

Medications and Products Increase Risk of Heat-Related Illness

Some medications and products may increase a person's risk of heat-related illness. If you are taking one or more of the following medications or products, please be extremely cautious and avoid unnecessary or prolonged exposure to the extreme heat and high temperatures.

Beta-Blockers

⇒ Propranolol (Inderal®), Nadolol (Corgard®), Sotalol (Betapace®), etc...

Diuretics

⇒ Hydrochlorothiazide (Hydrodiuril®), Furosemide (Lasix®), Torsemide (Demadex®), and Bumetanide (Bumex®), etc...

Cough and Cold Preparations

⇒ Medications containing decongestants and/or antihistamines due to anticholinergic properties of the medications, examples:
Diphenhydramine, (Bendaryl®), Chlorpheniramine (Chlor-Trimeton®), etc...

Caffeine Containing Products

⇒ Drinks: Coffee, Red Bull, Monster, Amp, Full Throttle,
⇒ Medications: Butalbital/Acetaminophen/Caffeine (Fioricet®),
Butalbital/Aspirin/Caffeine (Fiorinal®), etc...

Medications for Parkinson's Disease

⇒ Increase Anticholinergic Side Effects
⇒ Benztropine (Cogentin®), Trihexyphenidyl (Artane®),
Levodopa/Carbidopa (Sinemet®), Enacapone (Comtan®)

Psychotropic Medications/Antidepressants

⇒ Increase Anticholinergic Side Effects
⇒ Tricyclic Antidepressants: Amitriptyline (Elavil®), Doxepin (Sinequan®), Imipramine (Tofranil®), Desipramine (Norpramin®), Nortriptyline (Pamelor®)

⇒ Antipsychotic Medications: Thiothixene (Navane®), Haloperidol (Haldol®), Chlorpromazine (Thorazine®), Thioridazine (Mellaril®), Risperidone (Risperdal®), Olanzapine (Zyprexa®)

Antispasmodics/Overactive Bladder Medications

⇒ Increase Anticholinergic Side Effects
⇒ Tolterodine (Detrol®), Oxybutynin (Ditropan®), etc...

Antispasmodics/Gastrointestinal Conditions

⇒ Increase Anticholinergic Side Effects

⇒ Promethazine (Phenergan®), L-Hyoscyamine (Levsin®), Atropine, Scopolamine (Scopace®), Dicyclomine (Bentyl®), Methscopolamine (Pamine®), Propantheline (Pro-Banthine®), Clindinium/Chlordiazepoxide (Librax®)

Alcohol Containing Products

⇒ Increase Drying Effects
⇒ Cough and Cold Liquids
⇒ Beverages

For more information, please contact your doctor's office or the local health department. To find a complete county listing, [click here](#). (This link will take you to the page for county HDs.)