



February 14, 2024

Happy Valentine's Day





**Tennessee  
Commission on Aging  
and Disability (TCAD)**

# History



- Created by the TN General Assembly in 1963 as Commission on Aging
- State Unit on Aging
- In 2001, renamed Commission on Aging and Disability
  - Given authority to served adults with physical disabilities under 60

# Leadership



- Executive Director, Brad Turner
- Appointed by Governor Bill Lee in December 2023

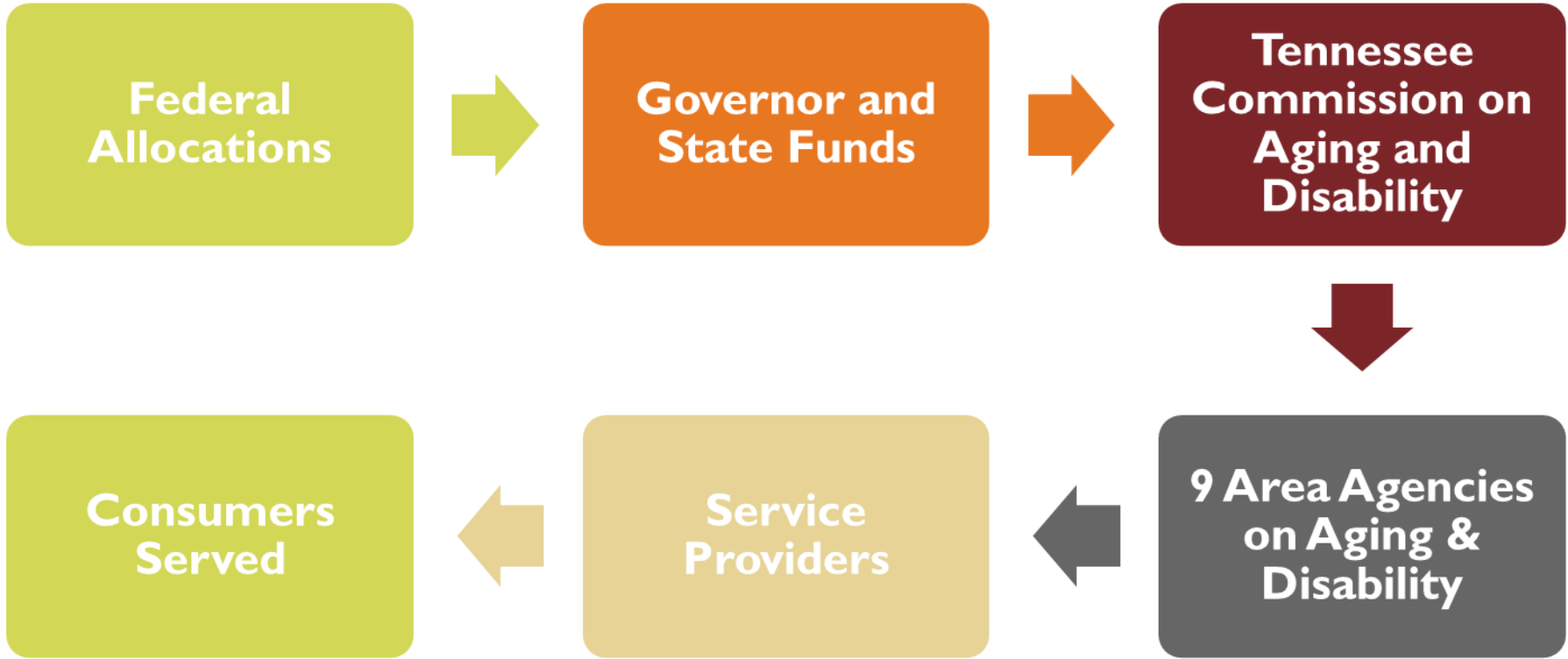
# TCAD State Plan Goals for FY 2021-2025

## Goals Highlight

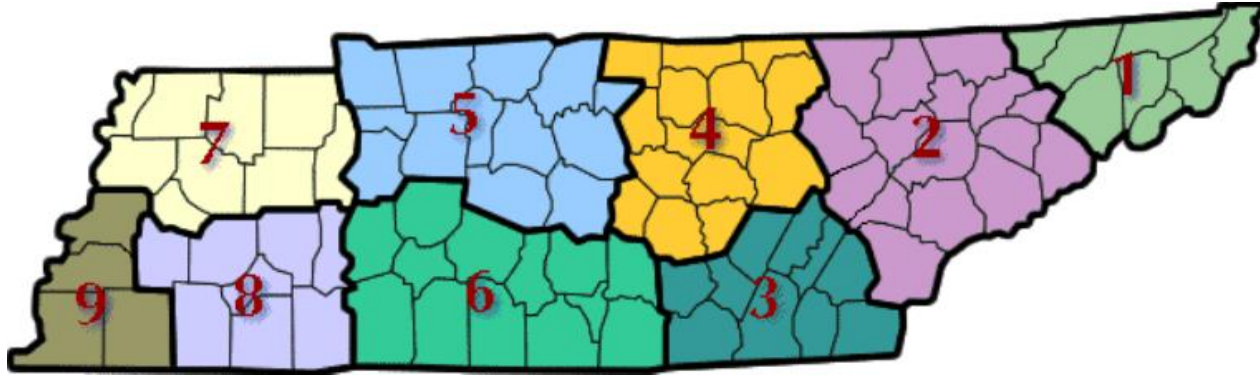
- Older Americans Act Programs
- State Funded Programs
- Partnerships and Capacity to reduce unmet needs
- Advocacy and Cultural Awareness



**Aging Network**



# Area Agencies on Aging & Disability (AAADs)



**1. First Tennessee**

First TN Development District  
3211 North Roane Street  
Johnson City, TN 37601-1213

**2. East Tennessee**

East TN Human Resource Agency  
911 Cross Park Drive, Suite D100  
Knoxville, TN 37923-4517

**3. Southeast Tennessee**

Southeast TN Development District  
1000 Riverfront Parkway (37402-2103)  
PO Box 4757  
Chattanooga, TN 37405-0757

**4. Upper Cumberland AAAD**

Upper Cumberland Development District  
1104 England Drive  
Cookeville, TN 38501

**5. Greater Nashville AAAD**

Greater Nashville Regional Council  
220 Athens Way, Suite 200  
Nashville, TN 37228

**6. South Central TN AAAD**

South Central TN Development District  
101 Sam Watkins Boulevard  
Mount Pleasant, TN 38474-4024

**7. Northwest AAAD**

Northwest TN Development District  
124 Weldon Drive ( 38237-1308)  
PO Box 963  
Martin, TN 38237--0963

**8. Southwest AAAD**

Southwest TN Development District  
102 East College Street  
Jackson, TN 38301-6202

**9. ACMS**

Aging Commission of the Mid-South  
2670 Union Avenue Extended  
Memphis, TN 38112-4416





# Federal Programs

# Older Americans Act

- Information & Assistance
- Senior Centers
- State Long-Term Care Ombudsman
- Nutrition Services
- Disease Prevention & Health
- National Family Caregiver Support
- Home & Community Based Services
- Elder Rights Protection
- Transportation
- Emergency Preparedness



# Long-Term Care Ombudsman Program

# Advocacy, Assistance & Consultation

- Nine District Ombudsmen
- Advocate for residents and families in nursing facilities, homes for the aged, and assisted living facilities
- Quality of Care
- Financial Information
- Residents Rights
- Admissions, transfers and discharges



**Nutrition Services**

# Congregate Meals & Home Delivered Meals



FY2023

Federal funding- Served 22,422 clients with 2,248,739 meals

State funding- Served 5,266 clients with 693,848 meals

Additional funding- 9,309 clients with 384,058 meals

Total Meals Served- 3,326,645



# National Family Caregiver Support

# National Family Caregiver Support Program

- Counseling & Support Groups
- Caregiver Training
- Respite Care
- Personal Care
- Homemaker Services
- Adult Daycare
  
- \*Availability of services may vary depending on service area.



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# Emergency Preparedness

# Emergency Preparedness

Disaster  
Checklist

Fire &  
Flood  
Safety

Post  
Disaster  
Scams



**State Programs**

# State Funding

- Options for Community Living (OPTIONS)
- Public Guardianship
- Senior Center Grants
- Respite Pilot Program
- Tennessee Unlicensed Facilities Registry

# OPTIONS Program

## Home and Community Based Services



- Homemaker Services



- Personal Care



- Home Delivered Meals



**Public Guardianship**

# Public Guardianship for the Elderly Program

- Last resort for individuals
- May pay a fee unless deemed low income or receiving Supplemental Security Insurance (SSI)
- Types of Guardianship Services:
  - Person Only
  - Property Only
  - Person and Property
  - Durable Power of Attorney



# Discretionary Grants



- ADPI Alzheimer's Disease Program Initiative
- TN Lifespan Respite Program
- State Health Insurance Assistance Program (TN SHIP)



**Alzheimer's and  
dementia services**

# Dementia Capable TN



Awarded the Alzheimer's Dementia Programs Initiative grant to provide the following services: STAR-C Program (Evidence-Based caregiver training), Dementia Care Navigators, and Dementia Gatekeepers to educate businesses on becoming dementia friendly.



# State Health Insurance Assistance Program

# TN State Health Insurance Assistance Program (TN SHIP)



- Created in 1992 and currently funded by the Administration on Community Living
- Free, unbiased Medicare benefit counseling & assistance
- Assist with Low Income Subsidy programs with Social Security and TennCare
- Provide Medicare & Medicaid education outreach



**Volunteers**

# Volunteer Opportunities



- Many TCAD programs utilize volunteers
- Highlights from this year's report include:
  - 10,000+ volunteers
  - 452,000 hours of service
  - \$12.8 million of in-kind contributions
- [tn.gov/aging/resource-directory/volunteer-opportunities](https://tn.gov/aging/resource-directory/volunteer-opportunities)







Questions?

# Contact Information

Tennessee Commission on Aging and Disability  
Andrew Jackson Building, 9<sup>th</sup> Floor  
502 Deaderick St., Nashville, TN 37243

**I&A Line: 1-866-836-6678**

**Email: [TN.Aging@tn.gov](mailto:TN.Aging@tn.gov)**

[www.tn.gov/aging](http://www.tn.gov/aging)

