



# Tennessee Suicide Prevention Programs

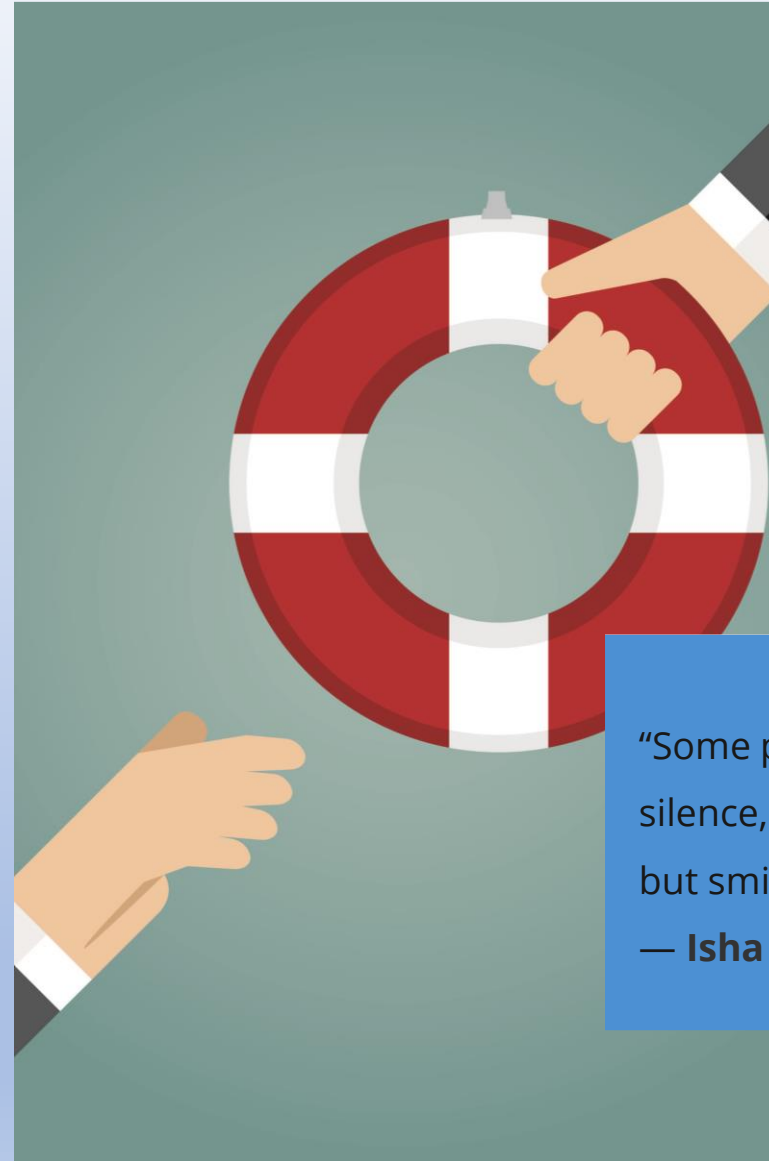
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# Suicide Prevention in Tennessee

- Gatekeeper Suicide Prevention Trainings
- Enhanced Follow-up Services
- Crisis Resources



“Some people suffer in silence, pain in the hearts but smiles on their faces.”  
— Isha Barlas

# Gatekeeper Suicide Prevention Trainings

- Many trainings are available including: Mental Health First Aid, ASIST and QPR
- Educating the community on how to recognize and talk about suicide risk
- It takes an entire community to reduce suicide deaths, clinicians AND personal support systems



# Gatekeeper Suicide Prevention Training Programs



- Tennessee Suicide Prevention Network (TSPN)
- Project Tennessee (The Jason Foundation)
- TN Won't Be Silent (The Jason Foundation. Tennessee wontbesilent.com)
- Youth and Young Adult Suicide Prevention Program (Centerstone)



**TDMHSAS Crisis Services and Suicide Prevention**  
[TN.gov/behavioral-health/need-help](https://www.tn.gov/behavioral-health/need-help)

## **Enhanced Follow-Up Services**

- **Tennessee Lives Count, Connect 2**
- **Federally funded suicide prevention program**
- **Provides telephone/televideo follow up outreach to individuals ages 10-24 for up to 30 days**
- **Has shown a reduction in suicidal ideation more than 30%**





# Crisis Resources

- 988
- Mobile Crisis
- Walk-In Centers/Crisis Stabilization Units



## FY23 Crisis Services

More than 125k Calls for Help

More than 70k crisis assessments

More than 66% diverted from inpatient treatment

# Decreasing Utilization of Unnecessary Resources



## Emergency Department Presentations

For FY23, an annual projected average of **31,860** individuals will be assessed in the ER. That is an average of **444** less individuals that will be assessed in the ER compared to the annual average for FY21 and FY22 combined, which was **32,304**. This is a 1.3% decrease on average for FY23 compared to FY21 and FY22 combined.

## Law Enforcement Involvement

For FY23, an annual projected average of **14,844** individuals will be transported by law enforcement. That is an average of **1,248** less individuals that will be transported by law enforcement compared to the annual average for FY21 and FY22 combined, which was **16,092**. This is an 8% decrease on average for FY23 compared to FY21 and FY22 combined.

Be the lifeline.



# Decreasing Utilization of Unnecessary Resources



## Emergency Department Presentations

July 2022 – June 2023: decrease by  
31 individuals per month

## Law Enforcement Involvement

July 2022 – June 2023 : decrease by  
55 individuals per month

*Be the lifeline.*







# Thank you!!

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[TN.gov/behavioral-health/need-help](https://tn.gov/behavioral-health/need-help)

