notification Form that is completed and returned to the health plan:
 - The administrative fee is payable once per pregnancy for prenatal and postpartum care
 - To ensure accurate reimbursement of the payment opportunity, providers must:
 - Report each Category II code with a billing charge of at least \$[0.01]
 - Report an associated diagnosis code for each Category II code
 - Report an appropriate office E/M visit code



How to Submit the Claim with Appropriate Codes for Reimbursement

Category	II Codes:
0500F	Initial prenatal care visit Report at the first prenatal encounter with health care professionals providing obstetrical care. In a separate field, report the date of the last menstrual period (LMP).
	Bill with the appropriate evaluation and management code within [30 days] of the visit that confirmed the pregnancy (99202-99205, 99211-99215).
0501F	Prenatal flow sheet documented in the medical record by the first prenatal visit Documentation must include blood pressure, weight, urine protein, uterine size, fetal heart tone, and estimated date of delivery. In a separate field, report the date of the LMP.
	Note: if you are reporting code 0501F prenatal flow sheet, you do not have to report 0500F initial prenatal care visit.
0502F	Subsequent prenatal care visit (excludes patients seen for a condition unrelated to pregnancy or prenatal care) Bill CPT II with one of the following global codes: 59400, 59510, 59610, 59618
0503F	Postpartum visit To be completed [7-84] days after delivery Bill the visit using category II code 0503F and remember to:
	 Include the postpartum code 59430 which should be billed with zero charges Include the Delivery Date in form locator 14 or Loop 2300 with Qualifier 431 Bill the \$75 fee associated with this code
ICD-10 Co	ides:
All	Each Category II code must be billed with an appropriate diagnosis code.



Where to Submit the Form

Wellpoint Provider Portal:

https://provider.wellpoint.com/tennessee-provider/resources/forms

Click on Maternal/Child Services (MCS) section for fillable PDF form

Forms can be submitted via:

• Fax: 866-495-5788

• Email: hcmref@wellpoint.com

For questions, contact Provider Services at 1-833-731-2154





BlueCare Maternity Care Management Form



Where to Find the Form

- BlueCare Maternity Care Management Form (previously known as TennCare Provider Notification Form 834) may be accessed via:
 - Availity Portal in Authorization Submission/Review Tile: <u>www.availity.com</u>
 - **Digital Resources** on the **BlueCare Provider Website**: <u>https://provider.bcbst.com/tools-resources/digital-resources</u>

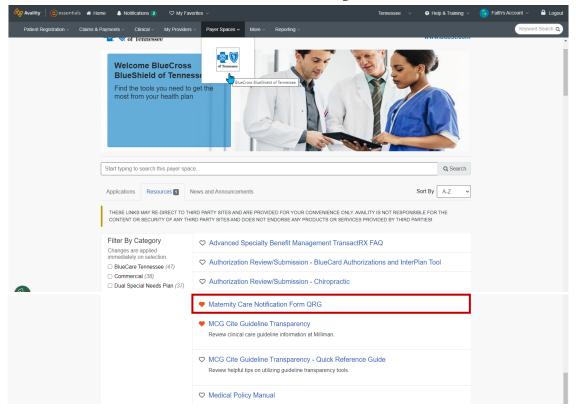






How to Fill Out the Form

• The BlueCare Maternity Care Management Form **Quick Reference Guide** provides stepwise instructions for completion and submission. This can be found in the **Resources Tab** in the **Availity Portal**.





How to Submit the Claim with Appropriate Codes for Reimbursement

Type of Visit	Prenatal	Postpartum
Timeframe for Visit	During the first trimester of pregnancy or within 42 days of the patient's BlueCare Tennessee or CoverKids enrollment	Within seven to 84 days of delivery
Steps to Receive Payment	 Bill the visit using category II code 0500F, and please remember to: Include the appropriate Evaluation & Management (E&M) Code (99202-99205 or 99211-99215) confirming pregnancy.* Include the date of the last menstrual period in form locator 14 or Loop 2300 with Qualifier 484. Submit your Maternity Care Management Form online through Availity®. Note: You must submit the Maternity Care Management Form within 30 days of the prenatal visit. Bill the \$25 fee associated with 0500F. 	Bill the visit using category II code 0503F, and please remember to: Include the postpartum code 59430. Include the Delivery Date in form locator 14 or Loop 2300 with Qualifier 431. Bill the \$75 fee associated with 0503F. Note: We'll allow for reimbursement of two claims for code 0503F during the 84-day postpartum period.
Reimbursement	\$25 per patient	\$75 per patient/per claim

^{*}In situations where the provider billing 0500F didn't perform a separate visit to confirm the pregnancy and the prenatal profile was started on the first visit, the provider may bill the appropriate E&M codes at \$0.00 charges. This step will show there wasn't a separate visit for confirmation only prior to beginning the prenatal profile and that the provider is simply following the rules for billing the code.



How to Submit the Form

Availity Portal:

www.availity.com

 BlueCare Maternity Care OB Risk Assessment/TennCare Provider Notification Form 834 is submitted electronically

eBusiness Service Contact Information

Hours: Monday – Thursday, 8 a.m. – 6 p.m.

Friday 9 a.m. – 6 p.m.

Phone: (423) 535-5717, option 2



BlueCare eBusiness Contact Information

eBusiness Marketing Contact Information				
East Tennessee	Middle Tennessee	West Tennessee		
Faith Daniel Faith_Daniel@bcbst.com	Faye Mangold Faye_Mangold@bcbst.com	Vivian Williams Vivian_Williams@bcbst.com		
eBusiness Service Contact Information				
Hours: Monday—Thursday, 8 a.m. – 6 p.m. Friday, 9 a.m. – 6 p.m. Phone: (423) 535-5717, option 2				

<u>Digital Resources for Providers | BCBS of Tennessee (bcbst.com)</u>





Maternity Care Management Notification Form



Where to Locate the Form

The Maternity Care Management Notification form can be found at Notification of pregnancy | UHCprovider.com. Scroll to the bottom of the page for the option to download the form.



How to Submit the Form

 Complete the form electronically through your provider Link account: https://provider.linkhealth.com/#/

• Fax: 877-353-6913

• Email: tnhealthyfirststeps@uhc.com



How to Submit the Claim with Appropriate Codes for Reimbursement

Providers are offered an incentive payment of \$25, when submitted
with Category II code of 0500F, for every Maternity Notification Form
that is completed and returned to the health plan. The billed charges
for 0500F must equal \$10 to receive the full reimbursement.

Recommended codes to submit with the Category II code of 0500F:

- 99202-99205
- 99211-99215



Contact Information

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TennCare Checklist

Notify MCO of a Pregnancy

- ☐ Fill out the Maternity Care Management Form
- ☐ Submit form via portal or fax to respective MCO
- ☐ Submit the claim with the right codes to get \$25

Addressing Gaps in Care

- ☐ Use validated tool to screen mental health
- Submit claim to get enhanced reimbursement for services
- ☐ Connect members to care

MCO Care Management Supports

- ☐ Refer members via form
- ☐ Call MCO for urgent referrals
- Encourage engagement with Care Management

TennCare Benefits

- Remind the member to update TennCare Connect
- Encourage utilization of benefits
- ☐ Educate on oral health and dental care









Action Items

- **™ Notification** of Pregnancy
- Maternity Care Management Support
- Close gaps with Mental Health Screening
- ☐ Inform patients on **TennCare Benefits**
- Question and Answer





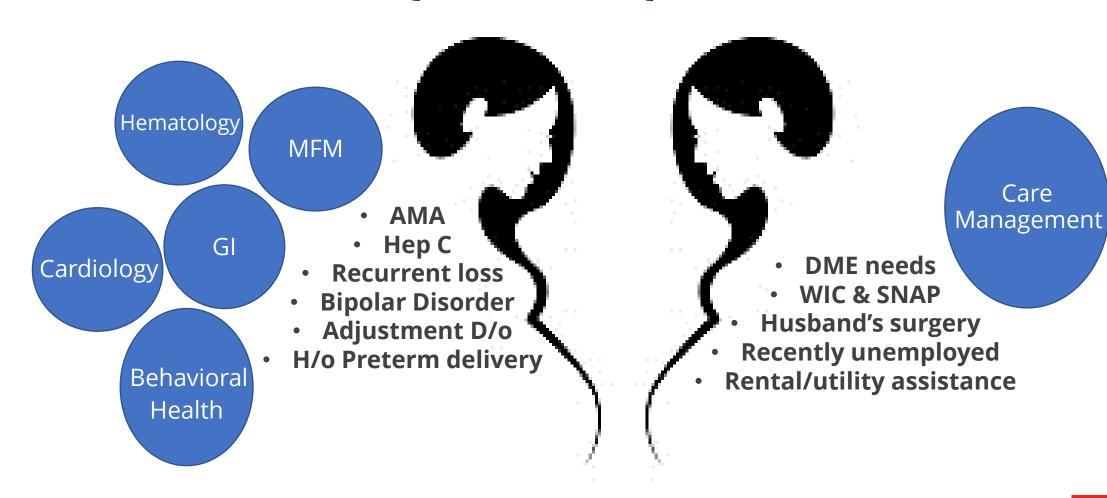






Maternity Care Management

Patient Story #1-36yo G5P0





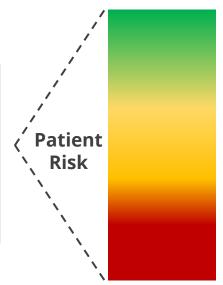






Background

Obstetrical		Medical		Psychosocial		
H=history C=c	urrent					
☐ Preterm labor / delivery	HO/CO	DiabetesMellitus		Tobacco / Alcohol use		
☐ Multiple Gestation	H 🗆 / C 🗆	Anemia		Tobacco Cessation (Prescription or Referral given)		
☐ Gestational diabetes	H 🗆 / C 🗆	Hypertension		Substance abuse: Prescription Opiates, Street drugs, Bath salts, Incense, etc.		
☐ Preg Induced Hypertension	H 🗆 / C 🗆	HIV+ / AIDS		Current Medication Assisted Treatment		
□ Cervical or Placental Abnorm	nalitiesH □ / C □	Asthma / Respiratory condition		Last delivery within 1 year of EDD		
☐ Prior C Section Delivery		Cardiac condition		Domestic Violence		
☐ Inadequate weight gain / feta	allUGR	Sickle cell / clotting disorders		Homeless/ Unstable housing		
17-P Candidate	☐ Yes ☐ No	Hepatitis		Anxiety / Depression / Mental Health disorder		
Prior NAS Delivery	☐ Yes ☐ No	STD (specify)		Other Obstetrical/Medical/Social Determinant Concerns:		
,		Periodontal disease		Contents		



- The Maternity Care Management Form provides information on individual patient risk
- This risk information allows Managed Care Organizations to tailor outreach, communication, and service offerings to pregnant and postpartum members
- This tailored outreach, services, and supports constitute Maternity Care Management
- The foundation of Maternity Care Management is the same across all three MCOs, although the care management team structure of implementation of services and supports may vary

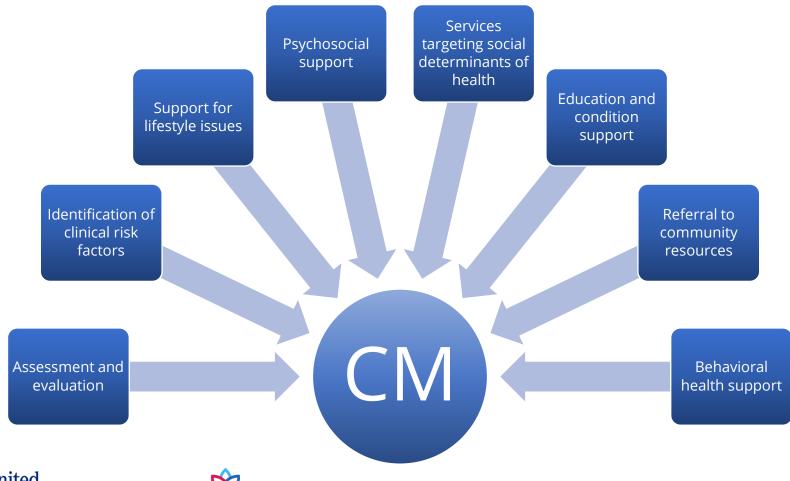








What is Care Management?











Impact of Care Management

Resource Use

Length of Stay

Patient Satisfaction

Survival

Unplanned Readmission

Complications









Takeaways

- Routine Referral
 - ☐ Utilize same Maternity Care Management form
- ■Urgent Referral
 - ■Warm transfer to Care Management team available via phone or email

Provider Reason for Referral - Current Pregnancy Please check all that apply.

Obstetrical H=history C=cu	irrent	Medical	Psychosocial	
☐ Preterm labor / delivery	HO/CO	DiabetesMellitus	Tobacco / Alcohol use	
☐ Multiple Gestation	HD/CD	Anemia	Tobacco Cessation (Prescription or Referral given)	
☐ Gestational diabetes	HD/CD	Hypertension	Substance abuse: Prescription Opiates, Street drugs, Bath salts, Incense, etc.	
☐ Preg Induced Hypertension	H 🗆 / C 🗆	HIV+ / AIDS	Current Medication Assisted Treatment	
□ Cervical or Placental Abnorm	alitiesH 🗌 / C 🔲	Asthma / Respiratory condition	Last delivery within 1 year of EDD	
☐ Prior C Section Delivery		Cardiac condition	Domestic Violence	
☐ Inadequate weight gain / feta	IIUGR	Sickle cell / clotting disorders	Homeless/ Unstable housing	
17-P Candidate	☐ Yes ☐ No	Hepatitis	Anxiety / Depression / Mental Health disorder	
Prior NAS Delivery	☐ Yes ☐ No	STD (specify)	Other Obstetrical/Medical/Social Determinant Concerns:	
		Periodontal disease	SMISSIIIA	

Provider Signature/Stamp:	Date:

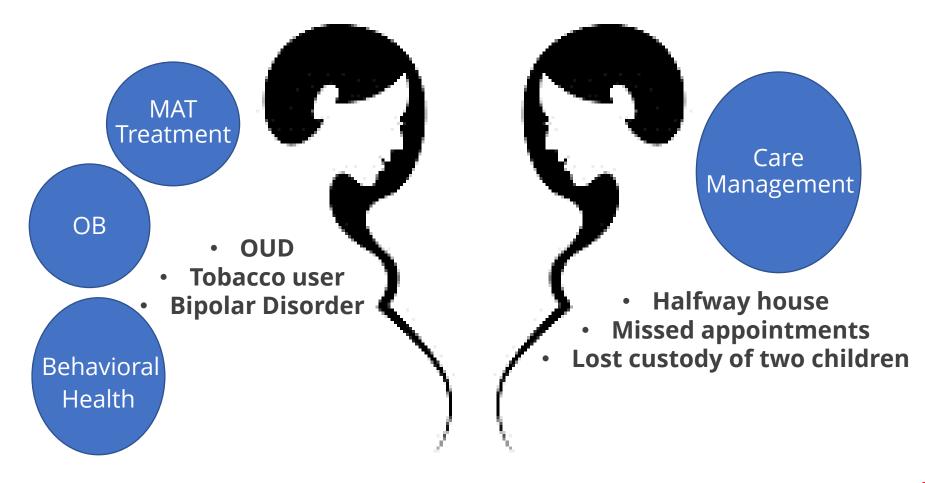








Patient Story #2 – 27yo G3P2











Wellpoint Maternity Care Management



Available Care Management Services

- Specialized & tailored Maternal/Child Case Management and Care Coordination Programs:
 - OB substance use disorder (SUD)/opioid use disorder (OUD)
 - Prior preterm birth
 - Pre-eclampsia/Hypertension
 - Diabetes
 - Coagulation Disorders/Cardiovascular Disorders
 - Obesity
 - Pulmonary Disorders
 - Teen pregnancy
 - NICU
 - NAS/NOW
 - Postpartum Program
 - Lactation Supports
 - Congenital Syphilis Program
 - BH Disorders

- Dedicated Registered Nurses contact the member within three business days and do the following:
 - Assess physical, behavioral, psychosocial, and barriers to care concerns and needs
 - Assist in initiation and ongoing prenatal/postpartum care
 - Communicate via face-to-face visits, texts, phone calls, and mailings
 - Follow up based on member's preference and acuity:
 - Weekly, bi-weekly or monthly
 - Referrals to community agencies and resources for SDOH and gaps in care needs
 - Transportation assistance via TN Carriers and/or Lyft
 - Assistance with breast pumps, long-acting reversible contraceptives (LARC), and home monitoring programs
 - Behavioral/Physical health integrated team approach and hand-off after postpartum period



Supports for Member Engagement in Care Management

- Through the Healthy Rewards Program, Wellpoint members can earn \$25 for prenatal and \$75 for postpartum visits.
- Members can enroll in My Healthy Rewards program and receive an incentive card:
 - Members log in to their Healthy Rewards account and let Wellpoint know they have completed the visits at healthyrewards@benefitrewardhub.com
 - Money is loaded to the member's card after confirmation of the visit
 - Members can spend their reward dollars at CVS Pharmacy, Dollar General, Family Dollar, Fred's Super Dollar, Rite Aid and Walmart
 - Members can call the Healthy Rewards helpline at 888-990-8681 (TTY 711) with any questions
 - To earn rewards, members must enroll in the program prior to or within 30 days of the date of service



How to Refer a Member to Care Management

- Providers can refer members to Maternal/Child Case Management/Care Coordination program via:
 - Fax (MCO Maternity Care Notification form): 866-495-5788
 - Phone (Wellpoint Member Services): 833-731-2147
 - Email: hcmref@wellpoint.com
- Members can self-refer using the Concierge Care Maternity digital app
- The referral venues are manned by non-clinical associates who send direct referrals to High-risk OB Case Managers/Care Coordinators





BlueCare Maternity Care Management Services



Available Care Management Services

- All maternity members offered:
 - One-on-one digital care management support from their care team
 - Additional high-risk condition specific support throughout pregnancy and postpartum, including gestational hypertension, gestational diabetes, substance use, tobacco cessation, multiples, complex medical or behavioral needs
- All postpartum members receive:
 - Digital care management support through 6 weeks postpartum
 - Additional supports available for:
 - Infants admitted to the NICU
 - Infants affected by neonatal abstinence syndrome (NAS)



Available Care Management Services



Utilization Management

Performs medical necessity reviews, coordinates discharge planning and home care needs and resolves authorization barriers.



Health Navigator

Provides non-clinical care coordination, allowing clinicians to focus on their areas of expertise



Medical Director

Oversees multiple ICTs and provides a physician's perspective on complex cases



Pharmacy Specialist

Supports members with complex needs by resolving pharmacy barriers, supporting Rx adherence, and addressing risky opioid behaviors



Behavioral Health Case Manager

Provides mental health and substance use support from a licensed psychiatric perspective



Peer Support

Access to peers who have lived a similar wellness and/or recovery experience and can share developed skills



NURSE CASE MANAGER

Main point of contact, licensed RN, assesses/directs care for holistic member experience



PRIMARY CARE TEAM

COMMUNITY RESOURCES



Social Worker

Finds and engages community resources that address social health determinants



Dietitian

Provides targeted diet and nutritional coaching, education and assessments



Health Educator

Supports members with weight management and tobacco cessation education.



LTSS Coordinator

Performs in-person assessments and coordinates solutions for LTSS member's unique needs



Supports for Member Engagement in Care Management

 BlueCare members can receive various incentives by becoming and staying engaged in the CareTN Maternity Program



\$25	For enrolling in the maternity program
\$25	For completing at least 10 check ins
\$25	For completing the maternity program through postpartum
\$25	If you qualify for and complete a smoking/tobacco cessation program
\$25	If you qualify for and enroll in the neonatal intensive care unit caregiver program
\$25	If you complete the neonatal intensive care unit caregiver program



GIFT CARD REQUIREMENTS: Medicaid (TennCareSM) or CoverKids must be your primary insurance. You must be eligible on the date you complete each part of the maternity program. You'll get the gift card(s) within 60 days after you complete each part of the program.

How to Refer a Member to Care Management

- Call: 1-888-416-3025
- Email: <u>MaternityReferralRequest@bcbst.com</u>
 - Please allow 2 business days for response
- Referrals for one-on-one support from the member's care team:
 - Can be initiated by providers directly by phone
 - Routed by a Health Navigator to the appropriate member of the BlueCare Integrated Care Team (ICT) for additional support including care coordination, social needs and barriers, and medical or behavioral case management
- Maternity Care Management Form



How to Refer a Member to Care Management

- Maternity Care Management Form (previously Provider Notification Form 834) submission:
 - Availity Portal: <u>www.availity.com</u>
 - **Digital Resources** on the **BlueCare Provider Website**: <u>https://provider.bcbst.com/tools-resources/digital-resources</u>
 - Use E&M code confirming pregnancy
 - 99202-99205 or 99211-99215
 - Include date of LMP in:
 - Form locator 14 or
 - Loop 2300 with Qualifier 484





Maternity Care Management Services



Available Care Management Services

Healthy First Steps (HFS) partners with providers and their staff to promote member referrals to the program allowing us to optimally support the providers plan of care.

- Our care management team manages all maternity members regardless of risk
- Low risk members are outreached at milestone gestational age markers; High risk members are outreached every 30 days or sooner depending on risk factors
- All engaged, pregnant members are followed through 8 weeks postpartum
- The HFS team is supported by Community Health Workers who assist with engagement and outreach attempts via telephonic outreach or face to face





Supports for Member Engagement in Care Management

Babyscripts

 Provides rewards/monetary incentive when the member attends prenatal, postpartum and newborn care appointments. Interactive app also contains in app features such as weight management, notifications, and detailed resources and education on key topics.

Wellhop

 Free virtual group prenatal sessions with members who have similar estimated dates of delivery. Member receives a gift card for signing up.



How to Refer a Member to Care Management

- Contact the Healthy First Steps Program
 - Phone: 800-599-5985
 - Email: <u>tnhealthyfirststeps@uhc.com</u>
- Contact Member Services
 - Phone: 800-690-1606
- Maternity Care Management Form
 - Locate the form: <u>Notification of pregnancy</u>
 <u>UHCprovider.com</u>
 - Fax: 877-353-6913

Completing the Maternity Care Management Notification form offers an incentive payment \$25 when filed with a claim, greater than \$10, with category II code 0500F. Recommend filing with an E&M code.



Contact MCOs for Care Management Support



Sara Wilson, RN BSN

Maternal/Child Program Manager 901-417-0131 Sara.Wilson@wellpoint.com

Stephanie Holaday, RN BSN

Maternal/Child Case Management Manager 615-630-0732 Stephanie.Holaday@wellpoint.com



Call: **1-888-416-3025**

Email: MaternityReferralRequest@bcbst.com

*Please allow 2 business days for response



Aimee Brake, LMSW

Vice President, Population Health Office: 615-372-0038 aimee brake@uhc.com

Tammy Thompson, RN, CCM

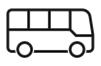
Manager of HFS and NICU Case Management 952-406-5974 tammythompson@uhc.com



Shared vehicle



Lyft



Bus pass



Mileage reimbursement

- Is a TennCare covered service for all eligible members* going to a TennCare approved/covered non-emergency service
- Is available 24/7/365 including weekends and holidays
- Must be scheduled 3 days in advance of appointment unless it is considered an urgent trip









^{*} Transportation is a covered service for Medicaid members only

Urgent Transportation

3-day rule for scheduling **does not** apply for the following conditions:

- Behavioral/Mental Health
- Chemo/Radiation
- Crisis Stabilization
- Dialysis Clinics
- Facility to Facility
 Transportation

- Heart/Cardiac Related
- Hospital Discharge
- Prenatal Care
- Surgery
- Surgery Follow-up
- Wound Care









- Shared ride program there may be members from other TennCare Managed Care Organizations in the vehicle
- Provides appropriate mode of travel depending on the member's need:
 - Vehicle
 - Verida (for some MCOs)
 - Uber and Lyft
 - Multi-person Van
 - Wheelchair Van
 - Invalid Vehicle (member must lay down during transport but does not need medical attention)
 - Non-emergency ambulance (requires letter of medical necessity)
- Alternative methods: bus passes, mileage reimbursement (may require approval)









To get a ride to an appointment, call TN Carriers at 1-866-680-0633 (TTY 711) at least three days before your appointment; <u>unless you have an urgent ride and need it sooner</u>. The call center will confirm with your provider that you need to be seen.

Tennessee Carriers – Urgent Transportation

There are three transportation options available:

- **1. Bus Program** (available if you live in Shelby, Davidson, Chattanooga or Knox County)
- 2. Community Care Rides
- **Mileage Reimbursement** (If a family member or friend can drive you to your appointment, or loan you their car to take to the appointment, TN Carriers may help cover the cost of gas. You must provide proof of a valid driver's license and insurance for the person driving.)

When you call, have **this information** ready:

- Your phone number
- The mailing address where you wish to receive your bus passes
- Your TennCare member ID number (on your member ID card)
- The date, time and location of your appointment
- The name and phone number of your provider

A member who needs transportation for prenatal care would use the same process for scheduling a ride. While Wellpoint always encourages members to give us 72 hours, we recognize the urgency in these appointments and will accept the request under 72 hours and do all we can get them secured.

Community Care Rides:

- Tell them about any special needs you may have (such as a wheelchair, cane or walker)
 - You will need a Certificate of Medical Necessity from your provider for any trips that require a stretcher
- If you have more than one appointment, inform them of all appointments
- Any trips over 75 miles may require preapproval (an OK from us first)
- Please make sure you tell TN Carriers about all children who may be riding with you
- If you wish to bring someone with you to your appointment, you can have someone ride with you. This is sometimes called an escort. Please let TN Carriers know if you'll have an escort riding with you. An escort is someone over the age of 12.
 - If you're going to an appointment and need to take a child with you, he or she won't count as your escort
- On the day of your ride:
 - Make sure you're at the pickup location at your pickup time both going to and from your appointment. Please make sure you're looking for your driver to arrive. You may get a call when the driver is on the way, or the driver may honk the horn.
 - If you finish your appointment early, you can call TN Carriers and request an earlier pick up time. The wait for a pickup may be up to 60 minutes.

Mileage Reimbursement Program:

- You will be sent a Mileage Reimbursement Program Trip Log and Claim form upon request or can download one of TCl's website.
 - https://tenncarriers.com/mileage-reimbursement/
- Have your provider sign your form, fill it out and send it back
- TN Carriers will reimburse you at \$0.60 per mile. For example, if you drive 30 miles to get to and from your appointment, you'll get \$18 (\$0.60 reimbursement x 30 miles = \$18).



- BlueCare Tennessee contracts with Verida as the broker for NEMT services.
- When requesting NEMT, the member needs to call Verida at least three days before their appointment.
 - BlueCare Statewide phone: 1-855-735-4660
 - TennCare*Select* phone: 1-866-473-7565
- The member needs to call BlueCare Customer Service at least three days before their appointment to request transportation for the following:
 - Behavioral Health appointment for minor age 15 years or younger without an escort
 - Medical appointment for minor age 17 years or younger without an escort
 - Member requesting more than one escort to their appointment
 - BlueCare: 1-800-468-9698
 - TennCareSelect: 1-800-263-5479

- · When scheduling an appointment Verida needs:
 - Member ID number or SSN
 - Member's phone number
 - Pick-up address
 - Provider/pharmacy/facility name, address, phone number
 - Date and time of appointment
 - Special needs (wheelchair manual or power need a lift for transport)
- One escort is allowed per member if they require assistance.
- Members are allowed to bring their children on the trip. The member must:
 - Bring a car seat, if needed
 - Provide this information to transportation broker when the trip is scheduled



For prenatal care visits: When a member calls Verida, they will let them know that they need transportation for a prenatal visit, which is considered an urgent trip. Due to the urgent trip status, the three-day rule does not apply. Verida will call the office to verify the appointment. Urgent trips must be scheduled by calling Verida, the member is not able to schedule using the member portal.

To get a ride to an appointment, call TN Carriers at 1-866-680-0633 (TTY 711) at least three days before your appointment; unless you have an urgent ride and need it sooner. The call center will confirm with your provider that you need to be seen.

<u>Tennessee Carriers – Urgent Transportation</u>

There are three transportation options available:

- **1. Bus Program** (available if you live in Shelby, Davidson, Chattanooga or Knox County)
- 2. Community Care Rides
- **Mileage Reimbursement** (If a family member or friend can drive you to your appointment, or loan you their car to take to the appointment, TN Carriers may help cover the cost of gas. You must provide proof of a valid driver's license and insurance for the person driving.)

When you call, have **this information** ready:

- Your phone number
- The mailing address where you wish to receive your bus passes
- Your TennCare member ID number (on your member ID card)
- The date, time and location of your appointment
- The name and phone number of your provider

United Healthcare

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 - You will need a Certificate of Medical Necessity from your provider for any trips that require a stretcher
- If you have more than one appointment, inform them of all appointments
- Any trips over 75 miles may require preapproval (an OK from us first)
- Please make sure you tell TN Carriers about all children who may be riding with you
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 - If you're going to an appointment and need to take a child with you, he or she won't count as your escort
- On the day of your ride:
 - Make sure you're at the pickup location at your pickup time both going to and from your appointment. Please make sure you're looking for your driver to arrive. You may get a call when the driver is on the way, or the driver may honk the horn.
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- You will be sent a Mileage Reimbursement Program Trip Log and Claim form upon request or can download one on TCl's website.
 - https://tenncarriers.com/mileage-reimbursement/
- Have your provider sign your form, fill it out and send it back
- TN Carriers will reimburse you at \$0.60 per mile. For example, if you drive 30 miles to get to and from your appointment, you'll get \$18 (\$0.60 reimbursement x 30 miles = \$18).

Transportation Support

Wellpoint	Tennessee Carriers: 1-866-680-0633 (TTY 711)
BlueCare Tennessee	Bill Carmack, Verida Director Tennessee 423-605-0351
United Healthcare Community Plan	Tennessee Carriers: 1-866-680-0633 (TTY 711)









TennCare Checklist

Notify MCO of a Pregnancy

- ☐ Fill out the Maternity Care Management Form
- ☐ Submit form via portal or fax to respective MCO
- ☐ Submit the claim with the right codes to get \$25

Addressing Gaps in Care

- ☐ Use validated tool to screen mental health
- Submit claim to get enhanced reimbursement for services
- ☐ Connect members to care

MCO Care Management Supports

- ☐ Refer members via form
- ☐ Call MCO for urgent referrals
- ☐ Encourage engagement with Care Management

TennCare Benefits

- Remind the member to update TennCare Connect
- Encourage utilization of benefits
- ☐ Educate on oral health and dental care









Action Items

- **✓ Notification** of Pregnancy
- Maternity Care Management Support
- ☑ Close gaps with Mental Health Screening
- ☐ Inform patients on **TennCare Benefits**
- Question and Answer











Closing the Mental Health Gap

Background

- Perinatal depression is one of the most common complications in pregnancy/postpartum
 - Affects 1 in 7 women

Source: Gavin NI, Gaynes BN, Lohr KN, Meltzer-Brody S, Gartlehner G, Swinson T. Perinatal depression: a systematic review of prevalence and incidence. Obstet Gynecol 2005;106:1071–83.

 Medicaid population has a higher prevalence of perinatal depression yet a greater gap in treatment and treatment initiation is later

Source: DOI: 10.1016/j.whi.2018.08.007

Number of Women in
Postpartum Period with CPT
96127, 96160 or 96161

Year	N (%)		
2019	10,031 (24%)		
2020	8,876 (20%)		

*All births, all claims, postpartum period defined as 60 days









National Recommendations

- Screen patients at least once in the perinatal period for depression and anxiety using a standardized validated tool
- Complete a full assessment of mood and emotional well-being during the comprehensive visit
- If patient was screened during pregnancy, screening should take place again at comprehensive visit
- U.S. Preventive Services Task Force (USPSTF) recommends that pregnant and postpartum women be assessed to identify whether they are at high risk for depression so they can receive intervention before symptoms arise









Best Practices

- Integration into primary care settings (OB, Family practice, Pediatrics)
- EHR Integration
- Varied screening intervals (Kaiser Permanente)
 - First prenatal visit
 - 16-week visit
 - 32-week visit
 - Postpartum
- Onsite social worker, case management, behavioral health specialist
- Telehealth and teleconsultation









Use Validated Tools

S Φ epr erinata Scale ک po dinbur

Edinburgh Postnatal Depression Scale¹ (EPDS)

Name:	Address:	
Your Date of Birth:		
Baby's Date of Birth:	Phone:	

As you are pregnant or have recently had a baby, we would like to know how you are feeling. Please check the answer that comes closest to how you have felt IN THE PAST 7 DAYS, not just how you feel today.

Here is an example, already completed.

I have felt happy:

- Yes, most of the time This would mean: "I have felt happy most of the time" during the past week.
- Please complete the other questions in the same way.

- 1. I have been able to laugh and see the funny side of things *6. Things have been getting on top of me
 - As much as I always could Not quite so much now
 - Definitely not so much now
- 2. I have looked forward with enjoyment to things
- As much as I ever did
- Rather less than I used to Definitely less than I used to
- Hardly at all
- *3. I have blamed myself unnecessarily when things
 - Yes, most of the time
 - Yes, some of the time
 - Not very often
 - No, never
- 4. I have been anxious or worried for no good reason
- No, not at all
- Hardly ever
- Yes, sometimes Yes, very often
- *5 I have felt scared or panicky for no very good reason
 - Yes, quite a lot Yes, sometimes
 - No. not much
 - No, not at all

- Yes, most of the time I haven't been able to cope at all
- Yes, sometimes I haven't been coping as well
- as usual
- No, most of the time I have coped quite well No. I have been coping as well as ever
- *7 I have been so unhappy that I have had difficulty sleeping Yes, most of the time
- Yes, sometimes
- Not very often
- No. not at all
- *8 I have felt sad or miserable
- Yes, most of the time
 - Yes, quite often
- Not very often
- No. not at all
- *9 I have been so unhappy that I have been crying
 - Yes, most of the time
 - Yes, quite often Only occasionally
 - No. never
- *10 The thought of harming myself has occurred to me
 - Yes, quite often
 - Sometimes
 - Hardly ever

https://www.tn.gov/content/dam/tn/tenncare/documents/EdinburghPostnatal DepressionScale.pdf

9

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:		DAIE:		
Over the last 2 weeks, how often have you been				
bothered by any of the following problems? (use "<" to indicate your answer)	Not at all	Several days	More than half the days	Nearly every da
Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite —being so figety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3
	add columns		•	+
(Healthcare professional: For interpretation of TOT) please refer to accompanying scoring card).	AL, TOTAL:			
10. If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?			icult at all hat difficult	
along with other people?		Extrem		

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https://www.tn.gov/content/dam/tn/tenncare/documents/PHQ9Questionnair e.pdf

How to Submit the Claim

CPT 96127

Brief emotional/behavioral assessment (e.g., depression inventory, attention-deficit/hyperactivity disorder [ADHD] scale), with scoring and documentation, per standardized instrument.

CPT 96160

Administration of patient-focused health risk assessment instrument (eg, health hazard appraisal) with scoring and documentation, per standardized instrument.

Enhanced Reimbursement 96160 + TH modifier



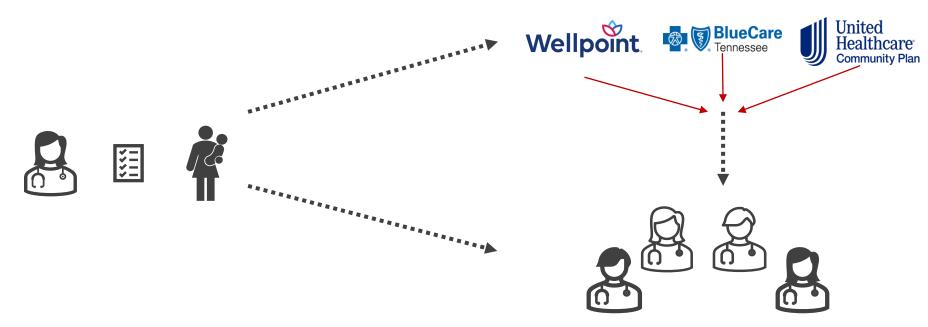






Connect Members to Care

Positive screens can be (1) directly connected with behavioral health providers or (2) referred to MCOs to be linked with a provider











Takeaways

- Screen every individual with a validated tool
- ☐ Submit claim to receive enhanced reimbursement (96160 + TH modifier)
- ☐ Refer to Maternity Care Management for additional supports











TennCare Checklist

Notify MCO of a Pregnancy

- ☐ Fill out the Maternity Care Management Form
- ☐ Submit form via portal or fax to respective MCO
- ☐ Submit the claim with the right codes to get \$25

Addressing Gaps in Care

- ☐ Use validated tool to screen mental health
- ☐ Submit claim to get enhanced reimbursement for services
- Connect members to care

MCO Care Management Supports

- ☐ Refer members via form
- ☐ Call MCO for urgent referrals
- ☐ Encourage engagement with Care Management

TennCare Benefits

- Remind the member to update TennCare Connect
- Encourage utilization of benefits
- Educate on oral health and dental care









Wellpoint Mental Health Screening



Submit a Claim

For coding resources please visit: https://provider.wellpoint.com/tennessee-provider/home



Connect Members to Care

If member has a positive mental health screen, what are next steps?

- Providers can refer member to the High-Risk OB (HROB) Case Management (CM) program by using the Maternity Care Notification form located on Wellpoint Provider Portal: https://provider.wellpoint.com/tennessee-provider/resources/forms
 - Click on Maternal/Child Services (MCS) section for fillable PDF form
- Forms can be submitted via:
 - Fax: 866-495-5788
 - **Email**: hcmref@wellpoint.com
 - Phone (Member Services): 1-833-731-2153

HROB Care Managers consult with BH Care Managers for an integrated approach:

- Assess for physical, behavioral and psychosocial issues and risk factors
- Provide education and advocacy
- Referrals to SDOH agencies, Community Based Organizations and Behavioral Health support
- Continued BH support (if appropriate) after the postpartum period by HROB CM transitioning member to BH Care Management





BlueCare Maternity Care Mental Health Screening



Submit a Claim

For coding resources please visit: 508C BlueCare Tennessee Provider Administration Manual (bcbst.com)



Connect Members to Care

Member screens positive:

- Obtain member permission to refer for additional support
- Health Navigation Team sends task to Behavioral Health CM (BHCM) with notes about member's score
- BHCM engages member in BH Case Management Process
- Detailed assessments occur based on member responses
- Appropriate case management services provided to encourage and support member needs

Referrals to BlueCare Care Management for one-on-one support from the member's care team

- Initiated by providers directly by phone or email
 - Phone: 1-888-416-3025
 - Email: <u>MaternityReferralRequest@bcbst.com</u>
- Routed by a Health Navigator to the appropriate member of the BlueCare Integrated Care Team (ICT) for additional support including care coordination, social needs and barriers, and medical or behavioral case management





Mental Health Screening

UnitedHealthcare Community Plan: Tennessee



Submit a Claim

Providers are offered incentive for administration of a mental health risk assessment as part of the member's prenatal or postpartum care. Bill screening services with 96160 + TH modifier.

For full coding resources and detailed information, please refer to the 2023 Care Provider Manual: https://www.uhcprovider.com/content/dam/provider/docs/public/admin-guides/comm-plan/TN-TennCare-Care-Provider-Administrative-Manual.pdf



Connect Members to Care

Referral process

Pregnant Members:

Healthy First Steps (HFS) Care Managers work with pregnant individuals to provide the information, education, and support they need during pregnancy and in the postpartum period.

- Email: tnhealthyfirststeps@uhc.com
- Phone Healthy First Steps: 800-599-5985 or Phone Member Services: 800-690-1606
- Fax (Maternity Care Management Notification Form): 877-353-6913

Non-Pregnant Members:

Behavioral Health Care Coordinators work intensely with individuals (non-pregnant) in the development of a comprehensive plan of care

• Email: care.coordination@optum.com

We also offer Peer Support Specialists for members with a history of, or current SUD or mental health disorder.





TennCare Updates

TennCare Benefit Changes

Postpartum
period for
Medicaid moms
increased from
60d to 12mo

All adult Medicaid members now have access to dental care









TennCare Updates

All Medicaid enrollees have postpartum coverage for 12mo after delivery

All adult Medicaid members now have access to dental care

The member should update their information on TennCare Connect to indicate they are pregnant









Postpartum Care Incentive

• Providers are offered an **incentive payment** when submitted with **Category II code of 0503F with 59430**, when the member returns for the routine, postpartum visit between 7 and 84 days postpartum.

There are differences in the coding requirements for each MCO, see next slides for further details









How to Submit the Claim with Appropriate Codes for Reimbursement

- Wellpoint participating providers can earn a \$10 administrative fee when submitted with Category II code of 0503F:
 - The administrative fee is payable once per pregnancy for postpartum care
 - To ensure accurate reimbursement of the payment opportunity, providers must:
 - Report each Category II code with a billing charge of at least \$[0.01]
 - Report an associated diagnosis code for each Category II code
 - Report with 59430 which should be billed with zero charges



How to Submit the Claim with Appropriate Codes for Reimbursement

Postpartum
Within seven to 84 days of delivery
Bill the visit using category II code 0503F, and please remember to: Include the postpartum code 59430. Include the Delivery Date in form locator 14 or Loop 2300 with Qualifier 431. Bill the \$75 fee associated with 0503F. Note: We'll allow for reimbursement of two claims for code 0503F
during the 84-day postpartum period. \$75 per patient/per claim



For Claims support, please contact Provider Services:

BlueCare – 1-800-468-9736 CoverKids – 1-800-924-7141 TennCareSelect – 1-800-276-1978

How to Submit the Claim with Appropriate Codes for Reimbursement

 Providers are offered an incentive payment, when submitted with Category II code of 0503F. Provider must complete postpartum encounter, up to two encounters, within 84 days of delivery. The billed charges for 0500F must equal \$10 to receive the full reimbursement.

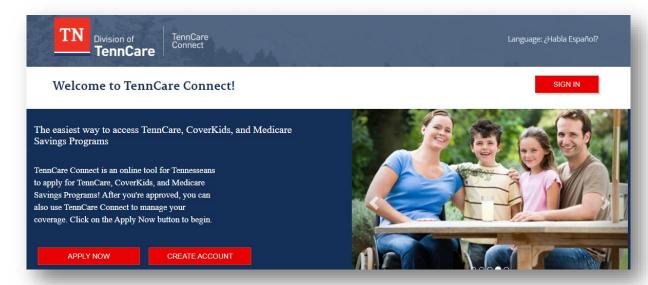
Recommended codes to submit with the Category II code of 0503F:

• 59430



Takeaways

- ☐ Remind the member to update TennCare Connect
- Encourage utilization of benefits
- ☐ Educate patients on oral health and dental care





DentaQuest

TennCare-XPEDOSE Partnership

XpeDose cabinet can be placed free of charge in provider's offices

- Stocked with full array of vLARCs and replenished "automatically"
- Claims are processed in real time to allow same day dispensing and insertion



Contact: 629-335-4400 | vLARCatTennCare@xpedose.com

TennCare Checklist

Notify MCO of a Pregnancy

- ☐ Fill out the Maternity Care Management Form
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Thank you!





