

1 big thing: Tennessee's Veteran suicide rate is too high.

Tennessee's Veteran suicide rate is higher than both the National and Southern Region Veteran suicide rates. **TDVS is tackling it -- in part -- by training all accredited employees and county partners** in suicide prevention.

Here's how: TDVS provides suicide prevention training through the Governor's Challenge Training Portal.

- The portal was developed by VA, the Substance Abuse and Mental Health Services Administration (SAMHSA) and the PsychArmor Institute.
- It is a web based, single point of entry for Governor's Challenge state teams and their partners to PsychArmor's online trainings, as well as links to offsite trainings through VA and the Education Development Center.

Register now: Register and complete this required training by using these instructions.

How do I access the portal?

- **Follow this link or the QR Code to the Governor's Challenge Training Portal (GC Portal):** <https://governorschallenge.psycharmor.org/>



• Complete registration

1. Join my State/Territory Team
2. Select your state/territory team from the drop-down below to log in: **Tennessee** and click submit
 - a. If you already have an account on the PsychArmor website: click "I already have an account" and enter your user name and password. PsychArmor will migrate your previous account.
3. Create a New Account: First Name, Last Name, Email, Password, County (you live or work)
 - a. Organization (required): **Tennessee Department of Veteran Services**
 - b. Role with Veterans: **Member of an organization that supports veterans**
 - c. Terms of Use and Customer Privacy Policy
 - d. Sign Up

If the portal display's "this email address is already registered" and you will need to contact Jenna Pryor (jjpryor@psycharmor.org) to assist in migrating your existing dashboard to the Governor's Challenge Portal.

What training is required?

1. VA S.A.V.E. (18 Min)
2. Communication Skills with Veterans (18 Min)
3. Advanced De-escalation Technique for Volunteers (15 Min) [Can be found here](#)

What training is available?

1. 15 Things Veterans Want You to Know
2. Inner Conflict and Survivor's Guilt
3. Women Who Serve
4. Suicide In Military Members and Veterans
5. Postvention: Healing After Suicide
6. Myths and Facts About Wounded Warriors
7. Finding Stability After Suicide Loss
8. Substance Use Disorder in Military and Veteran Populations
9. Connecting with the VA
10. Crisis Response Plan for Healthcare Providers: Intervention
11. VA S.A.V.E. Preventing Caregiver Suicide
12. 15 Things Veterans Want You to Know for Healthcare Providers

A certificate is available after completion of each training module. Completion of all 15 modules will earn you a "[Veteran Ready Organization](#)" certificate.

If you need assistance with the training portal, contact Ron Dvorsky at 615-630-0246 or ronald.dvorsky@tn.gov.

If you want more information on Tennessee's efforts to prevent suicide among Service Members, Veterans, and their Families, contact Travis Murphy at 615-906-4483 or travis.murphy@tn.gov.