



**State of Tennessee**  
**Department of Children's Services**

# **FAMILY ADVOCACY AND SUPPORT TOOL (FAST) Manual**

A family planning and outcome tool for understanding family circumstances  
And assisting in planning for services and reunification

**Division of Service Integration**

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**Effective Date: March, 2009**

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## Family Advocacy and Support Tool (FAST) Manual

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The Family Advocacy and Support Tool (FAST) is the family version of the Child and Adolescent Needs and Strengths (CANS) family of planning and outcome management tools. A large number of individuals have contributed to the design and development of the FAST. It is an open domain tool, free for anyone to use. We recommend training and certification to ensure its proper and reliable use. For more information, please contact:

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### FAMILY ASSESSMENT

#### 1. THE FAMILY TOGETHER

This section focuses on the family system. The first step is to define who makes up the family. Generally it is a household but sometimes two households in which the children spend considerable amounts of time could be considered (e.g. divorced parents with 50:50 visitation).

##### 1. *Parental/Caregiver Collaboration*

*This item refers to the relationship between parents (or other primary caregivers) with regard to working together in child rearing activities.*

- 0 Adaptive collaboration. Parents usually work together regarding issues of the development and well being of the children. They are able to negotiate disagreements related to their children.
- 1 Mostly adaptive collaboration. Generally good parental collaboration with occasional difficulties negotiating miscommunications or misunderstanding regarding issues of the development and well being of the children.
- 2 Limited adaptive collaboration. Moderate problems of communication and collaboration between two or more adult caregivers with regard to issues of the development and well being of the youth.
- 3 Significant difficulties with collaboration. Minimal collaboration and destructive or sabotaging communication among any parents regarding issues related to the development and well being of the youth.
- NA Not applicable

##### 2. *Relationships among Siblings*

*This item refers to how the children in the family (brothers and sisters as well as step and half siblings) get along with each other.*

- 0 Adaptive relationships. Siblings generally get along well. Occasional fights or conflicts between them occur, but are quickly resolved.
- 1 Mostly adaptive relationships. Siblings generally get along, however, when fights or conflicts arise there is some difficulty in resolving them.
- 2 Limited adaptive relationships. Siblings often do not get along. They generally attempt to resolve their fights or conflicts but have limited success in doing so.
- 3 Significant difficulties with relationships. Siblings do not get along. The relationships are marked by detachment or active, continuing conflicts, and may include physical violence.
- N/A Not applicable

##### 3. *Extended Family Relationships*

*This item refers to the family's relationship with other relatives (not necessarily a blood relation) who do not currently live with the family but do live in the same relative geographic area.*

- 0 Adaptive relationships. Extended family members play a central role in the functioning and well being of the family. They have predominately positive relationships with members of the extended family and conflicts are resolved quickly.

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- 1 Mostly adaptive relationships. Extended family members play a supportive role in family functioning. They generally have positive relationships with members of the extended family. Conflicts may linger but eventually are resolved.
- 2 Limited adaptive relationships. Extended family members are marginally involved in the functioning and well being of the family. They have generally strained or absent relationships with extended family members.
- 3 Significant difficulties with relationships. Family is not in contact or estranged from extended family members. They have negative relationships with continuing conflicts.
- N/A Not applicable

### **4. Family Conflict**

*This item refers to how much fighting occurs between family members. Domestic violence refers to physical fighting in which family members might get hurt (also refers to the same geographic area, not limited to household).*

- 0 Minimal conflict. Family gets along well and negotiates disagreements appropriately.
- 1 Some Conflict. Family generally gets along fairly well but when conflicts arise resolution is difficult.
- 2 Significant conflict. Family is generally argumentative and conflict is a fairly constant theme in family communications.
- 3 Domestic violence. Threat or occurrence of physical, verbal or emotional altercations. Family with a current restraining order against one member would be rated here.

### **5. Family Communication**

*This item refers to the ability of all family members to talk to each other about their thoughts and feelings. It should only be about communication within the family (does not have to be in the same home but in the same geographic area).*

- 0 Adaptive communication. Family members generally are able to directly communicate important information among each other. Family members are able to understand each other's feelings and needs.
- 1 Mostly adaptive communication. Family members can communicate important information among each other. Some individuals or certain topics are excluded from direct communication. Mutual understanding is inconsistent.
- 2 Limited adaptive communication. Family members generally are unable to directly communicate important information among each other. Family members have difficulties understanding each other's feelings and needs.
- 3 Significant difficulties with communication. Family members communicate mostly through indirect, covert means or there is no sharing of important information at all. They are not able to understand each other's feelings or needs.

### **6. Family Role Appropriateness**

*Boundaries refer to the ability of family members to separate themselves as individuals and appropriately separate communication with various family members. Hierarchies refer to the organization of decision-making authority in the family.*

- 0 Adaptive boundaries. Family has strong appropriate boundaries among members. Clear inter-generational hierarchies are maintained.

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- 1 Mostly adaptive boundaries. Family has generally appropriate boundaries and hierarchies. May experience some minor blurring of roles.
- 2 Limited adaptive boundaries. Family has difficulty maintaining appropriate boundaries and/or hierarchies. Some significant role problems exist.
- 3 Significant difficulties with boundaries. Family has significant problems with establishing and maintaining reasonable boundaries and hierarchies. Significant role confusion or reversals may exist.

### 7. Family Safety

*This item refers to the degree to which family members are safe from being physically injured in the home.*

- 0 No safety concern. Family provides a safe home environment for all family members.
- 1 Mild safety concern. Family home environment presents some mild possibility of neglect or exposure to undesirable influences (e.g., alcohol/drug abuse, gang membership of family members) but no immediate risk is present.
- 2 Moderate safety concern. Family home environment presents moderate possibility to family members including abuse and neglect or exposure to individuals who could harm the youth.
- 3 Severe safety concern. Family home environment presents a clear and immediate probability of harm to family members. Individuals in the environment present immediate risk of significant physical harm.

### 8. Financial Resources

*This item refers to the income and other sources of money available to family members (particularly caregivers) that can be used to address family needs; please include government assistance.*

- 0 No difficulties. Family has financial resources necessary to meet needs.
- 1 Mild difficulties. Family has financial resources necessary to meet most needs; however, some limitations exist.
- 2 Moderate difficulties. Family has financial difficulties that limit their ability to meet significant family needs.
- 3 Significant difficulties. Family experiencing financial hardship, poverty.

### 9. Residential Stability

*This item refers to the stability of the family's housing. This does not refer to the risk of placement outside of the family home for any member of the family.*

- 0 Family has stable housing for the foreseeable future.
- 1 Family having some difficulties maintaining housing due to things such as difficulty paying rent or utilities or conflict with a landlord.
- 2 Family has had to move in the past six months due to housing difficulties.
- 3 Family has experienced homelessness in the past six months.

### 10. Physical Condition of the Home

*This item refers to the physical condition of the house or apartment in which the family is currently residing. Shelters would be rated "Not applicable".*

- 0 No health or safety concerns on property.
- 1 Minor health concerns on property that pose no threat and easily correctable.

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- 2 Serious substantiated health or safety hazards, i.e. over crowding, inoperative or unsafe water and utility hazards, vermin, or other health and sanitation concerns.
- 3 Substantiated life threatening health or safety hazards, i.e. living in condemned and/or structurally unsound residence; exposed wiring, potential fire/safety hazards, or vermin infestation.
- NA Not applicable

### 11. Home Maintenance

*This item refers to housekeeping both in terms of cleanliness and organization and safety from dangerous materials and/or objects (e.g. child proofing). Families living in a supported housing arrangement (e.g. shelter) would be rated "Not applicable".*

- 0 Home is clean, maintained well; poisons and medications are locked up/stored away properly and out of reach. Home is child proofed; kitchen and bathroom are functional; all utilities are operational; everyone has a bed and outlets are plugged. No concerns.
- 1 Most precautions have been taken; no danger to the children, poisons and medication are out of reach but not locked up; home is mostly child proof, utilities are operational; minor cleaning is required, some odor present.
- 2 Some precautions have been taken, but potential hazards are obvious, e.g. poisons and medication out of sight but within reach of child(ren), overloaded outlets, matches and knives accessible but out of sight. Gas, heating, electricity, or plumbing sometimes don't work because bills have not been paid or needed repairs have not been attended to by the family. Home is somewhat cluttered. House needs general cleaning, e.g. bathroom, bedrooms, kitchen, and basement. Beds are needed.
- 3 Home is not safe. Poisons and medications are visible and accessible, no screens on second floor windows for toddlers, outlets not plugged, few precautions taken; utilities off, due to neglect of bills or needed repair. No beds for children, parent(s). No refrigerator. Home is dirty, kitchen presents odor due to spoiled food.
- N/A Not applicable.

## II. CAREGIVER'S STATUS

**Each adult living in the family defined above who has any caregiver responsibilities would be rated separately in this section.**

### 12. Caregiver's Emotional Responsiveness

*This item refers to the caregiver's ability to understand and respond appropriately to the joys, sorrows, anxieties and other feelings of children.*

- 0 Adaptive emotional responsiveness. Caregiver is emotionally empathic and attends to child's emotional needs.
- 1 Mostly adaptive emotional responsiveness. Caregiver is generally emotionally empathic and typically attends to child's emotional needs. However, certain psychological issues undermine the Caregiver's emotional responsiveness.
- 2 Limited adaptive emotional responsiveness. Caregiver is often not empathic and frequently is not able to attend to child's emotional needs.
- 3 Significant difficulties with emotional responsiveness. Caregiver is not empathic and rarely attends to the child's emotional needs.

### **13. Caregiver's Boundaries**

*This item refers to the caregiver's ability to maintain appropriate boundaries. This item may include physical separation, respecting privacy, and preventing children from being exposed to developmentally inappropriate information.*

- 0 Adaptive boundaries. Caregiver has strong, appropriate boundaries between her/himself and her/his children.
- 1 Mostly adaptive boundaries. Caregiver has generally appropriate boundaries between her/himself and her/his children. Mild boundary violations may occur at times. Minor problems of rigidity of boundaries may occur.
- 2 Limited adaptive boundaries. Caregiver has problems maintaining appropriate boundaries between her/him and her/his children. Mild boundary violations may be routine or significant boundary violations may be occasional. Boundaries may be rigid.
- 3 Significant difficulties with boundaries. Caregiver has significant and consistent problems maintaining appropriate boundaries between her/himself and her/his children or is excessively rigid in her boundaries.

### **14. Caregiver's Involvement in Caregiving Functions**

*This item refers to the degree to which the caregiver is actively involved in being a parent/caregiver.*

- 0 Caregiver is actively and fully involved in daily family life.
- 1 Caregiver is generally involved in daily family life. She/he may occasionally be less involved for brief periods of time because she/he is distracted by internal stressors and/or other external events or responsibilities.
- 2 Caregiver is involved in daily family life but only maintains minimal daily interactions for extended periods of time.
- 3 Caregiver is mostly uninvolved in daily family life. She/he may not interact with children on a daily basis.

### **15. Caregiver's Supervision**

*This item refers to the success with which the caregiver is able to monitor children in his/her care. This item should be rated consistent with the developmental needs of the children.*

- 0 Good supervision. Caregiver demonstrates consistent ability to supervise her/his children according to their developmental needs.
- 1 Adequate supervision. Caregiver demonstrates generally good ability to supervise children; however, some problems may occur occasionally.
- 2 Fair supervision. Caregiver has difficulty maintaining an appropriate level of supervision of her/his children.
- 3 Significant difficulties with supervision. Caregiver has significant problems maintaining any supervision of her/his children.

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### 16. Caregiver's Discipline

*Discipline refers to the caregiver's ability to encourage children's positive behaviors through the use of a variety of different techniques including but not limited to praise, redirection, and punishment.*

- 0 Good discipline methods. Caregiver generally demonstrates an ability to discipline her/his children in a consistent and benevolent manner. She/he usually is able to set age appropriate limits and to enforce them.
- 1 Adequate discipline methods. Caregiver is often able to set age appropriate limits and to enforce them. On occasion her/his interventions may be either too harsh or too lenient. At times, her/his expectations of her/his children may be too high or too low.
- 2 Inadequate discipline methods. Caregiver demonstrates limited ability to discipline her children in a consistent and benevolent manner. She/he rarely is able to set age appropriate limits and to enforce them. Her/his interventions may be erratic and overly harsh but not physically harmful. Her/his expectations of her/his children are frequently unrealistic.
- 3 Significant difficulties with discipline methods. Caregiver disciplines her/his children in an unpredictable fashion. There is either an absence of limit setting and disciplinary interventions or the limit setting and disciplinary interventions are rigid, extreme, and physically harmful.

### 17. Caregiver's Partner Relationship

*This item refers to the caregiver's relationship with another adult. If married, this refers to the caregiver's husband or wife or partner.*

- 0 Adaptive partner relationship. Caregiver has a strong, positive, partner relationship with another adult. This adult functions as a member of the family.
- 1 Mostly adaptive partner relationship. Caregiver has a generally positive partner relationship with another adult. This adult may not function as a member of the family.
- 2 Limited adaptive partner relationship. Caregiver is currently not involved in any partner relationship with another adult but wishes to have one.
- 3 Significant difficulties with partner relationships. Caregiver is currently involved in a negative, unhealthy relationship with another adult.
- NA Not applicable. A person without a relationship who currently has no interest in one would be rated here.

### 18. Caregiver's Vocational Functioning

*This item refers to the caregiver's work effectiveness including, but not limited to, attendance, productivity, and relationships with co-workers.*

- 0 Good vocational functioning. Caregiver is fully employed with no problems at work.
- 1 Adequate vocational functioning. Caregiver is partially employed, employed significantly below her/his level of education/experience/training, or is having some work related problems.
- 2 Fair vocational functioning. Caregiver is having significant work-related problems or is temporarily unemployed because of such difficulties.
- 3 Significant difficulties with vocational functioning. Caregiver is chronically unemployed or obtains financial resources through activities which are illegal and/or

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- potentially harmful to her/himself and her/his family members (prostitution, drug dealing, for example).
- NA Not applicable. Alternatively, Caregiver may not be seeking employment, retired or chooses to be a full-time homemaker.

### 19. Caregiver Mental Health

*This item refers to mental health needs only (not substance abuse or dependence).*

- 0 No mental health problems. Caregiver has no signs of any notable mental health problems.
- 1 Mild mental health problems. Caregiver may have mild problems with adjustment, may be somewhat depressed, withdrawn, irritable, or agitated. Or, caregiver may be receiving effective treatment.
- 2 Moderate mental health problems. Caregiver has a diagnosable mental health problem that interferes with his/her functioning.
- 3 Significant difficulties with mental health. Caregiver has a serious psychiatric disorder.

### 20. Caregiver Substance Use

*This item includes problems with alcohol, illegal drugs and/or prescription drugs.*

- 0 No problems with alcohol or drug use. Caregiver has no signs of any notable substance abuse problems.
- 1 Mild problems associated with alcohol or drug use. Caregiver may have mild problems with work or home life that result from occasional use of alcohol or drugs. Or, caregiver may be receiving effective treatment.
- 2 Moderate problems associated with alcohol or drug use. Caregiver has a diagnosable substance-related disorder that interferes with his/her life.
- 3 Significant difficulties with alcohol or drug dependence. Caregiver is currently addicted to either alcohol or drugs or both.

## III. YOUTH'S STATUS

**This section is used to describe the strengths and needs of all children and youth under the age of 18 living in the family defined above.**

### 21. Relationship with Biological Mother

*This item refers to the youth's relationship with his/her birth mother only.*

- 0 Adaptive relationship. Youth has a generally positive relationship with biological mother. The youth appears to have formed a secure attachment, and can turn to mother for security, comfort or guidance.
- 1 Mostly adaptive relationship. Youth has a somewhat positive relationship with biological mother. The youth appears to have mild attachment problems that interfere with his/her ability to turn to mother for security, comfort, or guidance.
- 2 Limited adaptive relationship. Youth has a somewhat negative relationship with biological mother. The youth appears to have moderate attachment problems that interfere with his/her ability to turn to mother for security, comfort, or guidance.

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- 3 Significant difficulties with relationship. Youth has no ongoing relationship with his/her biological mother. The youth appears to have severe attachment problems.
- N/A Not applicable

### **22. Relationship with Biological Father**

*This item refers to the youth's relationship with his/her birth father only.*

- 0 Adaptive relationship. Youth has a generally positive relationship with biological father. The youth appears to have formed a secure attachment, and can turn to father for security, comfort or guidance.
- 1 Mostly adaptive relationship. Youth has a somewhat positive relationship with biological father. The youth appears to have mild attachment problems that interfere with his/her ability to turn to father for security, comfort, or guidance.
- 2 Limited adaptive relationship. Youth has a somewhat negative relationship with biological father. The youth appears to have moderate attachment problems that interfere with his/her ability to turn to father for security, comfort, or guidance.
- 3 Significant difficulties with relationship. Youth has no ongoing relationship with his/her biological father. The youth appears to have severe attachment problems.
- N/A Not applicable

### **23. Relationship with Primary Caregiver (if not biological mother or father)**

*This item refers to the youth relationship with whomever is his/her primary caregiver at the moment.*

- 0 Adaptive relationship. Youth has a generally positive relationship with primary caregiver. The youth appears to have formed a secure attachment, and can turn to primary caregiver for security, comfort or guidance.
- 1 Mostly adaptive relationship. Youth has a somewhat positive relationship with primary caregiver. The youth appears to have mild attachment problems that interfere with his/her ability to turn to primary caregiver for security, comfort, or guidance.
- 2 Limited adaptive relationship. Youth has a somewhat negative relationship with primary caregiver. The youth appears to have moderate attachment problems that interfere with his/her ability to turn to primary caregiver for security, comfort, or guidance.
- 3 Significant difficulties with relationship. Youth has no ongoing relationship with his/her primary caregiver. The youth appears to have severe attachment problems.
- N/A Not applicable

### **24. Relationships with Other Adult Family Members**

*This item refers to the youth's involvement with adult family members who do not have primary caregiving responsibilities for the youth.*

- 0 Adaptive relationships. Youth is able to have predominately positive relationships with other adult family members and is able to participate in conflict resolution with them.
- 1 Mostly adaptive relationships. Youth is able to have generally positive relationships with other adult family members. At times, conflicts may occur and linger between them but eventually are resolved.

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- 2 Limited adaptive relationships. Youth is only able to have peripheral relationships with other adult family members or the relationships are strained.
- 3 Significant challenges with relationships. Adult family members are available emotionally and practically, but the youth is unable to have relationships with them.
- N/A Not applicable

### **25. Child High Risk Behaviors**

*This item describes any behavior that has the potential of placing the child or others at risk of physical harm. Suicidal behavior, violence, recklessness, A&D use, and sexual aggression would be rated here.*

- 0 No evidence of any high risk behavior.
- 1 Child has a notable history of high risk behavior but not in the past month.
- 2 Child engages in high risk behavior that interferes with functioning and may place self or others at risk of physical harm.
- 3 Child engages in high risk behavior that places him/her or others at immediate risk of physical harm.

### **26. Health Status**

*This item is used to describe the youth's current physical health.*

- 0 Good health. Youth is in generally good physical health.
- 1 Adequate health. Youth gets sick more often than peers, but the health problems do not interfere with his/her general functioning.
- 2 Fair health. Youth has some health problems that interfere with his/her functioning.
- 3 Significant health challenges. Youth has significant health problems that may be chronic or life threatening.

### **27. Mental Health Status**

*This item is used to describe the youth's current mental health.*

- 0 No mental health challenges. Youth has no signs of any notable mental health problems.
- 1 Mild mental health challenges. Youth may have mild problems with adjustment, may be somewhat depressed, withdrawn, irritable, or agitated.
- 2 Moderate mental health challenges. Youth has a diagnosable mental health problem that interferes with his/her functioning.
- 3 Significant challenges with mental health. Youth has a serious psychiatric disorder.

### **28. Cognitive Skills**

Cognitive skills refers to the youth's intellectual capacity. Problems with include mental retardation and learning difficulties that are a result of learning disabilities.

- 0 Good. Youth meets or exceeds all cognitive developmental milestones.
- 1 Adequate. Youth is close to meeting all cognitive developmental milestones.

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- 2 Fair. Youth has a developmental disability or a delay in meeting developmental milestones.
- 3 Significant difficulties with cognitive development. Youth has a severe developmental disability.

### **29. Self-Regulation Skills**

*This item refers to the youth's ability to self regulate him/herself and his/her bodily functions. Self-regulation skills change developmentally so this item should be rated within the context of developmentally appropriate skills.*

- 0 Good. Youth has mature self-regulation. Youth is able to self-soothe, function independently and effectively structure free-time.
- 1 Adequate. Youth is generally able to self regulate in an age-appropriate way.
- 2 Fair. Youth has some difficulties with self regulation.
- 3 Significant difficulties with self-regulation. Youth is unable to manage him/herself in a developmentally appropriate way.

### **30. Interpersonal Skills**

*This item refers to the youth's ability to make and maintain friendships and other relationships with peers and adults.*

- 0 Good. Youth has excellent, mature relationship skills.
- 1 Adequate. Youth has good, developmentally appropriate relationship skills.
- 2 Fair. Youth has some difficulties with social skills and friendship development and/or maintenance.
- 3 Significant difficulties. Youth has significant difficulties with social skills and friendship development.

### **31. Educational Status**

*This item refers to the youth's status with school. If the youth has completed his/her schooling then use '0'. If youth has dropped out without completing then use a '3'.*

- 0 Good educational functioning. Youth is meeting or exceeding educational expectation at an age-expected grade level.
- 1 Adequate educational functioning. Youth is mostly meeting educational expectations at an age-expected grade level.
- 2 Fair educational functioning. Youth is performing below educational expectations and/or requires a specialized educational setting in order to learn at an adequate level.
- 3 Significant difficulties with educational functioning. Youth has significant educational problems including some behavioral problems related to academic difficulties (chronic truancy, suspensions, expulsions, being held back, etc.). Youth may be placed in a specialized educational setting but remains unable to learn at an adequate level.
- N/A Not applicable. Not school aged.

### IV. CAREGIVER ADVOCACY STATUS

This section provides an opportunity for your family to assess its current level of ability to advocate for members, particularly youth who have needs. In addition, three items are provided to allow the family to describe its perspective on the appropriateness of living, educational, and services arrangements for youth members. **Note: The worker assigned to the family fills this out after speaking with the family and assessing their current situation. The family does not fill out this document.**

#### 32. Knowledge of Family/Child needs

*This item refers to the caregiver's ability to recognize the needs of the family and individual family members.*

- 0 Caregiver/s have strong understanding of family and child needs.
- 1 Caregiver/s have understanding of family and child needs but may still require some help in learning about certain aspects of these needs.
- 2 Caregiver/s require assistance in understanding family and/or child needs.
- 3 Caregiver/s require substantial assistance in identifying and understanding family and child needs.

#### 33. Knowledge of service options

*This item refers to the choices the family might have for specific treatments, interventions or other services that might help the family address their needs or the needs of one of the family's members. This does not include services or information provided by the Department.*

- 0 Caregiver/s have strong understanding of service options.
- 1 Caregiver/s have understanding of service options but may still require some help in learning about certain aspects of these services.
- 2 Caregiver/s require assistance in understanding service options.
- 3 Caregiver/s require substantial assistance in identifying and understanding service options.

#### 34. Knowledge of rights and responsibilities

*This item refers to the caregiver's ability to understand and acknowledge the legal and societal expectations and responsibilities of their caregiver roles. This does not factor in Departmental involvement.*

- 0 Caregiver/s have strong understanding of rights and responsibilities.
- 1 Caregiver/s have understanding of rights and responsibilities but may still require some help in learning about certain aspects of these needs.
- 2 Caregiver/s require assistance in understanding rights and responsibilities.
- 3 Caregiver/s require substantial assistance in identifying and understanding rights and responsibilities.

#### 35. Ability to Listen

*This item refers to the caregiver's ability to hear both positive and negative feedback about him/herself and family members. This item would include asking clarifying questions.*

- 0 Caregiver(s) is able to listen carefully and understand both good and bad news regarding family and child issues.
- 1 Caregiver(s) has listening skills but sometimes struggles to hear either good or bad news regarding family and child issues.

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- 2 Caregiver(s) requires help learning to listen effectively.
- 3 Caregiver(s) requires substantial help learning to listen effectively.

### 36. Ability to Communicate

This item refers to the caregiver's ability to effectively describe his/her needs as well as needs of other family members in a manner that others can understand.

- 0 Caregiver(s) is able to express feeling and thoughts effectively with regard to family and child issues. Others hear, understand, and respond.
- 1 Caregiver(s) is able to express feeling and thoughts but sometimes struggle to express these so that others can listen and/or understand.
- 2 Caregiver(s) requires help learning to express feelings and thoughts effectively with regard to family and child issues.
- 3 Caregiver(s) requires substantial help learning to express feelings and thoughts effectively with regard to family and child issues.

### 37. Natural Supports

*This item refers to natural supports refer to help that you do not have to pay for. This could include friends and families or a church or other organization that helps the family in times of need (unpaid supports).*

- 0 Caregiver(s) has substantial natural supports to assist in addressing most family and child needs.
- 1 Caregiver(s) has natural supports but some limitations exist whereby these supports are insufficient to address some family and child needs.
- 2 Caregiver(s) has limited natural supports.
- 3 Caregiver(s) has no natural supports.

### 38. Satisfaction with Youth's Living Arrangement

*This item refers to the caregiver's satisfaction with the current living arrangement of any youth in the family.*

- 0 Caregiver(s) is pleased with identified youth's current living arrangement.
- 1 Caregiver(s) is satisfied with identified youth's current living arrangement, although some improvements could be made.
- 2 Caregiver(s) believes a change in living arrangement is desirable.
- 3 Caregiver(s) believes an immediate change in living arrangement is required.

### 39. Satisfaction with Youth's Educational Arrangement

*This item refers to the degree to which the caregiver is satisfied with the education arrangement of children in the family.*

- 0 Caregiver(s) is pleased with identified youth's current educational arrangement.
- 1 Caregiver(s) is satisfied with identified youth's current educational arrangement, although some improvements could be made.
- 2 Caregiver(s) believes a change in educational arrangement is desirable.
- 3 Caregiver(s) believes an immediate change in educational arrangement is required.
- N/A Not applicable. Not school aged.

### 40. Satisfaction with Services Arrangement

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*This item refers to the degree to which the caregiver is satisfied with any services (or lack there of) for children in his/her care.*

- |     |   |
|-----|---|
| 0   | Caregiver(s) is pleased with identified youth's current services arrangement.   |
| 1   | Caregiver(s) is satisfied with identified youth's current services arrangement, although some improvements could be made. |
| 2   | Caregiver(s) believes a significant change in services arrangement is desirable.  |
| 3   | Caregiver(s) believes an immediate and significant change in services arrangement is required.                            |
| N/A | Not applicable  |

### Service Intensity

Upon completion of the FAST, use the following to determine the appropriate level of service intensity:

#### Low Intensity

All families that do not meet criteria for either Moderate or High Intensity

#### Moderate Intensity

Family meets ALL three of the following criteria:

- At least one item with a '2' or '3' in the Family Together
- At least one item was a '2' or '3' on at least one Caregiver
- At least one item with a '2' or '3' on at least one Child/Youth

#### High Intensity

Family meets ALL three of the following criteria:

- At least one item with a '3' AND two or more items with a '2' or '3' in the Family Together
- At least one item with a '3' AND two or more items with a '2' or '3' on at least one Caregiver
- At least one item with a '3' AND two or more items with a '2' or '3' on at least one Child/Youth