



We are in a season of Thanksgiving!

Thank you, Gov. & Mrs. Haslam!

For your leadership and your support . . .





Governor Haslam and Commissioner Williams participating in the groundbreaking for the Behavioral Health Urgent Care Center in Knoxville which opened this year.



Governor Haslam and Commissioner Varney joined Davidson County Recovery Court Judge Seth Norman to celebrate 20 years of improving the lives of Tennesseans who enter the criminal justice system as a result of substance use. We are so grateful for

the Governor's support of programs that provide hope, paths to recovery, and freedom from addiction.



Left: Governor and Mrs. Haslam with Liz Ledbetter (Division of Substance Abuse Services) who was chosen as the recipient of the 2016 "Excellence in Service" Award, an annual recognition of outstanding state employees. **Right:** Governor Haslam visiting Central Office and chatting with staff (2017).



Governor Haslam supporting veterans and recognizing Captain Zack Griffith/General Counsel in a 2016 ceremony. Thank you for supporting our service members!

We are so grateful to all veterans who have fought for and defended our freedoms. Thank you!



**Memphis Mental Health Institute
launches Electronic Clinical Records;
completes Department's ECR rollout**



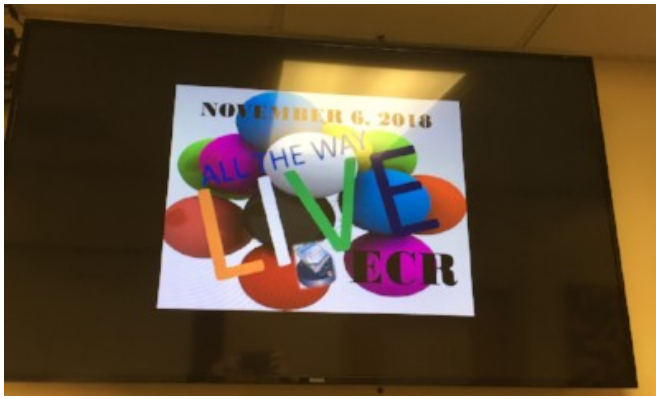
By Richard Zhu, Executive IT Director/State of TN Strategic Technology Solutions

On Nov. 6, TDMHSAS successfully went "live" with the Electronic Clinical Records project at Memphis Mental Health Institute. This marks a significant milestone for our department as we have completed phase one implementation of ECR at all four of our Regional Mental Health Institutes (RMHIs). The project encompassed many interconnected and complex components, each of which could have taken organizations years to complete. Our team was able to accomplish this Herculean effort to move from outdated paper charting to an electronic charting system which allows all staff to simultaneously access vital chart data. This modern technology provides increased effectiveness and patient safety and ultimately improves care for our most vulnerable citizens.

One of the key initiatives of the project is an improved closed-loop medication administration process. This includes receiving orders via a Computerized Provider Order Entry (CPOE), having the order verified in the new pharmacy system, and sending the order to the Electronic Medication Administration Records and automated medication dispensing cabinets. CPOE ensures that physician orders are carried out while reducing error related to handwriting and transcription. The automated medication dispensing cabinets ensure only medication and doses that the patients are prescribed are dispensed while decreasing the patient's waiting time for first doses or changes in medication. Closed loop medication administration ensures the five rights of medication administration: right medication, right dose, right patient, right time, and right route are adhered.

The success of ECR implementation, from the pilot at Western Mental Health Institute to the final implementation at Memphis Mental Health Institute, relied on coordination and collaboration from all hospital leadership, clinical staff, and information technology staff from Central Office, Strategic Technology Solutions (STS/State of TN), and at the RMHIs. Each successful implementation was built on the success of the previous implementations and RMHIs sharing resources and knowledge.

The incredible success of this project is due to the commitment and dedication of this incredible



team.

Thanks, especially, to the following team members:

Central Office Hospital Services and

Clinical Leadership Team: Bo Turner

(Executive Sponsor), Laura Young (Clinical Sponsor), Wes Geminn (Pharmacy Sponsor), Cynthia Dunomes (Clinical

Application Coordinator), Erica Schlesinger, Terry Holmes, Melissa Sparks, Peggy Large, and Kristen Tabor.

Central Office and STS IT Team: Richard Zhu (Technology Sponsor), Rob Roberts (Project Manager), Krista Stricklin (Project Manager), Sherry Oziminski, Vic Hearne, Gina Young, Lester Skinner, Crockett Hope, Vivian Verran, William Holt, Freeman Ramsey, Sheila Mann, Mrugesh Kharavala, Elaine Wilson, Mohammed Osman, Adeel Mohammed, and Carrie Kissner.

WMHI Project Team: Roger Pursley (CEO and Business Sponsor), Lisa Roy (Project Manager and Team Lead), Dwight Woodard, Kris Woods, Cheryl Trainum, Lori Nelson, Cindy Droke, Ernest Jones, James Varner, Sandeep Gude, Laura Franz, Cherilyn Jones, Britney Evans, Tom Greer, Jessica Russell, among others.

MTMHI Project Team: Joyce Kovacs (CEO and Business Sponsor), Chris Loftis (Project Manager and Team Lead), Kendra Farliss, Krystal Rogers, Josh Thompson, Cynthia Rector, Janice Daniels, Rosa Newton, Belisza Veatch, Cody Malencore, Vincy Ramapurath, Ethel Fernandez, Phyllis Gayden, Susan Seal, Lori Abriola, Emad Michael, Joenell Hardyway, Kala Simmons, LaDonna Gardner, Kimberly Hall, and others.

MBMHI Project Team: Mary Young (CEO and Business Sponsor), Kathy Berger (Project Manager and Team Lead), Sharon Perkins, Parrish Forbes, Karen Wilkey, Gayle White, Alena Miller, Shelley Vatter, Patrick McCulley, Corey Weldon, Crystal Butler, Corey Nichols, John-David Shafer, Gary Quinn, Tyler Klinner, Thomas Guinn, Karen Milan, Jane Meier, Mary Bianchi, Shelly Condra, Jennifer Moneyheffer, Rachel Tolliver, Vicky Coffelt, Todd Patton, Dr. Catanese, and others

MMHI Project Team: Pictured above: Josh Carter (CEO and Business Sponsor), Zachary Edmiston (Project Manager and Team Lead), Panya Martin, Becky Hughey, Brittany Thomas, April Thompson, Tijuana Terrell, Brian Davis, Margaret Marshall, Rhonda Pendleton, Raghib Dennis, Marites Pakib, Kimberly Johnson, Dr. Taylor Williams, Cassandra Clariette, Sharonda Monix, Cherilyn Jones, Juanita Holland, Cheryl Stevens-Manning, Wanda Johnson, Matisir Phillips, Dawn Rodriguez,

Carla Gool, John Hayden, Rex Hamilton, Dusty Austin, RQ Hullette, Jeff Coons, Margo Williams, Tabitha Cheairs, Dr. Jay Bobo, and others.

TDMHSAS awards funding for Juvenile Justice Reform; Local Diversion efforts underway!

NASHVILLE—The Tennessee Department of Mental Health and Substance Abuse Services awarded more than \$4 million in Juvenile Justice Reform Local Diversion Grants to six recipients. Grantee agencies along with partners at the state and local levels work will toward the overarching goal providing evidence-based treatment options that reduce out of home placements and help to better serve youth in their community.

Partners in this effort include the Tennessee Department of Children’s Services, Tennessee Commission on Children and Youth, Tennessee Administrative Office of the Courts, and court officers from across the state. Additionally, grantees secured letters of support from their local juvenile court judges.

“This program is all about creating new options for decision-makers in the juvenile justice system and making a difference for children across our state. I’m grateful to Governor Haslam and the General Assembly for setting this as a priority, and I’m thankful for our community behavioral health partners in this important work,” said TDMHSAS Commissioner Marie Williams.

Grant awards were targeted to areas of the state with limited in-home, community-based alternatives to out-of-home placements. Grant recipients include:

- Frontier Health
- Helen Ross McNabb Center
- Volunteer Behavioral Health
- Tennessee Voices for Children
- Youth Villages
- Carey Counseling

Grant recipients will employ services and training that are evidence-based and outcome-oriented. Work done by grantees will capitalize on the [Building Strong Brains initiative](#) which factors in the effects of childhood trauma or Adverse Childhood Experiences (ACEs).

"We know what works, and we know that if you intervene early to counteract the effect of ACEs, you get a better outcome than if you treat the issue later in life," said Commissioner Williams. "So for every child this funding reaches, we're stopping the cycle of trauma that spans generations."

Recurring funding for this program was appropriated in the FY18-19 budget which was passed by the General Assembly and signed by Governor Haslam.

Mental Health Services hires director to oversee grant




Please help us welcome **Elizabeth Reeve**, our new Director of Juvenile Justice Programs. "I am so excited to be part of this movement to decrease youth involvement in the juvenile justice system through providing quality, evidence-based interventions," said Reeve. "By collaborating with Tennessee's juvenile courts, DCS, provider agencies, and other key stakeholders, we are going to meet youth and families where they are and work to keep them together."

Prior to coming to TDMHSAS, Elizabeth Setty Reeve worked at The Arc Davidson County & Greater Nashville for about a year, overseeing the agency's employment initiative, eDocTN, before becoming director for their VOCA program. Before that, Elizabeth spent nine years with Disability Rights Tennessee, initially providing legal oversight in the areas of abuse/neglect and juvenile justice before moving into the role of Intake Director and completing her tenure there as the Legal Director.

Prior to becoming an attorney, Elizabeth worked as a Child and Youth Case Manager for Centerstone Community Mental Health, as a Patient Care Technician in the pediatric emergency room at Vanderbilt Children's Hospital, and as a Behavioral Specialist for Tennessee Voices for Children, working with children in their community, schools, and in juvenile court. She has more than sixteen years of experience working with individuals with disabilities, their families, and other community supports. Elizabeth received her B.S. in Psychology from Lipscomb University and her law degree from the Nashville School of Law. She and her husband, Rob, have one daughter and two sons.

Clarksville Montgomery Co. Veterans Treatment Court serving those who served our country



Clarksville - Montgomery County, Tennessee is a military town. With the U.S. Army's 3rd largest population at nearby Fort Campbell and an ever-increasing population of retirees choosing to stay, the area reaps the benefits that come with that association. For some soldiers and retirees though, there are wounds not necessarily visible and issues that they need help to deal with. That's where the Veterans Treatment Court comes in. In this video, you'll hear from the judge and program coordinator as well as graduates of the program. You'll hear how the VTC is changing lives for the better, and making sure no veteran is left behind.

Citizens, coalitions helping to fight addiction with another successful Prescription Drug Take Back Day



(Pictured above) Lauderdale County

The 16th National Prescription Drug Takeback Day was a big success in Tennessee. The Drug Enforcement Administration reports that they collected more than 33,000 pounds at 146 participating sites in Tennessee. That's an increase of about 13,000 pounds from the amount of prescription drugs surrendered at the Take Back Day event in April of this year. Take Back Day events are conducted in many communities with the support of TDMHSAS-funded Community Anti-Drug Coalitions. The events are a great way for coalitions to interact with the community, spread the message of prevention, and remove prescription medications from the danger of possible diversion.



Lauderdale County



Cheatham County



Franklin County



DeKalb County



Lawrence County

TN Together Media Campaign Nominated

for Regional Emmy Award

The TN Together media campaign to raise awareness about opioid addiction, treatment, recovery, and prevention resources has been nominated in the 33rd Midsouth Regional Emmy® Awards. The campaign is one of three entries nominated in the category for Community/Public Service (PSA) Campaign. The Emmy® Award-nominated video clips feature three families sharing their stories of opioid addiction and their individual journeys toward recovery. The campaign includes a call to action for viewers to dial the Tennessee REDLINE (1-800-889-9789) if they need a referral to addiction treatment resources.

The Emmy® Award-nominated video clips and others produced in the campaign have been used in a statewide effort targeting audiences of all ages using broadcast television, digital media, and social media. Through the end of September, the year-long campaign generated about 49 million impressions.

More information on the TN Together media campaign including video links is available at: <https://www.tn.gov/opioids/about-tn-together/tn-together-media-campaign.html>



Record number attend Licensure trainings

Submitted by Office of Licensure

The TDMHSAS Office of Licensure just wrapped up three regional trainings across Tennessee and saw record turnout. Licensure conducted a training in Knoxville, Murfreesboro, and Memphis and, in total, had over 300 attendees. The trainings focused on various topics including: Accounting 101 & Fiduciary Responsibilities; A Guide to Resident Rights; Update in Current Licensing Issues; Medication Assisted Treatment; Best Practice of a Personal Support Services Agency; Fire Safety and Prevention; and Social Security Representative Payee Responsibilities.

Licensure Director, Alex King, said, "These trainings were the first Licensure focused trainings in a little over four years. We've received tons of positive feedback and hope to make these trainings a yearly endeavor. We are very appreciative to Adult Protective Services, Disability Rights Tennessee, Child Protective Services, TDMHSAS personnel, and others for their commitment to make these trainings a success and look forward to hosting more in the future." Some attendees commented: "I thought it was very helpful." "Keep up the good work." And "Great job, can't wait to attend [the] next one."





Almost standing-room only at Licensure trainings held (from top to bottom) in: Knoxville,

Buprenorphine Prescribing Authority Working Group convened last month; next meeting set for Nov. 29



Following the [summer 2018 update](#) of the Tennessee NonResidential Buprenorphine Treatment Guidelines, the Buprenorphine Prescribing Authority Working Group met in October in the Andrew Jackson Building. [The next meeting is scheduled for Nov. 29.](#)

8th annual Certified Peer Recovery Specialists Conference packs Manchester Coffee Co. Conference Center

The eighth annual CPRS conference was a success, thanks to the many Certified Peer Recovery Specialists who attended, the sponsors, the speakers, the conference committee, and the volunteers who made it all possible. Our conference theme this year was: Together Toward Recovery, and the agenda was full of opportunities for learning and earning CEUs for certification. The inspiring keynote address was given by Patrick Hendry, Vice President of Peer Advocacy Services Supports and Services for Mental Health America. He spoke about the history of peer support in America. Other presenters included: Stephanie Guthrie, Dr. Monty Burks, Donald Williams, Katie Valentino, Butch Odom, Dave Hodges, Kirk Johnson, Dean Graber, Marta Hernandez, and Sheryl McCormick.

Scroll for a few highlights, including the winners of this year's awards! For many more conference photos, [visit our website](#).





Congratulations to this year's honorees!

Breaking the Silence: Losing a child to overdose inspires forums that address youth & young adult struggles



Brentwood United Methodist Church served as host for the latest Breaking the

Silence forum addressing the challenges today's youth and young adults are facing. This event examined many common challenges including anxiety, depression, and trauma which can be exhibited through concerning behaviors such as bullying, substance abuse, hurting themselves, and other self-destructive actions.

"The teen brain as we know is very different than the adult brain. It's under construction," said Liz Beatty who helped organize the program after losing her son, Alex, to an accidental overdose. "We need to be able to not lecture them out, not scare them out, not ignore their problems. We need to bring them into the conversation and help them to learn about what's going on beneath the surface."

Several staff members participated in the forum including Morenike Murphy, Director of Crisis Services & Suicide Prevention, who delivered the keynote address.

(Pictured) Tony Jackson, Director of Prevention & Early Intervention Services, and Diana Kirby, TDMHSAS Project Director for the TLC-Connect and TARGET grants presented: "United Front: Integrating Suicide & Substance Abuse Prevention Efforts." Mark Liverman, Director of Employment & Wellness, led the breakout session on Healthy Lifestyle Options.

Follow the [Breaking the Silence facebook page](#) to keep up with upcoming educational and awareness events like this one being held statewide.

Meet the inaugural class of the TDMHSAS Commissioner's Leadership Academy



Submitted by Alyssa Cave, Human Resources

The Commissioner's Leadership Academy is a competency-based leadership development program designed specifically for the Department of Mental Health and Substance Abuse Services. Participants engage in a rigorous leadership development study that is based on core competencies identified by the TDMHSAS executive leadership team. The Leadership Academy is a collaboration with Strategic Learning Solutions, comprised of six leadership summits taught by subject matter experts.

Pictured above are the participants for the inaugural class:

First row: Tiffeny Howell (WMHI), and Natalie Jefferson, Alicia Robeson (Central Office) **Second row:** David Shankles (MBMHI), Janice Bunday, (Central Office), Nakita Odom (WMHI) **Third row:** Steve Blair, Nancy Moore (MTMHI) **Fourth row:** Anthony

Jackson (Central Office), Eric Doxy (MTMHI), Jeremy Bogue (WMHI), Keye Blackmon (MBMHI)

Middle Tennessee Mental Health Institute honors staff who go above and beyond



If a staff member at Middle Tennessee Mental Health Institute is seen "going above and beyond" at work, there's a good chance they'll be honored with a "Caught in the Act" award. We are pleased to bring you the November honorees. Pictured, **left to right:** Randy Rivers, Custodial Worker; Rocshelle Vance, Custodial Worker; Amanda Sheldon, Custodial Worker, Steve Blair, Director of General Services, Greg Bolden, Director of Environmental Services

Congrats also to the following employees who were honored in October: Psychiatric Technicians Darrow Parrish and William Ocaya, RN Karita Henry, and Facilities Manager Steve Smithson. Keep up the great work!

Shelby County Public Defender's Office visits Western Mental Health Institute



Submitted by Melvin Ewell, Forensic Coordinator/WMHI

Representatives from the Shelby County Public Defender's Office recently visited Western Mental Health Institute for a tour of the facility. The purpose was to become more familiar with WMHI so that they could better communicate to their clients what to expect upon admission. Visitors were greeted by WMHI CEO Roger Pursley and also met with a group of WMHI staff to discuss ways to improve services for forensic patients and patients with judicial right of review. Representatives from The Jericho Project also participated. The Jericho Project is the nationally known diversion program that links Shelby County inmates with community-based mental health and substance abuse services.

Pictured (front row, left to right): Lori Nelson, Assistant Director of Nursing; Janell Batchellor, Staff Psychiatrist; Kena Vassar, Director of Shelby County Jericho Program; Austin Osborn, Staff Psychiatrist; and James Varner, Clinical Director.

Second row, left to right: Shawn Mahaffey, Social Worker; Melvin Ewell, Forensic Coordinator; Paul Pera, Shelby County Assistant Public Defender; Cliff Abeles, Shelby County Assistant Public Defender; Ernest Jones, Assistant Superintendent for Program Services; Phillip Taylor, Unit Nurse Manager; Chika Iwueke, Staff Psychiatrist; and Sandeep Gude, Staff Psychiatrist.

Director Morenike Murphy speaks at the "Women in Criminal Justice" Fall 2018

Symposium



The Women in Criminal Justice is a network of professionals who have the common mission of supporting women working in the field of criminal justice. Last month, the group held its second symposium with the purpose of educating, empowering, and inspiring women to reach their full potential and to achieve success in their profession. The attendees represented West, Middle, and East Tennessee regions, as well as various occupations ranging from Attorneys and Law Enforcement Officials to Support Services. In addition to Morenike Murphy, TDMHSAS Director of the Office of Crisis Services & Suicide Prevention, speakers included: Honorable Cornelia A. (Connie) Clark, TN Supreme Court Justice; Lynne Ingram, U.S. Attorney's Office; Eve Thomas, Chief of Police at Knoxville Police Department; and Donna Turner, Director of Office of Investigations & Compliance at the Department of Correction.

Morenike's presentation: "The Intersection of Hope: Integrating Mental Health with Criminal Justice" discussed the importance of integrating mental health with criminal justice and what that looks like in Tennessee, through efforts such as the state's Pre-Arrest Diversion Programs and Crisis Intervention Teams. Morenike urged attendees to collaborate and integrate efforts. "Working together empowers sectors and stakeholders to break down siloes and spreads hope and opportunity to all areas of the field."

Morenike was also asked to speak this month at Tennessee Counseling Association's: "Managing a Mental Health Crisis in Tennessee" and "Breaking the Silence: Addressing Youth & Young Adult Struggles."

Leadership Academy for Excellence in Disability Services completes work; Workgroup focuses on "No Wrong Door"



Lisa Ragan was among the latest group of State of TN employees chosen for the latest Leadership Academy for Excellence in Disability Services. The Council on Developmental Disabilities helped create the summit to address leadership development for those who work in the field of intellectual and developmental disabilities in Tennessee. "We wanted a way to ensure that leaders who work in state government programs that serve Tennesseans with disabilities would operate from a shared set of values, goals and principles and strengthen all agencies' commitment to collaboration."

Lisa worked alongside a team from other agencies and departments that focused on what a centralized referral system for individuals with disabilities and their families would look like. When the academy completed its work, the team presented on "No Wrong Door" and made recommendations to improve services including establishing a "No Wrong Door" Council.



"No Wrong Door" team members: **left to right:** Pat Wade, Department of Human Services; Kathryn Held, Department of Veterans Services; Lisa Ragan, TDMHSAS; Jill Rigsby, Department of Education; Ryan Barnhart, Department of Human Services; Karen Carothers, Department of Human Services; and Amy Rader, Department of Human Services.

Congratulations also goes to Lisa Ragan for being honored by NAMI Tennessee with the Criminal Justice Award at this year's annual awards presentation. Congrats, Lisa!

Office of Consumer Affairs & Peer Recovery Services spreads the word about online mental health resources, screenings

October 11 was National Depression Screening Day and once again the Office of Consumer Affairs & Peer Recovery Services set up educational displays at several state office buildings bringing awareness to mental health, suicide prevention, and online screenings. Several confidential screenings for adults and for youth are

available. One organization offering free online assessments is [Mental Health America](#). Answer the questions and find information about depression and other conditions such as bipolar disorder, anxiety, PTSD, and addiction.

For questions about mental health resources in the state of Tennessee, call the TDMHSAS Helpline and speak to one of our helpful consumer advocates who will be happy to talk with you or someone you care about. You can reach the Helpline Monday - Friday, from 8 a.m. to 4:30 p.m. CST. Call 800-560-5767 to speak to an advocate or email OCA.TDMHSAS@tn.gov.



Office of Consumer Affairs and Peer Recovery Services

HELPLINE

1-800-560-5767

OCA.TDMHSAS@tn.gov

We can help with

- finding mental health and substance abuse resources in your area
- questions about insurance
- where to find housing options
- communicating with mental health and substance abuse providers
- questions about the Certified Peer Recovery Specialist program
- filing a complaint

We are available

- Monday through Friday
- 8 am to 4:30 pm
- Closed on state holidays

If we cannot answer your question, we will work with you to find the appropriate resource.

www.tn.gov/behavioral-health

WMHI hosts annual Skills Fair

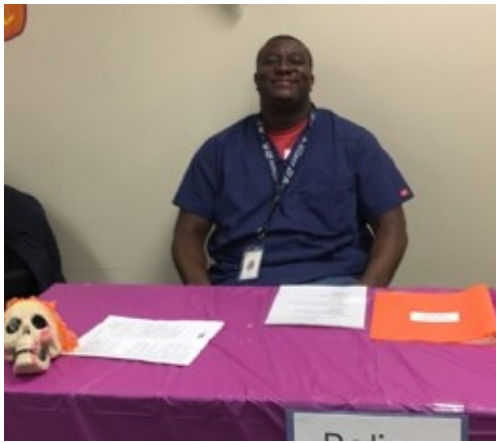
Western Mental Health hosts an Annual Skills Fair for its nursing department and takes the opportunity to administer flu shots to all employees. CEO Roger Pursley said, "This year's results were off the chart. A big thanks to Cheryl Trainum."



Left: RN Cheryl Trainum (standing) & Nyteshia Beauregard (Lead Psychiatric Technician)
Right: RN Norlyn Agdon



Left: Evin Lax (Facilities Safety Officer)
Right: Sherkenna Walton (Psychiatric Technician 2)



Left: Derrick Rhodes (Lead Psychiatric Technician)

Right: Lisa Woods (left) and Amber Majors (Accounting Technicians)



Left to right: RN Michele Pfrenger; Ashley Trainum (Psychiatric Technician 2); Ira Todd (Training Specialist); and Quincy Robertson and Derrick Rhodes (Lead Psychiatric Technicians)



Thousands participate in "Out of the Darkness Walks" for suicide prevention

Several TDMHSAS staffers joined the "Be the One" Workgroup for the Out of the Darkness Walk 2018 in Nashville in the name of suicide prevention. The walks are organized by the American Foundation for Suicide Prevention to raise awareness about suicide and to support those who have lost a loved one to suicide.

Photos by Britney Bongang, Office of Forensic and Juvenile Court Services



Among those participating were TDMHSAS staffers Kendra Wagener, Michelle Webster, Laura Martin, Alicia Robeson, and Lygia Williams.

Sporting Pearls & Bowties for Neonatal Abstinence Syndrome Awareness



Central Office wore "Bowties and Pearls" Oct. 5 for Neonatal Abstinence Syndrome Month and in honor of everyone working to fight substance abuse.

Moccasin Bend Mental Health Institute celebrates National Recovery Month

Submitted by Susan Feltman, Program Director/Moccasin Bend Mental Health Institute

September is National Recovery Month and the MBMHI Adjunctive Therapy Department planned a series of events to promote aspects of recovery for the patients and staff at the hospital. They kicked off the month with a Recovery Fair Sept. 5 that welcomed organizations such as CADAS, NAMI, Helen Ross McNabb, the Mental Health Court and TN Mental Health Consumers Association who provided education and material for the patients about their programs and services. The patients also enjoyed a cookout, live music, volleyball, pie throwing contests, a dunk tank, t-shirt decorating, and a petting zoo as part of the festivities. Other events included throughout the month included a patient art show, a patient and staff volleyball tournament, and a Recovery Social.



Left: *Kayleigh Perlotto (Recreation Therapist II)* **Right:** *Nurse Elizabeth Woodard, Karen Wilkey (Administrative Services Assistant), and Sarah Biskner (Quality Management Coordinator) get a smile from the llama at the petting zoo.*



Left: Who can identify these staffers hamming it up at the Recovery Fair?

Right: Kayleigh Perlotto, Adjunctive Therapist II, and staff enjoy decorating t-shirts.

Western Mental Health Institute staff, patients have fun on Halloween!

Holidays are a special time at our Regional Mental Health Institutes. When it came time to celebrate Halloween in Bolivar, activities were provided hospital-wide for all patients/units at Western Mental Health Institute's Treatment Mall. The mall was decorated with Halloween decorations by the Adjunctive Therapy staff setting the stage for a fun, festive time. Patients participated in various board games, watched Halloween movies, sang karaoke, and danced. All patients received candy treats, popcorn, and drinks for their attendance and participation.



Left: Brenda Beard and Gary Gray (Adjunctive Therapy) buzz around the popcorn machine.

Right: Regina Brown and Betty Douglas (Nursing) aren't afraid of no mummies.



Left: "Don't be scared, Stella Perry. I got you," says Curtis Neal. (Adjunctive Therapy)
Right: Felicia Brown (Nursing) and Greg Hudson, Chaplin (Nursing).

Central Office Wellness Council hosts "Pink Out" awareness walk for Breast Cancer Awareness Month



Central Office staff closed out Breast Cancer Awareness Month with a "Pink Out" walk around the block hosted by the TDMHSAS Wellness Council.

Tennessee Crisis Services is #servingTNatAllHours

Mental health emergencies can happen any time of day or night, and Tennessee's Crisis Services professionals are ready to answer the call! Our Statewide Crisis Hotline is often the first step in getting help. From July 1, 2017 to June 30, 2018, crisis service providers like Stan from Mental Health Cooperative (pictured below) answered more than 128,000 phone calls statewide. To care for those in a mental health crisis, options in TN include 13 Mobile Crisis response teams, 8 Walk-In Centers, 8 Crisis Stabilization Units, 8 23-hour observation units, and 5 emergency respite programs.

For more information, visit tn.gov/mental-health-crisis-services.

See more [#servingTN](#) stories on <https://bit.ly/2ygUCjk>



**In the event of a
MENTAL HEALTH EMERGENCY:**

Call 855-CRISIS-1

***855-274-7471**

For confidential help
from a caring crisis professional
in your area, available
24 hours a day, 7 days a week.

This is a free call.

To learn more about Crisis Services in the State of TN, [visit our website](#).



For questions about substance abuse treatment,
Call the Tennessee REDLINE
800-889-9789

Mark your calendars: 2019 Planning & Policy Council meeting dates (first quarter) are set

Region VI	Tuesday, Jan. 8, 2019	1:30 p.m. - 3 p.m. CST	Pathways 238 Summar Drive Jackson, TN 38301
Region III	Thursday, Jan. 17, 2019	10 a.m. - 12 p.m. EST	AIM Center 472 W. MLK Blvd. Chattanooga, TN 37402
Region VII	Tuesday, Jan. 22, 2019	11:30 a.m. - 1:30 p.m. CST	Lowenstein House East 6590 Kirby Center Cove, Suite 103 Memphis, TN 38115
Region I	Tuesday, February 5, 2019	10:00 a.m. - 12 p.m. EST	Frontier Health Corp. Offices 1167 Spratlin Park Drive Gray, TN 37615
Region IV	Wednesday, Feb. 6, 2019	11 a.m. -	TAADAS

		1 p.m. CST	1321 Murfreesboro Pike, Suite 130 Nashville, TN 37217
Region V	Thursday, Feb. 7, 2019	9:30 a.m. - 11:30 a.m. CST	TAADAS 1321 Murfreesboro Pike, Suite 130 Nashville, TN 37217
Region II	Wednesday, Feb. 13, 2019	11:30 a.m. - 1:30 p.m. EST	Helen Ross McNabb Center, Training Room 201 West Springdale Ave. Knoxville, TN 37917


Meeting dates are subject to change. For more information on the TDMHSAS Planning & Policy Council and for a complete list of scheduled meetings, please visit our website: <https://bit.ly/2LLrUNq>

*We hope you've enjoyed this issue of the Update!
If you have news to share (a story idea, accomplishment,
provider news, etc.) or if you'd like to be added to the
distribution list, please email:*

*The Office of Communications at OC.TDMHSAS@tn.gov.
And connect with us on social media for daily updates!*



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