

Over the River 8 Mile Run

Saturday, December 12, 2009

Part of 31st Annual Tennessee State Parks Running Tour

Paris Landing State Park, Paris, TN - Park info 731-642-4311

Directions: From Nashville, take I-40 West to the Camden exit (126). Follow Hwy 641 to Paris. Take Hwy 218 right to Hwy 79. Turn right on Hwy 79. Turn right just past the under pass. Follow signs to park inn.

Start and Finish: at the Park Inn. The race starts at 11:00 am central time.

Course: About half the course is in the park the other half is on Hwy 79 crossing over the river bridge. The Tennessee Highway Patrol will close one lane of the bridge. Runners will be able to run in the emergency lane and one driving lane while on Hwy 79. Every mile is marked.

Link to Interactive Course Map

<http://www.runningahead.com/maps/a53791fbb6a3402883311148d8b08f3a>

Awards: 5-year age groups with 3 custom medals in each category from under 14 to 70+. Special awards for top 3 overall male and female.

Pre-registration Deadline: December 5, 2009. Race day registration is from 9:45 to 10:45 a.m.

Long Sleeve Technical shirt: guaranteed to all pre-registered runners, if registered by Nov 3 (Thursday).

Race Director: Mike Bell, Jackson Roadrunners (731-584-9147) mike.bell@tennk12.net

Entry Fee: \$ 18.00 payable to Over the River
or \$ 5.00 without shirt
(Late fee without T-shirt \$ 12.00) No shirts race day.

Mail registration to: **Over the River**
13305 Hwy 69A
Big Sandy, TN 38221

[Link to Registration Forms](#)