

 <p style="text-align: center;">ADMINISTRATIVE POLICIES AND PROCEDURES State of Tennessee Department of Correction</p>	Index #: 113.83	Page 1 of 9
	Effective Date: March 15, 2020	
	Distribution: A	
	Supersedes: 113.83 (3/15/16)	
Approved by: Tony Parker		
Subject: MENTAL HEALTH EVALUATION AND MENTAL HEALTH TREATMENT PLAN		

- I. AUTHORITY: TCA 4-3-603 and TCA 4-3-606.
- II. PURPOSE: To provide guidelines for the mental health evaluation process and treatment plan and to define the contract agreement between inmates and provider(s) regarding mental health clinical services.
- III. APPLICATION: All Tennessee Department of Correction (TDOC) personnel to include mental health and physical health care providers, contractors, and privately managed institutions.
- IV. DEFINITIONS:
 - A. Licensed Independent Mental Health Professional (LIMHP): For purposes of this policy, a licensed psychiatrist, advanced practice nurse (APN), psychologist with health service provider designation, senior psychological examiner, licensed clinical social worker, or licensed professional counselor with health service provider designation. These individuals shall meet all educational competency and licensure/certification criteria mandated by their regulatory boards.
 - B. Mental Health Intake Appraisal and Evaluation (CR-4180): A structured compilation of pertinent clinical, medical, and historical background demographics related to a specific inmate, which shall include, but not be limited to, treatment recommendation(s) and diagnostic impression(s).
 - C. Mental Health Treatment Plan (CR-3326): An individualized document that defines the contract/agreement between the inmate and treatment provider(s) regarding mental health services. A treatment plan is based upon the assessment of an inmate's mental health needs.
 - D. Mental Health Treatment Plan Review (CR-3767): A clinical addendum to the most recent mental health treatment plan which documents progress and revisions of initial treatment goals.
 - E. Qualified Mental Health Professional: For purposes of this policy, a licensed psychological examiner or other individual who is professionally licensed/certified as a therapeutic professional or a mental health professional having a master's degree in the behavioral sciences.
- V. POLICY: A mental health evaluation/update and a mental health treatment plan/treatment plan review shall be completed to assist in making a disposition for treatment services for inmates identified as requiring mental health intervention.
- VI. PROCEDURES:

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A. Mental Health Evaluation

1. The licensed independent mental health professional (See Policy #113.88) is responsible for assessing the inmate's clinical needs and completing the Mental Health Intake Appraisal and Evaluation, CR-4180. Other licensed/qualified mental health professionals (See Policy #113.88) may initiate or contribute to the development of the-mental health evaluation or update.
2. The initial Mental Health Intake Appraisal and Evaluation, CR-4180, shall be completed on those inmates who have not received prior institutional mental health treatment or whose treatment has been discontinued and the provider has no access to the most recent mental health evaluation.
3. A Mental Health Intake Appraisal and Evaluation, CR-4180, shall be considered an update when the most recent mental health evaluation is available to the treatment provider and:
 - a. There is a significant change in diagnosis or
 - b. The inmate has received prior institutional mental health treatment but none for the preceding 12 months.
 - c. Intake evaluations shall require that the inmate be triaged by a QMHP or the LIMHP. If a psychiatric referral is necessary, it must be completed within seven days of triage.
 - d. When a Level of Care (LOC) 1 is released from suicide precautions/mental health seclusion, the psychiatric provider will determine if a LOC change is warranted. If the inmate's LOC is raised, then the CR-4180 shall be completed by a licensed mental health professional within 72 hours.
4. Routine mental health referrals shall require that a Mental Health Intake Appraisal and Evaluation, CR-4180, be completed within 14 days from the time the inmate has been identified as requiring a mental health intervention and the referral has been received by mental health.
5. For all inmates determined to be in need of any mental health services, recent mental health treatment records will be routinely requested after obtaining the consent of the inmate. It is the responsibility of the evaluator to get appropriate Authorization for Release of Health Services Information, CR-1885, signed at the time of the evaluation so all records needed may be requested. A copy of the form will be filed in the Health Record Section 10.
6. Inmates requesting and determined to be in need of mental health services will be referred to treatment opportunities as indicated by the inmate's diagnosis. Individual and group treatment services will be documented on the mental health treatment plan and updated on the mental health progress note.

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7. The inmate's level of care designation shall be assigned at the conclusion of the mental health evaluation. The level of care (LOC) or changes to LOC can only be assigned by a psychiatric provider or psychologist with health services provider designation. The level of care assigned shall be entered in the offender management system (OMS) Mental Health Screen LHSM and on the Health Services Major Medical Conditions Problem List, CR-1894. (See #113.89 for form sample)

B. Mental Health Treatment Plan

1. Except in circumstances of involuntary treatment rendered in accordance with Policy #113.89, the inmate or the inmate's healthcare agent (conservator, e.g.) shall participate in the development and review of his/her treatment plan in accordance with Policy #113.51. Consultation with the inmate's healthcare agent about the development or update of the treatment plan may occur in person, by telephone, or by mail, according to the healthcare agent's preference.
2. An individual Mental Health Treatment Plan, CR-3326, shall include a series of written statements that address key components of the inmate's mental health issues and treatment. Mental Health Treatment plans shall be developed after a Mental Health Intake Appraisal and Evaluation, CR-4180, reveals the initiation of psychological and/or psychiatric treatment.
3. A mental health treatment plan shall include, but not be limited to, the following:
 - a. A diagnosis and code identified from the most current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM)
 - b. Target symptoms and presenting problems
 - c. Goals to address target symptom and presenting problems
 - d. The types of therapeutic interventions and frequency that will be used to achieve those goals.
 - e. Signature and title of the providers who will deliver the treatment
 - f. Signature of the inmate or healthcare agent.
4. Co-signature on Mental Health Treatment Plan, CR-3326, and Mental Health Treatment Plan Review, CR-3767, by the licensed independent mental health professional is required for qualified mental health professionals who primarily develop treatment plans and treatment plan reviews. The original Mental Health Treatment Plan, CR-3326, shall be filed in the most current health record.
5. For intra-system transfers, existing treatment plans and/or treatment plan reviews shall require the signature of the new provider(s) or new plans/reviews shall be developed within 14 days of the inmate's arrival at the facility to ensure continuity of treatment.

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6. At least once per quarter, the Mental Health Administrator/designee shall provide the Warden/Superintendent and the Director of Behavioral Health Services with a list of names of inmates who have active treatment plans.
7. The inmate's signature on the Informed Consent for Assessment and Treatment, CR-3766, shall signify his/her consent for mental health services by the licensed independent mental health professional and/or the qualified mental health professional.
8. The attending treatment provider shall review the mental health treatment plan periodically, with the inmate or healthcare agent, as often as may be indicated by the inmate's presentation, but no less than every six months. Such periodic review shall be documented on Mental Health Treatment Plan Review, CR-3767.
9. The most current mental health diagnosis for the patient is recorded on the Major Problem List, CR-1894.

VII. ACA STANDARDS: 4-4350, 4-4368, 4-4372, and 4-4399.

VIII. EXPIRATION DATE: March 15, 2023.



**TENNESSEE DEPARTMENT OF CORRECTIONS
MENTAL HEALTH INTAKE APPRAISAL AND EVALUATION**

INSTITUTION

NAME: _____ TDOC ID: _____ DATE: _____
 DOB: _____ Gender: _____ Race: _____ Date of TDOC Arrival: _____

I. BEHAVIORAL OBSERVATION / MENTAL STATUS INITIAL EVAL UPDATED EVAL DATE OF INITIAL EVAL _____

Mood & Affect	Thought Content	Orientation	Memory	Judgment & Insight	General Appearance	Speech	
<input type="checkbox"/> Appropriate <input type="checkbox"/> Incongruent <input type="checkbox"/> Flat Affect <input type="checkbox"/> Sad Mood <input type="checkbox"/> Hopeless <input type="checkbox"/> Anxiety/Panic <input type="checkbox"/> Manic <input type="checkbox"/> Labile/Swings <input type="checkbox"/> Euphoric <input type="checkbox"/> Impulsive <input type="checkbox"/> Hostile	<input type="checkbox"/> Normal/Appropriate <input type="checkbox"/> Poor Focus/Inattentive <input type="checkbox"/> Negative/Pessimistic <input type="checkbox"/> Indecisive/Confused <input type="checkbox"/> Paranoid/Suspicious <input type="checkbox"/> Loose Assoc <input type="checkbox"/> Flight of Ideas <input type="checkbox"/> Racing Thoughts <input type="checkbox"/> Expansive <input type="checkbox"/> Suicidal/Self-Harm <input type="checkbox"/> Homicidal/Assaultive	<input type="checkbox"/> Oriented X1, 2, 3, 4 _____ <input type="checkbox"/> Disoriented <input type="checkbox"/> Person <input type="checkbox"/> Time <input type="checkbox"/> Place <input type="checkbox"/> Situation	<input type="checkbox"/> Intact <input type="checkbox"/> Impaired <input type="checkbox"/> Immediate <input type="checkbox"/> Recent <input type="checkbox"/> Remote <input type="checkbox"/> Confabulations Loss specific to <input type="checkbox"/> Trauma <input type="checkbox"/> TBI / Stroke <input type="checkbox"/> Other _____	JUDGMENT <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor INSIGHT <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor	<input type="checkbox"/> Neat <input type="checkbox"/> Unclean <input type="checkbox"/> Bizarre <input type="checkbox"/> Disheveled EYE CONTACT <input type="checkbox"/> Good <input type="checkbox"/> Fair <input type="checkbox"/> Poor	<input type="checkbox"/> Normal <input type="checkbox"/> Hesitant <input type="checkbox"/> Low/Quiet <input type="checkbox"/> Mute <input type="checkbox"/> Circumstantial <input type="checkbox"/> Rambling <input type="checkbox"/> Perseverating <input type="checkbox"/> Flight of Ideas <input type="checkbox"/> Threatening <input type="checkbox"/> Other _____	<input type="checkbox"/> Appropriate <input type="checkbox"/> Slowed <input type="checkbox"/> Mumbling <input type="checkbox"/> Loud <input type="checkbox"/> Tangential <input type="checkbox"/> Slurred <input type="checkbox"/> Rapid <input type="checkbox"/> Pressured <input type="checkbox"/> Angry

Observations/Comments: Cooperative Pleasant Reluctant Withdrawn Uncooperative Bizarre Behavior: _____

II. EDUCATION HISTORY

High School: Highest Grade Completed: _____ GED High School Diploma Enrolled in Special Ed Classes Special Ed Diploma
College/Vocational: Years Completed: _____ Area of Study: _____ Degree Received: _____
 Comments: _____

III. WORK HISTORY

Never Worked Years of Military Service: _____ Deployed in Combat Zone Receiving Disability Prior to Incarceration for: _____
 Last Job Held in Free-World: _____ Longest Held Job: _____
 Comments: _____

IV. FAMILY AND TRAUMA HISTORY

Parent(s) Deceased: Mother Father No, Both Living Routine contact with: Mother Father Siblings Other Family Members
 Parental Divorce: No Yes: Age at time of divorce: _____ Raised by: _____ Adopted
 Childhood Trauma: None Abuse/Neglect Poor/Absent Parenting Parental Death Foster Care/Group Home Arrest/Detention
 Describe: _____
 Family history of substance abuse: No Yes: _____
 Family history of mental health problems/treatment: No If yes, who: _____
 Describe issues/treatment: _____
 Trauma as adult: No Yes: _____
 Comments: _____

V. SIGNIFICANT OTHER, CHILDREN AND SOCIAL SUPPORT

Currently Married/Significant Other: No Yes, Supportive Relationship YES, BUT: Estranged No Contact Divorcing/Separating
 Prior Marriages/Divorces: No Yes, #: _____ Children: No If yes, # and ages: _____
 Custody of children: No Yes N/A Contact Frequency with Children: None Minimal Occasional Frequent Visitation
 Caregiver to Children: No Yes Permanent Loss of Custody to: Custodial Parent Adoption Foster Care Relative Other

NAME: _____ TDOC ID: _____ DATE: _____

Supportive family members you feel closest to NOW: _____

Support System: Spouse/Partner Family Friends Describe contact: _____

Recent Loss/Stressors: _____ Comments: _____

VI. SUBSTANCE USE HISTORY & TREATMENT

Inmate Denies Prior Substance Use/Abuse Issues

Name of Substance	Use Frequency	Abuse	Dependence	First Use	Last Use	While Incarcerated?
Opioids:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Stimulants:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Cannabis/THC:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
ETOH:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Hallucinogens:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Inhalants:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Sedative/Hypnotic/Anxiolytic:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes
Other:		<input type="checkbox"/>	<input type="checkbox"/>			<input type="checkbox"/> No <input type="checkbox"/> Yes

Substance Use Treatment: None Yes, Outpatient (# _____) Yes, Inpatient (# _____) How many completed: _____

Age of First Treatment: _____ Age of Last Treatment: _____ Comments: _____

How many prior overdoses with medical attention needed: _____ How many medical hospitalizations due to substance use: _____

Comments: _____

VII. CRIMINAL HISTORY AND ASSAULTIVE/VIOLENT BEHAVIORS

Violence: Yes, Last Date: _____ No History

Current conviction(s): _____ Sentence (Yrs): _____ @ _____ %

Responsibility: Admits Denies Shows Remorse Victim Stance: _____

Juvenile convictions: _____

Physical Assault: Without weapon With weapon Sexual Assault: Adult victim Child victim (Age _____) Both Child & Adult

Terroristic threats or acts: No Yes / Homicide, manslaughter or other assault resulting in victim's death: _____

History Supports Potential for Violence: No Yes Noted Antisocial Traits Adjustment to Incarceration: WNL Fair Poor Needs Help

Comments: _____ Prior Adjustment: WNL Fair Poor

VIII. MEDICAL CONCERNS

No Reported Medical Concerns

Seizures: No Yes On Anticonvulsive Meds Head Trauma: No Yes, with loss of consciousness Yes, but no loss of consciousness

General Medical Conditions: _____

Current Pregnancy _____ Wks Other Medical Concerns: _____

Poor Appetite: _____ Weight Loss: _____ Eating Disorder: _____ Sleep Deficits: _____

Past Surgeries/Other Comments: _____

IX. SUICIDAL IDEATION AND SUICIDE ATTEMPTS

Last suicide attempt: Never Age: _____ Method: _____ Medical attention needed: Yes No

Number of prior suicide attempts: _____ Method(s): _____ Medical attention needed: Yes No

Identified triggers for suicidal thoughts/behaviors: _____

Suicide attempts while incarcerated? No Yes: _____ Suicide attempts while intoxicated/high? No Yes _____

History supports suicide potential: No Yes Immediate need for suicide risk assessment: MH provider and security notified

Comments: _____

Place on High Risk Log

NAME: _____ TDOC ID: _____ DATE: _____

X. NON-SUICIDAL SELF-INJURIOUS BEHAVIOR (NSSIB)

Last self-injury episode: Never Age: _____ Method: _____ Medical attention needed: Yes No

Type of NSSIB: Cutting Head Banging Non-Cosmetic Burning Self-Mutilation Object Insertion Other: _____

NSSIB while incarcerated? Yes No NSSIB while intoxicated or high? Yes No Placed on High Risk Log

Comments: _____

XI. MENTAL HEALTH TREATMENT HISTORY

Records Available Records Not Available Records Requested

OUTPATIENT TREATMENT

No History of Outpatient Treatment

Last outpatient treatment: Never Age: _____ # of Sessions: _____ Reason for treatment: _____

Prior outpatient treatment: Never Age: _____ # of Sessions: _____ Reason for treatment: _____

Prior outpatient facilities: _____

Prior diagnoses: _____

Comments: _____

INPATIENT TREATMENT

History of Hospitalization Related to Suicide Threat

No History of Inpatient Treatment

Last inpatient treatment: Never Age: _____ How long: _____ Reason hospitalized: _____

Last inpatient facility: _____ Number of inpatient stays: _____ Longest stay: _____

Working diagnoses: _____

Age of 1st Psychiatric Hospitalization: _____ Age of Last Psychiatric Hospitalization _____ Age of longest treatment duration: _____

Comments: _____

PSYCHOTROPIC MEDICATIONS

No History of Psychotropic Medications

Current medications (or within last 2-4 weeks): _____ None

Yes, prescribed in county jail Date last dose received: _____ Generally med compliant? Yes No

Current meds intended to treat: _____

Psychotropic meds previously prescribed: _____ None

AIMS Completed

Treatment Compliance: Always Usually Sometimes Infrequently Primarily When Incarcerated Likely Confounded with Substance Use

Age first prescribed meds: _____ Age last prescribed meds: _____ Arrived on meds Allergies: _____

XII. MENTAL HEALTH DIAGNOSTIC CHECKLIST

(To be completed by a licensed mental health professional only)

SYMPTOMS CONSISTENT WITH ANXIETY, PHOBIAS, OBSESSIVENESS & TRAUMA

<input type="checkbox"/> Poor Focus / Concentration	<input type="checkbox"/> Obsessive Behaviors / Thoughts	<input type="checkbox"/> Flashbacks or Dissociation	<input type="checkbox"/> Mental Confusion / Amnesia
<input type="checkbox"/> Anxiety / Excessive Worry	<input type="checkbox"/> Noted CNS Hyperarousal	<input type="checkbox"/> Sleep: Insomnia / Hypersomnia	<input type="checkbox"/> Social Avoidance / Withdrawal
<input type="checkbox"/> Panic Attacks	<input type="checkbox"/> Jumpy / Easily Started	<input type="checkbox"/> Elevated Noise Sensitivity	<input type="checkbox"/> Inability to Trust Others
<input type="checkbox"/> Excessive Fear or Phobias	<input type="checkbox"/> Nightmares or Night Terrors	<input type="checkbox"/> Elevated Touch Sensitivity	<input type="checkbox"/> Paranoid / Suspicious

MOOD-RELATED SYMPTOMS, BEHAVIORAL PROBLEMS & SUICIDALITY/SELF-INJURY

<input type="checkbox"/> Chronic Irritability	<input type="checkbox"/> Loss of Interest in Activities	<input type="checkbox"/> High Impulsivity	<input type="checkbox"/> Prior Suicidal Ideation
<input type="checkbox"/> Angry Outbursts	<input type="checkbox"/> Poor / Inconsistent ADL's	<input type="checkbox"/> Chronic Relationship Losses	<input type="checkbox"/> Prior Suicide Attempts
<input type="checkbox"/> High Hostility / Aggression	<input type="checkbox"/> Mood Swings / Lability	<input type="checkbox"/> Gross Social Deficits	<input type="checkbox"/> Borderline PD Traits
<input type="checkbox"/> Sadness / Depression	<input type="checkbox"/> Manic / Hypo-Manic Symptoms	<input type="checkbox"/> Suspected Cognitive Deficits	<input type="checkbox"/> Antisocial PD Traits
<input type="checkbox"/> Fatigue / Lethargy	<input type="checkbox"/> Racing Thoughts	<input type="checkbox"/> Self-Injury / Self-Mutilation	<input type="checkbox"/> Highly Dangerous / Homicidal

NAME: _____ TDOC ID: _____ DATE: _____

AUDITORY / VISUAL HALLUCINATIONS & DELUSIONS					
<input type="checkbox"/> Delusions:	<input type="checkbox"/> N/A	<input type="checkbox"/> Visual Hallucinations:	<input type="checkbox"/> N/A	<input type="checkbox"/> Auditory Hallucinations:	<input type="checkbox"/> N/A
<input type="checkbox"/> Grandiose	<input type="checkbox"/> Persecutory	_____	_____	_____	_____
<input type="checkbox"/> Religious	<input type="checkbox"/> Somatic	_____	_____	_____	_____
<input type="checkbox"/> Other: _____				Type →	<input type="checkbox"/> Olfactory <input type="checkbox"/> Hostile <input type="checkbox"/> Tactile <input type="checkbox"/> Demeaning <input type="checkbox"/> Threatening <input type="checkbox"/> Accusing <input type="checkbox"/> Commands to hurt: <u> </u> Self <u> </u> Others
OTHER SYMPTOMS & STRESSORS					
<input type="checkbox"/> Poor appetite	<input type="checkbox"/> Bizarre Behavior	<input type="checkbox"/> Stress: Health Concerns	<input type="checkbox"/> Stress: Current/Future Sentencing		
<input type="checkbox"/> Weight Loss	<input type="checkbox"/> Fecal / Blood Smearing	<input type="checkbox"/> Stress: Family Concerns	<input type="checkbox"/> Other: _____		
<input type="checkbox"/> Eating Disorder	<input type="checkbox"/> Suspected Gender Dysphoria	<input type="checkbox"/> Stress: Recent Losses	_____		

Comments: _____

XIII. DIAGNOSTIC IMPRESSIONS (DSM-5): (To be completed by a licensed mental health professional only)

F-CODE	COMPLETE DIAGNOSTIC LABEL	MODIFIERS
F	1.	
F	2.	
F	3.	
F	4.	
F	5.	
F	6.	
F	7.	
F	8.	

Comments: _____

Rule-out diagnoses to be considered by treating provider(s) and therapist during ongoing treatment: _____

Additional comments/concerns/observations (continued from prior pages): _____

XIV. MENTAL HEALTH TREATMENT RECOMMENDATIONS

- No mental health treatment/treatment plan currently indicated (based on presenting symptoms).
- Inmate refusing mental health services due to: _____
- Pharmacotherapy indicated and referral placed. -OR- Psychotropics prescribed: _____
- Inmate referred for psychotherapy: Individual Group TCOM GRTH TC/PC Veteran's SLU Other: _____
- Level of care of assigned: I II III IV V (Immediate placement on Suicide Precaution/Mental Health Seclusion)
- Inmate referred to medical for: _____
- Other recommendations/considerations: _____

Qualified Mental Health Provider (Completing Sections I – XI Only)	Staff Title	Date	Time
Licensed Mental Health Signature	Staff Title	Date	Time



TENNESSEE DEPARTMENT OF CORRECTION
MENTAL HEALTH TREATMENT PLAN REVIEW

INSTITUTION

INMATE:
TDOC ID:
DATE OF BIRTH:
GENDER:

TREATMENT PLAN REVIEW DUE ON:
VOLUNTARY INVOLUNTARY LEVEL OF CARE
INPATIENT OUTPATIENT
SPECIAL UNIT: SPECIFY:

LEVEL OF CARE: II III IV V

DSM-5 DIAGNOSIS:

Blank lines for DSM-5 diagnosis entry.

TARGET SYMPTOMS/PROBLEMS:

- 1) SAME REVISED
2) SAME REVISED
3) SAME REVISED
4) SAME REVISED
5) SAME REVISED

PROGRESS ACCORDING TO TREATMENT PLAN GOALS:

- 1) NONE MINIMAL IMPROVED DISCHARGE GOAL
2) NONE MINIMAL IMPROVED DISCHARGE GOAL
3) NONE MINIMAL IMPROVED DISCHARGE GOAL
4) NONE MINIMAL IMPROVED DISCHARGE GOAL
5) NONE MINIMAL IMPROVED DISCHARGE GOAL

NEW/REVISED TREATMENT MODALITY AND FREQUENCY:

Blank lines for treatment modality and frequency entry.

INMATE SIGNATURE / CONSERVATOR SIGNATURE DATE
STAFF SIGNATURE TITLE DATE
STAFF SIGNATURE TITLE DATE
RECEIVING PROVIDER DATE



TENNESSEE DEPARTMENT OF CORRECTION
AUTHORIZATION FOR RELEASE OF HEALTH SERVICES INFORMATION

INSTITUTION

INMATE NAME (PRINTED) TDOC ID

SOCIAL SECURITY NUMBER DATE OF BIRTH GENDER

I hereby authorize (NAME OF PROVIDER/FACILITY) to release the information indicated below to the Tennessee Department of Correction (TDOC) regarding my medical treatment.

TDOC Facility Name/Community Supervision Office:

Facility Address:

Phone Number: Fax Number:

I hereby authorize the Tennessee Department of Correction to release the information indicated below to the following:

Name: Relationship to Inmate:

Address:

Address 2:

Phone Number: Fax Number:

Please release the following information (Check "✓" all that apply):

- Health Record Infectious Disease Record Dental Record Mental Health Record Psychotherapy Notes
Substance Use Diagnosis/Treatment Other dates through

Note: An authorization for the release of psychotherapy notes cannot be made in conjunction with an authorization for the release of any other confidential health information.

- This authorization expires six (6) months from the date of the signature below and covers only information created prior to that date.
I understand that any release, which was made prior to a retraction hereof, and based on this signed authorization, will not constitute a breach of my privacy rights.
I understand that this authorization is necessary to release information that is deemed private and confidential by law (health records, TCA 10-7-504, mental health records, TCA 33-3-103).
I understand that a provider may not condition treatment on whether or not I sign this authorization.
Although the recipient should obtain my authorization before releasing my private information, I understand that if the recipient chooses to re-disclose this information, TDOC cannot ensure its protection by privacy laws.

The subject of the information must sign this authorization. If the subject is under 18 years of age, it must be signed by a parent or legally appointed guardian. If the subject is not legally competent to sign, or is unable to sign, Authorized Representative (a legally appointed conservator, guardian, or attorney-in-fact appointed pursuant to a durable power of attorney for healthcare) must sign this authorization.

Inmate Signature

Date

Signature of Parent (if minor) or Authorized Representative

Date

Witness Signature

Date



**TENNESSEE DEPARTMENT OF CORRECTION
MENTAL HEALTH SERVICES
INFORMED CONSENT FOR ASSESSMENT AND TREATMENT**

INSTITUTION

INMATE NAME

TDOC ID

DATE OF BIRTH

I hereby authorize _____ to perform the following assessment or treatment:

Use Layman's Terms

The type and extent of services that I will receive will be determined following an initial assessment and thorough discussion with me. The goal of the assessment process is to determine the best course of treatment for me.

I understand that a range of mental health professionals, some of whom are in training, provides mental health services. All professionals-in-training are supervised by licensed staff.

I understand that while psychotherapy and/or medication, may provide significant benefits, it may also pose risks. If medications are prescribed, the psychiatric provider and I have discussed:

- My Mental Health Condition
- The reasons for prescribing the medication, including the likelihood of my condition
- Improving or not improving without the medicine.
- Reasonable alternative treatments available for my condition.
- The type of medication that I will be receiving, the frequency and range of dosages, the method by which I will take the medication (shots or mouth), and duration of such treatment.
- The side effects of these drugs known to commonly occur and any particular side effects likely to occur in my particular case.

Psychological Services can have benefits and risks. Since therapy often involves discussing unpleasant aspects of my life, I may experience uncomfortable feelings like sadness, guilt, anger, frustration, loneliness, and helplessness. On the other hand, psychotherapy has also been shown to have benefits such as significant reductions in feelings of distress.

I acknowledge that no guarantee or assurance has been made as to the result that may be obtained.

If any unforeseen condition arises in the course of the intervention for the judgment of the practitioner for procedures in addition to or different from those now contemplated a new informed consent assessment and treatment will be obtained.

I have read and fully understand the terms of this consent.

Date: _____ Time: _____

Signature of the inmate or person authorized to consent for inmate

Signature of Practitioner and Professional Title

Signature of Practitioner and Professional Title

Witness: _____