



TDMHSAS Executive Assistant receives Governor's Excellence in Service Award

Kris Jernighan is one of 23 state employees honored



NASHVILLE – Governor Bill Haslam and First Lady Crissy Haslam honored 23 state employees who are helping Tennessee lead by providing outstanding state services every day. The employees, who were nominated by their departments' leadership for

the Governor's Excellence in Service Awards, were invited to attend a luncheon at the Tennessee Residence for providing efficient and effective service to the state and their fellow Tennesseans.

"The employees honored today are on the forefront of improving how Tennessee state government delivers services," Haslam said. "By exceeding leadership and customer expectations, creating innovative solutions or improving processes and services, these state employees are helping provide taxpayers with the highest quality service at the lowest possible cost."

Haslam launched the biannual Governor's Excellence in Service Awards in 2016 to honor state employees who provide services in the most customer focused and effective manner. This is the fifth group of state employees to be recognized by the governor and first lady.

"Kris is a person who truly leads through service to others. He's a reliable source of stability whose influence is not always seen but always felt," said Commissioner Marie Williams. "More than that, he's a great person to be around. I'm so thankful for his dedication to this department and his tireless work to serve the people of Tennessee."

To view the complete list of honorees and read why they were chosen to represent their department, visit tn.gov/governor.



Congratulations to all Spring 2018 honorees!

Medication Assisted Treatment Training Institute - Register Now!

Registration Open Now!

Medication Assisted Treatment

Training Institute **2018**
Conference

Nuts & Bolts: A Primer from an Administrative & Clinical Perspective

Monday, September 24, 2018

8:30 a.m. – 5:00 p.m.

Nashville Airport Marriott

Interested in attending? Visit: <https://bit.ly/2KPclwP>



This project is funded under a grant contract with the Tennessee Department of Mental Health and Substance Abuse Services.

Mental Health Block Grant is available for public review; comments due Aug. 17



The draft 2019 Mental Health Block Grant is available for public review and comment. [Click this link to review the draft document.](#) Please submit your comments to Avis.Easley@tn.gov by August

TDMHSAS Transformational Leadership Academy holds first meetings

The first-ever TDMHSAS Transformational Leadership Academy held its first two summit meetings on July 17-18 and August 1-2. The group of participants representing all 4 RMHI's and the Central Office learned skills in self-knowledge, conflict management, and understanding and motivating others. In all, the academy will hold six summit meetings with additional sessions for project presentations and graduation in February 2019. Congrats to all of the participants for their selection to this exciting opportunity: Keye Blackmon, Steve Blair, Jeremy Bogue, Janice Bunday, Tabitha Cheairs, Eric Doxy, Tiffeny Greene, Tony Jackson, Natalie Jefferson, Nancy Moore, Nakita Odom, Nicole Rivers, Alicia Robeson, David Shankles, Chandra Wilbourn.

Crisis Intervention Team training: "NAMI Mommies" offer a Mother's Perspective

Watch the full series on the Law Enforcement – Mental Health Collaborative in Madison County on our [YouTube page](#).



Tennessee's work with children, youth,

young adults, and families shines at the Institute for Innovation and Implementation

The Office of Children, Young Adults, and Families, as well as System of Care Across Tennessee (SOCAT) providers, partners, and families, attended the University of Maryland, Baltimore Training Institutes July 25-28 in Washington, D.C. Sponsored by the University of Maryland School of Social Work and hosted by The Institute for Innovation and Implementation, this year's theme was "Leading Change - Integrating Systems and Improving Outcomes in Behavioral Health for Children, Youth, Young Adults, and Their Families." This is a biannual conference where individuals and families can come to learn about the latest in funding, treatment, research, and policy regarding children's mental health.



All smiles with TCCY! Bottom row, left to right: Brenda Donaldson and Lindsay Sinicki (from Central Office) and Melissa Binkley (Regional Intervention Program) Middle row, left to right: Don Walker, Keri Virgo, and Jules Wilson (from Central Office) and Laritha Fentress, TCCY. Top row, left to right: Jerri Moore, Jill Murphy, and Melissa McGee, TCCY.



Garla Camarillo, Connie Farmer, and Tabatha Stone (Volunteer Behavioral Health) stand in front of the System of Care Across Tennessee poster which outlines the SOCAT journey: past, present, and future!



Heather Taylor Griffith (Director of the TDMHSAS Office of Children, Young Adults, and Families) and Melissa Binkley (Director of the Regional Intervention Program) presented the RIP poster which provided an overview of the program that has served Tennessee children and their families for 50 years.

participates in community health fair



Last month, Memphis Mental Health Institute (MMHI) was excited to participate in Methodist HealthCare's inaugural Sickle Cell Center Health Fair. Staffers shared information and distributed materials about the significance of maintaining good mental health as well as how MMHI can assist the citizens of Shelby County during a mental health crisis.

*Pictured at the fair are: Assistant Nurse Executive **Zachary Edmiston**; Psychiatric Social Workers **Flora Black** and **Jennifer Newson**; Assistant Supervisor of Program Services **Carla Gool**; and Social Services Director **Cassandra Clariett**.*

Session teaches up-and-coming trainers how to "Be the One," help prevent suicide



The Crisis Services and Suicide Prevention team held a "Be The One" Train-the-Trainer Session on July 26 at the Andrew Jackson building. Participants

in the class included TDMHSAS employees from a variety of locations and an employee with Benefits Administration in the Department of Finance and Administration. You can learn more about the “Be the One” suicide prevention campaign [on our website at this link](#).

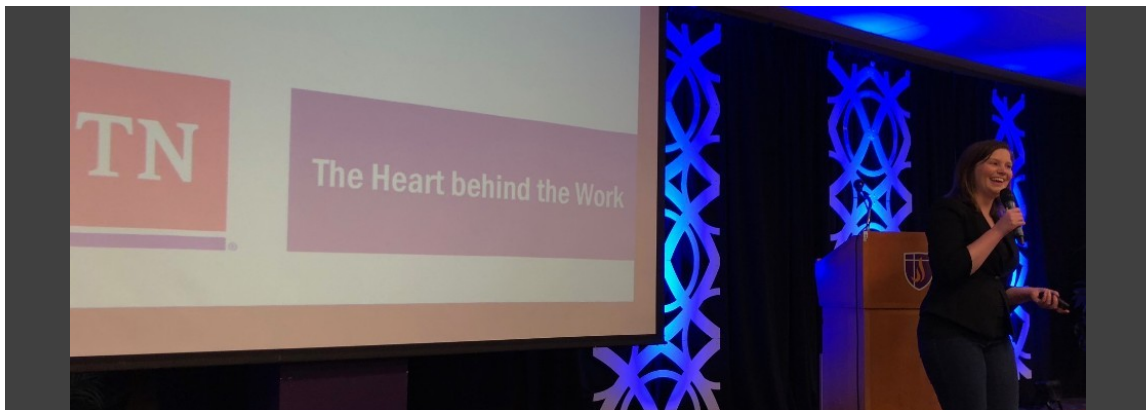
System of Care Across Tennessee opens Training and Technical Assistance Center

The Training and Technical Assistance Center (TTAC) promotes system of care values and principles through providing quality resources, training, and consultation to youth and young adults with behavioral health needs, their families, and those who serve them. Periodically, the TTAC will send out newsletters on upcoming training opportunities and conferences.

View the first TTAC newsletter: <https://conta.cc/2ATl0V2>

To subscribe to future newsletters: <https://goo.gl/forms/uj0qm65XU49X5Hxh1>

Bringing a clinical perspective to a national Mental Health Marketing Conference



For the second year in a row, **Diana Kirby** has been asked to speak at the Mental Health Marketing Conference held in Nashville. As the Project Director of TLC Connect and TARGET, Diana was able to bring a clinical perspective to a conference that attracts behavioral health marketers from across the nation looking to reach clients. Her session this year was titled: "Changing the Conversation of Crisis: Expanding Your Reach to At-Risk Consumers."

Central Office staff lead breakout sessions at Davidson County Sheriff's Office annual

Lifecycle conference

The Davidson County Sheriff's Office and Sheriff Daron Hall hosted the fifth annual Lifecycle Conference July 24 at St. James Missionary Baptist Church. The Lifecycle mission is: to promote community collaboration that develops awareness and solution-based programs in hopes of breaking the cycle of addiction, mental illness, joblessness, and homelessness.

Department participants included: Gwen Hamer, Noelle Suarez-Murias, Ken Horvath, and Tony Jackson.



Hippel, Layman teach Advocacy 101 at Vanderbilt University's "grand rounds"

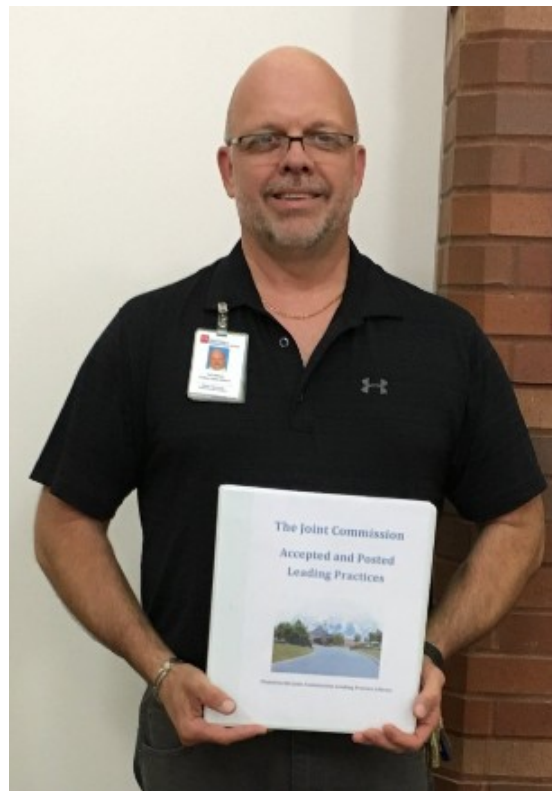


Assistant Commissioner **Kurt Hippel** (left) and Legislative Liaison **Jim Layman**(Division of Planning, Policy, and Legislation) spoke with LCSWs at Vanderbilt on July 20 as part of the "grand rounds" program. They shared how to find Legislative information, how to meet with their legislator, and provided an update on recent legislation.

MTMHI Safety Officer Salyers recognized for 11th time by The Joint Commission

Congratulations to **Ted Salyers** who serves as the Facilities Safety Officer 3 at Middle Tennessee Mental Health Institute. He recently had his 11th Leading Practice accepted by The Joint Commission. The hospital accreditation authority accepted Salyers' Fire Drill Compliance Matrix which is a fire drill scheduling tool that will auto calculate the time and day range parameters for the next quarter's same shift fire drill. The other ten Leading Practices that Salyers has successfully submitted include tools for everything from suicide risk to disaster drills.

An 11-year veteran of the department and the MTMHI Quality Management Team, Ted has more than 25 years in fire and life safety accreditation experience. Prior to relocating to Tennessee in 2007, Ted worked as a deputy sheriff and safety coordinator in the Compliance Unit for the Broward County Sheriff's Office in Broward County, Florida where he retired after 20 years of service. Ted hopes that the leading practice tools now accepted by The Joint Commission and available on



Welcome Pharmacy Resident Caitlin Wise



Dr. Caitlin Wise has joined the Office of Clinical Leadership as our new Pharmacy Resident. Caitlin completed her undergraduate degree in biomedical sciences at Texas A&M University and completed pharmacy school at the University of Texas at Austin.

For her year-long PGY1 pharmacy residency with Dr. Wes Geminn, Caitlin's work will focus on mental health and opioid use. She is excited to be a part of the TDMHSAS team. In her spare time, Caitlin loves to bake and

enjoys sharing her creations.



We believe in the power of peer support!

Coordinators and staff from peer support centers across Tennessee gathered at Trevecca Community Church in Nashville July 31. Lisa Ragan, Director of Consumer

Affairs and Peer Recovery Services, and Peer Recovery Coordinator Michelle Webster welcomed attendees, answered questions, and shared updates. Carrie Hobbs Guiden (The Arc Tennessee) and Attorney Nathan Walsh (Disability Rights Tennessee) presented on the importance of "Supported Decision Making." Landra Orr, Stephen Kennedy, and Chris Kleiner spoke about "Creating a Network of Peer Support for Veterans in Tennessee." The afternoon concluded with a session titled, "The Role of Life Experiences in Shaping Brain Development" by Jessica Mullins, TDMHSAS.

Register for the CPRS Conference: Oct. 7-8



We are gearing up for the 2018 Certified Peer Recovery Specialist Conference scheduled for October 7-8 at Manchester Coffee County Conference Center. Our conference theme is: Together Toward Recovery! This annual statewide event will feature a keynote address, a variety of workshops pertinent to TN Peer Recovery Specialists, an awards ceremony, and more!

Stay tuned to recoverywithinreach.org and the [TDMHSAS facebook page](#) for more information and conference details!

Please share: Middle Tennessee Mental Health

Institute is having a job fair!

Click image for full size flyer

Looking
for a
Career
in State Government?

MIDDLE TENNESSEE MENTAL HEALTH INSTITUTE
invites you to a
Job Fair
and hiring event!

On-site Interviews! Recent grads welcome!

Wednesday, Aug. 22
10 a.m. - 2 p.m.
221 Stewarts Ferry Pike | Nashville

We are hiring: Entry-level psychiatric technicians, custodians, Registered Nurses, LPNs, additional clinicians.
We are an HRSA loan repayment site!



Department of
**Mental Health &
Substance Abuse Services**

Middle Tennessee
Mental Health Institute

If you have a to help people, we want to meet you!

The State of TN offers competitive benefits packages and pay increases based on performance.

Questions? Email Christy.White@tn.gov or call Human Resources at 615-902-7574.

September is National Recovery Month!

JOIN THE VOICES FOR RECOVERY
invest in health, home, purpose, and community

National
Recovery Month
Prevention Works - Treatment is Effective - People Recover
september 2018

The 2018 theme is: Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community. Find and post events in your area on samhsa.gov

RSVP: Upcoming TDMHSAS Planning & Policy Council meetings

The next TDMHSAS Statewide Planning and Policy Council meeting is Dec. 13. If you plan to attend, please RSVP via email or phone call.

Contact Amy Holland at 615-253-3785; Amy.Holland@tn.gov or Kirby Huffman at 615-253-6396; Kirby.Huffman@tn.gov.

Thursday, December 13

10 a.m. - 2 p.m.

Middle Tennessee Mental Health Institute | Nashville

Upcoming Regional Planning & Policy Council Meetings

| | | | |
|------------|-----------------------------|-------------------------------|---|
| Region VI | Tuesday, Oct. 9, 2018 | 1:30 p.m. - 3 p.m. CST | Pathways 238 Summar Dr. Jackson, TN 38301 |
| Region III | Thursday, Oct. 18, 2018 | 10 a.m. - 12 p.m. EST | AIM Center 472 W. MLK Blvd. Chattanooga, TN 37402 |
| Region VII | Tuesday, Oct. 23, 2018 | 11:30 a.m. - 1:30 p.m. CST | Lowenstein House East 6590 Kirby Center Cove, Suite 103 Memphis, TN 38115 |
| Region V | Thursday, Nov. 1, 2018 | 9:30 a.m. - 11:30 p.m. CST | TAADAS 1321 Murfreesboro Pike, Suite 130 Nashville, TN 37217 |
| Region IV | Wednesday, Nov. 7, 2018 | 11 a.m. - 1 p.m. CST | TAADAS 1321 Murfreesboro Pike, Suite 130 Nashville, TN 37217 |
| Region I | Tuesday, Nov. 13, 2018 | 10 a.m. - 12 p.m. EST | Frontier Health 1167 Spratlin Park Dr. Gray, TN 37615 |
| Region II | Wednesday, Nov. 14, 2018 | 11:30 a.m. - 1:30 p.m. EST | Helen Ross McNabb Center, Training Room 201 West Springdale Ave. Knoxville, TN 37917 |

Meeting dates are subject to change. For more information on the TDMHSAS

For questions about substance abuse treatment,
Call the Tennessee REDLINE
800-889-9789

TENNESSEE STATEWIDE CRISIS LINE
There is hope.
855-CRISIS-1 (855-274-7471)




Do you feel like you are experiencing a mental health crisis?


Our Statewide Crisis Line is here to help individuals struggling with a mental health emergency.

This phone line is free and operated by caring, trained mental health professionals, 24 hours a day, 7 days a week.

Confidential help from anywhere in Tennessee is only a phone call away.

tn.gov/behavioral-health/crisis-services

 Tennessee Department of Mental Health and Substance Abuse Services
Authorization No. 309517, June 2016, 1,000 copies. This public document was promulgated at a cost of \$1.61 per copy.

 **Department of
Mental Health &
Substance Abuse Services**

[We have a new flyer for the Tennessee Statewide Crisis Line! Click to download and share!](#)

*We hope you've enjoyed this issue of the Update!
If you have news to share (a story idea, accomplishment,
provider news, etc.) or if you'd like to be added to the
distribution list, please email:*

*The Office of Communications at OC.TDMHSAS@tn.gov.
And connect with us on social media!*



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