

**TENNESSEE ACCESS TO RECOVERY II (TN-ATRII)
SERVICES AND RATES**

EFFECTIVE 10/1/07

SCREENING

TN-ATRII screening is used to determine whether individuals meet basic consumer eligibility criteria for TN-ATRII services. The providers must use the Division's brief screening instrument. The provider's staff must be trained on TN-ATRII eligibility criteria and use of instrument.

- Screenings are not a reimbursable service.

ASSESSMENTS

CLINICAL ASSESSMENT

This is a clinical assessment to determine appropriate TN-ATRII treatment and/or recovery support services for eligible consumers. At the minimum this must include an Addiction Severity Index (ASI) to determine problem severity. American Society of Addiction Medicine Patient Placement Criteria 2nd Edition (ASAM PPC-2R) criteria must be used if the ASI indicates the need for clinical treatment. Staff must be Qualified Alcohol and Drug Abuse (A&D) personnel as defined by state licensure (staff in licensed A&D treatment facilities are qualified based on facility license) and must have completed training by a qualified trainer in the use of ASI and ASAM. Staff in non-licensed A&D recovery support facilities must be pre-approved by the Division based on submitting an application.

- Clinical assessments are reimbursable at \$50.00 per assessment for a maximum of one (1) assessment per consumer.

RECOVERY SUPPORT SERVICES ASSESSMENT

This consists of the intake Government Performance Results Act (GPRA) and the TN-ATRII screening tool. This is available to those consumers accessing ONLY recovery support services.

- Recovery support services assessments are reimbursable at \$25.00 per assessment for a maximum of one (1) assessment per consumer.

CLINICAL SERVICES

INTENSIVE OUTPATIENT (IOP)

This is for consumers that require ASAM level II.1 services which are highly structured and intensive. These services may include individual therapy, group therapy, family therapy or any combination of such counseling services. These programs must be based on the Matrix Institute Model of Intensive Outpatient Stimulant Treatment. All program plans must be approved by the Division. The consumers must have a primary or secondary methamphetamine abuse or dependence diagnosis. The services must meet ASAM-PPC-2R patient placement criteria. This service must provide between 9 and 19 hours per week of clinically intensive programming, and it must meet a minimum of 4 days per week for 17 weeks. The group size must be a minimum of 6 and no more than 12 consumers for a valid group session unless otherwise approved by the Division. All direct service clinical staff delivering the IOP services must be trained in the Matrix Institute Model. This service may only be provided by state licensed treatment providers.

- Intensive outpatient is reimbursable at \$55.00 per day for a maximum of 68 days at a minimum rate of 4 times per week for 17 weeks.

CONTINUING CARE/AFTERCARE

This is a service delivered following the consumer's successful completion of any treatment program, including non-TN-ATRII treatment programs, to assure the consumer maintains progress in achieving their goals and in establishing a recovery oriented lifestyle. This service must be based on a written individualized plan developed by the consumer and the treatment staff. The group size must be a minimum of 6 consumers and no more than 12 consumers. This service may only be provided by state licensed treatment providers. The staff facilitating this service must be trained and qualified according to the agency's governing body. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Continuing care/aftercare is reimbursable at \$35.00 per session (individual) and \$20 per person per group for a maximum of 15 sessions (individual and group combined).

RECOVERY SERVICES

BASIC EDUCATION

This is a service that provides GED prep, tutoring, literacy classes, or other services designed to equip consumers with basic education skills. If it is performed in a group setting, the group size must be a minimum of 2 consumers and no more than 20 consumers. Basic Education may be offered during the treatment and/or recovery phase. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Basic education is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

CASE MANAGEMENT

This service involves coordination of care services which assist a consumer in identifying, accessing, and coordinating resources that are supportive in achieving the consumer's treatment and recovery goals. Case Management services may be offered during the treatment and/or recovery phase. Services may be delivered face-to-face or by telephone. Time spent in direct contact with the consumer, or with a collateral on behalf of the consumer, is reimbursable. The staff performing this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers.

- Case management is reimbursable at \$10.00 per 15 minutes for a maximum of 52 units (13 hours) in a 12 month period.

DRUG TESTING

Random drug testing is used to determine the presence of substances. Drug testing is required for consumers participating in TN-ATR II and is done in conjunction with other treatment/recovery services, i.e., it is not offered as a stand alone service. This service must be provided by all TN-ATR II providers.

- Drug testing is reimbursable at \$15.00 per screen for a maximum of 12 screens for consumers receiving TN-ATR II authorized intensive outpatient services and 5 screens for consumers receiving recovery support services.

EMPLOYMENT SKILLS

These are focused services to assist a person prepare for, find and/or maintain employment. Employment Skills includes such things as specific job skills, interviewing skills, resume writing, career exploration and job retention skills. If it is performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Employment Skills may be offered during the treatment and/or recovery phase. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Employment skills are reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

FAMILY SUPPORT

This service includes interventions on the consumer's behalf to give family members and significant others information to understand the consumer's addiction, skills to support the consumer's recovery, and support to help the family cope. Consumers must be enrolled in TN-ATR II. If performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Family Support services may be offered during the treatment and/or recovery phase. The staff facilitating this service

must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Family support is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

PASTORAL SUPPORT

This service includes a variety of recovery support services which incorporate faith and specific religious beliefs and convictions in the recovery process. Examples of this service include a consumer meeting with a minister, priest, rabbi, iman, monk or other qualified person to study the application of a religion's beliefs, convictions, and scripture to recovery, for support during a crisis, or to determine a recovery plan, etc. If performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Pastoral Support services may be offered during the treatment and/or recovery phase. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Pastoral support is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

RECOVERY ACHIEVEMENT REVIEWS

This service will give the consumer his/her personal outcomes during the first 6 months of receiving treatment and recovery support services. This service is to be conducted in conjunction with the follow-up GPRA. This will provide additional support for the consumer to maintain appropriate motivation in their recovery process. This service may be offered by state licensed treatment providers and non-licensed recovery support providers.

- Recovery Achievement Reviews are reimbursable at \$40.00 per review for a maximum of one (1) review per consumer.

RECOVERY CHECK-UPS

This service will assist the consumer to more effectively transition back into daily life away from the support of the traditional recovery and treatment services. Recovery Check-Ups are conducted via telephone. If the consumer defines a need for additional recovery or treatment services during the Check-Up period, enrollment in appropriate services can be expedited through the web based voucher system from the Tennessee Access to Recovery network provider of his/her choice. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers.

- Recovery Skills is reimbursable at \$20.00 per session for a maximum of 12 sessions.

RECOVERY SKILLS

This service is designed to assist the consumer in obtaining the necessary skills to be a successful and productive member of the community and offers skill building topics such as budgeting, parenting, personal growth, responsible decision making, etc. If performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Recovery Skills may be offered during the treatment and/or recovery phase. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Recovery Skills is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

RELAPSE PREVENTION

This service is designed to assist the consumer in developing skills to recognize early signs that may lead to relapse and to develop methods to counteract these triggers. If performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Relapse Prevention may be offered during the treatment and/or recovery phase. Staff must be trained and qualified according to the agency's

governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Relapse prevention is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

SPIRITUAL SUPPORT

This service is designed to assist the consumer in developing their spirituality as an integral part of their recovery and may cover practices and principles such as establishing a relationship with a higher power, identifying a sense of purpose and mission in one's life, achieving serenity and peace of mind, balancing one's body, mind, and spirit, utilizing spiritual practices such as prayer, meditation, and yoga, etc. This service is based on universal spiritual principles and practices and not based on specific religious convictions and beliefs. If performed in a group setting, group size must be a minimum of 2 consumers and no more than 20 consumers. Spiritual Support may be offered during the treatment and/or recovery phase. The staff facilitating this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers. Individual sessions are 50 minutes and group sessions are 60 minutes in duration.

- Spiritual support is reimbursable at \$25.00 per session (individual) and \$15.00 per person per group for a maximum of 12 sessions (individual and group combined).

TRANSITIONAL HOUSING

This is housing that is required on a transitional basis to support the consumer during their treatment and/or recovery phase. The housing must be community based, safe, and drug free. This service must be governed or staffed to assure a safe and drug free environment. The agency must meet all local housing codes and have adequate liability insurance. Transitional Housing may be provided during the treatment and/or recovery phase. The staff providing this service must be trained and qualified according to the agency's governing body. This service may be offered by state licensed treatment providers and non-licensed recovery support providers.

- Transitional housing is reimbursable at \$20.00 per day for a maximum of 90 days for consumers receiving authorized TN-ATR II intensive outpatient services and 30 days for consumers receiving recovery support services.

TRANSPORTATION

This service provides transportation for consumers for the purpose of accessing treatment and/or recovery services or any other activity that supports a consumer's recovery. It is not offered as a stand alone service. The vehicle used must be owned or leased by the TN-ATR II authorized provider agency. The agency must have proper vehicle insurance coverage. Agency staff may use their personal vehicles if the following conditions are met: a) must have a class F license and b) staff must have copy of current full coverage automobile insurance on file at agency. The vehicle driver(s) must have the appropriate chauffeur's or commercial driver's license. Transportation is reimbursable based on the following 3 criteria: 1) there is no other payment source for this service, and 2) the consumer has no other reliable transportation alternative, and 3) there is no public transportation or its use would create a hardship on the consumer.

- Transportation is reimbursable at the state approved mileage rate for a maximum of 250 miles per consumer.