

# OPERATION IMMERSION

A military immersion training for behavioral health providers



**November 5 and 6<sup>th</sup>, 2009**

**1 ½ day military immersion  
training**

**Offered by:**

**TDMHDD-Division of Alcohol  
and Drug Abuse Services**

**Tennessee National Guard**

**Tennessee Veteran's  
Task Force**

**Registration Deadline  
November 2, 2009**



**They have served our Country ... Now it is our time  
to serve them.**

The stigma of seeking assistance for mental health or substance abuse issues continues to be a barrier to soldiers accessing care. Soldiers worry about career impact and believe professionals outside the military do not understand the experience of being a soldier.

To remove barriers and ease soldier apprehension to get help, the Tennessee Department of Mental Health and Developmental Disabilities has partnered with the Tennessee National Guard and the Tennessee Veteran's Task Force to present a comprehensive 1 ½ day training in military culture and issues unique to Tennessee National Guard Service Members and their families who have served in the combat theatre and have experienced one or multiple deployments.

This training immerses attendees in aspects of military culture and the deployment experience. Attendees can spend the night in the barracks, go through a modified early morning Physical Training ("PT"), chores and inspection, tour a C-130 and Black Hawk Helicopter, and eat a Meal Ready to Eat (MRE).

Attendees will hear briefings from Tennessee National Guard Officers and expert professionals on Suicide Prevention, Post Traumatic Stress Disorder, Traumatic Brain Injury, P-FLASH -a front line mental health training program, Serious Physical Injury, and Substance Abuse Disorders and aspects regarding the same that are unique to soldiers and their families.

Four Tennessee National Guardsmen will share their personal stories of deployment.

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Tennessee National Guard Training Center  
Avenue B  
Smyrna, TN

**The cost of the training is free-cost of meals are the  
responsibility of the attendee**

FOR ADDITIONAL INFORMATION AND TO REGISTER  
<http://operationimmersion.eventbrite.com/>



**TDMHDD**