

## Recommended Road Map Ages 0-6

### *A recommended guide for well-child visits, immunizations, and dental checkups*

Well-child visits help make sure babies, children, and teens get the care they need to identify health concerns early and stay healthy. Getting regular checkups, which are covered at no cost to TennCare members, help children and teens stay healthy by:

- Finding physical and behavioral health problems early before they become serious.
- Preventing illness and disease by making sure children get the right immunizations on time.
- Completing developmental and behavioral screenings and providing early interventions when needed.
- Providing parenting support and guidance.

### Important Information

- Flu immunizations are recommended annually beginning at 6 months.
- Topical fluoride can be applied as early as 6 months (with the eruption of teeth).
- Developmental Screenings should start at birth.
- It is recommended infants and toddlers have 12 check-ups by age 3.
- The [CDC recommends everyone stay up to date with COVID-19 vaccination](#), including all primary series doses and boosters for their age group.

You can schedule a well-child visit by contacting your child's primary care provider (PCP). If you think your child may be behind on their immunizations, you should discuss whether any additional immunization are needed with your child's PCP. If you need help contacting your child's PCP or dentist, contact your health or dental plan. TennCare members can find that contact information at [TN.gov/TennCare/TennCare-kids](https://www.tn.gov/TennCare/TennCare-kids).

### Road Map



# Recommended Immunizations

The table shows recommended immunizations for children ages 0-6 and indicates at what age the vaccine is available for most individuals, [based on the CDC recommended schedule](#). However, you should always discuss your child's preventative care with your doctor.

birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19-23 months	4-6 years
1 dose HepB (Hepatitis B)	HepB (Hepatitis B) 1 dose			HepB (Hepatitis B) 1 dose					
		1 dose RV (Rotavirus)	1 dose RV (Rotavirus)	1 dose RV (Rotavirus)					
		1 dose DTaP (Tetanus)	1 dose DTaP (Tetanus)	1 dose DTaP (Tetanus)		DTaP (Tetanus) 1 dose			1 dose DTaP (Tetanus)
		1 dose Hib (Haemophilus influenzae type b)	1 dose Hib (Haemophilus influenzae type b)	1 dose Hib (Haemophilus influenzae type b)	Hib (Haemophilus influenzae type b) 1 dose				
		1 dose PCV13 (Pneumococcal)	1 dose PCV13 (Pneumococcal)	1 dose PCV13 (Pneumococcal)	PCV13 (Pneumococcal) 1 dose				
		1 dose IPV (Polio)	1 dose IPV (Polio)	IPV (Polio) 1 dose					1 dose IPV (Polio)
				Influenza (Flu)	Influenza (Flu) 2 doses in first year and 1 dose Influenza (Flu) yearly after				
					MMR- 1 dose (Measles and Mumps)				1 dose MMR (Measles and Mumps)
					Varicella- 1 dose (Chickenpox)				1 dose Varicella (Chickenpox)
					HepA- 2 doses over 6 months (Hepatitis A)				

