



STATE OF TENNESSEE COUNCIL ON CHILDREN'S MENTAL HEALTH and YOUTH TRANSITIONS ADVISORY COUNCIL

August 26, 2021 1 p.m. – 3:30 p.m. WebEx Virtual Meeting

Meeting Minutes

Attendance

Alex, Joel Anderson, Amanda Armstrong, Shavon Bond, Hope Bradfield, Cory Breithaupt, Jeremy Bryan, Mary Nell Burke, Rob Butler, Casey Camp, Sara Cannon, Katie Cart, Kama Casterline, Kristina Cobb, Dana Cooper, Tim Cope, Susan Cotterman, Rob Crawley, Kiara Cuzzone, Kaela Dalton, Kristie Davis, Caty Dean, Kris Dixon, Lauren Donaldson, Brenda Drake, Jeanne Eash, Anjanette Farley, Carey Fentress, Laritha Fillers, Sabrina Ford, Mona Fortney, Krystal Fyke-Vance, Kimberly

Garrett, Carla Granger, Debra Hardaway, Shareta Hayes, Benita Hendrix, Lachesha Holleman, Christy Jaynes, Leah Jenkins, Raymond Johnson, Jacqueline Keller, Amissa Kennedy, Richard Koch, Amy Latimer, Bill Lawal, Toni Lebo, Laurie Light, Alice Loch, Aleksa Luther, Patrick Marcum-Embry, Russette McGarvey, Alethia McGee, Melissa McNeal, Teryn Medlock, Adriene Moore, Jerri Morris, Morgan Moser, Michelle Mueller, Laura Mullins, Jessica Mumphrey, Kayla Neal, Yolanda Ogilvie, Frank Olson, Amy

Petty, Steve Phillips, Ashley Price-Hardaway, Shareta Randolph, Athena Reid, Ahreanna Rich, Jen Ruffin, Delora Rust, John Sampson, Traci Sanders, Abby Setty Reeve, Elizabeth Shuran, Wendy Sidwell, Randall Smith, Anessia Stewart, Roger Tubbs, Morgan Tuggle, Christina Virgo, Keri Voss, Will Wade, Brandy Walker, Don Watford, Thaddessus White, Mike Williams, Bianca Williams, Megan Wilson, Rachel Wilson, Tammy Yancey, Matt Younes, Sarah Young, Kinika

Welcome, Introductions and Announcements

Richard Kennedy, Executive Director, TCCY

Kennedy thanked everyone for joining the Council on Children's Mental Health once again today. Kennedy reminded meeting attendees of housekeeping issues. Kennedy offered time for anyone to share resources or information for those affected by the recent flooding in Middle/West Tennessee counties.

Rob Cotterman shared information on the provider network concerns about meeting immediate needs that DMHSAS may be able to address in the immediate future. TDMHSAS' Housing Office reached out for any help they may be able to provide. Some resources remained from a previous grant from TDRI – Tennessee Disaster Recovery Initiative – has funds remaining and has been able to be redirected towards current needs.

Kennedy also shares he spoke with TDOE representative recently and they have been able to direct funding from trauma informed schools work to the area to address continued needs as well. Also spoke with representatives from DGS addressing the buildings currently under construction for DCS/DHS that were affected by the flooding and shared they are looking for space to work in while construction continues and damage is assessed.

Matt Yancey, Deputy Commissioner, TDMHSAS

Yancey welcomed and also thanked everyone for attending today's meeting. As kids transition back to school, Yancey shares that the need for mental health resources, collaboration and coordination of services is critical now and potentially more important than ever. DMHSAS continues to build access points for schools, expansion of behavioral health liasions in schools, and expanded behavioral health safety net. Yancey reports on a recent Journal of the American Medical Association article that reports significant anxiety and depression in youth has almost doubled since the pandemic began in March 2020. We understand the toll it has taken and that there is more work to be done to address this. The reduced contact with key supports and lack of peer interactions, among other things, has largely affected children and youth. This speaks to the importance of school-based mental health services and meeting kids where they are.

Yancey also reports on an upcoming release of an announcement of funding for the Tennessee Resiliency Project, focused on three goals: 1) early childhood mental health, ages 0-8, 2) increase access to school-based mental health services, and 3) enhanced crisis coordination for kids presenting in emergency departments.

System of Care Across Tennessee Network Update

Keri Virgo, Director, Office of Children, Youth and Young Adults, TDMHSAS Don Walker, Statistical Research Specialist, TDMHSAS

Virgo provided an update on the closeout for the System of Care Across Tennessee grant from SAMHSA, from 2016 – 2020. TDMHSAS was granted a no cost extension allowing currently enrolled families to be served through March 2021. This grant sought to move forward system of care at the local level and engagement of communities in this philosophy. Virgo provides an overview of the goals identified and accomplished, partnerships and services provided through SOCAT grant.

Virgo also reports on sustainability of system of care services through DHS' Temporary Assistance for Needy Families (TANF) funding providing support for additional teams and services throughout the state. She also emphasizes the continuing expansion of the peer-led services in TDMHSAS.

Overall, SOCAT served 333 families between 12/2017 – 9/2020, with 6090 individuals trained in 52 trainings and 955 receiving weekly updates through the SOCAT Training and Technical Assistance Center.

Walker shares final results and outcomes of the SOCAT grant. Walker expresses thanks for SOCAT staff statewide who work with children and families and administer the evaluation tools and for staff at Centerstone Research Institute in evaluation of the SOCAT grants. Walker shares that the 333 families served surpasses the goal of 300 for the grant. He shared specifics on age, gender and race for grant recipients, as well as identifying those served as families with significant concerns affecting their daily life, not just everyday challenges. Biggest improvement areas included coping when things go wrong and handling daily life, with improvement in other areas also noted. Walker emphasized various data outcomes that support the success of SOCAT services, highlighting that these services for children at risk of being removed from their home, allowed approximately 90% of children from being removed. Also noted was a decrease in emergency department visits by 50% and hospitalization by 67%.

Virgo discusses next steps for continued expansion of SOCAT services through receipt of \$21 million for the next four years through SAMHSA partnership and TANF funding. Goals moving forward include providing evidence based services and supports to children, youth and young adults and their families, involving families in every part of the network, strengthening the governance structure, expanding collaborative partnerships and growing the training and technical assistance center. She then shares an overview of the structure of System of Care Across Tennessee.

Youth and Young Adult Initiatives

Morgan Morris, Youth and Young Adult Coordinator, TDMHSAS

Morris provided information on the Certified Young Adult Peer Support Specialist (CYAPSS) program through TDMHSAS. The program launched in May 2021 and they are anticipating their first round of training next month. Eligibility to be a CYAPSS is to be between the ages of 18-30 and self- identify as having one year of recovery, healing and wellness form mental illness and/or substance abuse. Must hold a high school diploma or equivalent and be willing to discuss their lived experience, share their personal story and not have a conservator. CYAPSS will serve youth and young adults under the age of 30 and complete continuing education.

Council on Children's Mental Health

Melissa McGee, Children's Mental Health Advocacy Director, TCCY

McGee provided an history of CCMH and an overview of the renewed focus as the governance structure for federal system of care grants awarded to TDMHSAS.

June Meeting Summary Approval

The June joint meeting summary for CCMH/YTAC was motioned by Keri Virgo and seconded by Rachel Wilson.

Adjournment

The meeting was adjourned at 2:40 pm CST/3:40 pm EDT.

2020 CCMH Meeting Dates: Thursday, October 21, 2021

Council on Children's Mental Health Purpose Statement

Design a comprehensive plan for a statewide System of Care for children and families that is family-driven, youth-guided, community-based, and culturally and linguistically competent.