

TDOC Inventory Contents

(I) indicates intervention



New Freedom: Cognitive Behavioral Intervention Program (CBIP), Prison Setting



Evidence

Program/Intervention Name	Description/Additional Information		
New Freedom: Cognitive	The New Freedom: Cognitive Bo	ehavioral Intervention Program is a curriculum set in prisons to focus on changing	
Behavioral Intervention Program	how offenders respond to stres	ss in their environments. The curriculum focuses on Conflict Resolution/Anger	
(CBIP), Prison Setting	Management, Risk Factors, and	Management, Risk Factors, and Recidivism/Relapse prevention. There may be addition components for female	
☑ Program	offenders that can include: Abuse, Victimization, Trauma, and Relationships. CBIP is a common type of		
\square Intervention within Program:	psychoeducation.		
Delivery Setting		Target Population	
Correctional Facility		Adults, Justice-involved	

Logic Model	Outputs	Outcome(s)
If we provide cognitive behavioral programming	1. Number of individuals enrolled: (yearly average	1. Annual successful program completion rate
(CBIP) in Tennessee prisons, focused on Conflict	census)	
Resolution/Anger Management, Risk Factors, and	2. Number of average annual successful	
Relapse Prevention, then we will change the way	completions full-time positions/programming	
offenders respond to stress in their	3. Total capacity for program	
environments which will lower recidivism/relapse		'
rates of offenders enrolled in the program.		

Evidence			Strong Evidence	
Clearinghouse	Entry Name & Link		Evidence Rating	
CrimeSolutions	Practice Profile: Cognitive Behavioral Therapy		Effective	
	(CBT) for Moderate- and High-Risk Adult			
	<u>Offenders</u>			



Therapeutic Community



Evidence

Program/Intervention Name	Description/Additional Information	
Therapeutic Community	Therapeutic Community is an int	tensive residential level of treatment that addresses the criminogenic and
☑ Program	addiction needs of the inmate. T	his is a 9–12-month program that provides treatment for individuals with
☐ Intervention within Program:	moderate to severe substance use disorders. The following curriculum has evidenced based components integrated within the therapeutic community program: Motivational Interviewing/ Stages of Change; TCU Mapping-Enhanced Counseling; Seeking Safety; CBIP; Victim Impact; Motivational Enhancement Therapy; Anger Management (SAMHSA); and Partners in Parenting.	
Delivery Setting		Target Population
Correctional Facility	Adults, Justice-involved	

Logic Model	Outputs	Outcome(s)
If we provide intensive residential level	1. Number enrolled in treatment	1. Decrease in positive random and exit drug
treatments for individuals identified with		screens
moderate to severe substance abuse disorders	2. Percentage of positive initial screens	2. Rate of successful program completion
with an evidence-based curriculum, then we will	3. Number of successful completions	3. Rate of successful program completions
reduce the positive drug screenings for		released back into the community
individuals exiting the program compared to the		
initial drug screen for the program, which will		
improve the treatment retention and lower		
positive drug screenings for inmates.		

Evidence			Strong Evidence
Clearinghouse	Entry Name & Link		Evidence Rating
NREPP	Correctional Therapeutic	Community for	Effective
	<u>Substance Abusers</u>		



Group Therapy (Outpatient Addiction Treatment)

Strong Evidence

Program/Intervention Name	Description/Additional Information	
Group Therapy (Outpatient	Therapeutic Community is an inte	ensive residential level of treatment that addresses the criminogenic and
Addiction Treatment)	addiction needs of the inmate. Th	nis is a 9–12-month program that provides treatment for individuals with
☑ Program	moderate to severe substance us	se disorders. The following curriculum has evidenced based components
☐ Intervention within Program:	integrated within the therapeutic community program: Motivational Interviewing/ Stages of Change; TCU Mapping-	
	Enhanced Counseling; Seeking Safety; CBIP; Victim Impact; Motivational Enhancement Therapy; Anger	
	Management (SAMHSA); and Partners in Parenting.	
Delivery Setting	1	Target Population
Correctional Facility	F	Adults, Justice-involved

Logic Model	Outputs	Outcome(s)
If we provide intensive outpatient treatment for	1. Number of individuals enrolled	1. Rate of program completions released back
individuals identified with moderate to severe		to the community
substance abuse disorders with an evidence-	2. Number of successful completions	2. Rate of successful program completion
based curriculum, then we will reduce the	3. Number of new admissions	
positive drug screenings for individuals exiting		•
the program compared to the initial drug screen		
for the program, which will improve the		
treatment retention and lower positive drug		
screenings for inmates.		

Evidence		Strong Evidence	
Clearinghouse	Entry Name & Link		Evidence Rating
NREPP	Motivational Enhanceme	ent Therapy	Effective



Day Reporting Centers



Strong Evidence

Program/Intervention Name	Description/Additional Information	
Day Reporting Centers	A highly structured, non-residential program that combines supervision, treatment, and reentry	
⊠ Program	services for individuals with moderate to high-risk substance use issues. The curriculum includes	
☐ Intervention within Program:	evidence-based programs, such as: Cognitive Behavioral Intervention Program, Seeking Safety,	
	Moral Reconation Therapy, Anger Management/Conflict Resolution, Victim's Impact, SAFE and	
	Aftercare transition skills for recovery. There are eight sites positioned across the state in areas	
	identified by need.	
Delivery Setting	Target Population	
Correctional Facility	Adults, Justice-involved	

Logic Model	Outputs	Outcome(s)
If we provide intensive out-patient treatment for	1. Average number of participants enrolled	1. Percentage of positive 3rd phase drug screens
offenders, then we reduce participants'	2. Percent of positive 1st phase screens	2. Percentage of 3rd phase completions
substance dependence while reducing their	3. Number of successful completions	
likelihood of recidivating.		

Evidence		Strong Evidence	
Clearinghouse	Entry Name & Link		Evidence Rating
CrimeSolutions	Practice Profile: Suffolk	County Drug Court	Effective



Substance Use Recovery Education (SURE)



Evidence

Program/Intervention Name	Description/Additional Information	
Substance Use Recovery Education (SURE)	This program provides services incorporating Hazelden evidenced-based curriculum to female	
⊠ Program	offenders with a history of substance use disorders at the Women's Therapeutic Residential Center.	
☐ Intervention within Program:	Recipients are identified for services by utilizing the STRONG R Assessment, Texas Christian	
	University Drug Screen Tool, and any other collateral information that suggest addiction treatment	
	and recovery services are needed.	
Delivery Setting	Target Population	
Correctional Facility	Adults, Gender-specific, Justice-involved	

Logic Model	Outputs	Outcome(s)
If we provide Substance Use Recovery Education		
for screened female inmates, then we will		
increase admittance into treatment and improve		
treatment retention.		

Evidence		Strong Evidence	
Clearinghouse	Entry Name & Link	Evidence Rating	
NREPP	Living in Balance	Positive impact	



Withdrawal Management Services



Evidence

Program/Intervention Name	Description/Additional Information	
Withdrawal Management Services	Withdrawal Management Services, which includes Medication Assisted Treatment (MAT), are	
☑ Program	provided at West Tennessee State Penitentiary to combat the number of overdoses and to improve	
☐ Intervention within Program:	treatment retention. Services last at least seven weeks for inmates who have overdosed or have	
	serious clinical needs. Approved inmates should be transferred for intervention due to acute clinical	
	needs. Evidence-based substance use education is provided in this program with Substance Use	
	Recovery Education (SURE). However, this is not a treatment program and is considered a	
	mandatory housing assignment based on the individual having a drug overdose event.	
Delivery Setting	Target Population	
Correctional Facility	Adults, Justice-involved	

Logic Model	Outputs	Outcome(s)
If we provide withdrawal management services,	1. Number of individuals admitted in Withdrawal	1. Percentage of individuals entering substance
then we will reduce number of overdose deaths	Management Unit	use treatment program from Withdrawal
and provide services to individuals that have		Management Unit
experienced overdose incidences.	2. Number of individuals agreeing to enter a	
	substance use treatment program	
	3. Number of individuals completing Withdrawal	
	Management Unit	

Evidence		Strong Evidence	
Clearinghouse	Entry Name & Link		Evidence Rating
SAMHSA	ED-BNI + Buprenorphine	for Opioid Dependence	Effective



Adult Basic Education (ABE): Correctional Setting



Evidence

Program/Intervention Name	Description/Additional Information
Adult Basic Education (ABE): Correctional	Adult Basic Education classrooms are equipped with certified teachers, tutors, and technology,
Setting	including software to assess grade level and subject proficiency, as well as other software designed
□ Program	to assist students in preparing for testing. Offenders entering TDOC custody without a verifiable
☐ Intervention within Program:	diploma or High School Equivalent (HSE) are required to enter ABE. Offenders who are age 62 or
	older and those who can clinically support a reason why not to attend may sign a waiver excluding
	them from participation.
Delivery Setting	Target Population
Correctional Facility	Adolescents/Young Adults, Adults, Justice-involved, Other

Logic Model	Outputs	Outcome(s)
If we provide Adult Basic Education to offenders	1. Number of students prepared to test (unique	1. HiSET Attainment rate
who do not have a diploma or HSE, then we	testers)	
equip them with the necessary credential to	2. Number of students attaining High School	
pursue post-secondary offerings of skill-based	Equivalency	
certificates or college/university degrees and to		-
succeed in the workforce post-release.		

Evidence			Strong Evidence
Clearinghouse	Entry Name & Link		Evidence Rating
CrimeSolutions	Corrections-based Adult	Basic/Secondary	Effective
	<u>Education</u>		



Supportive Living Unit (SLU)



Evidence

Program/Intervention Name	Description/Additional Information
Supportive Living Unit	The Supportive Living Unit in state prisons provides comprehensive behavioral health services to
⊠ Program	severely and chronically mentally ill inmates. Services include triage, assessment, screening,
☐ Intervention within Program:	evaluation, medication management, therapy (behavior modification, group, and individual), case
	management, and clinical supervision.
Delivery Setting	Target Population
Correctional Facility, Residential Facility	Adults, Justice-involved

Logic Model	Outputs	Outcome(s)
If we house severe and chronic mentally ill	1. Number of SLU patients with improved	1. Percentage of SLU resident with improved
inmates within a secure housing unit, then we	functioning and lowered to Level of Care II, and	functioning and lowered LOC to II, who
will ensure this population receives necessary	successfully moved to general population	successfully moved to general population.
clinical services in a safe environment,	2. Assaults on SLU participants by general	
minimizing mental health decompensation and	population	
protecting this population from exploitation and	3. Number of SLU placements that are either	
harm.	Level of Care 3 or 4	
		•

Evidence		Strong Evidence	
Clearinghouse	Entry Name & Link		Evidence Rating
NREPP	Correctional Therapeutic Community for		Positive Impact
	<u>Substance Abusers</u>		



Postsecondary Education: Correctional Setting



Evidence

Program/Intervention Name	Description/Additional Information
Postsecondary Education	Postsecondary education programs in prison provide academic and career-technical certifications
⊠ Program	through partnerships with state and local organizations, colleges, and universities.
☐ Intervention within Program:	
Delivery Setting	Target Population
Correctional Facility	Adults, Justice-involved

Logic Model	Outputs	Outcome(s)
If we promote postsecondary education in the prison setting by providing academic and career-	1. Number of students enrolled in college	
technical courses, then we will improve facility safety in addition to the reentry and workforce outcomes of participating students.	Number of students enrolled in TCAT Number of college degrees obtained Number of TCAT certificates obtained	
		-

Evidence		Strong Evidence		
Clearinghouse	Entry Name & Link		Evidence Rating	
CrimeSolutions	Postsecondary Correction	Postsecondary Correctional Education (New		
	Mexico)			



Career Technical Education: Correctional Setting



Strong Evidence

Program/Intervention Name	Description/Additional Information
Career Technical Education: Correctional	Career and Technical Education (CTE) applies to educational programs that specialize in the skilled
Setting	trades, applied sciences, modern technologies, and career preparation, some of which result in
⊠ Program	building trades certificates from National Center for Construction Education and Research.
☐ Intervention within Program:	
Delivery Setting	Target Population
Correctional Facility	Adults, Justice-involved

Logic Model	Outputs	Outcome(s)
If we promote career-technical education in the	1. Number of students enrolled in CTE programs	
prison setting by providing vocational courses,	2. Number of CTE students preparing for	
then we will improve facility safety in addition to	vocational trade certificates	
the reentry and workforce outcomes of	3. Number of CTE certificates awarded	
participating students.	4. Number of NCCER certificates awarded	
		•

Evidence		Strong Evidence		
Clearinghouse	Entry Name & Link		Evidence Rating	
WSIPP	Adult Criminal Justice—Ve	ocational Education in	Positive impact	
	<u>Prison</u>			