

Referrals

To be eligible for **TIES**, a parent or caregiver must agree to services and allow them to be provided in their home. In addition, the parent or caregiver must have an identified substance abuse problem and have a child who is:

- At imminent risk of custody (within 48 hours) or
- Currently in state custody and expected to be reunited with their family within 72 hours

Centerstone works in close collaboration with referring agencies to establish service goals for the family. Referring sources are invited into the home with Centerstone staff and can expect to hear from us at least once a week with updates. Centerstone also provides detailed progress reports that include referrals for services that go past the intervention time frame. We also coordinate our services with other important organizations in the family's life, including schools, juvenile courts, parental substance abuse providers and other social service providers.

Cost of Services

TIES is funded by a grant from the Administration for Children and Families that is managed by the Tennessee Department of Mental Health and Substance Abuse Services in partnership with the Tennessee Department of Children's Services, Centerstone and Centerstone Research Institute. **For those who qualify, this service is provided at absolutely no cost.**

To make a referral to **TIES**, please call
615.948.8527

If you or someone you know needs help, please call.
Crisis Intervention Hotline 800.681.7444
Initial Appointments 615.460.HELP (4357)
or Toll Free 888.291.HELP (4357)

www.centerstone.org

Many of Centerstone's programs and services are partially funded by gifts of philanthropy. For information about the importance of charitable giving to Centerstone and how you can help, please contact: 615.463.6645 or development@centerstone.org.

About Centerstone

Centerstone, a not-for-profit organization, has provided a wide range of mental health and addiction services to people of all ages for more than 55 years. Through more than 50 facilities and 160 partnership locations across Middle Tennessee, Centerstone serves nearly 50,000 children, adolescents, adults and seniors each year. Centerstone is accredited by CARF International and a member organization of the National Football League's NFL LifeLine. For more information about Centerstone, please call 888.291.4357 or visit www.centerstone.org.

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CENTERSTONE



Therapeutic Intervention, Education and Skills (TIES)



CENTERSTONE

The Art and Science of Behavioral Healthcare



Therapeutic Intervention, Education and Skills (TIES)

When a parent or caregiver's drug and alcohol abuse weakens the family and causes children to be removed from the home into state custody, Centerstone's **Therapeutic Intervention, Education and Skills (TIES)** program can help. Our high fidelity, intensive in-home family preservation treatment model has proven to be effective in helping families thrive and remain together safely. **TIES** also offers *Seeking Safety*, a program that helps individuals recover from trauma/Post Traumatic Stress Disorder and substance abuse.

TIES provides intensive family preservation services to parents of children, ages 0-18, who are at risk of losing custody because of alcohol or substance use issues or who have a child in state custody who will be returning to the home within 72 hours. **TIES** is offered in the following counties: Bedford, Cannon, Coffee, Davidson, Marshall, Rutherford and Warren.

Services are provided in the family's home, as well as the child's school or other community locations at times most convenient for the family and include:

- Personalized treatment plans that addresses the needs of the family
- Crisis Intervention
- Referral and Assistance with Substance Abuse Issues
- Intensive In-Home Services for all Family Members
- Parenting and Life Skills Building and Training
- Advocacy for the Family in the Community
- *Seeking Safety*

Therapists work with the entire family and the individuals in their support system to empower parents/caregivers to create a safe and nurturing environment for their children.

Treatment

Families enrolled in **TIES** are assigned an In-Home Therapist to work with them on their family's specific needs. To provide the best care, our staff utilizes a high fidelity intensive family preservation model that has proven successful in keeping families together. *Seeking Safety*, developed in 1992, has enabled individuals who depend on drugs to soothe the pain of past trauma and recover from trauma responses and/or PTSD.

What to Expect

A Centerstone In-Home Therapist meets with the family within 24 hours of receiving a referral. After an initial assessment, the In-Home Therapist works with the family to create a personalized treatment plan that addresses specific needs. This plan may include education on parenting, assertiveness, anger management or job and life skills training. The parents or other family members are connected to the resources they need to combat their substance abuse and other physical and behavioral healthcare needs.

Families can expect an average of eight hours of therapeutic service each week. Because the services are intensive, meetings can take place almost daily. Services last an average of eight weeks. In the event of a crisis, we are available 24 hours a day, seven days a week.

