

## **Tennessee State Parks 2011-2012 Running Tour Grand Prix Rules**

All Main Race Entrants are eligible for The State Grand Prix Championship.

A runner must compete in at least 5 events, with a maximum of points from the 10 best races, to be eligible for Grand Prix Awards. You must be present at the Grand Prix Awards Banquet to receive any awards.

The State Grand Prix Awards will be awarded in 12 categories. Your age on your first race determines your age category for Grand Prix points.

**YOUTH MALE** Top 25 men (age 0-19) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**YOUTH FEMALE** Top 25 women (age 0-19) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**OPEN MALE** Top 25 men (through age 39) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**OPEN FEMALE** Top 25 women (through age 39) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**MASTERS MALE** Top 25 men (age 40-49) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**MASTERS FEMALE** Top 25 women (age 40-49) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**GRAND MASTERS MALE** Top 25 men (50-59) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**GRAND MASTERS FEMALE** Top 25 women (50-59) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**SENIOR GRAND MASTERS MALE** Top 25 men (60 and over) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**SENIOR GRAND MASTERS FEMALE** Top 25 women (60 and over) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**OVER SEVENTY MALE** Top 25 men (age 70+) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)

**OVER SEVENTY FEMALE** Top 25 women (age 70+) in each race will be awarded points in a descending manner: (30-28-26-24-22-20-19-18-17-16-15, etc.)