



Advocate



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September 2019

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Mental Health Highlighted in September

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Tennessee Marks September as Suicide Prevention Month

CALM: Counseling on Access to Lethal Means is a 1.5 to 2-hour workshop to train mental health service providers on strategies to help clients at risk for suicide and their families reduce access to lethal means, including firearms, being offered by Tennessee Suicide Prevention Network (TSPN). Contact TSPN for more information on scheduling a training.



TSPN provides information, advocacy and resources for the state's efforts to prevent and respond to death by suicide and is planning events to commemorate September as Suicide Prevention Month. TSPN is available to schedule training opportunities in the community.

Discussion this month may include celebration of the progress of efforts to prevent suicide deaths at the Natchez Trace Bridge. A call box has been added giving people the ability to provide people the opportunity to talk to responders before making any decision. Planning will begin to determine how to add barriers to the National Park Service facility.

TSPN Suicide Prevention Month Events. (Note the East Tennessee Council on Children and Youth event.)

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National Recovery Month

For 30 years, during the month of September, the Substance Abuse and Mental Health Services Administration (SAMHSA) has educated the nation on mental health and substance use treatment and mental health services. These efforts have made it possible for millions of Americans to live healthy and rewarding lives. More information about substance abuse and recovery is available from

the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS). The department's [Peer Recovery Services](#), Certified Peer Recovery Specialist, Certified Family Support Specialists and Certified Young Adult Peer Support Specialists call upon the expertise of people in recovery to help others.



JOIN THE VOICES FOR RECOVERY:
TOGETHER WE ARE STRONGER

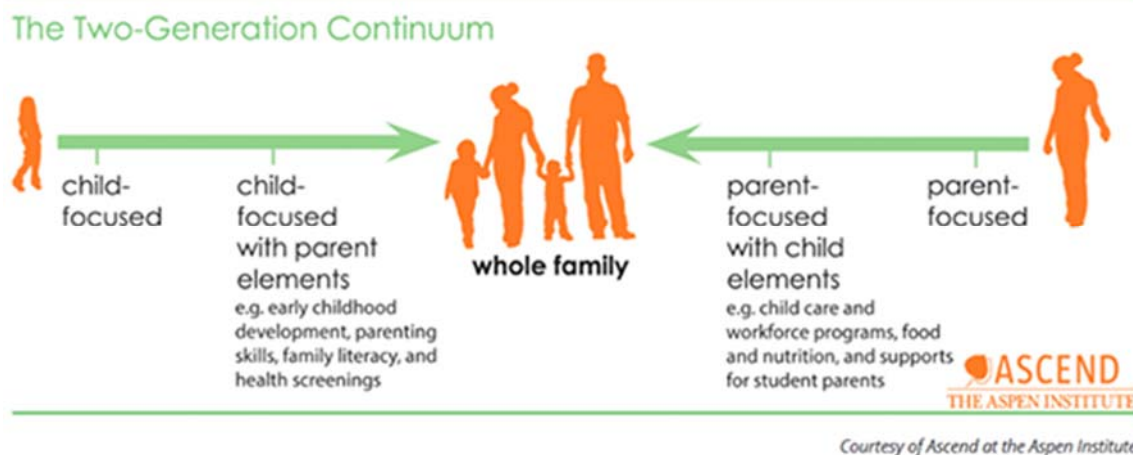
recoverymonth.gov

NATIONAL RECOVERY MONTH 2019
30th Anniversary

[National Recovery Month Tool Kit.](#)

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Department of Human Services Continues 2Gen Efforts



The Tennessee Department of Human Services (DHS) has released its [2Gen Annual Report: Building a Thriving Tennessee Through 2Gen](#). The department has integrated a Two-Generation Approach (2Gen) to focus on the family rather than focusing on just children or just adults. The method being used was developed by Ascend at the Aspen Institute. Its goal is to move children and their parents toward educational success and economic security by aligning all programs with the 2Gen approach.

DHS is currently involved in implementing the approach, developing universal outcomes and determining best practices that can be expanded statewide.

FrameWorks Institute has recently created a report, [Framing Two-Generation Approaches to Supporting Families: Guidance from the FrameWorks Institute](#), on how to explain the two-generation approach.

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TCCY FY 2021 Budget Recommendations

TCCY's [Budget Recommendations](#) for the Tennessee Fiscal Year 2021 are now on TCCY's website. The 15-page report is prioritized and streamlined as an easily used tool for advocates.

TCCY's [Budget Recommendations](#)

Tennessee General Assembly tool: [Find Your Legislator](#).

The [TCCY Legislative Summary of Bills Enacted](#) during the first year of the 111th General Assembly is available.

[Sign up to receive TCCY federal policy information](#) by following the instructions online. Sign up to receive TCCY Tennessee **legislative updates** and the **Advocate** at <https://www.tn.gov/tccy/advocate-collaborate/tccy-ac-advlegis/tccy-ac-advocacy/leg-listserv.html>.

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Funding Information

The Tennessee Department of Mental Health and Substance Abuse Services has announced [Suicide Prevention Grants](#). New funds were added to the state budget beginning this fiscal year for youth and young adult suicide prevention and mental health awareness programs. The programs selected were Tennessee Voices for Children, Centerstone and the Mental Health Association of East Tennessee. Programs funded included training and outreach programs.

Memphis Plough Foundation to Close in Four Years. The Memphis-based [Plough Foundation](#) has made the decision to spend down its assets in the next four years. The *Nonprofit Quarterly* points out that this strategy means the foundation's spending decisions face heightened pressure to leave a legacy of successful programs.

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Update

TCCY said goodbye to University of Tennessee intern **Katelyn Collins**. We appreciate her contributions to our work and wish her well in the future.



TCCY's Upper Cumberland Regional Coordinator **Kristi Paling** is being honored with a Regional Suicide Prevention Award by the Tennessee Suicide Prevention Network.

Mark Your Calendar

TCCY lists relevant state and national events on its [website](#). TCCY sponsored events are listed here.

Sept. 6, 8:15 a.m. to 12 noon, **East Tennessee Council on Children and Youth** presents **TENNESSEE HOPE: A Showcase of Hope and the Extraordinary Power of Ordinary People,** Bridgewater Place, Kingston Hall, 205 Bridgewater Rd., Knoxville, with WLVT-8 anchor Brittany Tarwater. Agenda developed through collaboration with TSPN. ETCCY members may receive 3 CEUs for attendance. Register: <http://bit.ly/2YNuD32>. Contact: Lindsey.Cody@tn.gov.

Sept. 6, 9 a.m. to 3:30 p.m., **Northeast Council on Children and Youth** presents **SAMHSA's Trauma Informed Approach, Key Principles and Assumptions**, Appalachian Community Federal Credit Union, Community Rm., 5034 Bobby Hicks Hwy., Gray. Facilitator: Becky Haas. Register: <http://bit.ly/2zvubaB>.

Sept. 6, 9 a.m. to 12 noon, **Northwest Council on Children and Youth** and UT-Martin Social Work present **"Life in the State of Poverty"** Training, University of Tennessee-Martin Boling Center Ballroom. Participants will begin to understand issues facing a typical low-income family through a simulation of monthly challenges these families face. The training lasts 3 hours. Contact Dana.Cobb@tn.gov for more information.

Sept. 12, 11 a.m. to 2 p.m., **Upper Cumberland Council on Children and Youth** presents **"The Effects of Trauma on the Brain and Body,"** Regional Health Building, 1100 England Dr., Cookeville. Heather Herrmann of the Metro Nashville Office of Family Safety will speak on the impact of trauma and collaboration between service providers and the criminal justice system. 2.5 CEUs available through the National Association of Social Workers-TN Chapter. Free to UCCCY members. \$20 registration fee includes UCCCY membership. Register: <http://bit.ly/2N0Anzg>. Contact: Kristi.Paling@tn.gov.

Sept., 24, 8:30 a.m. to 11 a.m., **UCCCY** presents **"The Impact of Domestic Violence on the Family,"** Regional Health Bldg., 1100 England Dr., Cookeville. Speaker: Heather Herrmann, Metro Nashville Office of Family Safety. Contact: Kristi.Paling@tn.gov or 931-646-0955. Registration: <http://bit.ly/2PkBix5>.

Sept. 26, 9 a.m. to 12:30 p.m., **Northeast Council on Children and Youth** presents PTSD Basics for Children and Teens and QPR Training, Appalachian Community Federal Credit Union, Community Rm., 5034 Bobby Hicks Hwy., Gray. Facilitator: Dr. Tim Perry. Registration: <http://bit.ly/2zqTWsH>.

Sept. 28, 10 a.m. to 1 p.m., **South Central Council on Children and Youth** presents a **Racial and Ethnic Health Disparities** lunch and learn, Fairview Recreation Center, Columbia. Contact: Shaun.Noblit@tn.gov.

Oct. 3, 12:30 p.m., **Youth Transitions Advisory Council Meeting**, Goodwill Industries, 1015 Herman St., Nashville. Contact Steve.Petty@tn.gov.

Oct. 4, 9 a.m. to 3:30 p.m., **Northeast Council on Children and Youth** presents **Train the Trainer: SAMHSA's Trauma Informed Approach, Key Principles and Assumptions**, Appalachian Community Federal Credit Union, Community Rm., 5034 Bobby Hicks Hwy., Gray. Facilitator: Becky Haas. Registration: <http://bit.ly/2zvtgXH>. **NOTE: Participants must have completed Building Strong Brains or SAMHSA's Trauma Informed Approach.**

Oct. 4, 8:45 a.m. to 12 p.m., **Northwest Council on Children and Youth** presents **"Cause and Effect: Human Trafficking and ACEs,"** Boling University Center, Rm. 206 ABC, UT Martin. Preregistration by Sept. 24 required. Contact Dana.Cobb@tn.gov or 731-571-7271. Approved for 3 NASW-TN CEUs.

March 10-11, 2020, **Children's Advocacy Days**. Contact: John.Rust@tn.gov.

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In the News

TCCY news releases are available on TCCY's [website](#).

Newland, J., TCCY, [Roots and Wings](#) podcast.

Humphrey, S., WIHG-FM 1057 News.com., **Frozen Head State Park Partnering with Morgan County Schools**, Aug. 27, 2019, <http://bit.ly/2zuiVv6>.

Hall, J., WZTV-17, **Sen. Alexander Announces Call Boxes on Natchez Trace Parkway Bridge to Prevent Suicides**, Aug. 28, 2019, <http://bit.ly/2zwqOQI>.

Dickens, M., Mountain City Tomahawk, **Johnson County Bus a Success**, Aug 29, 2019, <http://bit.ly/2PwVFaq>.

Vestal, C., Stateline, **Success of Red Flag Laws Might Depend on Mental Health Teams**, Aug. 26, 2019, <http://bit.ly/2PCV8DV>.

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Research Information

Midgette, et al., Rand Corp., **What America's Users Spend on Illegal Drugs, 2006-2016**, 2019, <http://bit.ly/2NIMya9>.

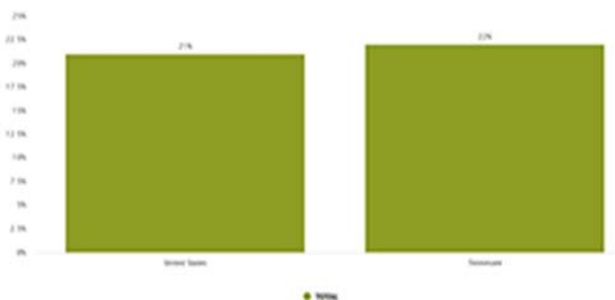
Zeng, S., et al., *Science Direct*, **Adverse Childhood Experiences and Preschool Suspension Expulsion: A Population Study**, 2019, <http://bit.ly/2PutfOo>.

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Tennessee KIDS COUNT Facts

URLs below graphics link to larger versions of each. More data on Tennessee child well-being is available at <http://bit.ly/15alkVu>.

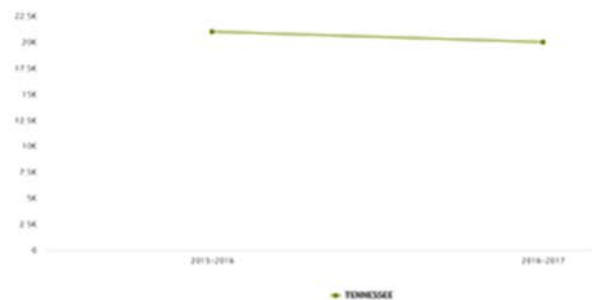
Children with an Emotional, Behavioral or Developmental Condition



Children Who Have One Or More Emotional, Behavioral, Or Developmental Conditions (Percent) - 2016-2017

National KIDS COUNT
KIDS COUNT Data Center, datacenter.kidscount.org
A project of the Annie E. Casey Foundation

Teens Ages 12-17 who Abused Alcohol or Drugs in the Past Year



Teens Ages 12 To 17 Who Abused Alcohol Or Drugs In The Past Year (Number)

National KIDS COUNT
KIDS COUNT Data Center, datacenter.kidscount.org
A project of the Annie E. Casey Foundation

Also available: <http://bit.ly/2PpnQIs>

Also available: <http://bit.ly/2PsaXxs>

No person shall, on the grounds of race, color, national origin, sex, age, religion, disability or ability to pay, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity operated, funded or overseen by the Tennessee Commission on Children and Youth (TCCY). It is the intent of TCCY to bind all agencies, organizations or governmental units operating under its jurisdiction and control to fully comply with and abide by the spirit and intent of the Civil Rights Act of 1964.

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