



# Breakfast Crossword

## Answer Key

### Across

2. Main ingredient of parfaits (**Yogurt**)
4. Blended drink that can include fruits and vegetables (**Smoothie**)
6. Whole grain that can have additions such as cinnamon, raisins and apples (**Oatmeal**)
9. Often sliced into cereal (**Banana**)
10. Warm drink that peps people up (**Coffee**)

### Down

1. Topping for pancakes (**Syrup**)
3. Hot drink filled with antioxidants (2 words) (**Green Tea**)
5. Type of toast that is a healthy choice (2 words) (**Whole Wheat**)
6. Fruit filled with vitamin C (**Orange**)
7. This can be made into an omelet with vegetables such as spinach, mushrooms and onions (**Egg**)
8. Topping for toast (**Jam**)

