

SPOTLIGHT ON FINANCE

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National Preparedness Month-September 2022

National Preparedness Month, observed each year in September, helps raise awareness on the importance of being prepared for an emergency or disaster-including ways to help you prepare financially. Visit www.ready.gov/financial-preparedness and take advantage of the many resources available.

TAKE ACTION TO PROTECT YOURSELF IN
THE EVENT OF A FINANCIAL EMERGENCY

Start an emergency savings account to prepare for unexpected financial emergencies or disasters.



Review insurance policies regularly. Ensure you have the right types and amounts of coverage.

Protect important records and document your possessions.



Create and update your emergency plan.

After a disaster, contact your insurance company as soon as possible.



Look into assistance options after the disaster by logging on to DisasterAssistance.gov, visiting a Disaster Recovery Center in your community, or dialing 211 for a referral for community-based resources.

To get started, tips on reducing the impact of disasters on your family and you can be found in a joint Operation Hope and FEMA publication, [Emergency Financial First Aid Kit](#).

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Tennessee Department of Financial Institutions

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